



Los Gatos Track and Field

ALL COMERS- Track Meets

“Due to Construction at LG- All Comers meets will be hosted at Saratoga High School or SJCC”

Where: Saratoga High School or Los Gatos High School or San Jose City College

ALL COMERS Track Meets

Friday - June 28, 2024 6pm- 9pm Saratoga High School

Friday – July 12, 2024 6pm- 9pm – Saratoga High School

Friday – July 26, 2024 6pm- 9pm- Awaiting confirmation

Friday – August 16, 2024 6pm- 9pm- Los Gatos??

Cost: \$10/athletes and spectators -----under 5--- \$5.00

payment- Cash – Zelle

Start time –6pm all events

Gates open at 5pm

Website: Lynbrooksports.com

Registration_ you can register on athletic.net or in person. Preferred to register early

SCHEDULE of Events offered.

4x100

1600

100mh

110mh

100

800m

300mh—HURDLES x 1 heat

400

3200—one heat only

* 60m – IF TIME PERMITS

Shot Put

Triple Jump

Long Jump

High Jump

We are seeking volunteers— If interested- we may be able to compensate. Volunteers for hurdle crew, and long jump, triple jump and shot put. We will train you. Please email; you will need to come early for training on meet day 5pm or the day before at 5pm. Some events may be scratched if NO volunteers to run that event.

For more information please contact

• “Doc” Danny Colton coachdcolton@lgsuhd.org

• Coach Andre Chapman Jr. coachachpaman@lgsuhd.org

Due to the success of the first Meet—we will continue to host at Saratoga unless other sites become available.

Also – We are offering summer clinics and individual training. Please email one of the coaches above for more information