



# CENTRAL COAST SECTION TRACK & FIELD



## Organizational Meeting January 16, 2024

Join Zoom Meeting

<https://us02web.zoom.us/j/88241104493?pwd=Zmt0dzQ0S1RLNkkzUGlRk1dRZzJXZz09>

Meeting ID: 882 4110 4493

Passcode: 011480

Dial by your location

• +1 669 900 6833 US (San Jose)

### I. Welcome & Introductions

- A. Roll of League Representatives
- B. Guests
- C. Presentation by Pacific Association USATF – Don Collins

### II. Review of Tournament Guide Dates

- A. 2024 Important Dates:
  - Practice start date: Monday, January 29
  - 1<sup>st</sup> scrimmage date: Monday, February 12
  - 1<sup>st</sup> contest date: Monday, February 19
  - Last contest date: Saturday, May 4
  - CCS Entries due: Tuesday, May 7
- B. Meets:
  - *Semifinals*: Saturday, May 11, @ Gilroy HS
  - *Finals*: Saturday, May 18 @ Gilroy HS
- C. State Meet Dates:
  - *Semifinals*: Friday, May 24, @ Buchanan HS
  - *Finals*: Saturday, May 25 @ Buchanan HS
- D. Evaluation Meeting: Tuesday, May 28, 4 pm (via zoom)

### III. CCS Meet

- A. [Participating School Sheet](#)
- B. [Review Bylaws](#) & [2023 Committee Report](#)
  - 4x800 (update)
  - Unified events (update):
    - 4 X 100
    - 100
    - Shotput
  - [CCS At-large times](#)
  - League responsibilities-meet officials
- C. Meet/ time schedule (discussion item)
  - Semifinals: Field events: 10:00 am; Track events: 11:00 am
  - Finals: Field events: 3:00 pm; Running events: 4:45 pm

- D. Admission
  - Coaches sign-in
  - Admission for Coaches/Athletes
  - Spectators
  
- E. Other Items
  - Check-in
  - Head coach sign-in
  - Coaches accompanying athletes
  - Warm-up area
  - Clerk of the Course
  - Field Event Officials check-in
  - Award Procedure for finals
  - Participation Certificates
  - CCS online store
  - Other items of concern

IV. Additional information

A. [Sanctioned invitational meets](#)

1. Implement certification
2. Wind gauges
3. Horizontal Jumping Pits – commentary/guidelines
4. Coaches accompanying athletes
5. CCS/CIF Passes

B. League meet schedule & hosts

C. NFHS Rules

1. [NFHS Rule changes](#)
2. [Track & Field Point of Emphasis](#)
3. [NFHS Comments on the Rules](#)
4. [NFHS Uniform Rules](#)

D. [NFHS/USATF Track and Field Meet Notes](#)

*The NFHS has released the 2023 Track and Field Pre-Meet Notes, a web-based, preseason publication. The NFHS Track and Field Rules Committee has identified a strong need for training and educational materials for track and field officials and the many volunteers who work our interscholastic meets. This publication is designed to cover the rules for both coaches and officials.*

E. 2024-25 (Periodic shift in calendar)

- Practice start date: Monday, February 3
- 1<sup>st</sup> scrimmage date: Monday, February 10
- 1<sup>st</sup> contest date: Monday, February 24
- Last contest date: Saturday, May 10
- CCS Semifinals: Saturday, May 17
- CCS Finals: Saturday, May 24
- CIF State Meet: Friday & Saturday, May 30 & 31

V. Adjournment