



# CENTRAL COAST SECTION TRACK & FIELD



Organizational Meeting  
January 16, 2025, 6:00 pm

Join Zoom Meeting

<https://us02web.zoom.us/j/81052244792?pwd=YaCwIjZbyXUJAnbaPduRDEGhy0lf5X.1>

Meeting ID: 810 5224 4792

Passcode: 083831

Or Dial by your location

• +1 669 900 6833 US (San Jose)

## I. Welcome & Introductions

- A. Roll of League Representatives
- B. Guests

## II. Review of Tournament Guide Dates

- A. 2025 Important Dates:
  - Practice start date: Monday, February 3
  - 1<sup>st</sup> scrimmage date: Monday, February 17
  - 1<sup>st</sup> contest date: Monday, February 24
  - Last contest date: Saturday, May 10
  - CCS Entries due: Tuesday, May 13
- B. Meets:
  - *Semifinals*: Saturday, May 17 @ Gilroy HS
  - *Finals*: Saturday, May 24 @ Gilroy HS
- C. State Meet Dates:
  - *Semifinals*: Friday, May 30 @ Buchanan HS
  - *Finals*: Saturday, May 31 @ Buchanan HS
- D. Evaluation Meeting: Tuesday, June 3, 4 pm (via zoom)

## III. CCS Meet

- A. [Participating School Sheet](#)
- B. [Review Bylaws & 2024 Committee Report](#)
  - [League Entries](#)
  - League responsibilities-meet officials
  - 4x800 (update)
  - Unified events (update):
  - [CCS At-large times](#)
- C. [Meet/ time schedule](#) (discussion item)
  - Semifinals: Field events: 10:00 am; Track events: 11:00 am
  - Finals: Field events: 3:00 pm; Running events: 4:45 pm
- D. Admission
  - Coaches sign-in
  - Admission for Coaches/Athletes
  - Spectators (GoFan)

- E. Other Items
- Check-in
  - Head coach sign-in
  - Coaches accompanying athletes
  - Warm-up area
  - Clerk of the Course
  - Field Event Officials check-in
  - Award Procedure for finals
  - Participation Certificates
  - CCS online store/Team orders
  - Programs online
  - Other items of concern

IV. Additional information

A. [Sanctioned invitational meets](#)

- Implement certification
- Wind gauges
- Horizontal Jumping Pits – commentary/guidelines
- Coaches accompanying athletes
- CCS/CIF Passes
- Officials –PA thank yous and promos

B. League meet schedule & hosts

C. NFHS Rules

- [NFHS Rule changes](#)
  - [Rule change poster](#)
- [Track & Field Point of Emphasis](#)
- [NFHS Comments on the Rules](#)
- [NFHS Uniform Rules](#)

D. [NFHS/USATF Track and Field Meet Notes](#)

*The NFHS has released the 2024 Track and Field Pre-Meet Notes, a web-based, preseason publication. The NFHS Track and Field Rules Committee has identified a strong need for training and educational materials for track and field officials and the many volunteers who work our interscholastic meets. This publication is designed to cover the rules for both coaches and officials.*

E. 2025-26

- Practice start date: Monday, February 2
- 1<sup>st</sup> scrimmage date: Monday, February 16
- 1<sup>st</sup> contest date: Monday, February 23
- Last contest date: Saturday, May 9
- CCS Semifinals: Saturday, May 16
- CCS Finals: Saturday, May 24
- CIF State Meet: Friday & Saturday, May 29 & 30

V. Adjournment