

TRIBUNE SPORTS

12 — Redwood City (Cal.) Tribune, Thurs., Feb. 13, 1958

Between the Lines:

Run 30 Miles a Day And You, Too, Can Win

By **ED JACOBOWSKY**

Tribune Sports Editor

How would you like to run 20, 30 or 40 miles a day?

Sounds like pretty rugged exercise, doesn't it, but that's just the reason European distance runners surpass Americans by such a wide margin, according to Mihaly Igloi, former Hungarian track coach who defected to the United States following the Olympic Games in Melbourne.

Igloi, who was a surprise guest, along with one of his greatest products, Laszlo Tabori, at last night's meeting of the Northern California Track and Field Association in Redwood City, is looking for U.S. athletes who are willing to sacrifice a little (a little, did we say?) in order to become outstanding runners.



Now living in the Santa Clara Valley, **Jacobowsky** Igloi will work with Mike Ryan coaching the Santa Clara Youth Center track team with Tabori, Jim Lea, world record holder in the 440, high jumper Herm Wyatt and pole vaulter George Mattos as the nucleus of the team.

Although his command of the English language still leaves a little to be desired, Igloi amused his audience with his comparison of American and European training methods.

Lea, who also was present last night, has about 25 pounds to lose before he can regain his form of two years ago. The ex-USC great, who sat out last season, is hopeful that a bum tendon is a thing of the past.