

**2023 CENTRAL COAST SECTION TRACK & FIELD CHAMPIONSHIPS**  
**League Responsibilities**

<u><b>EVENT</b></u>	<u><b>MINIMUM # OF PEOPLE NEEDED</b></u>	<u><b>EQUIPMENT NEEDED</b></u>	<u><b>LEAGUE RESPONSIBILITY</b></u>
<b>LONG JUMP - Girls</b>	6 total (head official, 2 for measuring, 2 on rakes, 1 to operate "performance sign")	Measuring tape, pencils <i>CCS provides: rakes, shovel, cones, flag, clipboard, wind gauge and instructions</i>	<b>PCAL – Team 1</b>
<b>LONG JUMP - Boys</b>	6 total (head official, 2 for measuring, 2 on rakes, 1 to operate "performance sign")	Measuring tape, pencils <i>CCS provides: rakes, shovel, cones, flag, clipboard, wind gauge and instructions</i>	<b>PCAL – Team 2</b>
<b>HIGH JUMP – Boys &amp; Girls</b>	3 (head official, 2 to place bar, operate "performance sign" and help measure the bar)	Measuring tape, pencils <i>CCS provides: crossbar, clipboard and instructions</i>	<b>SCVAL with CCS Official</b>
<b>DISCUS - Boys &amp; Girls</b>	6 total (head official, 2 for measuring, 2 spotters, 1 to operate "performance sign")	Back up measuring tape, pencils <i>CCS provides: measuring device, broom, clipboard and instructions</i>	<b>BVAL</b>
<b>POLE VAULT – Boys</b>	3 (head official, 2 to place bar & move standards, operate "performance sign" and help measure the bar)	Measuring tape, pencils <i>CCS provides: crossbar, clipboard and instructions</i>	<b>PCAL</b>
<b>POLE VAULT – Girls</b>	3 (head official, 2 to place bar & move standards, operate "performance sign" and help measure the bar)	Measuring tape, pencils <i>CCS provides: crossbar, clipboard and instructions</i>	<b>WCAL</b>
<b>SHOT PUT – Boys &amp; Girls</b>	6 total (head official, 2 for measuring, 2 spotters, 1 to operate "performance sign")	Measuring tape, pencils <i>CCS provides: broom, clipboard and instructions</i>	<b>SCCAL</b>
<b>TRIPLE JUMP - Boys</b>	6 total (Head official, 2 for measuring, 2 on rakes, 1 to operate "performance sign")	Measuring tape, pencils <i>CCS provides: rakes, shovel, cones, flag, clipboard, wind gauge and instructions</i>	<b>PAL</b>
<b>TRIPLE JUMP - Girls</b>	6 total (Head official, 2 for measuring, 2 on rakes, 1 to operate "performance sign")	Measuring tape, pencils <i>CCS provides: rakes, shovel, cones, flag, clipboard, wind gauge and instructions</i>	<b>PSAL</b>
<b>TURN JUDGES / INSPECTORS</b>	<i>Needed for all races except 100m</i> Insure that: - in the 4x100 relay: relay exchanges are made in the 30m zone ( <i>all inspectors</i> ) - in the 800, 1600 and 3200 : runners do not impede or foul ( <i>all inspectors</i> ) - In the 800 & 4x400 relay(2 <sup>nd</sup> runner): insure compliance with break-line ( <i>WCAL &amp; MHAL inspectors</i> ) - in 200, 300H, 400, 800 (1 <sup>st</sup> turn) inspect for lane line violations ( <i>all inspectors</i> ) - In 300H inspect for trail leg violations over hurdle - in the 100/110m hurdles inspect for fouls ( <i>SCVAL &amp; PCAL inspectors</i> )	<i>CCS provides: flag, clipboard and instructions</i>	<b>BVAL(2):</b> beginning & end of relay zone 1 <b>WCAL(1):</b> end of relay zone 1; 150m mark <b>PSAL (1)</b> 150m mark <b>WBAL(1):</b> 200m mark <b>PAL(2):</b> end of relay zone 2; 250 m mark <b>SCVAL(2):</b> relay zone 3 <b>PCAL (1):</b> 350m mark
<b>HURDLE CREW</b>	8-10 people - Insure that hurdles are placed on the correct mark, set at the correct height and that any counter-weights are set correctly - Inspect for hurdle violations/fouls	<i>CCS provides: hurdles</i>	<b>WCAL</b>