



CENTRAL COAST SECTION TRACK & FIELD

Organizational Meeting Recap January 19, 2023



Recap of each item is in red

- I. Welcome & Introductions Every league was represented
- II. Review of Tournament Guide Dates Dates Reviewed
 - A. 2023 Important Dates:
 - Practice start date: Monday, January 30
 - 1st scrimmage date: Monday, February 13
 - 1st contest date: Monday, February 20
 - Last contest date: Saturday, May 6
 - CCS Entries due: Tuesday, May 9
 - B. Meets:
 - *Semifinals*: Saturday, May 13, @ Gilroy HS
 - *Finals*: Saturday, May 20 @ Gilroy HS
 - C. State Meet Dates:
 - *Semifinals*: Friday, May 26, @ Buchanan HS
 - *Finals*: Saturday, May 27 @ Buchanan HS
 - D. Evaluation Meeting: Tuesday, May 30, 4 pm (via zoom)
- III. CCS Meet
 - A. Participating School Sheet Review listing of league alignments and league members.
 - B. Review By-laws & 2022 Committee Report Review....also the allocation of entries from each league was distributed by email and reviewed in a subsequent email to all members of the Committee.
 - 4x800 (new) The CCS Executive Committee approved the recommendation of the CCS Track & Field Advisory Committee to conduct the 800 meter in the following manner:
 - CCS Finals only event
 - The Winner of each league from the event used to qualify athletes to the CCS meet will be an automatic qualifier (possibility of 8). The top 10 non-winning teams (by time) Section wide will round out the field.
 - As per CIF policy, the top two CCS teams from the CCS Championships will advance to the CIF State Meet. There are no provisions for any at-large entries to the CIF State Meet.
 - This will be a scoring event and like all other events, the top 6 teams will earn medals.
 - The event will be conducted after the 200 meter final and prior to the 3200 meter final.
 - Unified events (new): *subject to approval by CCS BOM on January 25* These events were approved by the CCS Board of Managers on January 25. Jeff Myers will coordinate entries in the same manner as the Para Ambulatory events.
 - 4 X 100 To be conducted after the 300m hurdles at the CCS Finals

- 100 To be conducted after the 4x800m relay at the CCS Finals
- Shotput To be conducted in conjunction with the Para-Ambulatory Shot at the CCS Finals
- CCS At-large times Reviewed
- League responsibilities-meet officials Reviewed

C. Meet/ time schedule (discussion item: see draft) Reviewed and discussed....updated schedule to follow in Participation Information Bulletin later this Spring.

- Semifinals: Field events: 10 am Track events: 11 am
- Finals: Field events: 3 pm; Running events: about 5 pm (start time for finals may begin earlier to accommodate new events)

2023 CENTRAL COAST SECTION TRACK & FIELD CHAMPIONSHIPS

Meet Schedules

RUNNING EVENTS				FIELD EVENTS		
Semifinals: Sat, May 13 @ Gilroy HS	Finals: Sat, May 20 @ Gilroy HS	Gender	EVENT	Semifinals: Sat, May 13 @ Gilroy HS	Finals: Sat, May 20 @ Gilroy HS	EVENT
11:00	5:00*	Girls	4x100 M Relay	10:00	3:00	Girls Pole Vault
11:20	5:10	Boys				
11:40	5:20	Girls	1600 M	10:00	3:05	Boys Discus
12:00	5:30	Boys				
12:20	5:45	Girls	100/110 M Hurdles	10:05	3:10	Boys Long Jump
12:40	5:55	Boys				
-	6:05	Para/Am				
1:00	6:10	Girls	400 M	10:10	3:15	Girls Long Jump
1:20	6:15	Boys				
1:40	6:25	Girls	100 M	10:15	3:20	Girls Shot Put
1:55	6:30	Boys				
-	6:35	Para/Am	800 M	-	4:20	Wheelchair Shot Put
2:15	6:40	Girls				
2:30	6:50	Boys	300 M Hurdles	10:20	3:25	Boys High Jump
2:45	7:00	Girls				
3:00	7:10	Boys				
3:20	7:20	Girls	200 M	1:50	5:30	Boys Pole Vault
3:35	7:25	Boys				
-	7:30	Para/Am				
-	7:35	Girls	4x800 M Relay	2:00	5:35	Girls Discus
-	7:50	Boys				
3:50	8:05	Girls	3200 M	2:00	5:40	Girls High Jump
4:20	8:25	Boys				
4:50	8:40	Girls	4x400 M Relay	2:05	5:40	Girls Triple Jump
5:20	8:50	Boys				
IMPLEMENT CERTIFICATION						
Semifinals: Sat, May 13		9:00-10:15 & 1:00-2:15		2:10	5:45	Boys Triple Jump
Finals: Sat, May 20		2:00-3:20 & 4:35-5:55		2:15	5:55	Boys Shot Put

*Final schedule may start earlier to accommodate new events.

- D. Admission **Reviewed**
- Coaches sign-in **5 coaches per school (who are not serving as field event officials)**
 - Admission for Coaches/Athletes
 - Spectators
- E. Other Items **Reviewed..procedures similar to past years. Field event officials will be asked to get their field credential and meal ticket at the Meet Director's tent.**
- Check-in
 - Head coach sign-in
 - Coaches accompanying athletes
 - Warm-up area
 - Clerk of the Course
 - Field Event Officials check-in
 - Award Procedure for finals
 - Participation Certificates
 - CCS online store
 - Other items of concern

IV. Additional information **Reviewed**

A. Sanctioned invitational meets

1. Implement certification
2. Wind gauges
3. Coaches accompanying athletes
4. CCS/CIF Passes

B. League meet schedule & hosts

- **BVAL – May 5&6 @Westmont**
- **PAL – April 27 & May 6 @Sequoia**
- **PCAL – May 6 @ Pacific Grove**
- **PSAL – May 6 @ Mt. Pleasant**
- **SCCAL – May 3 & 6 @ Santa Cruz**
- **SCVAL – May 6 @ Los Gatos**
- **WBAL – May 2 & 5 @ Gunn**
- **WCAL – Apr 29 & May 5 or 6 @ St. Francis**

C. NFHS Rule changes **Reviewed**

D. NFHS/USATF Track and Field Meet Notes **New resource noted**

The NFHS has released the 2022 Track and Field Pre-Meet Notes, a web-based, preseason publication. The NFHS Track and Field Rules Committee has identified a strong need for training and educational materials for track and field officials and the many volunteers who work our interscholastic meets. This publication is designed to cover the rules for both coaches and officials.

E. 2023-24 **Reviewed**

- Practice start date: Monday, January 29
- 1st scrimmage date: Monday, February 12
- 1st contest date: Monday, February 19
- Last contest date: Saturday, May 4

- CCS Semifinals: Saturday, May 11
- CCS Finals: Saturday, May 18
- CIF State Meet: Friday & Saturday, May 24 & 25

V. Adjournment