

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Girls 100 Meter Dash Varsity

Name	School	Finals	
Finals			
1 Ellie McCuskey-Hay	St Ignatius	12.09	20
2 Izzy DeSouza	St Ignatius	12.96	18
3 Cailin Thompson	Notre Dame Bel.	13.10	16
4 Breah Bell	Piedmont	13.22	14
5 Kirin Guinto	Design Tech	13.24	12
6 Ella Yasar	Piedmont	13.44	10
7 Michaela Trapps	Oakland	13.45	8
8 Melanie Castelli	Notre Dame Bel.	13.51	6
9 Sarah Santos	Jefferson	13.52	4
10 Katherine Lim	Hillsdale	13.62	2
11 Katie Yee	Mills	13.65	
12 Chloe Brooks	St Ignatius	13.69	
13 Lilie Parodi	Woodside	13.73	
14 Gabriela Albertario	El Camino	13.79	
15 Jennifer Huang	Notre Dame Bel.	13.94	
16 Anna Grimm	Terra Nova	13.96	
17 Giselle Payne	Oakland	13.97	
18 Cherianne Cuartero	El Camino	14.32	
19 Margaret Blanchard	Notre Dame Bel.	14.98	
20 Maylani Fiel	Aragon	14.99	
21 Malia Lamb	Notre Dame Bel.	15.35	
22 Alexa Palmieri	Hillsdale	15.60	
23 Valeria Lopez	Half Moon Bay	16.30	
24 Amari Boulware	Oakland	16.35	

Girls 100 Meter Hurdles Varsity

Name	School	Finals	
Finals			
1 Lucie Yu	St Ignatius	16.97	20
2 Kamryn Lamprecht	Half Moon Bay	17.42	18
3 Charlotte Honey	St Ignatius	19.33	16
4 Maya Yoo	Aragon	19.37	14
5 Lauryn Madrigal	El Camino	19.38	12
6 Sophia Knapp	Mercy (Burl)	19.56	10
7 Vivien Gilbert	Hillsdale	20.94	8
8 Alicia Chow	El Camino	21.66	6
9 Lia Mora Ramirez	Hillsdale	23.20	4
10 Samara Bowman	Half Moon Bay	23.60	2
11 Alex Mitchell	St Ignatius	24.04	

Girls 4x100 Meter Relay Varsity

Team	Relay	Finals	
Finals			
1 St Ignatius	A	51.55	20
1) Ellie McCuskey-Hay	2) Izzy DeSouza		
3) Chloe Brooks	4) Stella Etcherverry		
2 Hillsdale	A	52.05	18
1) Sara Kusumoto	2) Kira Wilmurt		
3) Katherine Lim	4) Caroline Lim		
3 Notre Dame (Belmont)	A	52.40	16
1) Jennifer Huang	2) Melanie Castelli		
3) Amber Holloway	4) Cailin Thompson		

4 Nueva	A	54.30	14
1) Mia Tavares	2) Grace Everett		
3) Natalie Sepulveda	4) Kate Vercellino		
5 El Camino	A	55.13	12
1) Cherianne Cuartero	2) Addison Hornsby		
3) Lauryn Madrigal	4) Gabriela Albertario		
6 Mills	A	55.25	10
1) Katie Yee	2) Sophie Hohmann		
3) Ria Khalasi	4) Alyssa Draheim		
7 San Mateo	A	55.83	8
1) Delaney Brown	2) Evelyn Su		
3) Eva Castillo	4) Avelyn Liang		
8 Aragon	A	57.34	6
1) Katie Rau	2) Abbey Tidwell		
3) Maya Yoo	4) Maylani Fiel		

Girls 4x200 Meter Relay Varsity

Team	Relay	Finals	
Finals			
1 Notre Dame (Belmont)	A	1:52.28	20
1) Amber Holloway	2) Cassidy Morris		
3) Jennifer Huang	4) Cailin Thompson		
2 Hillsdale	A	1:53.45	18
1) Sara Kusumoto	2) Kira Wilmurt		
3) Katherine Lim	4) Lia Mora Ramirez		
3 El Camino	A	1:57.93	16
1) Gabriela Albertario	2) Alicia Chow		
3) Lauryn Madrigal	4) Cherianne Cuartero		
4 Sacred Heart Prep	A	2:06.58	14
1) Madelyn Brouchoud	2) Jessica Pica		
3) Thea Fonstad	4) Iliana Matar		
5 Mills	A	2:12.14	12
1) Miya Cheng	2) Ariana Molinare		
3) Aayushma Sapkota	4) Lily Storester		

Girls 4x400 Meter Relay Varsity

Team	Relay	Finals	
Finals			
1 Sacred Heart Prep	A	4:28.77	20
1) Iliana Matar	2) Ava Wick		
3) Sophie Cheung	4) Julia Soderbery		
2 Mills	A	4:33.94	18
1) Alyssa Draheim	2) jackie pan		
3) Katie Yee	4) Reece Roach		
3 Notre Dame (Belmont)	A	4:48.04	16
1) Cassidy Morris	2) Amber Holloway		
3) Carly Sullivan	4) Megan Worry		

Girls 4x800 Meter Relay Varsity

Team	Relay	Finals	
Finals			
1 Bay School S.F.	A	9:57.74	20
1) Elsa Krummel	2) Vicky Tan		
3) Lucy Peterson	4) Claire Andrzejek		

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Finals ... (Girls 4x800 Meter Relay Varsity)

Team	Relay	Finals
2 Hillsdale	A	10:30.30 18
1) Lauryn Matsumoto	2) Caroline Lim	
3) Katie Westberg	4) Naia Hsieh	
3 Mills	A	10:38.54 16
1) Alyssa Draheim	2) jackie pan	
3) Katie Yee	4) Miya Cheng	
4 Half Moon Bay	A	10:58.39 14
1) Jamie Bikle	2) Lucy Collins	
3) Deia Kerseg	4) Belinda Morales	
5 Nueva	A	11:06.21 12
1) Kelly Poon	2) Ariane Yedidia	
3) Hailey Feldman	4) Julia Schlamp	
6 Bay School S.F.	B	12:29.17 10
1) Coco Malloy	2) Meg Santel	
3) Jeslyn Wong	4) Meera Costa	

Girls 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 Notre Dame (Belmont)	A	1:57.31 20
1) Jennifer Huang	2) Cailin Thompson	
3) Amber Holloway	4) Megan Worry	
2 St Ignatius	A	2:03.51 18
1) Reese Duffy	2) Charlotte Honey	
3) Sarah Mullins	4) Morgan O'Brien	
3 Oakland	A	2:06.18 16
1) Giselle Payne	2) Michaela Trapps	
3) Yeimy Martinez	4) Zuri Coles	
4 El Camino	A	2:07.19 14
1) Cherianne Cuartero	2) Alicia Chow	
3) Gabriela Albertario	4) Lauryn Madrigal	
5 Sacred Heart Prep	A	2:09.74 12
1) Iliana Matar	2) Jessica Pica	
3) Ava Wick	4) Thea Fonstad	
6 Nueva	A	2:11.84 10
1) Mia Tavares	2) Grace Everett	
3) Kate Vercellino	4) Sasha Cocquyt	
7 Terra Nova	A	2:18.52 8
1) Anna Grimm	2) Shelby Lee	
3) Emma Sachse	4) Ryanne Reynolds	

Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Bay School S.F.	A	13:11.44 20
1) Elsa Krummel	2) Claire Andrzejek	
3) Vicky Tan	4) Lucy Peterson	
2 Nueva	A	13:40.83 18
1) Julia Schlamp	2) Natalie Sepulveda	
3) Kelly Poon	4) Ariane Yedidia	
3 Hillsdale	A	13:47.35 16
1) Lauryn Matsumoto	2) Caroline Lim	
3) Katie Westberg	4) Naia Hsieh	

4 Half Moon Bay	A	14:06.56 14
1) Jamie Bikle	2) Kamryn Lamprecht	
3) Lucy Collins	4) Deia Kerseg	
5 Sequoia	A	15:25.23 12
1) Natalie Gebhart	2) Justine Leparmentier	
3) Sophia Vattuone	4) Jianna Pollack	
6 Bay School S.F.	B	16:35.98 10
1) Coco Malloy	2) Meera Costa	
3) Jeslyn Wong	4) Meg Santel	

Girls High Jump Relay Varsity

Name	School	Finals
Finals		
1 Melanie Castelli	Notre Dame Bel.	5-04.00 9
2 Lucie Yu	St Ignatius	J4-10.00 10
3 Eve Goodrow	St Ignatius	J4-10.00 10
4 Alyssa Draheim	Mills	4-08.00
5 Ella Brown	St Ignatius	4-06.00
5 Sara Kusumoto	Hillsdale	4-06.00
7 Addison Hornsby	El Camino	4-04.00
7 Audrey Collins	Half Moon Bay	4-04.00
7 Jay Sheynin	Sequoia	4-04.00
7 Katie Rau	Aragon	4-04.00
11 Dayna Sockol	Notre Dame Bel.	4-00.00 9
--- Vivien Gilbert	Hillsdale	NH

Girls Long Jump Relay Varsity

Name	School	Finals
Finals		
1 Ellie McCuskey-Hay	St Ignatius	17-05.00 10
2 Mariel Rocca	St Ignatius	16-09.75 10
3 Kirin Guinto	Design Tech	16-05.50 9
4 Ava Zilinskas	St Ignatius	15-07.25
5 Suraya Newman	St Ignatius	15-04.25
6 Maya Yoo	Aragon	13-00.00
7 Brea Bell	Piedmont	12-11.50
8 Addison Hornsby	El Camino	12-09.00
9 Shelby Lee	Terra Nova	12-06.00 8
10 Sophia Knapp	Mercy (Burl)	11-05.50
11 Dylan Kataoka	Design Tech	10-06.50 9
12 Emma Sachse	Terra Nova	10-00.50 8
--- Desea Bond	Notre Dame Bel.	FOUL

Girls Shot Put Relay Varsity

Name	School	Finals
Finals		
1 Evelini Mila	Sacred Heart Pr.	30-10.75 10
2 Karly Miller	Mercy (Burl)	27-02.25 9
3 Serena Mazzeta	Mills	24-10.50 6
4 Mele Petelo	Hillsdale	24-04.00 8
5 Sasha Cocquyt	Nueva	22-05.00
6 Melina Lieu-Chin	El Camino	22-04.25 7
7 Amanda Sheldon	Hillsdale	21-11.00 8
8 Penelope Madayag	El Camino	21-07.25 7
9 Nyla Garrick	Aragon	20-09.50
10 Emma Murphy	Mercy (Burl)	20-00.50 9

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Finals ... (Girls Shot Put Relay Varsity)

Name	School	Finals
11 Thea Fonstad	Sacred Heart Pr.	16-08.25 10
12 Ariana Molinare	Mills	15-08.75 6
--- Dahlia Anapolsky	Aragon	FOUL

Girls 100 Meter Dash Frosh-Soph

Name	School	Finals
Finals		
1 Sophia Boudraa	St Ignatius	13.34 20
2 Jessica Wu	St Ignatius	13.76 18
3 Sophia Flores	Hillsdale	13.79 16
4 Chloe Lok	Design Tech	13.81 14
5 Breion Glaspie	St Ignatius	13.97 12
6 Alexis Ivankov	Mills	14.15 10
7 Selma Pine	Sacred Heart Pr.	14.18 7
7 Ryleigh Longaker	Sacred Heart Pr.	14.18 7
9 Elaina Shao	Aragon	14.30 4
10 Victoria Chen	Aragon	14.33 2
11 Lillet Baumbach	Terra Nova	14.34
12 Jeanne Dubuc	Notre Dame Bel.	14.39
13 Gabi Csuti	Sequoia	14.62
14 Stella Shih	Hillsdale	14.62
15 Gabby Lonardo	Notre Dame Bel.	14.69
16 Sophia Lopez	Jefferson	14.75
17 Naia Wolfe	Terra Nova	14.79
18 Nina Wall	Notre Dame Bel.	14.79
19 Christel Samson	Jefferson	14.83
20 Jocelyn Kwan	Mills	15.14
21 Saree Formanek	Notre Dame Bel.	15.43
22 Leia Saito	Hillsdale	15.49
23 Virginia Fitzgerald	Notre Dame Bel.	15.53
24 Leila Gans	El Camino	15.55
25 Dalilah Sanchez	Mercy (Burl)	15.64
26 Zion Walker	Oakland	16.10
27 Cherie Gilbert-Cisneros	Notre Dame Bel.	16.26
28 Luciana Baksheeff	Design Tech	16.27
29 Violet Martin	Mills	16.68

Girls 100 Meter Hurdles Frosh-Soph

Name	School	Finals
Finals		
1 Emma Kiehn	St Ignatius	19.11 20
2 Kirra Jackson	St Ignatius	20.51 18
3 Runa Fukuda	Hillsdale	21.67 16
4 Sydney Shoor	Hillsdale	21.78 14
5 Ida Kuczera	Hillsdale	21.87 12
6 Lisa Fuhrmann	Hillsdale	22.21 10
7 Yaqeen Khalil	Jefferson	22.37 8
8 Hannah Li	Aragon	22.39 6

Girls 4x100 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 St Ignatius	A	53.35 20
1) Sophia Boudraa	2) Brooke Chatman	
3) Breion Glaspie	4) Cariana Campbell	
2 Hillsdale	A	55.95 18
1) Sophia Flores	2) Rona Elan	
3) Stella Shih	4) Runa Fukuda	
3 Sacred Heart Prep	A	56.40 16
1) Bella Wu	2) Camy Sheldon	
3) Sanaia Shields	4) Selma Pine	
4 Jefferson	A	56.71 14
1) Christel Samson	2) Sarah Santos	
3) Sophia Lopez	4) Angela Chin	
5 Notre Dame (Belmont)	A	56.73 12
1) Samantha Gould	2) Margaret Blanchard	
3) Jeanne Dubuc	4) Nina Wall	
6 Aragon	B	57.23 10
1) Elaina Shao	2) Medha Rakesh	
3) Victoria Chen	4) Fern Aceituno	
7 Aragon	A	58.64 8
1) Sidney Lai	2) Lauren Pong	
3) Taylor Lee	4) Monica Lim	
8 Notre Dame (Belmont)	B	59.24 6
1) Malia Lamb	2) Gabby Lonardo	
3) Saree Formanek	4) Lainey Lee	
9 Terra Nova	A	1:01.34 4
1) Alexis Smith	2) Gianna Pelleriti	
3) Naia Wolfe	4) Lillet Baumbach	
10 Mills	B	1:03.26 2
1) Courtney Chow	2) Lily Storester	
3) Jasmine Li	4) Vanessa Guitierrez Palacios	

Girls 4x200 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 Notre Dame (Belmont)	A	2:02.99 20
1) Autumn Deetz-Rodriguez	2) Margaret Blanchard	
3) Nina Wall	4) Jeanne Dubuc	
2 Notre Dame (Belmont)	B	2:06.08 18
1) Lainey Lee	2) Malia Lamb	
3) Samantha Gould	4) Reese Lancaster	
3 Oakland	A	2:06.61 16
1) Zion Walker	2) Mayra Rodriguez Lopez	
3) Yuniqqe Robinson	4) Zuri Coles	
4 Aragon	B	2:06.74 14
1) Vera Muryna	2) Ananya Bhavanishankar	
3) Sarah Morales Escobar	4) Hannah Li	
5 Mills	A	2:07.24 12
1) Noelle `young	2) Olivia Arcelona	
3) Alexis Ivankov	4) Chloe Cho	
6 Aragon	A	2:07.40 10
1) Sidney Lai	2) Taylor Lee	
3) Lauren Pong	4) Monica Lim	

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Finals ... (Girls 4x200 Meter Relay Frosh-Soph)

Team	Relay	Finals
7 St Ignatius	A	2:08.34 8
1) Kirra Jackson	2) Helen Plam	
3) Addison Low	4) Phoebe Bridges	
8 Hillsdale	A	2:11.41 6
1) Heyam Abulebdeh	2) Nikki Donovan	
3) Lisa Fuhrmann	4) Runa Fukuda	
9 Hillsdale	B	2:11.70 4
1) Lana Kusumoto	2) Alexis Reyes	
3) Leia Saito	4) Sydney Shoor	
10 Jefferson	A	2:14.54 2
1) Khadijah Chaudhry	2) Angela Chin	
3) Christel Samson	4) Amy Guan	
11 Nueva	A	2:16.71
1) Isabel Quinonez	2) Lila Pastor	
3) Kayte Chan	4) Anwen Chen	
12 Half Moon Bay	A	2:17.96

Girls 4x400 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 St Ignatius	A	4:25.47 20
1) Kirra Jackson	2) Addison Low	
3) Helen Plam	4) Phoebe Bridges	
2 Hillsdale	A	4:51.96 18
1) Anthea angela Sotto	2) Sophia Flores	
3) Aurora Yazzie	4) Stella Shih	
3 Mills	A	4:59.50 16
1) Noelle `young	2) Sarah Wong	
3) Janelle Pantilon	4) Ria Khalasi	
4 Sacred Heart Prep	A	5:00.39 14
1) Ryleigh Longaker	2) Eva Averbuck	
3) Camy Sheldon	4) Sanaia Shields	
5 Jefferson	A	5:07.99 12
1) Daphnee Braner	2) Amy Guan	
3) Angella Ferrer	4) Angela Chin	
6 Notre Dame (Belmont)	A	5:15.33 10
1) Olivia Caballero	2) Autumn Deetz-Rodriguez	
3) Olivia Mcglynn	4) Lauren Zerella	

Girls 4x800 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 Sacred Heart Prep	A	11:44.71 20
1) Helen Nguyen	2) Lauren Bentley	
3) Kate Gray	4) Chloe Standez	
2 Mills	A	11:48.13 18
1) Chloe Amayun	2) Chan Kaelyn	
3) Clarissa Louie	4) Janelle Pantilon	

Girls 800 Sprint Medley Frosh-Soph

Team	Relay	Finals
Finals		
1 Aragon	B	2:08.85 20
1) Lauren Pong	2) Hannah Li	
3) Hannah Lin	4) Taylor Lee	
2 Sequoia	A	2:11.27 18
1) Gabi Csuti	2) Caroline Sieling	
3) Lucia Nino-Sears	4) Emily Chan	
3 St Ignatius	A	2:12.03 16
1) Brooke Hiller	2) Phoebe Bridges	
3) Addison Low	4) Helen Plam	
4 Aragon	A	2:13.36 14
1) Samantha Hollandsworth	2) Sidney Lai	
3) Monica Lim	4) Kallan Tu	
5 Terra Nova	A	2:14.44 12
1) Alexis Smith	2) Gianna Pelleriti	
3) Naia Wolfe	4) Lillet Baumbach	
6 Mills	A	2:14.61 10
1) Chloe Amayun	2) Chloe Cho	
3) Sarah Wong	4) Jocelyn Kwan	
7 Jefferson	A	2:14.73 8
1) Sophia Lopez	2) Christel Samson	
3) Sarah Santos	4) Yaqeen Khalil	
8 Design Tech	A	2:16.08 6
1) Lila Hong	2) Luciana Baksheeff	
3) Jewel Wilson	4) Chloe Lok	
9 Sacred Heart Prep	A	2:17.45 4
1) Camy Sheldon	2) Bella Wu	
3) Eva Averbuck	4) Ryleigh Longaker	
10 Hillsdale	B	2:22.46 2
1) Heyam Abulebdeh	2) Alexis Reyes	
3) Rona Elan	4) Nikki Donovan	
11 Nueva	A	2:25.31
1) Isabel Quinonez	2) Lila Pastor	
3) Kayte Chan	4) Anwen Chen	
12 Hillsdale	A	2:36.04
1) Ida Kuczera	2) Lana Kusumoto	
3) Annika Maars	4) McKenna Muller	

Girls Distance Medley Frosh-Soph

Team	Relay	Finals
Finals		
1 Sequoia	A	14:40.24 20
1) Emily Chan	2) Caroline Sieling	
3) Maya Reinemann	4) Sarina Sanghvi	
2 Hillsdale	A	15:10.57 18
1) Aurora Yazzie	2) Anthea angela Sotto	
3) Olivia Ge	4) Ashlyn Kelly	
3 Mills	A	15:19.01 16
1) Janelle Pantilon	2) Clarissa Louie	
3) Chloe Amayun	4) Chan Kaelyn	
4 Notre Dame (Belmont)	A	15:19.54 14
1) Lauren Zerella	2) Ella Oldendorp	
3) Olivia Caballero	4) Olivia Mcglynn	

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Finals ... (Girls Distance Medley Frosh-Soph)

Team	Relay	Finals
5 Sacred Heart Prep	A	15:31.49 12
1) Lauren Bentley	2) Kate Gray	
3) Helen Nguyen	4) Chloe Standez	

Girls High Jump Relay Frosh-Soph

Name	School	Finals
Finals		
1 Tatum Conroy	St Ignatius	4-08.00 10
2 Samantha Gould	Notre Dame Bel.	4-06.00
3 Keira Madison Madrid	St Ignatius	J4-00.00 10
4 Emily Wong	Mills	J4-00.00
--- Jasmine Li	Mills	NH

Girls Long Jump Relay Frosh-Soph

Name	School	Finals
Finals		
1 Jessica Wu	St Ignatius	14-11.25 10
2 Alexis Ivankov	Mills	13-04.50 9
3 Rona Elan	Hillsdale	13-02.25 7
4 Mimi Hegstrom	St Ignatius	13-02.00 10
5 Monica Lim	Aragon	12-07.75
6 Dalilah Sanchez	Mercy (Burl)	12-06.00 6
7 Chloe Lok	Design Tech	12-05.00 8
8 Clarissa Louie	Mills	12-03.50 9
9 Emy Lapedis	Design Tech	12-00.25 8
10 Sydney Shoor	Hillsdale	11-02.50 7
11 Emily Chan	Sequoia	11-00.25 5
12 Natalie Padilla	Mercy (Burl)	10-08.00 6
13 Maya Reinemann	Sequoia	9-00.50 5

Girls Shot Put Relay Frosh-Soph

Name	School	Finals
Finals		
1 Desiree Huffer	Sequoia	28-06.25
2 Chloe Yi	Aragon	26-10.00 10
3 Lana Trehan	Mercy (Burl)	24-08.50 9
4 Malia Manukainiu	Aragon	24-03.50 10
5 Natalie Padilla	Mercy (Burl)	23-05.00 9
6 Adriana del Rosario	El Camino	22-07.75
7 Gianna Pelleriti	Terra Nova	22-07.25 8
8 Alexis Smith	Terra Nova	22-00.75 8
9 Kayte Chan	Nueva	20-08.50
10 Heba Alazzezh	Mills	20-06.25
11 Leia Saito	Hillsdale	19-08.50 7
12 Lila Hong	Design Tech	19-03.75
13 Leilani Muneno	Hillsdale	18-08.25 7

Girls 1 Mile Run Open

Name	School	Finals
Finals		
1 Jacqueline Holman	Lowell	5:19.15 20
2 Julia Soderbery	Sacred Heart Pr.	5:25.28 18
3 jackie pan	Mills	5:30.32 16
4 Heidi Green	Santa Catalina	5:35.38 14

5 Sophie Cheung	Sacred Heart Pr.	5:40.52 12
6 Anna Feland	Nueva	5:48.17 10
7 RYanne Reynolds	Terra Nova	5:48.32 8
8 Anna Pappas	Aragon	6:05.56 6
9 Ashlyn Kelly	Hillsdale	6:17.52 4
10 Emilia Ellison	Terra Nova	6:28.68 2
11 Bridget Won	Design Tech	6:29.88
12 Chan Kaelyn	Mills	6:30.09
13 Hannah Sevilla	Hillsdale	6:35.12
14 Isabella Webb	Mercy (Burl)	6:47.32
15 Helena Morell	Notre Dame Bel.	7:07.42
16 Amy Guan	Jefferson	7:23.45

Girls Triple Jump Relay Open

Name	School	Finals
Finals		
1 Mariel Rocca	St Ignatius	35-09.25 10
2 Kirin Guinto	Design Tech	34-08.25 9
3 Suraya Newman	St Ignatius	31-07.50 10
4 Ava Zilinskas	St Ignatius	31-06.50
5 Desea Bond	Notre Dame Bel.	29-05.50
6 Breah Bell	Piedmont	29-05.25
7 Lilly Eugster	St Ignatius	29-01.75
8 Jewel Wilson	Design Tech	27-01.50 9
9 Addison Hornsby	El Camino	26-04.00
10 Reece Roach	Mills	25-03.00
11 Dalilah Sanchez	Mercy (Burl)	24-09.75 8
12 Emy Lapedis	Design Tech	24-06.50
13 Sophia Knapp	Mercy (Burl)	24-02.75 8

Boys 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Carter Shaw	Sacred Heart Pr.	10.83 20
2 James Mustarde	Sacred Heart Pr.	11.25 18
3 Sineth Andrabadu	Hillsdale	11.34 16
4 Dru Hansen	Sequoia	11.42 14
5 Sam Shelby	Piedmont	11.49 12
6 Matthew Riordan	Piedmont	11.55 10
7 Jake Woo	St Ignatius	11.60 8
8 Aaron Academia	Mills	11.64 6
9 Josh Oludayo	Oakland	11.71 4
10 Monroe Barnum	St Ignatius	11.79 2
11 Christopher Weltzien	St Ignatius	11.79
12 Tripp McCann	Hillsdale	11.97
13 Jack Elgaaen	Sequoia	12.03
14 Jack Huhs	Nueva	12.09
15 Kai Hernandez	Mills	12.12
16 Jeffrey Gamboa	El Camino	12.16
17 Samuel Lam	Mills	12.22
18 Trajan King	Hillsdale	12.26
19 Andre Pascual	Mills	12.31
20 Gabriel Low	Lowell	12.37
21 Manuel Deanda	El Camino	12.38
22 Brandon Khuu	Jefferson	12.54
23 Jordan Wong	Aragon	12.59

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Finals ... (Boys 100 Meter Dash Varsity)

Name	School	Finals
24 Jericho Dones	Jefferson	12.71
25 Drew Rollolazo	Hillsdale	12.71
26 Richard Fong	Lowell	12.81
27 EtinOsa Aigbuza	Oakland	12.91
28 Tristan Nguyen	Half Moon Bay	12.98
29 Noah Sagum	Nueva	13.18
30 Amiliohn Brown	Oakland	13.85

Boys 110 Meter Hurdles Varsity

Name	School	Finals
1 Luca Morrison	St Ignatius	15.88 20
2 Jonah Piserchio	Mills	17.55 18
3 Jeremy Gosch	Aragon	17.76 16
4 Brendan Mckittrick	Jefferson	17.94 14
5 Robert Lee-Rubio	Mills	18.57 12
6 Antonio Sacco	Mills	19.39 10
7 Connor Kalos	Half Moon Bay	21.34 8
8 Joshua Rezneck	Nueva	21.78 6

Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
1 Sacred Heart Prep	A	43.87 20
1) Carter Shaw	2) Luke Maxwell	
3) John Chung	4) James Mustarde	
2 Hillsdale	A	45.38 18
1) Kingston Hua	2) Trajan King	
3) Tripp McCann	4) Sineth Andrabadu	
3 Sequoia	A	45.73 16
1) Ben Tetelbaum	2) Leimana Makasini	
3) Dru Hansen	4) Jack Elgaaen	
4 Nueva	A	45.99 14
1) Dominic Lehane	2) Jack Huhs	
3) Kevin Hwong	4) Gabriel Ciechanover	
5 Piedmont	A	46.20 12
1) Sam Shelby	2) Marcos Filho	
3) Miguel Long	4) Matthew Riordan	
6 Mills	A	46.78 10
1) Aaron Academia	2) Kai Hernandez	
3) Samuel Lam	4) Kaz Hensley	
7 Lowell	A	46.91 8
1) Max Bodden-Howard	2) Blake Wong	
3) Ryan H Lee	4) Gabriel Low	
8 Jefferson	A	47.55 6
1) Jericho Dones	2) Brendan Mckittrick	
3) Brandon Khuu	4) Zion Adams-Aurilio	
9 El Camino	A	47.99 4
1) Jacob Ocampo	2) Darren Yeh	
3) Manuel Deanda	4) Jeffrey Gamboa	
10 Aragon	A	48.56 2
1) Jacob Orton	2) Avinash Schwarzkopf	
3) Tommy Rose	4) Jordan Wong	

---	Oakland	A	DQ
1) Josh Oludayo	2) Tyjhan Palmer		
3) Malachi Sanchez	4) Muqet Salaam		

Boys 4x200 Meter Relay Varsity

Team	Relay	Finals
1 Sacred Heart Prep	A	1:37.35 20
1) James Mustarde	2) Omar Bazan	
3) Luke Maxwell	4) John Chung	
2 Mills	A	1:39.52 18
1) Aaron Academia	2) Kai Hernandez	
3) Samuel Lam	4) Kaz Hensley	
3 Lowell	A	1:39.57 16
1) Max Bodden-Howard	2) Blake Wong	
3) Ryan H Lee	4) Quinn Fitzsimmons	
4 Aragon	A	1:39.72 14
1) Jacob Orton	2) Diego Coronado	
3) Gavin Tang	4) Galen Tang	
5 Nueva	A	1:39.95 12
1) Jack Huhs	2) Kevin Hwong	
3) Noah Sagum	4) Gabriel Ciechanover	
6 El Camino	A	1:41.21 10
1) Jacob Ocampo	2) Darren Yeh	
3) Manuel Deanda	4) Jeffrey Gamboa	
7 Hillsdale	A	1:45.76 8
1) Ido Aseo	2) Ryan Farzeneh	
3) Luke Nessel	4) Gabriel Owyang	

Boys 4x400 Meter Relay Varsity

Team	Relay	Finals	
1 St Ignatius	A	3:35.92 20	
1) Thomas Zang	2) Jake Woo		
3) Tyler Schwabe	4) Christopher Weltzien		
2 Mills	A	3:43.47 18	
1) Kaz Hensley	2) Chester Ho		
3) Lucas De Paula	4) Samuel Lam		
3 Lowell	A	3:45.92 16	
1) Max Bodden-Howard	2) Quinn Fitzsimmons		
3) Ryan H Lee	4) Blake Wong		
4 Sacred Heart Prep	A	3:49.26 14	
1) Carter Shaw	2) Nick Karros		
3) McKinley Palmer	4) JP Killmond		
5 Hillsdale	A	3:53.82 12	
1) Tomi Adenekan	2) Trajan King		
3) Tripp McCann	4) Sineth Andrabadu		
6 Oakland	A	4:37.72 10	
1) Yosef Amaha	2) Enrique Rodriguez Jr		
3) Aaron Anthony Boulware	4) EtinOsa Aigbuza		
---	Aragon	A	DQ
1) Alex Jaen	2) Robert Livingston		
3) Jacob Orton	4) Avinash Schwarzkopf		

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Boys 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Lowell	A	8:38.88 20
1) Jaden Huang	2) Asa Mentzel	
3) Bruno Bartalos	4) Dylan Herring	
2 Woodside	A	8:52.37 18
1) Jude Bowen	2) Judah Dulany	
3) Matthew Nowell	4) Maximilian Hohendorf	
3 Half Moon Bay	A	8:54.22 16
1) Nathan Loof	2) Ace Gilkey	
3) Moss Michelsen	4) Isaac Ramirez	
4 Lowell	B	9:10.63 14
1) Elian Lomeli	2) Terrance Hoang	
3) Quinn Luk	4) Dexter Tu	
5 Bay School S.F.	A	9:13.66 12
1) Lucas Chang	2) Hayden Gong	
3) Jasper Bardwick-McGlone	4) Tate Rowney	
6 Hillsdale	A	9:18.29 10
1) Miles Kim	2) Tomi Adenekan	
3) Kyle Fukumoto	4) Quin White	
7 Mills	A	9:26.04 8
1) Lucas De Paula	2) Kyle Chan	
3) Owen Dvorak	4) Felix Mapa	
8 Hillsdale	B	9:28.69 6
1) Adrian Chin	2) Matthew Lee	
3) Jaden Macomber	4) Calvin Motamed	
9 Sequoia	A	9:31.96 4
1) Josiah Adion Ferretty	2) Owen Leung	
3) Dylan Williams	4) Vir Shah	
10 Mt Eden	A	10:00.04 2
1) Alexander Nguyen	2) Ashneel Singh	
3) Nestor Rodriguez	4) William Solorio	

Boys 800 Sprint Medley Varsity

Team	Relay	Finals
Finals		
1 Sacred Heart Prep	A	1:38.65 20
1) John Chung	2) Carter Shaw	
3) James Mustarde	4) Luke Maxwell	
2 St Ignatius	A	1:45.75 18
1) Daniel Birdthistle	2) Junior Tutoe	
3) Julien Dean	4) Luca Morrison	
3 Oakland	A	1:45.90 16
1) Josh Oludayo	2) Malachi Sanchez	
3) Aaron Anthony Boulware	4) Yosef Amaha	
4 Mills	A	1:47.20 14
1) Aaron Academia	2) Kai Hernandez	
3) Andre Pascual	4) Chester Ho	
5 Jefferson	A	1:48.39 12
1) Brandon Khuu	2) Jericho Dones	
3) Brendan Mckittrick	4) Rohan Marquina	
6 El Camino	A	1:48.45 10
1) Jacob Ocampo	2) Manuel Deanda	
3) Jeffrey Gamboa	4) Noah Flores	

7 Aragon	A	1:49.20 8
1) Avinash Schwarzkopf	2) Tommy Rose	
3) Erik Dodge	4) Diego Coronado	
8 Hillsdale	A	1:55.23 6
1) Luke Nessel	2) Gabriel Owyang	
3) Drew Rollolazo	4) Andrew Fernando	
--- San Mateo	B	DQ
1) Koah Ferrer	2) Elijah Manio	
3) Cole Mannick	4) Jeremy Espinoza	

Boys Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Piedmont	A	10:35.77 20
1) Xander Schulte-Sasse	2) Sam Shelby	
3) Parker Long	4) Christian Taylor	
2 Sequoia	A	10:59.55 18
1) Ethan Bae	2) Jackson Bae	
3) Luc Brennan	4) Rowan Henige	
3 Nueva	A	11:27.63 16
1) Owen Hsu	2) Gabriel Ciechanover	
3) Dominic Lehane	4) Joshua Byun	
4 Woodside	A	11:36.17 14
1) Judah Dulany	2) Jude Bowen	
3) Matthew Nowell	4) Maximilian Hohendorf	
5 Aragon	A	11:37.42 12
1) Brendan Kennedy	2) Galen Tang	
3) Gavin Tang	4) Toby Harris	
6 Hillsdale	A	12:12.96 10
1) Miles Kim	2) Tomi Adenekan	
3) Kyle Fukumoto	4) Quin White	
7 Half Moon Bay	A	12:20.78 8
1) Nathan Loof	2) Ace Gilkey	
3) Isaac Ramirez	4) Elkin Lopez	
8 Bay School S.F.	A	12:21.89 6
1) Hayden Gong	2) Ilan Azevedo	
3) Tate Rowney	4) Lucas Chang	
9 El Camino	A	12:33.23 4
1) Kyle Lactaon	2) Josh Szeto	
3) Jake Szeto	4) Emiliano Hermosillo	
10 Mills	A	12:33.76 2
1) Thomas Yeung	2) Hansen Han	
3) Kyle Chan	4) Antonio Sacco	
11 Mt Eden	A	12:51.51
1) CJ Lapid	2) Nicholas Luong	
3) William Solorio	4) Saul Arrizon Lopez	
12 Hillsdale	B	12:53.57
1) Matthew Lee	2) Jaden Macomber	
3) Calvin Motamed	4) Adrian Chin	
13 Mt Eden	B	13:05.79
1) Alexander Nguyen	2) Diego Torres	
3) Ashneel Singh	4) Nestor Rodriguez	

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Boys High Jump Relay Varsity

Name	School	Finals
Finals		
1 Ryan Levine	St Ignatius	5-10.00 10
2 Miguel Long	Piedmont	5-08.00
2 DJ Cooper	St Ignatius	5-08.00 10
4 Yuan Garcia	Mills	5-06.00 8.5
5 Jarod Nunnemaker	Aragon	5-04.00 8.5
5 Luca Morrison	St Ignatius	5-04.00
5 Andrew Fernando	Hillsdale	5-04.00
8 Jacob Orton	Aragon	5-02.00 8.5
9 John Broussard	Mills	5-00.00 8.5
--- Peter Scherer	Sequoia	NH
--- Trajan King	Hillsdale	NH
--- Jeovanny Carlos	Sequoia	NH

Boys Long Jump Relay Varsity

Name	School	Finals
Finals		
1 Monroe Barnum	St Ignatius	20-04.00 10
2 Noah Gonzalez	St Ignatius	19-00.25 10
3 Dru Hansen	Sequoia	18-03.50 5
4 Jeremy Gosch	Aragon	18-03.25 9
5 John Chung	Sacred Heart Pr.	18-01.50 8
6 Quin White	Hillsdale	17-09.75 7
7 Miguel Long	Piedmont	17-08.25
8 Ryan H Lee	Lowell	17-07.00 6
9 Richard Fong	Lowell	16-11.50 6
10 Quincy Teng	Aragon	16-10.25 9
11 Kingston Hua	Hillsdale	16-09.00 7
12 Jake Woo	St Ignatius	16-07.00
13 McKinley Palmer	Sacred Heart Pr.	16-06.25 8
14 Junyi Zhang	Mills	16-04.75 4
15 John Corpus	Sequoia	16-02.50 5
16 Yuan Garcia	Mills	15-10.50 4
17 Jack Huhs	Nueva	15-03.25

Boys Shot Put Relay Varsity

Name	School	Finals
Finals		
1 Ethan Vuong	Mills	45-00.75
2 Max Thomson	Aragon	39-11.75 10
3 Albert Zheng	Aragon	39-00.75 10
4 Luke Nessel	Hillsdale	38-05.00 9
5 Nathan Macalino	El Camino	35-07.00 8
6 Jake Sawyer	Sequoia	33-09.00 7
7 Joshua Shiel	Hillsdale	32-02.50 9
8 Eizeah Rivera Luciano	El Camino	30-02.75 8
9 Baxter Joslin Davis	Sequoia	29-02.75 7
10 Noah Sagum	Nueva	27-08.00

Boys 100 Meter Dash Frosh-Soph

Name	School	Finals
Finals		
1 Sohan Sahota	St Ignatius	11.80 20

2 Andrew Gotch	St Ignatius	11.92 18
3 Oskar Herlitz	Sacred Heart Pr.	11.96 16
4 Malachi Sanchez	Oakland	12.05 14
5 Luke Kazee	St Ignatius	12.11 12
6 Dante Allendorf	Hillsdale	12.33 10
7 Russell Yee	Aragon	12.43 8
8 Jordan Crockett	Sequoia	12.48 6
9 Raimer Guevarra	El Camino	12.49 4
10 Tyler Rosen	Terra Nova	12.58 2
11 Erhue Aigbuza	Oakland	12.59
12 Jonas Bell	Hillsdale	12.63
13 Zi Xi Chen Mei	Lowell	12.72
14 Derek Desuasido	Design Tech	12.79
15 Terry Amaro	Sacred Heart Pr.	12.85
16 Alexander Pigot	Sequoia	13.03
17 Nicholas Nand	El Camino	13.06
18 Landon Don	Hillsdale	13.23
19 Muqet Salaam	Oakland	13.26
20 Matthew Lau	Aragon	13.49
21 Dash Waters Worthen	Piedmont	13.56
22 Ethan li	Mills	13.61
23 Wayne Chow	Mills	14.58

Boys 1 Mile Run Frosh-Soph

Name	School	Finals
Finals		
1 Jae Ik Song	San Mateo	4:45.15 20
2 Ryan Fitzpatrick	Nueva	4:46.11 18
3 Kaden Ren	Mills	5:02.27 16
4 Joshua Fu	Aragon	5:02.39 14
5 Kevin Ren	Mills	5:05.44 12
6 Marcus Balistreri	Terra Nova	5:12.49 10
7 Tyler Lu	Hillsdale	5:12.53 8
8 Sean Whipkey	Hillsdale	5:18.27 6
9 Leor Hersh	Bay School S.F.	5:22.20 4
10 Emiliano Hermsillo	El Camino	5:24.63 2
11 Ian Ta	Aragon	5:25.03
12 Enrique Rodriguez Jr	Oakland	5:28.02
13 Swaraj Adhikari	El Camino	5:41.70
14 Jacob Blaylock	Design Tech	5:54.00
15 Brennan Sherman	Sequoia	6:21.11
16 Cole Myers	Sequoia	6:54.29

Boys 65 Meter Hurdles Frosh-Soph

Name	School	Finals
Finals		
1 Marcus Rife	Aragon	10.71 20
2 Philip Pettitt	St Ignatius	11.03 18
3 Dylan Pu	Nueva	11.20 16
4 Zion Adams-Aurilio	Jefferson	11.77 14
5 Thomas Luong	Aragon	11.91 12
6 Ethan Im	Design Tech	12.31 10
7 Aiden Weis	Design Tech	12.33 8
8 Christopher Gomez	El Camino	12.42 6
9 John Carlo	Mills	12.79 4
10 Jamie Seligman	Hillsdale	13.75 2

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Boys 4x100 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 St Ignatius	A	47.00 20
1) Sohan Sahota	2) Ryder Filinski	
3) Leeckhan Asmerom	4) Andrew Gotch	
2 Aragon	A	48.84 18
1) Russell Yee	2) Charles Harger	
3) Matteo Kong	4) Sora Mizutani	
3 Hillsdale	A	48.89 16
1) Dante Allendorf	2) Noah Nues	
3) Joshua Pareja Hermoza	4) Jonas Bell	
4 El Camino	A	49.32 14
1) Nathan Forrester	2) Nicholas Nand	
3) Hayden Hui	4) Raimer Guevarra	
5 Sequoia	A	49.68 12
1) Jordan Crockett	2) Alexander Pigot	
3) Jayden Russi	4) Tyler Zarganis	
6 Hillsdale	B	54.48 10
1) You-Ki Chien-Nakano	2) Ethan Naguit	
3) Troy Nessel	4) Trevor Yao	
7 Mills	A	55.37 8
1) ethan Cabrera	2) Tului Battulga	
3) Giancarlo Monroy	4) Darren Chow	

Boys 4x200 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 St Ignatius	A	1:41.70 20
1) Jack Farrell	2) Shane Molinari	
3) Philip Petitt	4) Luke Kazee	
2 Hillsdale	A	1:43.85 18
1) Landon Don	2) Joshua Pareja Hermoza	
3) Dante Allendorf	4) Noah Nues	
3 Sequoia	A	1:44.33 16
1) Kristoffer Vinther	2) Daniel MacLeitch	
3) Christian Zaragoza	4) Jayden Russi	
4 Aragon	B	1:45.42 14
5 Design Tech	A	1:46.09 12
1) Jasung Hoehn	2) Andrew Manrao	
3) Gabriel Killmon	4) Cody Cox	
6 El Camino	A	1:46.39 10
1) Nathan Forrester	2) Josh Szeto	
3) Raimer Guevarra	4) Elijah Stepanovich	
7 Aragon	A	1:46.45 8
1) Anthony Leong	2) Matteo Kong	
3) Marcus Rife	4) Samuel Young	
8 Mills	A	1:47.47 6
1) Wayne Chow	2) Stretton Emile	
3) Jimmy Guan	4) Ethan li	
9 Jefferson	B	1:47.62 4
10 Jefferson	A	1:58.27 2
1) Javen Landayan	2) Zion Adams-Aurilio	
3) Brian Santos	4) Kevin Cai	

11 Mills	B	1:59.32
1) Giancarlo Monroy	2) Hendrick Liu	
3) Darren Chow	4) Kaden Chow	

Boys 4x400 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 Mills	A	3:55.78 20
1) Tului Battulga	2) Jimmy Guan	
3) tangy rai	4) Emile Stretton	
2 St Ignatius	A	3:55.88 18
1) Philip Petitt	2) Jack Farrell	
3) Luke Kazee	4) Shane Molinari	
3 Lowell	A	3:59.40 16
1) Zi Xi Chen Mei	2) Quinn Luk	
3) Terrance Hoang	4) Dexter Tu	
4 El Camino	A	4:06.49 14
1) Christopher Gomez	2) Guillermo Gonzalez	
3) Nicholas Nand	4) Josh Szeto	
5 Hillsdale	A	4:06.80 12
1) Taira Nakagawa	2) Jamie Seligman	
3) Adrian Shin	4) Joey Terashita	
6 Aragon	A	4:11.66 10
1) Daniel Gomez	2) Colin Fournier	
3) Nicholas Ke	4) Darren Benavente	
7 Sequoia	A	4:15.80 8
1) Alex Lee	2) Benton Min	
3) Cooper Gaffney	4) Colin Perkins	
8 Mills	B	4:20.34 6
1) ethan Cabrera	2) Ethan li	
3) Evan Lam	4) Julian Mindel	
9 Sacred Heart Prep	A	4:23.01 4
1) Carson Dolinko	2) Andrew Stamos	
3) Evan Matsuda	4) Rocco Vitale	
10 Jefferson	A	4:23.09 2
1) Brian Santos	2) Nykai Westerman	
3) Justin Garcia	4) Vincent Ng	
11 Hillsdale	B	4:27.97
1) Trevor Yao	2) Nathaniel Chen	
3) You-Ki Chien-Nakano	4) Miles Chatterjee	

Boys 4x800 Meter Relay Frosh-Soph

Team	Relay	Finals
Finals		
1 Design Tech	A	9:22.53 20
1) Dhruv Mitra	2) Cody Cox	
3) Calin Boyanov	4) Jasung Hoehn	
2 Aragon	A	9:29.73 18
1) Joshua Fu	2) Calvin Chao	
3) Anthony Leong	4) Gavin Epstein	
3 Hillsdale	A	9:31.97 16
1) Adam Woo	2) Tyler Lu	
3) Taira Nakagawa	4) Dylan Robinson	
4 Nueva	A	9:33.62 14
1) Teddy Gaillard	2) Gabriel Bernstein	
3) Dylan Pu	4) Ryan Fitzpatrick	

Hillsdale Knight Relays - 3/11/2023

Hillsdale High School

Results

Finals ... (Boys 4x800 Meter Relay Frosh-Soph)			
Team	Relay	Finals	
5 Sacred Heart Prep	A	9:48.13	12
1) Andrew Stamos	2) Clay Griffin		
3) Evan Matsuda	4) Carson Dolinko		
6 Mills	A	10:02.64	10
1) Andrew Chin	2) Tului Battulga		
3) Julian Mindel	4) ethan Cabrera		
7 Woodside	A	10:12.68	8
1) Ethan Sanger	2) Judah Dulany		
3) Garrett Bailey	4) Aaron Mahoney		
8 Hillsdale	B	10:28.26	6
1) Austin O'Meara	2) Anthony Ladcani Abad		
3) Nico Lee	4) Nadav Ehsanipour		
9 Sequoia	A	10:38.70	4
1) Aaron Henderson	2) Cameron Vijeh		
3) Ethan Butt	4) Theodore Tidwell		
10 Bay School S.F.	A	11:16.62	2
1) Kainoa Newton	2) Sam West		
3) Benjamin Pearlstein	4) Eric Kocher		

Boys 800 Sprint Medley Frosh-Soph			
Team	Relay	Finals	
Finals			
1 El Camino	A	1:50.79	20
1) Raimer Guevarra	2) Hayden Hui		
3) Elijah Stepanovich	4) Guillermo Gonzalez		
2 Sequoia	A	1:50.79	18
1) Dylan Benson	2) Giovanni Lopez		
3) Axel Larson	4) Alex Lee		
3 Aragon	A	1:51.21	16
1) Anthony Leong	2) Anthony Lu		
3) Aidan Cardillo	4) Caden Orton		
4 Mills	A	1:52.24	14
1) Hendrick Liu	2) Jimmy Guan		
3) Ethan li	4) tangy rai		
5 Hillsdale	A	1:56.30	12
1) Isaiah Owyang	2) Elijah Nues		
3) Kevyn Gomez Miranda	4) Ronan Belen Henroid		

Boys Distance Medley Frosh-Soph			
Team	Relay	Finals	
Finals			
1 Sequoia	A	11:47.84	20
1) Zacharie Vidana	2) Alexander Pigot		
3) Luke Shafer	4) David Raymond		
2 Mills	A	11:56.59	18
1) tangy rai	2) ethan Cabrera		
3) Kaden Ren	4) Kevin Ren		
3 Aragon	A	12:23.30	16
1) Ian Ta	2) Calvin Chao		
3) Gavin Epstein	4) Joshua Fu		
4 Aragon	B	12:47.49	14
1) Luke Novak	2) Shuma Otsuka		
3) Nicholas Ke	4) Anthony Leong		

5 Sacred Heart Prep	A	12:55.53	12
1) Andrew Stamos	2) Clay Griffin		
3) Evan Matsuda	4) Rocco Vitale		
6 Bay School S.F.	A	12:58.56	10
1) Nick Ginieczki	2) Kainoa Newton		
3) Sam West	4) Leor Hersh		
7 Nueva	A	13:10.99	8
1) Gabriel Bernstein	2) Rohan Tummala		
3) Ryan Albright	4) Teddy Gaillard		
8 Hillsdale	A	13:24.20	6
1) Austin O'Meara	2) Sean Whipkey		
3) Dylan Robinson	4) Adam Woo		
9 Woodside	A	13:43.85	4
1) Tyler Cowan	2) Ethan Sanger		
3) Garrett Bailey	4) Matthew Nowell		
10 Hillsdale	B	14:10.46	2
1) Zach Azar	2) Nathaniel Chen		
3) Jamie Seligman	4) Adrian Shin		

Boys High Jump Relay Frosh-Soph			
Name	School	Finals	
Finals			
1 AJ Ennis	St Ignatius	5-04.00	10
1 DJ Bloch	St Ignatius	5-04.00	10
3 Conor Riordan	St Ignatius	5-02.00	
4 Oliver Greenebaum	Piedmont	5-00.00	9
4 Advik Bommareddy	Aragon	5-00.00	
6 Dash Waters Worthen	Piedmont	4-10.00	9
6 Axel Larson	Sequoia	4-10.00	
--- Julian Mindel	Mills	NH	
--- Aiden Weis	Design Tech	NH	
--- Thomas Luong	Aragon	NH	
--- Jimmy Guan	Mills	NH	

Boys Long Jump Relay Frosh-Soph			
Name	School	Finals	
Finals			
1 Oskar Herlitz	Sacred Heart Pr.	18-01.50	9
2 Tyran Hicks	St Ignatius	18-00.75	10
3 Sean Milburn	St Ignatius	17-00.75	10
4 Nathan Forrester	El Camino	16-03.00	8
5 Dylan Robinson	Hillsdale	15-11.75	7
6 Derek Desuasido	Design Tech	15-08.25	
7 Zi Xi Chen Mei	Lowell	14-03.75	
8 Guillermo Gonzalez	El Camino	14-02.50	8
9 Oliver Greenebaum	Piedmont	14-00.25	
10 Terry Amaro	Sacred Heart Pr.	13-00.75	9
11 Elijah Nues	Hillsdale	12-10.75	7
12 Charles McWhorter	Aragon	11-04.00	
13 Matthew Wong	Mills	9-01.75	

Boys Shot Put Relay Frosh-Soph			
Name	School	Finals	
Finals			
1 Gavin Blos	Hillsdale	41-08.00	10
2 Cody Fulgencio	El Camino	31-03.25	9

Hillsdale Knight Relays - 3/11/2023**Hillsdale High School****Results****Finals ... (Boys Shot Put Relay Frosh-Soph)**

	Name	School	Finals	
3	Alan Ramirez Menjivar	El Camino	30-06.50	9
4	Zac Rahman	Aragon	30-02.25	8
5	Leo Palomo	Mills	28-03.00	
6	Samuel Young	Aragon	28-02.00	8
7	Christopher Nolan	Hillsdale	26-09.25	10
8	Nolan Sibley	Hillsdale	24-09.50	
9	Miguel Sanchez-Alatorre	Hillsdale	23-00.00	
10	Lucas Masar	Hillsdale	22-00.75	
11	Zachary DeCasas	Hillsdale	18-11.50	

Boys 1 Mile Run Open

	Name	School	Finals	
Finals				
1	Bruno Bartalos	Lowell	4:40.74	20
2	Dylan Herring	Lowell	4:41.50	18
3	Theodore Mendonca	Hillsdale	4:46.53	16
4	Toby Harris	Aragon	4:52.54	14
5	Ryan DeSantis	Nueva	4:53.66	12
6	Moss Michelsen	Half Moon Bay	4:54.24	10
7	Yosef Amaha	Oakland	5:00.21	8
8	Remy Palomo	Mills	5:09.44	6
9	Brendan Kennedy	Aragon	5:09.75	4
10	Jesse Abude	Jefferson	5:23.74	2
11	Kyle Chan	Mills	5:24.16	
12	Roman Noravian	Design Tech	5:24.17	
13	Elias Wu	Design Tech	5:28.50	
14	Matteo Woo	El Camino	5:29.62	

Boys Triple Jump Relay Open

	Name	School	Finals	
Finals				
1	Monroe Barnum	St Ignatius	41-04.25	10
2	Noah Gonzalez	St Ignatius	38-05.00	10
3	Calin Boyanov	Design Tech	37-04.75	9
4	Tyran Hicks	St Ignatius	37-02.00	
5	Miguel Long	Piedmont	35-01.00	8
6	Gabriel Killmon	Design Tech	33-03.25	9
7	Oliver Greenebaum	Piedmont	33-00.25	8
8	Quincy Teng	Aragon	30-11.75	