

Peninsula Athletic League Championships - 4/28/2022 to 5/7/2022
Woodside High School
Meet Program

Event 1 Girls 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

CCS At Large: 12.73

Lane	Name	School	Seed Time
Heat 1 of 5 Prelims			
1	Ozuna, Nicole	Westmoor	
2	Ghajarrahami, Armita	Aragon	
3	Redjaian, Sabrina	Menlo-Athert	
4	Ellis, De'Auri	Menlo-Athert	
5	Najac, Taylor	Sequoia	
6	Eliares, Leila	Terra Nova	
7	Frank, Alexandra	Oceana	
Heat 2 of 5 Prelims			
1	Iarmolenko, Polina	San Mateo	
2	Dehne, Emily	Menlo-Athert	
3	Ichiuji, Halle	Aragon	
4	Snodgrass, Grace	Hillsdale	
5	Hagemann, Shannon	Terra Nova	
6	Smith, Asha	Sequoia	
7	Brown, Mystique	Jefferson	
Heat 3 of 5 Prelims			
1	Wong, Shayla	Mills	
2	Minor, Rey	Carlmont	
3	Lim, Katherine	Hillsdale	
4	Daniels, Brooklyn	Jefferson	
5	Wachter, Isabella	Carlmont	
6	Hamzawi, Zaina	Menlo-Athert	
7	Fong, Kaitlyn	Carlmont	
Heat 4 of 5 Prelims			
1	Polasek, Aeres	Burlingame	
2	Masarova, Natalie	Hillsdale	
3	Nguy, Sarah	Carlmont	
4	Noble Dean, Heart	Westmoor	
5	Cho, Pia	Aragon	
6	Paiko, Delia	Carlmont	
7	Fraser, Gabrielle	Woodside	
Heat 5 of 5 Prelims			
1	Arevalo Fuentes, Angela	South San Fr	
2	McCarthy, Lauren	Carlmont	
3	Goodwin, Mira	Sequoia	
4	Carrou, Isabelle	Menlo-Athert	
5	Perez, Rochelle	El Camino	
6	Anderson, Makena	Hillsdale	
7	Peterson, Jillian	Woodside	

Event 2 Boys 100 Meter Dash**8 Advance: Top 1 Each Heat plus Next 2 Best Times**

CCS At Large: 11.15

Lane	Name	School	Seed Time
Heat 1 of 6 Prelims			
1	Zilla, Franco	Half Moon Ba	
2	Taylor, Tyler	Jefferson	
3	Smith, Sherrod	Menlo-Athert	
4	Parodi, Marco	Woodside	
5	Makasini, Leimana	Sequoia	
6	Oliveira, Casey	Carlmont	
7	Phillips, Drake	Woodside	
8	Syme, Coleman	Half Moon Ba	
Heat 2 of 6 Prelims			
1	White, Nathaniel	Jefferson	
2	Phillips, Cooper	Carlmont	
3	Hickey, Jack	Aragon	
4	Barbie, Johnnie	Menlo-Athert	
5	Moss, Jalen	Menlo-Athert	
6	Garcia-Standlee, Noah	Menlo-Athert	
7	Young, Rohin	Burlingame	
8	Dones, Jericho	Jefferson	
Heat 3 of 6 Prelims			
1	Garay Benavides, Esteban	Capuchino	
2	Chu, Stanley	San Mateo	
3	Lam, Samuel	Mills	
4	Bonney, Jax	Capuchino	
5	Johal, Jack	Hillsdale	
6	Nordgren, Andrew	Woodside	
7	Mariano, Giancarlo	Jefferson	
8	Ngo, Matt	Aragon	
Heat 4 of 6 Prelims			
1	Hart, Nicholas	Woodside	
2	Lasala, Bronsen	Carlmont	
3	Tetelbaum, Ben	Sequoia	
4	Holoyda, Ryan	Carlmont	
5	Grundmann, davis	Burlingame	
6	Kwok, Ryan	Mills	
7	Riviello, Anthony	Menlo-Athert	
8	Khuu, Brandon	Jefferson	
Heat 5 of 6 Prelims			
1	Jacob, Dylan	Westmoor	
2	Moss, Jayden	Menlo-Athert	
3	Hernandez Ferman, Daniel	South San Fr	
4	Sanchez Delope, Sebastian	Menlo-Athert	
5	Uhrich, William	Burlingame	
6	Johnson, Trevor	Carlmont	
7	Yang, Joshua	Carlmont	
8	Darve, Julien	Aragon	

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Heat 6 of 6 Prelims...(Event 2 Boys 100 Meter Dash)

1	Copus, Jake	San Mateo
2	Woodworth, Toby	El Camino
3	Vizcarra, Christopher	Terra Nova
4	Flood, Joseph	Menlo-Athert
5	Brathwaite, Jayden	Westmoor
6	O'Brien, Corey	Terra Nova
7	Jung, Samuel	Mills
8	Navarette, Christian	Half Moon Ba

Event 3 Girls 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times**

CCS At Large: 26.14

Lane	Name	School	Seed Time
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Heat 1 of 5 Prelims

1	Lee, Kari	San Mateo
2	McCann, Shayla	Terra Nova
3	Wilmurt, Kira	Hillsdale
4	Chavez, Sarah	Capuchino
5	Draheim, Alyssa	Mills
6	Lim, Katherine	Hillsdale
7	Fong, Kaitlyn	Carlmont

Heat 2 of 5 Prelims

1	Fraser, Gabrielle	Woodside
2	McCarthy, Lauren	Carlmont
3	Snodgrass, Grace	Hillsdale
4	Haggarty, Cora	Burlingame
5	Clancy, Aisling	Oceana
6	Minor, Rey	Carlmont
7	Brown, Mystique	Jefferson

Heat 3 of 5 Prelims

1	Dehne, Emily	Menlo-Athert
2	Anderson, Makena	Hillsdale
3	Hagemann, Shannon	Terra Nova
4	Cho, Pia	Aragon
5	Carrou, Isabelle	Menlo-Athert
6	Redjaian, Sabrina	Menlo-Athert
7	Smith, Asha	Sequoia
8	Lopez, Valeria	Half Moon Ba

Heat 4 of 5 Prelims

1	Chu, Crystal	Aragon
2	Mora Ramirez, Lia	Hillsdale
3	Waring, Tianna	Hillsdale
4	Reichow, Avah	Burlingame
5	Ellis, De'Auri	Menlo-Athert
6	Wachter, Isabella	Carlmont
7	Nguy, Sarah	Carlmont
8	Gosling, Mia	Woodside

Heat 5 of 5 Prelims

1	Herrera, Ariadnna	Westmoor
2	Paiko, Delia	Carlmont
3	Yee, Katie	Mills
4	Daniels, Brooklyn	Jefferson
5	Perez, Rochelle	El Camino
6	Hamzawi, Zaina	Menlo-Athert
7	Kaliski, Caitlin	Aragon

Event 4 Boys 200 Meter Dash**8 Advance: Top 1 Each Heat plus Next 2 Best Times**

CCS At Large: 22.62

Lane	Name	School	Seed Time
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Heat 1 of 6 Prelims

1	Murphy, En	Carlmont
2	Clark, Oliver	Woodside
3	Lam, Samuel	Mills
4	Earby, Jeremiah	Menlo-Athert
5	Gagne, Noah	San Mateo
6	Brathwaite, Jayden	Westmoor
7	Scott, Brandon	Menlo-Athert
8	Jacob, Dylan	Westmoor

Heat 2 of 6 Prelims

1	Jung, Samuel	Mills
2	Hickey, Jack	Aragon
3	Flood, Joseph	Menlo-Athert
4	Jackson, Myles	Menlo-Athert
5	McKeever, Kyle	San Mateo
6	Uhrich, William	Burlingame
7	Phillips, Drake	Woodside
8	Lai, Noah	Mills

Heat 3 of 6 Prelims

1	Mariano, Giancarlo	Jefferson
2	Johnson, Trevor	Carlmont
3	Chu, Stanley	San Mateo
4	Deinla, Jacob	El Camino
5	Moss, Jalen	Menlo-Athert
6	Taylor, Tyler	Jefferson
7	Moss, Jayden	Menlo-Athert
8	Martinez, Francisco	El Camino

Heat 4 of 6 Prelims

1	Grundmann, davis	Burlingame
2	Riviello, Anthony	Menlo-Athert
3	Holoyda, Ryan	Carlmont
4	Sanchez Delope, Sebastian	Menlo-Athert
5	Schwarzkopf, Avinash	Aragon
6	Garcia-Standlee, Noah	Menlo-Athert
7	Pacini, Eric	Oceana
8	Garay Benavides, Esteban	Capuchino

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Heat 5 of 6 Prelims...(Event 4 Boys 200 Meter Dash)

1	Peterson, Aidan	Carlmont
2	Sandin, Alexander	Carlmont
3	Makasini, Leimana	Sequoia
4	Pigot, Benjamin	Sequoia
5	Barbie, Johnnie	Menlo-Athert
6	Smith, Sherrod	Menlo-Athert
7	Resnick, Jesse	Sequoia
8	Dones, Jericho	Jefferson

Heat 6 of 6 Prelims

1	Vizcarra, Christopher	Terra Nova
2	Johal, Jack	Hillsdale
3	Hernandez Ferman, Daniel	South San Fr
4	Bonney, Jax	Capuchino
5	Rivera, Shaun	Westmoor
6	Parodi, Marco	Woodside
7	Mansfield, Quinn	Carlmont
8	Syme, Coleman	Half Moon Ba

Event 5 Girls 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

CCS At Large: 59.41

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Lee, Kari	San Mateo
2	Yee, Katie	Mills
3	Zygarewicz, Sophia	Terra Nova
4	Chavez, Sarah	Capuchino
5	Reichow, Avah	Burlingame
6	Waring, Tianna	Hillsdale
7	Gosling, Mia	Woodside
8	Lopez, Valeria	Half Moon Ba

Heat 2 of 2 Prelims

1	Hsieh, Kendall	Hillsdale
2	Arjun, Shreya	Aragon
3	Draheim, Alyssa	Mills
4	Haggarty, Cora	Burlingame
5	Wilmurt, Kira	Hillsdale
6	Clancy, Aisling	Oceana
7	Louie, Danielle	Mills

Event 6 Boys 400 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

CCS At Large: 50.86

Lane	Name	School	Seed Time
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Heat 1 of 4 Prelims

1	Kinder, Zachary	Carlmont
2	Wolfgram, Joshua	San Mateo
3	Kalos, Connor	Half Moon Ba
4	Habash, Jason	Mills
5	McKeever, Kyle	San Mateo
6	Jackson, Myles	Menlo-Athert
7	Parness, Luke	Burlingame
8	Orellana, Isaiah	Capuchino

Heat 2 of 4 Prelims

1	Cedillos, Eric	Westmoor
2	Resnick, Jesse	Sequoia
3	Clark, Oliver	Woodside
4	Earby, Jeremiah	Menlo-Athert
5	Gagne, Noah	San Mateo
6	Dahlberg, Hunter	Carlmont
7	Tan, Cyrus	Mills
8	Holquin, Dominic	Capuchino

Heat 3 of 4 Prelims

1	Peterson, Aidan	Carlmont
2	Pacini, Eric	Oceana
3	Deinla, Jacob	El Camino
4	Roberts, Yutaka	El Camino
5	Yu, Wesley	Westmoor
6	Mansfield, Quinn	Carlmont
7	Kwan, Bryan	Aragon
8	Liu, Junxian	Jefferson

Heat 4 of 4 Prelims

1	Martinez, Francisco	El Camino
2	Corpus, John	Sequoia
3	Scott, Brandon	Menlo-Athert
4	Pigot, Benjamin	Sequoia
5	Schwarzkopf, Avinash	Aragon
6	Yertzell, Christian	Terra Nova
7	Riviello, Anthony	Menlo-Athert
8	Ho, Chester	Mills

Event 7 Girls 800 Meter Run**12 Advance: Top 1 Each Heat plus Next 10 Best Times**

Hip 9 in lane 2, 10 in lane 7, 11 in lane 1, and 12 in lane 8.

CCS At Large: 2:19.27

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Ohashi, Nao	Menlo-Athert
2	Clark, Caitlin	Aragon
3	Rehkopf, Cleo	Menlo-Athert
4	Pflaum, Annie	Menlo-Athert
5	Lucey, Clare	Hillsdale
6	Metzler, Naomi	Carlmont
7	Welander, Katherine	Menlo-Athert
8	Pappas, Anna	Aragon
9	Torres, Mary	Aragon
10	Coleman, Rylie	Burlingame
11	Molinare, Ariana	Mills
12	Teng, Natalie	Aragon

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Heat 2 of 2 Prelims...(Event 7 Girls 800 Meter Run)

1	Zygarewicz, Sophia	Terra Nova
2	Briggs, Katriona	Menlo-Athert
3	Peacock, Katherine	Carlmont
4	Olesen, Tatum	Menlo-Athert
5	Lucey, Colleen	Hillsdale
6	Van Voorhis, Chloe	San Mateo
7	Bikle, Anna	Half Moon Ba
8	Melani, Sofia	Menlo-Athert
9	Heith, Penelope	Carlmont
10	Doyle, Sophia	Sequoia
11	Morales, Belinda	Half Moon Ba

Event 8 Boys 800 Meter Run**12 Advance: Top 1 Each Heat plus Next 10 Best Times****Hip 9 in lane 2, 10 in lane 7, 11 in lane 1, and 12 in lane 8.****CCS At Large: 1:57.77**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Pecson, Rowan	Menlo-Athert
2	Mercado, Gabriel	Jefferson
3	Michelson, Moss	Half Moon Ba
4	Roberts, Yutaka	El Camino
5	Rosales-hasek, Romer	Burlingame
6	Bae, Jackson	Sequoia
7	Thompson, Leo	Aragon
8	Taylor, Andrew	Hillsdale
9	Doherty, Aidan	Menlo-Athert
10	Levine, Ethan	San Mateo
11	Ortaleza, Edwin Genesis	Westmoor
12	Mercado, Joustin	South San Fr

Heat 2 of 2 Prelims

1	Grush, Aaron	San Mateo
2	Nightengale, Aiden	Hillsdale
3	Doong, Tian	San Mateo
4	Habash, Jason	Mills
5	Voyles, Daniel	Aragon
6	Chin, Aaron	Mills
7	Quemuel, Alexander	El Camino
8	Scott, Jackson	Sequoia
9	Kumar, Lokesh	Mills
10	Lunt, Dallin	Menlo-Athert
11	Vasquez, Bryant Cruz	Capuchino
12	Steffel, Maxim	Oceana

Event 9 Girls 1600 Meter Run**12 Advance: Top 1 Each Heat plus Next 10 Best Times****CCS At Large: 5:10.34**

Lane	Name	School	Seed Time
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Heat 1 of 2 Prelims

1	Olesen, Tatum	Menlo-Athert
2	Rehkopf, Cleo	Menlo-Athert
3	Marsyla, Elle	Woodside
4	Peacock, Katherine	Carlmont
5	Boyle, Madeleine	Menlo-Athert
6	Clark, Caitlin	Aragon
7	Brignardello, Myla	Capuchino
8	Pistilli, Virginia	Woodside
9	Bikle, Anna	Half Moon Ba
10	Pappas, Anna	Aragon
11	Torres, Mary	Aragon
12	Teng, Natalie	Aragon

Heat 2 of 2 Prelims

1	Pflaum, Annie	Menlo-Athert
2	Lorenz, Katherine	Menlo-Athert
3	Pilette, Chloe	Menlo-Athert
4	Lucey, Colleen	Hillsdale
5	Briggs, Katriona	Menlo-Athert
6	Reynolds, Ryanne	Terra Nova
7	Van Voorhis, Chloe	San Mateo
8	Scanziani, Lara	Oceana
9	Melani, Sofia	Menlo-Athert
10	Sipes, Danielle	Aragon
11	Heith, Penelope	Carlmont
12	Giere, Ava	Burlingame

Event 10 Boys 1600 Meter Run**12 Advance: Top 1 Each Heat plus Next 9 Best Times****CCS At Large: 4:20.80**

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

1	Brooks, Ethan	Woodside
2	Lanier, Dylan	Menlo-Athert
3	Kumar, Lokesh	Mills
4	Hohendorf, Maximilian	Woodside
5	Thompson, Leo	Aragon
6	Marquez Jr, Dominic	Hillsdale
7	Gamez Diaz, Melchior	Menlo-Athert
8	Lunt, Dallin	Menlo-Athert
9	Park, Aria	Westmoor
10	Van Voorhis, Isaac	Burlingame
11	Suzuki, Hayato	San Mateo
12	Altamirano, Jaret	Hillsdale

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Heat 2 of 3 Prelims...(Event 10 Boys 1600 Meter Run)

1	Taylor, Andrew	Hillsdale
2	Grush, Aaron	San Mateo
3	Doherty, Aidan	Menlo-Athert
4	Michelson, Moss	Half Moon Ba
5	Brennan, Luc	Sequoia
6	Vidana, Zacharie	Sequoia
7	Henige, Rowan	Sequoia
8	Levine, Ethan	San Mateo
9	Low, Zachary	Aragon
10	Chong, Michael	Carlmont
11	Mercado, Gabriel	Jefferson

Heat 3 of 3 Prelims

1	Bae, Ethan	Sequoia
2	Bae, Jackson	Sequoia
3	Voyles, Daniel	Aragon
4	Pecson, Rowan	Menlo-Athert
5	Greer, Benny (Benjamin)	Capuchino
6	Oehlerking, Walter	Capuchino
7	Nightengale, Aiden	Hillsdale
8	Palomo, Remy	Mills
9	Sison, Jonathan	Carlmont
10	Sun, Caleb	Oceana
11	Kent, Miles	Carlmont
12	Szeto, Jake	El Camino

Event 11 Girls 3200 Meter Run

CCS At Large: 11:26.97

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Marsyla, Elle	Woodside
2	Lorenz, Katherine	Menlo-Athert
3	Briggs, Katriona	Menlo-Athert
4	Pilette, Chloe	Menlo-Athert
5	Boyle, Madeleine	Menlo-Athert
6	Scanziani, Lara	Oceana
7	Rehkopf, Cleo	Menlo-Athert
8	Melani, Sofia	Menlo-Athert
9	Brignardello, Myla	Capuchino
10	Pistilli, Virginia	Woodside
11	Lucey, Colleen	Hillsdale
12	Van Voorhis, Chloe	San Mateo
13	Lucey, Clare	Hillsdale
14	Pappas, Anna	Aragon
15	Clark, Caitlin	Aragon
16	Teng, Natalie	Aragon
17	Morales, Belinda	Half Moon Ba
18	Pollack, Jianna	Sequoia
19	Sapugay, Clara	San Mateo
20	Torres, Mary	Aragon
21	Sipes, Danielle	Aragon

Event 12 Boys 3200 Meter Run

CCS At Large: 9:32.98

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	Dimick, Aidan	Carlmont
2	Brooks, Ethan	Woodside
3	Lanier, Dylan	Menlo-Athert
4	Hohendorf, Maximilian	Woodside
5	Doherty, Aidan	Menlo-Athert
6	Buhr, Hans	Woodside
7	Bae, Ethan	Sequoia
8	Pecson, Rowan	Menlo-Athert
9	Kumar, Lokesh	Mills
10	Bae, Jackson	Sequoia
11	Steiner, Kai	Woodside
12	Greer, Benny (Benjamin)	Capuchino
13	Brennan, Luc	Sequoia
14	Taylor, Andrew	Hillsdale
15	Low, Zachary	Aragon
16	Thompson, Leo	Aragon
17	Marquez Jr, Dominic	Hillsdale
18	Palomo, Remy	Mills
19	Park, Aria	Westmoor
20	Lee, Calvin	Hillsdale
21	Suzuki, Hayato	San Mateo
22	Voyles, Daniel	Aragon
23	Lloyd, Matthew	San Mateo
24	Chong, Michael	Carlmont
25	Van Voorhis, Isaac	Burlingame
26	Lund, Samuel	Oceana

Event 13 Girls 100 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

CCS At Large: 15.98

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

2	Zhu, Allison	San Mateo
3	Wood Carracedo, Laura	Aragon
4	McCann, Mia	Terra Nova
5	Lin, Erica	Aragon
6	Tidwell, Alice	Sequoia
7	Vinluan, Hazel	Westmoor

Heat 2 of 3 Prelims

2	Perucho, Nathalie	Westmoor
3	Takatoku, Shiho	Aragon
4	Lamprecht, Kamryn	Half Moon Ba
5	Peterson, Jillian	Woodside
6	Nau, Nia	Woodside
7	Oviedo, Princess Mia	Westmoor

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Heat 3 of 3 Prelims...(Event 13 Girls 100 Meter Hurdles)

2	Mora Ramirez, Lia	Hillsdale
3	Benchohra, Zena	Jefferson
4	Kissane, Ailish	Hillsdale
5	Ho, Lariza	Capuchino
6	Arevalo Fuentes, Angela	South San Fr
7	De Leon, Carlize	Jefferson

Event 14 Boys 110 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

CCS At Large: 15.78

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

1	Reyes, Blas	Aragon
2	Shew, Colin	Aragon
3	Songco, Anthony	South San Fr
4	Dodge, Erik	Aragon
5	Buddie, Luke	Woodside
6	Aristakessian, Nareg	Mills
7	Gee, Kevin	Hillsdale
8	Marquez, Aaron	South San Fr

Heat 2 of 3 Prelims

1	Lagarto, Jeremy	Westmoor
2	Bhat, Aneesh	San Mateo
3	Piserchio, Jonah	Mills
4	O'Connell, Brendan	Westmoor
5	Wacha, Nicholas	Carlmont
6	Hart, Nicholas	Woodside
7	Guiman, Justin	South San Fr

Heat 3 of 3 Prelims

1	Gamer, Rafael	Westmoor
2	Sacco, Antonio	Mills
3	Asral, Goodrich	Terra Nova
4	Leighton, Zachary	Hillsdale
5	O'Brien, Corey	Terra Nova
6	Tolentino, Josh	Capuchino
7	Tubig, Adriane Aaron	Westmoor
8	Mangubat, Prince Mishael	Westmoor

Event 15 Girls 300 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

CCS At Large: 47.11

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

1	Perucho, Nathalie	Westmoor
2	Ohashi, Nao	Menlo-Athert
3	Lin, Erica	Aragon
4	Zygarewicz, Sophia	Terra Nova
5	Lamprecht, Kamryn	Half Moon Ba
6	Zolck, Payton	Carlmont
7	Reinshagen, Adelaide	Carlmont
8	Zhu, Allison	San Mateo

Heat 2 of 3 Prelims

1	Arevalo Fuentes, Angela	South San Fr
2	Ho, Lariza	Capuchino
3	Hinkson, Kiana	Carlmont
4	Chio, Gwynn	San Mateo
5	Sun, Katelyn	Oceana
6	Kissane, Ailish	Hillsdale
7	Vinluan, Hazel	Westmoor
8	Oviedo, Princess Mia	Westmoor

Heat 3 of 3 Prelims

1	Mora Ramirez, Lia	Hillsdale
2	Hsieh, Kendall	Hillsdale
3	Tidwell, Alice	Sequoia
4	Pflaum, Annie	Menlo-Athert
5	Noble Dean, Heart	Westmoor
6	Benchohra, Zena	Jefferson
7	Thompson, Leilani	Oceana
8	Gonzales, Princess	Jefferson

Event 16 Boys 300 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

CCS At Large: 40.87

Lane	Name	School	Seed Time
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Heat 1 of 3 Prelims

1	Tubig, Adriane Aaron	Westmoor
2	Syme, Zeke	Half Moon Ba
3	Coronel, Ivan	Carlmont
4	Leighton, Zachary	Hillsdale
5	Piserchio, Jonah	Mills
6	Chin, Aaron	Mills
7	Shew, Colin	Aragon
8	Lagarto, Jeremy	Westmoor

Heat 2 of 3 Prelims

1	Chen, Arden	Terra Nova
2	Kinder, Zachary	Carlmont
3	Songco, Anthony	South San Fr
4	Javier, Lucas	Capuchino
5	Bhat, Aneesh	San Mateo
6	Dodge, Erik	Aragon
7	Guiman, Justin	South San Fr
8	Mangubat, Prince Mishael	Westmoor

Heat 3 of 3 Prelims

1	Reyes, Blas	Aragon
2	Sacco, Antonio	Mills
3	Kalos, Connor	Half Moon Ba
4	O'Connell, Brendan	Westmoor
5	Gee, Kevin	Hillsdale
6	Wacha, Nicholas	Carlmont
7	Gamer, Rafael	Westmoor
8	Hart, Nicholas	Woodside

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Event 17 Girls 4x100 Meter Relay

CCS At Large: 50.21

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

- 3 Half Moon Ba
- 4 Westmoor
- 5 Oceana

Section 2 of 2 Finals

- 1 Mills
- 2 Capuchino
- 3 Sequoia
- 4 Hillsdale
- 5 Menlo-Athert
- 6 Terra Nova
- 7 Carlmont
- 8 Aragon

Event 18 Boys 4x100 Meter Relay

CCS At Large: 43.65

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

- 2 Half Moon Ba
- 3 Aragon
- 4 El Camino
- 5 Jefferson
- 6 South San Fr

Section 2 of 2 Finals

- 1 Westmoor
- 2 Burlingame
- 3 Carlmont
- 4 Menlo-Athert
- 5 Capuchino
- 6 Mills
- 7 Terra Nova
- 8 San Mateo

Event 19 Girls 4x400 Meter Relay

CCS At Large: 4:10.30

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

- 3 Aragon
- 4 San Mateo
- 5 Burlingame

Section 2 of 2 Finals

- 2 Jefferson
- 3 Carlmont
- 4 Hillsdale
- 5 Menlo-Athert
- 6 Mills
- 7 Westmoor

Event 20 Boys 4x400 Meter Relay

CCS At Large: 3:29.75

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

- 3 Jefferson
- 4 Carlmont
- 5 Half Moon Ba
- 6 South San Fr

Section 2 of 2 Finals

- 1 Sequoia
- 2 El Camino
- 3 San Mateo
- 4 Menlo-Athert
- 5 Westmoor
- 6 Mills
- 7 Aragon
- 8 Hillsdale

Event 21 Girls High Jump

4', 4'4", 4'6", 4'8", 4'10", 5' 0" then 2"

CCS At Large: 5-00

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

- 1 Lin, Phoebe Aragon
- 2 Buckley, Michaela Hillsdale
- 3 Hunt, Mia Sequoia
- 4 Hughes, Lily Sequoia
- 5 Oviedo, Princess Mia Westmoor
- 6 Dehne, Emily Menlo-Athert
- 7 Hornsby, Addison El Camino
- 8 Kusumoto, Sara Hillsdale
- 9 Najac, Taylor Sequoia
- 10 Huynh, Elaine Aragon
- 11 Gee, Mikayla Sequoia
- 12 Fong, Kaitlyn Carlmont
- 13 Nii, Sydney Carlmont
- 14 Lee, Tiffany Burlingame
- 15 Moorhead, Brooke Woodside
- 16 Draheim, Alyssa Mills
- 17 Cacianti, Sophia Capuchino
- 18 Sheynin, Jay Sequoia
- 19 Kissane, Ailish Hillsdale
- 20 Chio, Gwynn San Mateo

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Event 22 Boys High Jump

5'0", 5'4", 5'8", 5'10", 6'0" then 2"

CCS At Large: 6-00

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Volynsky-Krug, Samson	Half Moon Ba	
2	Brathwaite, Jayden	Westmoor	
3	Thompson, Nathan	El Camino	
4	Coronel, Ivan	Carlmont	
5	Yamagishi, Jacob	Burlingame	
6	Semenc, AJ	Aragon	
7	Murphy, En	Carlmont	
8	Aristakesian, Nareg	Mills	
9	Ortega, Alfonso	Mills	
10	Guiman, Justin	South San Fr	
11	De Oliveira, Ian	Woodside	
12	Price, Johnovan	Menlo-Athert	
13	Puzon, Eryk	Capuchino	
14	Abellan, Angelo	South San Fr	
15	Dahlberg, Hunter	Carlmont	
16	Haba, Abe	Burlingame	
17	Arcilla, Marquez	Capuchino	
18	Scott, Brandon	Menlo-Athert	
19	Doong, Tian	San Mateo	
20	Johal, Jack	Hillsdale	
21	Syme, Zeke	Half Moon Ba	
22	Robenalt, Carson	Burlingame	
23	Grush, Aaron	San Mateo	
24	Buddie, Luke	Woodside	

Event 23 Girls Pole Vault

5'6", 6'4", 6'10", 7'4", 7'10", 8'4", 8'10", 9'4", 9'10", 10'4"

then 6"

CCS At Large: 9-10

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Lin, Phoebe	Aragon	
2	Ozuna, Nicole	Westmoor	
3	Wong, Shayla	Mills	
4	Kaul, Anisha	San Mateo	
5	Goodwin, Mira	Sequoia	
6	Sheynin, Jay	Sequoia	
7	Lin, Erica	Aragon	
8	Warren, Allison	San Mateo	
9	Cary-Clark, Rowan	Aragon	
10	Hunt, Mia	Sequoia	
11	Leung, Annalese	Mills	
12	Tai, Courtney	Aragon	
13	Goetz, Abigail	Sequoia	

Event 24 Boys Pole Vault

8'6", 9'6", 10', 10'6", 11', 11'6", 12', 12'6" then 6"

CCS At Large: 12-06

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Carlos, Jeovanny	Sequoia	
2	Ortaleza, Edwin Genesis	Westmoor	
3	Butler, Tim	Mills	
4	Mangubat, Prince Mishael	Westmoor	
5	Xie, Jack	Mills	
6	Benner, Dean	Woodside	
7	Quan, Calvin	Woodside	
8	Butler, Philip	Mills	
9	Ho, Nathan	Westmoor	
10	Wolfgram, Joshua	San Mateo	
11	Parmer Lohan, Greg	Sequoia	
12	Lagarto, Jeremy	Westmoor	
13	Nunnemaker, Jarod	Aragon	
14	Dodge, Erik	Aragon	

Event 25 Girls Long Jump

CCS At Large: 16-08.25

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Moorhead, Brooke	Woodside	
2	Louie, Danielle	Mills	
3	Kusumoto, Sara	Hillsdale	
4	Masarova, Natalie	Hillsdale	
5	Shetty, Samantha	Carlmont	
6	Thompson, Ione	Mills	
7	Fong, Kaitlyn	Carlmont	
8	Coleman, Rylie	Burlingame	
9	Huynh, Elaine	Aragon	
10	Nau, Nia	Woodside	
11	Bender, Hanna	Sequoia	
12	Pautin, Isabella	Capuchino	
13	Vinluan, Hazel	Westmoor	
14	Hornsby, Addison	El Camino	
15	Perez, Rochelle	El Camino	
16	Noble Dean, Heart	Westmoor	
17	Chen, Melanie	Westmoor	
18	Holzman, Kylie	Burlingame	
19	Waring, Tianna	Hillsdale	
20	Ichijui, Halle	Aragon	
21	Metzler, Naomi	Carlmont	
22	Cho, Pia	Aragon	

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Event 26 Boys Long Jump

CCS At Large: 20-09			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Duran, Ben	Sequoia	
2	Rivera, Shaun	Westmoor	
3	Xie, Jack	Mills	
4	Garcia, Yuan	Mills	
5	Young, Jericho	Westmoor	
6	Thompson, Nathan	El Camino	
7	Smith, Sherrod	Menlo-Athert	
8	Woodworth, Toby	El Camino	
9	Garcia-Standlee, Noah	Menlo-Athert	
10	Wacha, Nicholas	Carlmont	
11	Haba, Abe	Burlingame	
12	Walter, Lloyd	Aragon	
13	Holoyda, Ryan	Carlmont	
14	Ortega, Alfonso	Mills	
15	Oliveira, Casey	Carlmont	
16	Yamagishi, Jacob	Burlingame	
17	McKeever, Kyle	San Mateo	
18	Berania, Jonathan	Westmoor	
19	Kwan, Bryan	Aragon	
20	Nishimoto, Isaac	Capuchino	
21	Buddie, Luke	Woodside	
22	Sandin, Alexander	Carlmont	
23	Robenalt, Carson	Burlingame	
24	Barbie, Johnnie	Menlo-Athert	

Event 27 Girls Triple Jump

CCS At Large: 35-07			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Zhu, Allison	San Mateo	
2	Masarova, Natalie	Hillsdale	
3	Wong, Jamie	Mills	
4	Sapkota, Aayushma	Mills	
5	Kusumoto, Sara	Hillsdale	
6	Chen, Melanie	Westmoor	
7	Hao, Amanda	Aragon	
8	Leung, Annalese	Mills	
9	Pautin, Isabella	Capuchino	
10	Bender, Hanna	Sequoia	
11	Holzman, Kylie	Burlingame	
12	Hornsby, Addison	El Camino	
13	Nau, Nia	Woodside	
14	Ichiuji, Halle	Aragon	
15	Metzler, Naomi	Carlmont	

Event 28 Boys Triple Jump

CCS At Large: 42-05.50			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Verdusco, Avel	Woodside	
2	Imamura, Kensuke	San Mateo	
3	Songco, Anthony	South San Fr	
4	Ortega, Alfonso	Mills	
5	Xie, Jack	Mills	
6	Nunnemaker, Jarod	Aragon	
7	Yu, Wesley	Westmoor	
8	Leung, Anthony	Burlingame	
9	Garcia, Yuan	Mills	
10	Duran, Ben	Sequoia	
11	Yamagishi, Jacob	Burlingame	
12	Woodworth, Toby	El Camino	
13	Wacha, Nicholas	Carlmont	
14	Robenalt, Carson	Burlingame	
15	Young, Jericho	Westmoor	
16	Oliveira, Casey	Carlmont	
17	Nishimoto, Isaac	Capuchino	
18	Berania, Jonathan	Westmoor	

Event 29 Girls Shot Put

CCS At Large: 35-01.75			
Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Christman, Isabella	Sequoia	
2	Samayoa, Maya	South San Fr	
3	Spencer, Stephanie	Half Moon Ba	
4	Molinare, Ariana	Mills	
5	Wong, Serene	South San Fr	
6	Holzman, Kylie	Burlingame	
7	Iosia, Fiatagata	Aragon	
8	McCann, Shayla	Terra Nova	
9	Byrne, Sophie	Terra Nova	
10	Thompson, Ione	Mills	
11	Taufahema, Ane	Aragon	
12	Haungatau, Emma	Capuchino	

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Event 30 Boys Shot Put

CCS At Large: 47-05.75

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Uniacke, Conor	El Camino	
2	Jamjoum, Hamza	South San Fr	
3	Moore, Ethan	Woodside	
4	Mandojano, Nico	Half Moon Ba	
5	Tessier, Vincent	San Mateo	
6	Haba, Abe	Burlingame	
7	Tang, Tino	Westmoor	
8	Tiomico, Aiser	Westmoor	
9	Juan, Dana	Capuchino	
10	Walter, Lloyd	Aragon	
11	Robenalt, Carson	Burlingame	
12	Bean, Brandon	Capuchino	
13	Zheng, Albert	Aragon	
14	Green, Charles	Jefferson	
15	Gillen, Jack	Terra Nova	
16	Tan, Matthew	Mills	
17	Sipor, Arthur	Menlo-Athert	
18	Ward, Frank	Terra Nova	
19	La Grill, Richard	Carlmont	

Event 32 Boys Discus Throw

CCS At Large: 135-05

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Volynsky-Krug, Bo	Half Moon Ba	
2	Lee, Max	Woodside	
3	Jamjoum, Hamza	South San Fr	
4	Tan, Matthew	Mills	
5	Moffitt, Paul	Sequoia	
6	Wilder-smith, William	Terra Nova	
7	Barton, Cody	Aragon	
8	Masian, Brentjohn	Westmoor	
9	Zheng, Albert	Aragon	
10	Gomez-Henry, Samuel	Terra Nova	
11	La Grill, Richard	Carlmont	
12	Sipor, Arthur	Menlo-Athert	
13	Tessier, Vincent	San Mateo	
14	Bean, Brandon	Capuchino	
15	Ward, Frank	Terra Nova	
16	Green, Charles	Jefferson	
17	Uniacke, Conor	El Camino	
18	Gillen, Jack	Terra Nova	
19	Walter, Lloyd	Aragon	

Event 31 Girls Discus Throw

CCS At Large: 107-07

Pos	Name	School	Seed Mark
Flight 1 of 1 Finals			
1	Christman, Isabella	Sequoia	
2	Molinare, Ariana	Mills	
3	Holzman, Kylie	Burlingame	
4	Iosia, Fiatagata	Aragon	
5	Hao, Amanda	Aragon	
6	Wong, Serene	South San Fr	
7	Byrne, Sophie	Terra Nova	
8	Haugatau, Emma	Capuchino	
9	Spencer, Stephanie	Half Moon Ba	
10	Taufahema, Ane	Aragon	
11	Thompson, Ione	Mills	
12	Reynolds, Bridget	Woodside	