

# 2023 - 2024 TRACK AND FIELD SANTA CLARA VALLEY ATHLETIC LEAGUE DE ANZA DIVISION

6.15.23

TEAMS: Gunn, Homestead, Los Altos, Los Gatos, Lynbrook, Mtn. View, and Palo Alto.

### **Week of February 26**

Bye - Palo Alto  
Gunn @ Homestead  
Lynbrook @ Los Altos  
Mtn. View @ Los Gatos

### **Week of March 4**

Bye - Lynbrook  
Los Altos @ Gunn  
Palo Alto @ Los Gatos  
Homestead @ Mtn. View

### **Week of March 11**

Bye - Los Altos  
Gunn @ Mtn. View  
Los Gatos @ Lynbrook  
Palo Alto @ Homestead

### **Week of March 18**

Bye - Homestead  
Los Gatos @ Los Altos  
Lynbrook @ Gunn  
Mtn. View @ Palo Alto

### **Week of March 25**

Bye - Gunn  
Los Altos @ Mtn. View  
Homestead @ Los Gatos  
Palo Alto @ Lynbrook

### **Week of April 1**

Bye - Los Gatos  
Homestead @ Los Altos  
Mtn. View @ Lynbrook

### **Week of April 8**

Gunn @ Palo Alto  
Lynbrook @ Homestead

### **Week of April 15**

Bye - Mtn. View  
Los Gatos @ Gunn  
Los Altos @ Palo Alto

### **Wednesday, April 24**

De Anza League Trials  
@ Lynbrook  
3:00 Field / 3:30 Running

### **Friday, April 26**

De Anza League Finals  
@ Lynbrook  
3:00 Field / 3:30 Running

### **Saturday, May 4**

SCVAL Championship Meet  
@ Santa Clara  
4:30 Field / 5:30 Running

### **Saturday, May 11**

CCS Semifinal

### **Saturday, May 18**

CCS Finals

### **Friday, May 24 &**

### **Saturday, May 25**

CIF State Finals

*ALL MEETS SCHEDULED ON SPRING BREAK MUST BE CHANGED, TO A MUTUALLY AGREEABLE DATE, IF REQUESTED BY THE SCHOOL ON SPRING BREAK*

Meet Limit	14	<b>No team or athlete may compete in more than 14 meets</b>
Pre League Meeting	January	21 4:00 PM @ FUHSD District office
Start Practice	January	29
First Scrimmage Allowed	February	12
First Contest Allowed	February	19
Last SCVAL Event Allowed	May	4
Post League Meeting	May	6 Time TBA @FUHSD District Office
C.C.S Entries Due	May	7
CCS Semi-Finals	May	11
CCS Finals	May	18
CIF State Trials	May Friday	24
CIF State Finals	May Saturday	25
CCS Evaluation Meeting	May	26
Dual Meet Day	Determined By Home Team	
Starting Times:	Dual Meets	4:00 (*3:30 Pre-DST)
	Div. Trials/Finals	3:00 Field/ 3:30 Running SCVAL Chmp. 4:30 Field, 5:30 Running
Chairpersons:	DA- Stephanie MacKenzie (Los Altos) / EC- Julie L'Heureu (Santa Clara)	
A.D. Liaisons:	Curt Johansen (Gunn)	
SAN JOSE MERCURY NEWS	(408) 920-5354	FAX (408) 920-5244
C.C.S.	(408) 224-2994	FAX (408) 224-0476
SCVAL Web site	<a href="http://www.scval.com">www.scval.com</a>	SCORE 409-809-1952

# 2023 - 2024 TRACK AND FIELD SANTA CLARA VALLEY ATHLETIC LEAGUE EL CAMINO DIVISION

6.15.23

TEAMS: Cupertino, Fremont, Monta Vista , MacDonald, Milpitas, Santa Clara, Saratoga, and Wilcox.

### **Week of March 4**

MacDonald @ Wilcox  
Fremont @ Saratoga  
Cupertino @ Santa Clara  
Monta Vista @ Milpitas

### **Week of March 11**

Santa Clara @ MacDonald  
Milpitas @ Cupertino  
Saratoga @ Monta Vista  
Fremont @ Wilcox

### **Week of March 18**

MacDonald @ Milpitas  
Cupertino @ Saratoga  
Wilcox @ Monta Vista  
Santa Clara @ Fremont

### **Week of March 25**

Saratoga @ MacDonald  
Milpitas @ Fremont  
Wilcox @ Cupertino  
Monta Vista @ Santa Clara

### **Week of April 1**

Fremont @ MacDonald  
Cupertino @ Monta Vista  
Santa Clara @ Wilcox  
Saratoga @ Milpitas

### **Week of April 8**

MacDonald @ Monta Vista  
Fremont @ Cupertino  
Wilcox @ Saratoga\*\*  
Santa Clara @ Milpitas

### **Week of April 15**

MacDonald @ Cupertino  
Monta Vista @ Fremont  
Saratoga\*\* @ Santa Clara  
Milpitas @ Wilcox

### **Tuesday, April 23**

El Camino League Trials  
@ TBA  
3:00 Field / 3:30 Running

### **Thursday, April 25**

El Camino League Finals  
@ TBA  
3:00 Field / 3:30 Running

### **Saturday, May 4**

SCVAL Championship Meet  
at Santa Clara High School

### **Saturday, May 11**

CCS Semifinal

### **Saturday, May 18**

CCS Finals

### **Friday, May 24 &**

**Saturday, May 25**

CIF State Finals

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Start Practice	January	29
First Scrimmage Allowed	February	12
First Contest Allowed	February	19
Last SCVAL Event Allowed	May	4
Post League Meeting	May	6 Time TBA @ FUHSD District Office
C.C.S Entries Due	May	7
CCS Semi-Finals	May	11
CCS Finals	May	18
CIF State Trials	May Friday	24
CIF State Finals	May Saturday	25
Dual Meet Day	Determined By Home Team	
Starting Times:	Dual Meets 4:00 PM	*3:30PM Pre-DST
	Div. Trials/Finals 3:00 Field/ 3:30 Running	SCVAL Chmp. 4:30 Field, 5:30 Running
Chairpersons:	/ Julie L'Heureux-EC	
A.D. Liaisons:	Curt Johansen (Gunn)	
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