

**Hillsdale Knight Relays - 3/12/2022**  
**Hillsdale High School**  
**Meet Program**

**Event 1 Boys 4x100 Meter Relay Frosh-Soph (15)**

**Saturday 3/12/2022 - 2:00 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

1 Hillsdale	B
2 Woodside	A
3 Sacred Heart	B
4 Mills	B
5 San Mateo	B
6 Carlmont	B
7 Hillsdale	A

**Section 2 of 2 Finals**

1 Jefferson	A
2 Mills	A
3 Sacred Heart	A
4 South S.F.	A
5 Aims College	A
6 Aragon	A
7 San Mateo	A
8 Carlmont	A

**Event 2 Girls 4x100 Meter Relay Frosh-Soph (10)**

**Saturday 3/12/2022 - 2:00 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Hillsdale	B
3 Jefferson	A
4 Sacred Heart	B
5 San Mateo	B
6 Woodside	A

**Section 2 of 2 Finals**

2 Hillsdale	A
3 Carlmont	A
4 Aragon	A
5 San Mateo	A
6 Sacred Heart	A

**Event 3 Boys 4x100 Meter Relay Varsity (14)**

**Saturday 3/12/2022 - 2:00 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

1 Carlmont	B
2 Jefferson	A
3 Mills	B
4 Lick Wilmerding	B
5 San Mateo	B
6 Woodside	A
7 Carlmont	A

**Section 2 of 2 Finals**

1 Aragon	A
2 Sacred Heart	A
3 San Mateo	A
4 Aims College	A
5 Lick Wilmerding	A
6 Hillsdale	A
7 Mills	A

**Event 4 Girls 4x100 Meter Relay Varsity (12)**

**Saturday 3/12/2022 - 2:00 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Mills	B
3 Woodside	A
4 Mills	A
5 Sacred Heart	A
6 Hillsdale	B
7 Sacred Heart	B

**Section 2 of 2 Finals**

2 Carlmont	A
3 San Mateo	A
4 Hillsdale	A
5 Lick Wilmerding	A
6 Aragon	A
7 Jefferson	A

**Event 5 Boys Distance Medley Frosh-Soph (10)**

**Saturday 3/12/2022 - 2:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Lick Wilmerding	A
2 Aims College	A
3 Carlmont	A
4 Aragon	A
5 Woodside	A
6 Sacred Heart	A
7 Hillsdale	A
8 Bay School S.F.	A
9 Mills	A
10 San Mateo	A

**Event 6 Girls Distance Medley Frosh-Soph (5)**

**Saturday 3/12/2022 - 2:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Half Moon Bay	A
2 Hillsdale	A
3 Sacred Heart	A
4 Bay School S.F.	A
5 Aims College	A

**Hillsdale Knight Relays - 3/12/2022**  
**Hillsdale High School**  
**Meet Program**

**Event 7 Boys Distance Medley Varsity (10)**

**Saturday 3/12/2022 - 2:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Aragon	A
2 Lick Wilmerding	A
3 Half Moon Bay	A
4 Carlmont	A
5 Nueva	B
6 Mills	B
7 Hillsdale	A
8 Nueva	A
9 Woodside	A
10 Mills	A

**Event 8 Girls Distance Medley Varsity (7)**

**Saturday 3/12/2022 - 2:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Carlmont	A
2 Bay School S.F.	A
3 Lick Wilmerding	A
4 Mills	A
5 San Mateo	A
6 Aragon	A
7 Half Moon Bay	A

**Event 9 Boys 800 Sprint Medley Frosh-Soph (13)**

**Saturday 3/12/2022 - 3:45 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Hillsdale	B
3 Nueva	A
4 Mills	B
5 Jefferson	A
6 Sacred Heart	B
7 Aims College	A

**Section 2 of 2 Finals**

1 Hillsdale	A
2 Carlmont	A
3 South S.F.	A
4 Mills	A
5 Aragon	A
6 San Mateo	A
7 Sacred Heart	A

**Event 10 Girls 800 Sprint Medley Frosh-Soph (9)**

**Saturday 3/12/2022 - 3:45 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

3 Half Moon Bay	A
4 San Mateo	B
5 Sacred Heart	A
6 Sacred Heart	B

**Section 2 of 2 Finals**

2 Hillsdale	A
3 Aragon	A
4 San Mateo	A
5 Carlmont	A
6 Aims College	A

**Event 11 Boys 800 Sprint Medley Varsity (12)**

**Saturday 3/12/2022 - 3:45 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Hillsdale	A
3 San Mateo	B
4 Carlmont	A
5 Mills	B
6 Sacred Heart	A
7 Aims College	A

**Section 2 of 2 Finals**

2 Aragon	A
3 Mills	A
4 San Mateo	A
5 Lick Wilmerding	A
6 Jefferson	A
7 South S.F.	A

**Event 12 Girls 800 Sprint Medley Varsity (8)**

**Saturday 3/12/2022 - 3:45 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Sacred Heart	A
2 Mills	A
3 Hillsdale	A
4 Lick Wilmerding	A
5 Carlmont	A
6 Jefferson	A
7 Aragon	A
8 Nueva	A

Hillsdale Knight Relays - 3/12/2022  
Hillsdale High School  
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**Event 13 Boys 1500 Meter Run Frosh-Soph (17)**

**Saturday 3/12/2022 - 4:30 PM**

Lane Name	School
<b>Section 1 of 1 Finals</b>	
1 Beas, Mariano	South S.F.
2 Conley, Sean	Carlmont
3 Mendonca, Teddy	Hillsdale
4 Kramer, Elliott	Carlmont
5 Motamed, Calvin	Hillsdale
6 Chen, Mateo	Woodside
7 Strassia, Marco	Aragon
8 Cowan, Tyler	Woodside
9 McElarney, Declan	Aragon
10 Broussard, John	Mills
11 Chin, Andrew	Mills
12 Zhang, Bruce	San Mateo
13 Nowell, Matthew	Woodside
14 Yonas, Sessany	Aims College
15 Butler, Michael	Aims College
16 Abude, Jesse	Jefferson
17 Mukund, Jonas	San Mateo

**Event 14 Girls 1500 Meter Run Frosh-Soph (6)**

**Saturday 3/12/2022 - 4:30 PM**

Lane Name	School
<b>Section 1 of 1 Finals</b>	
1 Cocquyt, Sasha	Nueva
2 Hsieh, Naia	Hillsdale
3 Metzler, Anita	Carlmont
4 Yang, Yebom	Carlmont
5 Habte, Abigayl	Aims College
6 Fernandez, Mildred	San Mateo

**Event 15 Boys 1500 Meter Run Varsity (13)**

**Saturday 3/12/2022 - 4:30 PM**

Lane Name	School
<b>Section 1 of 1 Finals</b>	
1 Taylor, Andrew	Hillsdale
2 Marquez Jr, Dominic	Hillsdale
3 Rezneck, Joshua	Nueva
4 Doong, Tian	San Mateo
5 DeSantis, Ryan	Nueva
6 Nightengale, Aiden	Hillsdale
7 Gosling, Justin	Woodside
8 Palomo, Remy	Mills
9 Levine, Ethan	San Mateo
10 Picardo, Robert	Jefferson
11 Chan, Kyle	Mills
12 Zane, Zachary	Aragon
13 Guo, Jerwey	Aims College

**Event 16 Girls 1500 Meter Run Varsity (12)**

**Saturday 3/12/2022 - 4:30 PM**

Lane Name	School
<b>Section 1 of 1 Finals</b>	
1 Marsyla, Elle	Woodside
2 Lucey, Colleen	Hillsdale
3 Soderbery, Julia	Sacred Heart
4 Lucey, Clare	Hillsdale
5 Poon, Kelly	Nueva
6 Van Voorhis, Chloe	San Mateo
7 Horng, Alyssa	Nueva
8 Pistilli, Virginia	Woodside
9 Sapugay, Clara	San Mateo
10 Jiang, Elaine	Aims College
11 Molinare, Ariana	Mills
12 Rodriguez, Kristan	Aims College

**Event 17 Boys 4x200 Meter Relay Frosh-Soph (14)**

**Saturday 3/12/2022 - 5:00 PM**

Lane Team	Relay
<b>Section 1 of 2 Finals</b>	
1 Hillsdale	B
2 Sacred Heart	B
3 Mills	B
4 Carlmont	B
5 Aragon	B
6 Hillsdale	A
7 Nueva	A
<b>Section 2 of 2 Finals</b>	
1 Sacred Heart	A
2 Mills	A
3 Jefferson	A
4 Aims College	A
5 Carlmont	A
6 San Mateo	A
7 Aragon	A

**Event 18 Girls 4x200 Meter Relay Frosh-Soph (10)**

**Saturday 3/12/2022 - 5:00 PM**

Lane Team	Relay
<b>Section 1 of 2 Finals</b>	
2 Half Moon Bay	A
3 Hillsdale	B
4 Hillsdale	A
5 Sacred Heart	A
6 Jefferson	A
<b>Section 2 of 2 Finals</b>	
2 Aragon	A
3 Aims College	A
4 Carlmont	A
5 San Mateo	A
6 Nueva	A

**Hillsdale Knight Relays - 3/12/2022**  
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**Event 19 Boys 4x200 Meter Relay Varsity (11)**

**Saturday 3/12/2022 - 5:00 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Hillsdale	A
3 Mills	B
4 Carlmont	B
5 Mills	A
6 Aragon	B

**Section 2 of 2 Finals**

2 Aragon	A
3 Lick Wilmerding	A
4 San Mateo	A
5 Carlmont	A
6 Aims College	A
7 Jefferson	A

**Event 20 Girls 4x200 Meter Relay Varsity (10)**

**Saturday 3/12/2022 - 5:00 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Half Moon Bay	A
3 Sacred Heart	A
4 Mills	B
5 Aragon	A
6 Hillsdale	A

**Section 2 of 2 Finals**

2 Nueva	A
3 Lick Wilmerding	A
4 Carlmont	A
5 Jefferson	A
6 Mills	A

**Event 21 Boys 4x800 Meter Relay Frosh-Soph (11)**

**Saturday 3/12/2022 - 5:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Lick Wilmerding	A
2 San Mateo	A
3 Carlmont	A
4 Aragon	A
5 Woodside	A
6 Aims College	A
7 Sacred Heart	A
8 Bay School S.F.	A
9 Mills	A
10 Hillsdale	A
11 Hillsdale	B

**Event 22 Girls 4x800 Meter Relay Frosh-Soph (5)**

**Saturday 3/12/2022 - 5:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Half Moon Bay	A
2 Bay School S.F.	A
3 Hillsdale	A
4 Sacred Heart	A
5 Aims College	A

**Event 23 Boys 4x800 Meter Relay Varsity (11)**

**Saturday 3/12/2022 - 5:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Lick Wilmerding	A
2 San Mateo	A
3 Mills	A
4 Nueva	A
5 Aragon	A
6 Half Moon Bay	A
7 Woodside	A
8 Carlmont	A
9 Aims College	A
10 Hillsdale	A
11 Hillsdale	B

**Event 24 Girls 4x800 Meter Relay Varsity (8)**

**Saturday 3/12/2022 - 5:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 San Mateo	A
2 Nueva	A
3 Hillsdale	A
4 Lick Wilmerding	A
5 Carlmont	A
6 Bay School S.F.	A
7 Half Moon Bay	A
8 Aragon	A

Hillsdale Knight Relays - 3/12/2022  
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**Event 25 Boys 4x400 Meter Relay Frosh-Soph (11)**

**Saturday 3/12/2022 - 6:30 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Woodside	A
3 Mills	B
4 San Mateo	B
5 Aragon	B
6 Hillsdale	B

**Section 2 of 2 Finals...(Event 25 Boys 4x400 Meter Relay Frosh-Soph (11))**

2 Hillsdale	A
3 Aragon	A
4 San Mateo	A
5 Aims College	A
6 Mills	A
7 Carlmont	A

**Event 26 Girls 4x400 Meter Relay Frosh-Soph (6)**

**Saturday 3/12/2022 - 6:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

2 Aims College	A
3 Hillsdale	A
4 San Mateo	A
5 San Mateo	B
6 Aragon	A
7 Carlmont	A

**Event 27 Boys 4x400 Meter Relay Varsity (10)**

**Saturday 3/12/2022 - 6:30 PM**

**Lane Team Relay**

**Section 1 of 2 Finals**

2 Woodside	A
3 Mills	B
4 San Mateo	B
5 Aims College	A
6 Carlmont	A

**Section 2 of 2 Finals**

2 Hillsdale	A
3 Aragon	A
4 San Mateo	A
5 Nueva	A
6 Mills	A

**Event 28 Girls 4x400 Meter Relay Varsity (7)**

**Saturday 3/12/2022 - 6:30 PM**

**Lane Team Relay**

**Section 1 of 1 Finals**

1 Woodside	A
2 Carlmont	A
3 Aragon	A
4 Hillsdale	A
5 San Mateo	A
6 Mills	A
7 Mills	B

Hillsdale Knight Relays - 3/12/2022  
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**Event 29 Boys Shot Put Relay Varsity (21)**

**Saturday 3/12/2022 - 1:00 PM**

Pos	Name	School
<b>Flight 1 of 1 Finals</b>		
1	Garcia, Angel	Carlmont
2	Braunstein, Noah	Carlmont
3	Shiel, Joshua	Hillsdale
4	Stirling, Max	Woodside
5	Lau, Joshua	Hillsdale
6	Cervantes, Keani	San Mateo
7	Gonzalez, Aaron	Woodside
8	Volynsky-Krug, Bo	Half Moon Bay
9	Pailano, Justin	Jefferson
10	O'Kelly, Shay	Sacred Heart
11	Ambrosio, Jeshua	Mills
12	Dulworth, Theo	Lick Wilmerding
13	Usher, Nathan	Woodside
14	Arceneaux, Joel	Lick Wilmerding
15	Barton, Cody	Aragon
16	Farnsworth, Donovan	Half Moon Bay
17	Tessier, Vincent	San Mateo
18	Zheng, Albert	Aragon
19	Tan, Matthew	Mills
20	Green, Charles	Jefferson
21	Costello, Micheal	Hillsdale

**Event 30 Boys Long Jump Relay Varsity (19)**

**Saturday 3/12/2022 - 1:00 PM**

Pos	Name	School
<b>Flight 1 of 1 Finals</b>		
1	Latu, Andrew	Sacred Heart
2	Palomo, Remy	Mills
3	Parrish, Guy	Aims College
4	Chu, Stanley	San Mateo
5	Abraham, Isaac	Aims College
6	Barry, Kyan	San Mateo
7	Chong, Ryan	Mills
8	Hsing, Brandon	Sacred Heart
9	Yang, Joshua	Carlmont
10	Guevarra, Kevin	Lick Wilmerding
11	Verdusco, Avel	Woodside
12	Ly, Minh	Lick Wilmerding
13	Perez, Gabriel	Woodside
14	De Oliveira, Ian	Woodside
15	Nunnemaker, Jarod	Aragon
16	Kwan, Bryan	Aragon
17	Ortega, Alfonso	Mills
18	Xie, Jack	Mills
19	Buddie, Luke	Woodside

**Event 31 Boys High Jump Relay Varsity (17)**

**Saturday 3/12/2022 - 1:00 PM**

Pos	Name	School
<b>Flight 1 of 1 Finals</b>		
1	Zheng, Johnathon	Mills
2	Gagne, Noah	San Mateo
3	Morey, Devan	Sacred Heart
4	Ambrosio, Jeshua	Mills
5	Aristakessian, Nareg	Mills
6	Palomo, Remy	Mills
7	Ly, Minh	Lick Wilmerding
8	Chan, Brennan	Aragon
9	Kuo, Zachary	Carlmont
10	Gustin, Ethan	Half Moon Bay
11	De Oliveira, Ian	Woodside
12	Coronel, Ivan	Carlmont
13	Nakai, Kain	Aragon
14	Doong, Tian	San Mateo
15	Syme, Zeke	Half Moon Bay
16	Solinsky-Duryea, Frankie	Lick Wilmerding
17	Buddie, Luke	Woodside

**Event 32 Girls Shot Put Relay Varsity (5)**

**Saturday 3/12/2022 - 1:00 PM**

Pos	Name	School
<b>Flight 1 of 1 Finals</b>		
1	Yin, Emma	Lick Wilmerding
2	Doo, Sujean	Lick Wilmerding
3	Molinare, Ariana	Mills
4	Thompson, Ione	Mills
5	Reynolds, Bridget	Woodside

**Event 33 Girls Long Jump Relay Varsity (17)**

**Saturday 3/12/2022 - 1:00 PM**

Pos	Name	School
<b>Flight 1 of 1 Finals</b>		
1	Louie, Danielle	Mills
2	Mayenkar, Miriya	Carlmont
3	Sapkota, Aayushma	Mills
4	Moorhead, Brooke	Woodside
5	Thompson, Ione	Mills
6	Vendel, Audrey	San Mateo
7	Pitchkhadze, Anfisa	San Mateo
8	Chu, Crystal	Aragon
9	Wilmurt, Kira	Hillsdale
10	Hyunh, Elaine	Aragon
11	Takatoku, Shiho	Aragon
12	Waring, Tianna	Hillsdale
13	Nau, Nia	Woodside
14	Eu, Jamie	Lick Wilmerding
15	Ichiuji, Halle	Aragon
16	Metzler, Naomi	Carlmont
17	Shveyd, Raya	Lick Wilmerding

**Hillsdale Knight Relays - 3/12/2022**  
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**Event 34 Girls High Jump Relay Varsity (12)**

**Saturday 3/12/2022 - 1:00 PM**

<b>Pos</b>	<b>Name</b>	<b>School</b>
<b>Flight 1 of 1 Finals</b>		
1	Arjun, Shreya	Aragon
2	Fong, Kaitlyn	Carlmont
3	Shetty, Samantha	Carlmont
4	Hohmann, Sophie	Mills
5	Wood Carracedo, Laura	Aragon
6	Zhu, Allison	San Mateo
7	Buckley, Michaela	Hillsdale
8	Robinson, Jordan	Hillsdale
9	Draheim, Alyssa	Mills
10	Kusumoto, Sara	Hillsdale
11	Chio, Gwynn	San Mateo
12	Moorhead, Brooke	Woodside

**Event 35 Boys Shot Put Relay Frosh-Soph (19)**

**Saturday 3/12/2022 - 1:00 PM**

<b>Pos</b>	<b>Name</b>	<b>School</b>
<b>Flight 1 of 1 Finals</b>		
1	Doong, Ming	San Mateo
2	Quinonez, Sebastian	San Mateo
3	Castro, Nathan	Jefferson
4	Isom, Parker	Woodside
5	Barnuevo, Haiden Alister	Woodside
6	Avila, Michael	Carlmont
7	Baker, Warner	Carlmont
8	Childs, Kentaro	Carlmont
9	Liu, Hendrick	Mills
10	Zheng, Jiawei	Mills
11	Teneja, Roshan	Sacred Heart
12	Vilan, Aris	Jefferson
13	Cavigioli, Daniel	Aragon
14	Vuong, Tyler	Mills
15	Vuong, Ethan	Mills
16	Blos, Gavin	Hillsdale
17	Rahman, Zach	Aragon
18	Fangupo, Aseli	Sacred Heart
19	Rebellar, Jose	Woodside

**Event 36 Boys Long Jump Relay Frosh-Soph (14)**

**Saturday 3/12/2022 - 1:00 PM**

<b>Pos</b>	<b>Name</b>	<b>School</b>
<b>Flight 1 of 1 Finals</b>		
1	Audi, Lorenz	San Mateo
2	Daboin, Franco	Aims College
3	Fry, Adrian	Carlmont
4	Watson, Leonardo	Aims College
5	Auzarang, Zidane	San Mateo
6	Vuong, Tyler	Mills
7	Pitera, Milo	Woodside
8	Pun, Ryan	Carlmont
9	Little, Scott	Woodside
10	Teng, Quincey	Aragon
11	MendesGrassia, Carmel	Woodside
12	Gosch, Jeremy	Aragon
13	Arroyo, Caleb	Woodside
14	Academia, Aaron	Mills

**Event 37 Boys High Jump Relay Frosh-Soph (11)**

**Saturday 3/12/2022 - 1:00 PM**

<b>Pos</b>	<b>Name</b>	<b>School</b>
<b>Flight 1 of 1 Finals</b>		
1	Lee, Dominic	Mills
2	Broussard, John	Mills
3	Quo, Bennett	Sacred Heart
4	Bommareddy, advik	Aragon
5	Pun, Ryan	Carlmont
6	Audi, Lorenz	San Mateo
7	Belluomini, Enzo	San Mateo
8	Holland, Daichi	Carlmont
9	Nunnemaker, Jarod	Aragon
10	Arroyo, Caleb	Woodside
11	FerrellStraight, Lucas	Woodside

**Event 38 Girls Shot Put Relay Frosh-Soph (7)**

**Saturday 3/12/2022 - 1:00 PM**

<b>Pos</b>	<b>Name</b>	<b>School</b>
<b>Flight 1 of 1 Finals</b>		
1	Vehikite, Lolienni	Sacred Heart
2	Muneno, Leilani	Hillsdale
3	Castailac, Sophie	Sacred Heart
4	Hernandez, Alxia	Woodside
5	Sheldon, Amanda	Hillsdale
6	Salles, Olivia	San Mateo
7	Pahulu, Naane	San Mateo

**Hillsdale Knight Relays - 3/12/2022**  
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**Event 39 Girls Long Jump Relay Frosh-Soph (11)**

**Saturday 3/12/2022 - 1:00 PM**

<b>Pos</b>	<b>Name</b>	<b>School</b>
<b>Flight 1 of 1 Finals</b>		
1	Miao, Juliana	Aims College
2	Cheng, Rachel	Sacred Heart
3	Yu, Rehana	Aims College
4	McCauley, Aundrea	San Mateo
5	Whaley, Joyce	Woodside
6	Silberman, Aurora	Woodside
7	Marquis, Avery	Aragon
8	Fung, Katelyn	Woodside
9	Kolotouros, Alexis	Woodside
10	Li, Hanna	Aragon
11	Brown, Delaney	San Mateo

**Event 40 Girls High Jump Relay Frosh-Soph (8)**

**Saturday 3/12/2022 - 1:00 PM**

<b>Pos</b>	<b>Name</b>	<b>School</b>
<b>Flight 1 of 1 Finals</b>		
1	Gatoff, Jonah	San Mateo
2	Marks, Julia	Woodside
3	Swire, Zoe	San Mateo
4	Anderson, Eva	Half Moon Bay
5	Li, Hanna	Aragon
6	Collins, Audrey	Half Moon Bay
7	Silberman, Aurora	Woodside
8	Rau, Katie	Aragon