

2024 Willow Glen Invitational Track Schedule

EVENT	ORDER	START
4x100	FSG, FSB, VG, VB	9:00
1600	FSG, FSB, VG, VB	9:30
100M HH	FSG, VG	11:45
110M HH	VB	
65M HH	FSB	
4x800	VG	12:30
	VB	
400	FSG, FSB, VG, VB	12:45
LUNCH		
100	FSG, FSB, VG, VB	2:00
800	FSG, FSB, VG, VB	3:30
300 Hurdles	FSG, VG, FSB, VB	4:45
3200	FSG/VG *combined	5:30
	FSB	
200	FSG, FSB, VG, VB	6:00
3200	VB	7:00
4x400	FSG, FSB, VG, VB	7:20