



Los Gatos High School Track and Field

Top 8 Classic Coaches Instructions

Hello and thanks again.. We want to welcome you and hope you and your athletes have a wonderful and safe time here.

- 1. Team fee schedule – posted and will be at the gate.**
- 2. All athletes, coaches and spectators must have a wrist band at all times. If you break your wrist band you may receive a new one by turning in the busted wrist band at the ticket booth**
- 3. Coaches packet and pick up—Gate 2.. Each Head Coach or Coach from school can pick up packets.**
- 4. We will not have a scratch meeting—and NO Coaches meeting.. But I will be available—for all Coaches—around 2:45-3:00pm**

- 5. Parking—you made it this far. Next year—will be better.. –**
- 6. Canopies – None on the infield. Allowed in Bleachers and warm up area behind the visitor bleachers. Canopies can NOT block announcer and Media.**
- 7. Good news.. We are moving the awards to top 4 places. – The top 4 finishers in Heat 1 should wait inside the black end zone area while waiting for the conclusion of Heat 2. The top 3 finishers will then head directly to the podium for the awards ceremony to receive their medals and get their pictures taken. The 4th place finisher may retrieve their medal at the medal table on the 50-yard line.**
- 8. Parents will not be permitted inside the track area at any time. Parents may take pictures of the medal ceremony from outside the track area along the black fence at the center of the track.**
- 9. We will also have Media present—who may want to interview the Overall winner.**

- 10. Results— will be available online within 20-30 minutes after the final heat. We will also attempt to post the results near the concession stand.**
- 11. For start of the events and check in—See Clerk of the course at the Goal post.**
We will have a few hurdles set up for the hurdlers to practice.. Do not take the hurdles off the racks.
- 12. We want to keep this meet moving.. Do not camp out or clutter the infield unless you are competing. We will allow you on the warm up infield 1 hour before your race..**
- 13. As a courtesy to Coaches—we will Allow 1 Coach on the infield. But keep in mind—if this gets too much clutter – Coaches need to exit the track area at the conclusion of their athletes' race.**
- 14. Do Not ask the Timer for results.**
- 15. T- shirt vendors and concession stands will be available.**

16. We do have a limited number of spikes for sale. –10 for \$5. – Will most likely be at the front gate or clerk of the course.
17. Long jump, Triple Jump—we will try to be flexible—we may have to move them along.. remember—3 jumps.. Top 8 go to finals and get another 3 jumps.. Overall – best jump out of total 6 will be the winner. Please check with the judge. We will have these results immediately ran over to the timer..
18. We will do the same for Shot Put and Discus. We will have these results immediately ran over to the timer.. 3 throws—Top 8 go to Finals.. and get 3 additional throws.. Please check with the judge..
19. We will have first aid and trainer on site.

Sorry – for the long instructions—

I will be available throughout the meet to answer any questions and to address any challenges that may come up. –

Thanks again—Doc!

Danny Colton