

2023 ROTARY INVITATIONAL TIME SCHEDULE

Running Events

Start at 10:00AM

(event times approximate)

400 meter Relay (10:00)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
1600 meter Run (10:30)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
110 meter High Hurdles (11:00)	FS Boys (36"), Varsity Boys (39")
100 meter Int Hurdles (11:30)	FS Girls, Varsity Girls (33#)
400 meter Dash (11:45)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
100 meter Dash (12:10)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
800 meter Run (12:40)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
300 meter IH (1:15)	FS Boys, Varsity Boys (36")
300 meter LH (1:30)	FS Girls, Varsity Girls (30")
200 meter Dash (1:40)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
4 x 800 meter relay (2:10)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
3200 meter Run (2:30)	FS Boys, FS Girls, Varsity Boys, Varsity Girls
1600 meter Relay (3:00)	FS Boys, FS Girls, Varsity Boys, Varsity Girls

Field Events

<p>10:00AM to 11:15AM Long Jump: FS Girls Triple Jump: FS Boys High Jump: Varsity Girls Pole Vault: Varsity Boys Shot Put: Varsity Girls Discus Throw: Varsity Boys</p> <p>11:30AM to 12:45PM Long Jump: Varsity Girls Triple Jump: Varsity Boys High Jump: FS Girls Pole Vault: FS Boys Shot Put: FS Girls Discus Throw: FS Boys</p>	<p>1:00PM to 2:15PM Long Jump: FS Boys Triple Jump: FS Girls High Jump: Varsity Boys Pole Vault: Varsity Girls Shot Put: Varsity Boys Discus Throw: Varsity Girls</p> <p>2:15PM to 3:30PM Long Jump: Varsity Boys Triple Jump: Varsity Girls High Jump: FS Boys Pole Vault: FS Girls Shot Put: FS Boys Discus Throw: FS Girls</p>
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