

2023 Tino/De Anza Invite Schedule

Running Events

9:30 AM FSB 4x800
 9:46 AM FSG 4x800
 10:00 AM VB 4x800
 10:15 AM VG 4x100 (2 Heats)
 10:23 AM VB 4x100 (2 Heats)
 10:31 AM FSG 4x100
 10:35 AM FSB 4x100 (2 Heats)
 10:43 AM VG 1600 (4 Heats)
 11:10 AM VB 1600 (6 Heats)
 11:55 AM VG 100 H (4 Heats)
 12:15 PM VB 110 HH (4 Heats)
 12:25 PM VG 400 (6 Heats)
 12:45 PM VB 400 (9 Heats)
 1:15 PM FSG 800 (SMR)
 1:20 PM FSB 800 (SMR) (2 Heats)
 1:30 PM VG 100 (9 Heats)
 1:50 PM VB 100 (9 Heats)
 2:10 PM VG 800 (5 Heats)
 2:30 PM VB 800 (5 Heats)
 2:55 PM VG 400 H
 3:00 PM VB 400 H (4 Heats)
 3:15 PM FSG & B DMR
 3:35 PM VG 200 (9 Heats)
 3:50 PM VB 200 (9 Heats)
 4:10 PM VG 3200
 4:30 PM VB 3200 (2 Heats)
 5:00 PM FSG 4x400 (2 Heats)
 FSB 4x400 (2 Heats)
 VG 4x400 (2 Heats)
 VB 4x400

Field Events

9:00 AM VG Shot Put
 VG Pole Vault
 VB Long Jump
 VG Long Jump
 VB Discus
 11:30 AM VB Pole Vault
 12:00 PM VG Discus
 1:00 PM VB Shot Put
 1:30 PM VG Triple Jump
 VB Triple Jump
 2:00 PM VG High Jump
 4:00 PM VB High Jump