

**2019 - 2020 TRACK AND FIELD  
SANTA CLARA VALLEY ATHLETIC LEAGUE  
DE ANZA DIVISION  
Preliminary**

TEAMS: Gunn, Homestead, Los Altos, Los Gatos, Lynbrook, Milpitas, and Palo Alto.

<p style="text-align: center;"><i>Week of March 2*</i></p> <p>Bye - Los Gatos Gunn @ Lynbrook Palo Alto @ Milpitas Los Altos @ Homestead</p>	<p style="text-align: center;"><i>Week of March 9</i></p> <p>Bye - Gunn Milpitas @ Los Altos Los Gatos @ Homestead Lynbrook @ Palo Alto</p>	<p style="text-align: center;"><i>Week of March 16</i></p> <p>Bye - Los Altos Milpitas @ Gunn Lynbrook @ Los Gatos Homestead @ Palo Alto</p>
<p style="text-align: center;"><i>Week of March 23</i></p> <p>Bye - Milpitas Gunn @ Los Gatos Palo Alto @ Los Altos Homestead @ Lynbrook</p>	<p style="text-align: center;"><i>Week of March 30</i></p> <p>Bye - Palo Alto Homestead @ Gunn Los Altos @ Lynbrook Los Gatos @ Milpitas</p>	<p style="text-align: center;"><i>Week of April 6</i></p> <p style="text-align: center;">SPRING BREAK</p> <p>Bye - Lynbrook Milpitas @ Homestead</p>
<p style="text-align: center;"><i>Week of April 13</i></p> <p style="text-align: center;">SPRING BREAK</p> <p>Palo Alto @ Gunn Los Altos @ Los Gatos</p>	<p style="text-align: center;"><i>Week of April 20</i></p> <p>Bye - Homestead Gunn @ Los Altos Los Gatos @ Palo Alto Lynbrook @ Milpitas</p>	
<p style="text-align: center;"><i>Tuesday, April 28</i></p> <p>De Anza League Trials @ Lynbrook 3:00 Field / 3:30 Running</p>	<p style="text-align: center;"><i>Thursday, April 30</i></p> <p>De Anza League Finals @ Lynbrook 3:00 Field / 3:30 Running</p>	<p style="text-align: center;"><i>Friday, May 8</i></p> <p>SCVAL Championship Meet @ Santa Clara 4:30 Field / 5:30 Running</p>
<p style="text-align: center;"><i>Saturday, May 16</i></p> <p>CCS Semifinal</p>	<p style="text-align: center;"><i>Friday, May 22</i></p> <p>CCS Finals</p>	<p style="text-align: center;"><i>Friday, May 29 and Saturday, May 30</i></p> <p>CIF State Finals</p>

*ALL MEETS SCHEDULED ON SPRING BREAK MUST BE CHANGED, TO A MUTUALLY AGREEABLE DATE,  
IF REQUESTED BY THE SCHOOL ON SPRING BREAK*

Meet Limit		14 <b>No team or athlete may compete in more than 14 me</b>
Pre League Meeting	January	21 4:00 PM @ Santa Clara H.S.
Start Practice	February	3
First Scrimmage Allowed	February	17
First Contest Allowed	February	24
Last SCVAL Event Allowed	May	9
C.C.S Entries Due	May	12
First C.C.S Event	May	16
Post League Meeting	May	TBD TBD
Last C.C.S Event	May	22
CIF State Finals	Friday and Saturday	May 29 & 30
Dual Meet Day	TBD	
Starting Times:	Dual Meets 3:30PM	*3:00PM Pre-DST
	Div. Trials/Finals 3:00 Field/ 3:30 Running	SCVAL Chmp. 4:30 Field, 5:30 Running
Chairpersons:	Bridget Hall-DA / Julie L'Heureux-EC	
A.D. Liaisons:	Curt Johansen (Gunn)	
SAN JOSE MERCURY NEWS	(408) 920-5354	FAX (408) 920-5244
C.C.S.	(408) 224-2994	FAX (408) 224-0476
Peninsula Sports (Officials)	(877) 375-3301	FAX (831) 375-4029
SCVAL Web site	<a href="http://www.scval.com">www.scval.com</a>	

**2019 - 2020 TRACK AND FIELD  
SANTA CLARA VALLEY ATHLETIC LEAGUE  
EL CAMINO DIVISION  
Preliminary**

TEAMS: Cupertino, Fremont, Monta Vista, Mt. View, Santa Clara, Saratoga, and Wilcox

<p style="text-align: center;"><i>Week of March 2*</i></p> <p>Bye - Saratoga Fremont @ Santa Clara Monta Vista @ Cupertino Wilcox @ Mt. View</p>	<p style="text-align: center;"><i>Week of March 9</i></p> <p>Bye - Wilcox Santa Clara @ Saratoga Mt. View @ Monta Vista Cupertino @ Fremont</p>	<p style="text-align: center;"><i>Week of March 16</i></p> <p>Bye - Mt. View Santa Clara @ Cupertino Monta Vista @ Wilcox Saratoga @ Fremont</p>
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<p style="text-align: center;"><i>Week of March 23</i></p> <p>Bye - Santa Clara Cupertino @ Mt. View Saratoga @ Wilcox Fremont @ Monta Vista</p>	<p style="text-align: center;"><i>Week of March 30</i></p> <p>Bye - Cupertino Wilcox @ Fremont Mt. View @ Santa Clara Monta Vista @ Saratoga</p>	<p style="text-align: center;"><i>Week of April 6</i></p> <p style="text-align: center;">Spring Break</p> <p>Bye - Fremont Santa Clara @ Monta Vista Cupertino @ Wilcox</p>
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<p style="text-align: center;"><i>Week of April 13</i></p> <p style="text-align: center;">Spring Break</p> <p>Mt. View @ Saratoga</p>	<p style="text-align: center;"><i>Week of April 20</i></p> <p>Bye - Monta Vista Fremont @ Mt. View Saratoga @ Cupertino Wilcox @ Santa Clara</p>
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*Wednesday, April 29*  
El Camino League Trials  
@ Cupertino  
3:00 Field / 3:30 Running

*Friday, May 1*  
El Camino League Finals  
@ Cupertino  
3:00 Field / 3:30 Running

*Friday, May 8*  
SCVAL Championship Meet  
@ Santa Clara  
4:30 Field / 5:30 Running

*Saturday, May 16*  
CCS Semifinal

*Friday, May 22*  
CCS Finals

*Friday, May 29 and  
Saturday, May 30*  
CIF State Finals

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