

SCVAL Championship Meet
 Saturday, May 4th, 2024 Santa Clara H.S.
 Preliminary Schedule

Running Events*:

11:00am VG 400 Meter Relay
 11:06am VB 400 Meter Relay
 11:12am VG 1600 Meters Run
 11:21am VB 1600 Meters Run
 11:32am VG 100 Meter Hurdles
 11:40am VB 110 High Hurdles
 11:46am VG 400 Meters
 11:52am VB 400 Meters
 11:58am VG 100 Meters
 12:04pm VB 100 Meters
 12:10pm VG 800 Meters
 12:20pm VB 800 Meters
 12:33pm VG 300M Hurdles
 12:40pm VB 300M Hurdles
 12:46pm VG 200 Meters
 12:52pm VB 200 Meters
 12:58pm VG 4x800 Meter Relay
 1:14pm VB 4x800 Meter Relay
 1:30pm VG 3200 Meters Run
 1:46pm VB 3200 Meters Run
 2:02pm VG 1600 Meter Relay
 2:14pm VB 1600 Meter Relay

Field Events:

8:30am Check in/Warm ups
 9:00am Boys Discus
 Girls Shot Put
 9:30am Check in/Warm ups
 10:00am Girls Long Jump
 Boys Long Jump
 Girls High Jump
 Co-ed Pole Vault
 10:30am Check-in/Warm ups**
 10:45am Boys Shot Put
 Girls Discus
 11:30am Check-in/Warm ups**
 12:00pm Girls Triple Jump
 Boys Triple Jump
 Boys High Jump

*If Boys' Discus is not over by 11am, Running Events will be delayed. We will not run more than 10 minutes ahead of schedule.

**Or immediately following completion of previous event

Field Throws Officials Meeting
 Field Jumps Officials Meeting
 Coaches Scratch Meeting
 Implement Weigh-ins for:

8:15am @ Clerks Tent
 9:15am @ Clerks Tent
 9:00am @ Clerks Tent
 9:00am events ~ 8:00-8:30am
 10:45am events ~ 10:00-10:30am