

# Watsonville High School/Pajaro Valley High School

## Winter Time Trials 2025

Friday, Feb 28th

Coaches,

Watsonville High School would like to invite you to the Winter Time Trials to be held this year at [Pajaro Valley High School](#). Our facilities at Watsonville HS are being repaired so PVHS has graciously stepped up to help us host. This meet offers you the opportunity to get early season times and marks for upcoming invitationals. Normally we have this meet on the last Saturday of February, but this year we needed to move it to Friday (next year back to Saturday.)

This meet is dedicated to Coach Lloyd "Bud" Winter who was one of the most influential track coaches America has ever known. He was the renowned coach of "Speed City" San Jose State University and coached the 1964 United States Olympic Track and Field team that competed in Rome. He began his coaching career assisting Emmett Geiser at Watsonville Union High School where he met his wife and moved on to bigger and greater things. Some of his Hall of Fame athletes included Harold Davis, Lee Evans, John Carlos, and Tommy Smith.

Pajaro Valley High School is an all-weather facility. We are using **FinishLynx timing system** for all races.

Entries will be on Athletic.net website where you can enter your athletes before the meet. If you cannot do so, please do not fear, as we can accommodate your athletes on meet day.

Entry Information:

<https://www.athletic.net/TrackAndField/meet/571409/info>

Fees: Entry fees are \$3.00 per event/per athlete and \$6.00 per relay team (team max \$400)

Make Checks Payable to: **WHS Athletics/Track and Field**

# Winter Time Trials

## Event/Time Schedule

Est. Time	Level	Event
3:00	VG/FSG	400m Relay
3:05	VB/FSB	400m Relay
3:10	VG/FSG	1600m
3:20	VB/FSB	1600m
3:25	VG	400m
3:30	VB	400m
3:35	FSG	400m (may combine w/VG)
3:40	FSB	400m (may combine w/VB)
4:00	VG/FSG	100m HH
4:10	VB	110m HH
4:20	FSB	65m HH
4:30	VG	100m
4:45	VB	100m
4:00	FSG	100m
4:10	FSB	100m
5:40	VG/FSG	800m
5:45	VB/FSB	800m
5:55	VG/FSG	300m LH
6:05	VB/ FSB	300m IH
6:15	VG/FS	Distance Medley Relay
6:35	VB/FS	Distance Medley Relay (May combine)
7:00	VG/FSG	1600m Relay
7:10	VB/FSB	1600m Relay

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### Field Events:

Time	Level	Event
2:30	VG/FSG	High Jump
4:00	FSB, VB	High Jump
2:30	ALL	Discus (Boys followed by Girls)
2:30	ALL	Shot Put (Girls followed by Boys)
2:30	ALL	Long Jump (Girls followed by Boys))
2:30	ALL	Triple Jump (Boys followed by Girls)
3:00	ALL	Pole Vault (open pit w/ low starting height)

**\*Time Schedule is approximate so please arrive early for your events. We will attempt to finish the meet early.**