

hank lawson

From: "JIM & JULIE LHEUREUX" <jolheureux@aol.com>
To: "Koukoutsakis, Alex" <Alex_Koukoutsakis@fuhsd.org>; "Coach Armstrong" <coacha@prodigy.net>;
"doug costa" <costa_doug@yahoo.com>; "Mark Shields" <sylvmarks@yahoo.com>;
<adammiranda@rocketmail.com>; <lewislouie721@gmail.com>; <haltrack@hotmail.com>;
"Heypalermo" <heypalermo@aol.com>; <seanseley@gmail.com>; "Kenrick Sealy"
<kenricksealy80@hotmail.com>; <homestead.xc.tf@gmail.com>; <stephmack75@gmail.com>;
<drewrussert@gmail.com>; <kent@leadsportsusa.com>; "Danny" <paindoctor@aol.com>;
<bernie_ramos27@yahoo.com>; "Ronald Huynh" <rhuyh120@gmail.com>; "Darrin Garcia"
<dagarcia@scusd.net>; "Coach Yohaness" <coachyohaness@gmail.com>;
<coachmannucci@gmail.com>; <curtisliang@gmail.com>; "David Sciplin" <dasma360@gmail.com>;
"Jonathan Hubbs" <coachhubbs@gmail.com>; "Michael Davidson" <mdavidson@pausd.org>;
"JAMES LHEUREUX" <jolheureux@aol.com>; <kathytippetts@yahoo.com>;
<douglas.lisan@gmail.com>; "David Garza" <dgarza92@gmail.com>; <cjohansen@pausd.org>;
"Hank Lawson" <hanklawtrack@gmail.com>
Sent: Saturday, April 27, 2024 11:22 AM
Attach: 2024 SCVAL Qualifiers.xlsx
Subject: 2024 Qualifier List
Coaches:

Attached is the 2024 Qualifiers List. New this year is the list of relay members are included from the League Finals. If that is the correct names and order, then you only have to send in the alternates.

Please send in any Pole Vaulters and also 4x800 relays. Please estimate final times for your 4x8 relay and include the 4 members in order and up to 4 alternates.

You can send in scratches for both competitors and alternates. Send to Jonathan Hubbs and myself and also the coach of the next alternate.

Jonathan Hubbs will put the list on google docs so that you can see the scratches as the come in. If you alternate athlete gets in, confirm that they will compete. We will take scratches until Wednesday at 8pm. At the time, Hank will make the final program.

Once the program is created. We will handle late scratches by the following method:

If scratch is from slow heat, the next alternate will fill the spot.

If scratch is from fast heat, the fastest runner in the slow heat will move up to take the spot and their lane will be filled by the next alternate.

There is only 4 alternates, once they are all seeded, lanes will be left empty. Please don't request to add someone because of an open lane.

More information will be coming soon.

Julie

SCVAL Championship Meet - Santa Clara H_S_.txt

Coaches:

The 2024 SCVAL Championship Meet will be held at Santa Clara H.S. on Saturday, May 4. They are almost done with construction on the new visitor side bleachers. The job assignments are listed at the end of the email.

Field Officials should show up in the stadium at least 45 minutes before start time, 30 minutes before start time - they should start check in and warm ups. The first official throw for Shot Put and Discus should be at 9am. For the long jumps (boys and girls and the high jump, first official jumps should happen at 10am. Although we try to follow the same schedule for field events as CCS, due to discus being on the infield, the VB discus will go first. Hopefully they can complete the event by 11am so we can start the running events on time.

Please bring enough people to run your event. I will supply the measuring tapes, clipboard, pencil, field sheets, rules and alternate list. Turn judges are expected to be at their location the whole time until they are replaced with the second round of turn judges. I have flags for each area but not 1 for each judge.

There will be a snack bar.

I will send more information later in the week along with a schedule of events. Please forward this email to your assistant coaches.

Thanks.

Julie L'Heureux

Job assignments below:

SCVAL Championship Meet

a) Saturday, May 4

b) Hank Lawson should send DAL & ECL results at conclusion of ECL meet to Julie L'Heureux, Curtis Liang and Stephanie Mackenzie. They will determine Top 16. Remember: goal is to get best athletes to the meet.

c) Please send scratches by Wed., May 6 at 8:00pm to

Hank Lawson, Julie L'Heureux and Jonathan Hubbs, who will maintain a spreadsheet of entries and scratches.

d) Lane Assignments will be done Wed. Night, 8pm.

e) Location - Santa Clara, construction almost done.

f) Start Times: 9am Field, 10am Jumps, 11am for Running

g) Meet Director: Julie L'Heureux

h) Starter: Jeff Gallero

i) Jury of Appeals (3 + 2 alt.): Bernie Ramos (L), Kenrick Sealy (H), Jonathan Hubbs (Mt. V), alternates: Michael Davidson (PA) and Danny Colton (LG)

j) Job Assignments:

Timer: Hank Lawson

Results: Hank Lawson

SCVAL Championship Meet - Santa Clara H_S_.txt
Announcer: Alejandra Flores (F)

Field Event Result Checker: TBD (SC)

Clerk of Course: Margaret Demorest (SC), Janet S. (SC),

Starting Clerk: Curtis Liang (MV)

Finish Line: Curtis Liang (MV)

Block Crew: Los Altos (can LA bring their instrument to verify the shot and discus)

Implement weigh In: Milpitas

Events: experienced official for field events

Pole Vault: LG

Hurdles: Los Gatos

Shot: Homestead

Discus: Fremont

LJ/TJ Girls: Cupertino

HJ: MacDonald

LJ/TJ Boys: Lynbrook

Finish Line Judges:

Turn Judges:

1st half (400m relay - 100m) 7 judges - S-1,W-1,MV-1,PA-1, Mt.V-1,G-1,LA-1

2nd half (800m - 1600m relay) 7 judges - S-1,W-1,MV-1,PA-1, Mt.V-1,G-1,M-1

Snack Bar - SC