

## Postseason SCVAL Track Meeting Tues., May 14, 7:00pm SCHS

1) League Reps. – New EC Rep.?

2) League Championships

	De Anza League	El Camino League
VB	Los Altos	Milpitas
VG	Los Gatos	Monta Vista
JVB	Mt. View	Milpitas
JVG	Mt. View	Milpitas
Team	Certificates	

3) League Finals Evaluations

Host Schools – Lynbrook, Monta Vista

A) Feedback

Close the infield to athletes and coaches.

Can track & field events start at same time? Or 3:30 track start, 3:00 field. Motion failed.

4) Past and Future League Meets

League Meet Host School Host School

Past

Year	DeAnza	El Camino
2022	Palo Alto	Cupertino
2023	Gunn	Wilcox/SC
2024	Lynbrook	Monta Vista
2025	Homestead	SARATOGA*

\*SCVAL By-laws need updating

5) New Dates - League Meets – next year

A) El Camino – Wed., April 30 & Fri., May 2,

De Anza – Tues., April 29 & Thurs., May 1

B) Switch days ever year? Or stay the same each year

6) SCVAL Championship Meet 2024 Evaluation

Site: Santa Clara, Meet Director – Julie L'Heureux

A) Major Storm

7) SCVAL Championship Meet – May 10, 2025 (Saturday night)

Site – Los Gatos

Meet Director – Danny Colton

A) Change back to Friday? No

B) Change we determine the Qualifiers to CCS?

C) Motion made that we (SCVAL) ask CCS to move their end date from Sat to Mon. Passed.

8) League Realignment – 1<sup>st</sup> year of realignment , see chart

A) Does anyone want to move up?

Milpitas would like to move up to DAL.

9) League Schedules

- A) Curtis and I are willing to do it.
- B) League with 8 teams start dual the week of Feb. 24?  
League with 7 team start dual the week of March 3?

10) CCS Trials Meet Evaluations

- A) Relay Names – CCS is still having problems with our relay names
- B) Feedback

After I talk with McConnell to see what the issue is, Curtis and Hank will come up with a plan, fill the coaches in, so that there will no longer be an “issue” with SCVAL relay names.

11) CCS Finals – jobs

- A) Events 400m relay-110H Monta Vista, Los Altos  
400m-300H Fremont, Wilcox  
200m – 1600m relay Gunn, Palo Alto  
High Jump – Homestead  
Only Gunn has turned in names

B) Only the first shift should show up at the turn judge meeting. If someone from 2<sup>nd</sup> or 3<sup>rd</sup> shift shows up, do not take a badge.

12) By-Law Changes

- A) See Handouts

13) CCS: Trials May 17, 2025, Finals: May 24, 2025  
State Meet: May 30, 31

14) Other

15) Adjourn

Handouts

From Curtis Liang:

For slightly better grammar:

"During triangular and quadrangular meets when automatic timing is used, the first two heats will be scored."

should become:

"The first two heats are scored during triangular and quadrangular meets when automatic timing is used."

Here are a few topics I'd like to cover during our post-season coaches meeting:

## 1. Concerns About Timing and Clerking

Schools should appoint experienced clerks or knowledgeable coaches as clerks. Parent volunteers who are new to track meets should not be placed in this role. It's also the clerk's responsibility to provide instructions, not the starter's, as I've had numerous discussions with starters about this.

During divisional and league championships, I aim to be an impartial official. Please remind your assistant coaches that any disputes with my decisions should be handled through an official protest, and athletes should not approach me to express their frustrations.

## 2. Clarifications in By-laws

Please update the language in Article 2, Section 1, to confirm whether "fifteen" or "14" meets are intended. Although we know it's 14, the inconsistency in the by-laws is confusing.

## 3. By-law 3.1 Clarifications

I'd like to address the following issues with By-law 3.1:

- Teams have exceeded the 12-participant limit this year; I observed a school with 19 participants in the JV 100m and 17 in the JV 200m during a meet I timed.
- The current language in 3.1.2 implies that scoring is limited to the first heat, but it can be changed by mutual agreement. We need clarification on this point. I would like the language to read: "During triangular and quadrangular meets when automatic timing is used, the first two heats will be scored."

Here are the relevant by-law excerpts for reference:

- **3.1:** "In all races up to and including the 400-meter dash, each school shall be limited to 12 participants for each running event and gender level."
- **3.1.1:** "All scores should come from the first heat unless facilities limit participation to five or fewer."
- **3.1.2:** "Automatic timed winners can come from the first two heats in tri and quad meets."

## 4. Update to Article 7, Section 4

Please change "800 M Relay" to "3200 M Relay."

## 5. Designation of Scoring Athletes

Schools need to specify their five scoring athletes in events where there are more than five participants. As a timer and a coach, I've often seen confusion because this wasn't discussed in advance.

Here are the relevant by-law excerpts:

- **3.3:** "In all field events, each school shall be limited to five participants for each event."
- **3.3.1:** "May be changed by mutual agreement between the two schools."

## 6. Starting Heights for High Jump

By-law 3.3.3's guidelines for starting heights in the high jump are often ignored and not discussed by head coaches beforehand. This needs to be addressed to ensure consistency.

## 7. SCVAL Championship Rescheduling

We should have the flexibility to reschedule the SCVAL Championship meet due to severe weather. High winds and heavy rain are hazardous for jumpers and hurdles. We also had many starting gun misfires and electronic equipment malfunctions. A forecast of heavy rain ( $\geq 0.1$  in/hr) should be a valid reason for rescheduling.

## 8. Consideration of a New Championship Structure

Here's an idea completely for discussion, not proposition: Should we consider changing the structure from Divisional Championship followed by League Championship to a Trials/Finals format?

### Potential benefits:

- It would allow for a more accurate top 16 with a trials and finals structure.
- We could hold the 4x800m on the trials day, as PAL did.
- Weather and location could affect the results.

### Potential drawbacks:

- It might require separate days for JV Championships, but we could also do a morning/evening mix with Varsity Championships.
- It will impact how we currently handle realignment.

### From Jonathan Hubbs:

Bylaw change proposals:

6.2.1. Change to the following: The top 16 marks from the De Anza and El Camino division meets will advance to the SCVAL Championship Meet. These marks can come from either the trials or finals, whichever is better. However, the qualifying athletes will be seeded by their marks in the division finals only.

Rationale: this helps ensure that we get the best 16 to the SCVAL Championships. There are too many examples of athletes in the top 16 who do not qualify because of the "protection" rules created as a result of the way the bylaw is currently worded.

5.1.1. Change to the following: Schools will be allowed more than three entrants in an individual varsity boys, varsity girls, JV boys, or JV girls event if all of their entrants have one of the best **sixteen** marks of the entrants in that event between the De Anza and El Camino divisions.

Rationale: since we are advancing 16 to the SCVAL championships, this change makes sense. Why keep an athlete out of an event if they have a good shot at qualifying?

6.2.3. Change to the following: An alternate list for each event of the **17th-24th** best competitors, as determined in section 2.1, will be used to replace scratched athletes. If a scratched athlete is tied for 16th place, he/she will not be replaced. If there is a tie between replacement alternates, all tied replacement alternates will be allowed to compete in the SCVAL Championship Meet.

Rationale: We had a lot of scratches this year. We want all spots filled.

Go with 8 alternates instead of 4 from the varsity division. Passed 12-3.

Re-alignment: add a by-laws to allow discussion on if a team "has" to move up or down.

From Hal Daner:

Agenda item: 1. Do we have to run our best athlete varsity before you can enter a J.V.

2. Can we have F/S boys instead of J.V. (F/S only)

3. Add top JVG or F/S athletes to the alternate list for SCVAL qualifier

is we have an open lane or spot.

Motion to fill open lanes with any JV athlete that is the 9th or 10th mark. Failed 10-1 with 2 abstain.

VARSDITY BOYS 2024

	Place
Los Altos	1
Mountain View	2
Palo Alto	3
Los Gatos	4
Lynbrook	5
Homestead	6
Gunn	7

VARSDITY BOYS 2024

	Place
Milpitas	1
Monta Vista	2
Wilcox	3
Fremont	4
Santa Clara	5
Cupertino	6
MacDonald	7
Saratoga	7

VARSDITY GIRLS

	Place
Los Gatos	1
Mountain View	2
Los Altos	3
Lynbrook	4
Gunn	5
Palo Alto	6
Homestead	7

VARSDITY GIRLS

	Place
Monta Vista	1
Fremont	2
Santa Clara	3
Saratoga	3
Milpitas	5
Cupertino	6
Wilcox	7
MacDonald	8

JV BOYS

	Place
Mountain View	1
Lynbrook	2
Gunn	3
Los Altos	3
Homestead	5
Los Gatos	6
Palo Alto	7

JV BOYS

	Place
Milpitas	1
Santa Clara	2
Monta Vista	3
Saratoga	4
Fremont	5
MacDonald	6
Cupertino	7
Wilcox	8

JV GIRLS

	Place
Mountain View	1
Gunn	2
Los Altos	2
Palo Alto	4
Los Gatos	5
Homestead	6
Lynbrook	7

JV GIRLS

	Place
Milpitas	1
MacDonald	2
Wilcox	3
Monta Vista	4
Santa Clara	5
Fremont	6
Saratoga	7
Cupertino	8

## 2024-2025 SCVAL Track & Field De Anza League Realignment Points

SCHOOL	2024 Points*	2024 Place	2025 Points*	2025 Place	'24 +'25 Points	PLACE
Gunn	14	4	0	-	14	4
Homestead	8	7	0	-	8	7
Los Altos	22	2	0	-	22	2
Los Gatos	16	3	0	-	16	3
Lynbrook	14	4	0	-	14	4
Mountain View	26	1	0	-	26	1
Palo Alto	12	6	0	-	12	6

\* Sum of the Realignment Points of the 4 teams (VB,VG,JVB,JVG) for the respective year.

### REALIGNMENT STANDINGS

PLACE	SCHOOL	POINTS
1	<b>Mountain View</b>	<b>26</b>
2	Los Altos	22
3	Los Gatos	16
4	Gunn	14
4	Lynbrook	14
6	Palo Alto	12
7	<b>Homestead</b>	<b>8</b>

Last place DAL team relegates to ECL in 2026

VARSITY BOYS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Gunn	7	1	7	1	2	7	1	-	0	-	0	0	-	0
Homestead	6	2	6	2	4	6	2	-	0	-	0	0	-	0
Los Altos	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Los Gatos	5	3	2	6	9	4	4	-	0	-	0	0	-	0
Lynbrook	4	4	5	3	7	5	3	-	0	-	0	0	-	0
Mountain View	2	5.5	3	5	10.5	2	6	-	0	-	0	0	-	0
Palo Alto	2	5.5	4	4	9.5	3	5	-	0	-	0	0	-	0

VARSITY GIRLS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Gunn	4	3.5	6	2	5.5	5	3	-	0	-	0	0	-	0
Homestead	6	2	7	1	3	7	1	-	0	-	0	0	-	0
Los Altos	3	5	2	6	11	3	5	-	0	-	0	0	-	0
Los Gatos	2	6	1	7	13	1	7	-	0	-	0	0	-	0
Lynbrook	4	3.5	5	3	6.5	4	4	-	0	-	0	0	-	0
Mountain View	1	7	3	5	12	2	6	-	0	-	0	0	-	0
Palo Alto	7	1	4	4	5	6	2	-	0	-	0	0	-	0

JV BOYS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Gunn	4	4	3	5	9	3	4.5	-	0	-	0	0	-	0
Homestead	3	5	5	3	8	5	3	-	0	-	0	0	-	0
Los Altos	5	3	2	6	9	3	4.5	-	0	-	0	0	-	0
Los Gatos	6	2	6	2	4	6	2	-	0	-	0	0	-	0
Lynbrook	2	6	4	4	10	2	6	-	0	-	0	0	-	0
Mountain View	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Palo Alto	7	1	7	1	2	7	1	-	0	-	0	0	-	0

JV GIRLS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Gunn	1	6	3	5	11	2	5.5	-	0	-	0	0	-	0
Homestead	5	3	6	2	5	6	2	-	0	-	0	0	-	0
Los Altos	4	4	1	7	11	2	5.5	-	0	-	0	0	-	0
Los Gatos	6	2	4	4	6	5	3	-	0	-	0	0	-	0
Lynbrook	7	1	7	1	2	7	1	-	0	-	0	0	-	0
Mountain View	1	6	2	6	12	1	7	-	0	-	0	0	-	0
Palo Alto	1	6	5	3	9	4	4	-	0	-	0	0	-	0

## 2024-2025 SCVAL Track & Field El Camino League Realignment Points

SCHOOL	2024 Points*	2024 Place	2025 Points*	2025 Place	'24 +'25 Points	PLACE
Cupertino	9	8	0	-	9	8
Fremont	19	4	0	-	19	4
MacDonald	12.5	7	0	-	12.5	7
Milpitas	28	1	0	-	28	1
Monta Vista	26	2	0	-	26	2
Santa Clara	20.5	3	0	-	20.5	3
Saratoga	14	6	0	-	14	6
Wilcox	15	5	0	-	15	5

\* Sum of the Realignment Points of the 4 teams (VB,VG,JVB,JVG) for the respective year.

### REALIGNMENT STANDINGS

PLACE	SCHOOL	POINTS
1	<b>Milpitas</b>	<b>28</b>
2	Monta Vista	26
3	Santa Clara	20.5
4	Fremont	19
5	Wilcox	15
6	Saratoga	14
7	MacDonald	12.5
8	Cupertino	9

1st place ECL team promotes to DAL in 2026

VARSITY BOYS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Cupertino	5	3.5	6	3	6.5	6	3	-	0	-	0	0	-	0
Fremont	2	7	5	4	11	4	5	-	0	-	0	0	-	0
MacDonald	8	1	7	2	3	7	1.5	-	0	-	0	0	-	0
Milpitas	1	8	1	8	16	1	8	-	0	-	0	0	-	0
Monta Vista	3	5.5	2	7	12.5	2	7	-	0	-	0	0	-	0
Santa Clara	5	3.5	4	5	8.5	5	4	-	0	-	0	0	-	0
Saratoga	7	2	8	1	3	7	1.5	-	0	-	0	0	-	0
Wilcox	3	5.5	3	6	11.5	3	6	-	0	-	0	0	-	0
VARSITY GIRLS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Cupertino	6	3	5	4	7	6	3	-	0	-	0	0	-	0
Fremont	1	8	4	5	13	2	7	-	0	-	0	0	-	0
MacDonald	8	1	8	1	2	8	1	-	0	-	0	0	-	0
Milpitas	3	6	6	3	9	5	4	-	0	-	0	0	-	0
Monta Vista	2	7	1	8	15	1	8	-	0	-	0	0	-	0
Santa Clara	4	5	3	6	11	3	5.5	-	0	-	0	0	-	0
Saratoga	5	4	2	7	11	3	5.5	-	0	-	0	0	-	0
Wilcox	7	2	7	2	4	7	2	-	0	-	0	0	-	0
JV BOYS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Cupertino	6	3	7	2	5	7	2	-	0	-	0	0	-	0
Fremont	7	2	3	6	8	5	4	-	0	-	0	0	-	0
MacDonald	5	4	6	3	7	6	3	-	0	-	0	0	-	0
Milpitas	1	8	2	7	15	1	8	-	0	-	0	0	-	0
Monta Vista	2	6	4	5	11	3	6	-	0	-	0	0	-	0
Santa Clara	2	6	1	8	14	2	7	-	0	-	0	0	-	0
Saratoga	2	6	5	4	10	4	5	-	0	-	0	0	-	0
Wilcox	8	1	8	1	2	8	1	-	0	-	0	0	-	0
JV GIRLS	2024							2025						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realign-ment Points
Cupertino	7	2	8	1	3	8	1	-	0	-	0	0	-	0
Fremont	8	1	3	6	7	6	3	-	0	-	0	0	-	0
MacDonald	2	7	2	7	14	2	7	-	0	-	0	0	-	0
Milpitas	1	8	1	8	16	1	8	-	0	-	0	0	-	0
Monta Vista	3	6	6	2.5	8.5	4	5	-	0	-	0	0	-	0
Santa Clara	4	4	5	4	8	5	4	-	0	-	0	0	-	0
Saratoga	4	4	6	2.5	6.5	7	2	-	0	-	0	0	-	0
Wilcox	4	4	4	5	9	3	6	-	0	-	0	0	-	0