

Watsonville High School/Pajaro Valley High School

Young Guns Freshman Frenzy 2025

Saturday, March 8th, 2025

Coaches,

Watsonville High School/Pajaro Valley High School would like to invite you to the 1st annual Young Guns Freshman Frenzy Track and Field Meet dedicated solely to 9th graders only. This meet will be held at [Pajaro Valley High School](#). This meet offers you the opportunity to see how your Young Guns/Freshman compete against the best in their age group.

Only Freshman Track and Field Athletes can participate in this meet.

Pajaro Valley High School is an all-weather facility. We are using **FinishLynx timing system** for all races.

Entries will be on Athletic.net website where you can enter your athletes before the meet. If you cannot do so, please do not fear, as we can accommodate your athletes on meet day.

Entry Information:

<https://www.athletic.net/TrackAndField/meet/572016/info>

Fees: Entry fees are \$3.00 per event/per athlete and \$6.00 per relay team (team max \$400)

Make Checks Payable to: **WHS Athletics/Track and Field**

Young Guns Freshman Frenzy

Event/Time Schedule

Est. Time	Level	Event
10:30	Girls	400m Relay
10:55	Boys	400m Relay
10:40	Girls	1600m
10:50	Boys	1600m
11:00	Girls	100m HH
11:10	Boys	110m IH (36")
11:20	Girls	400m
11:30	Boys	400m
11:40	Girls	100m
12:00	Boys	100m
12:20	Girls	800m
12:30	Boys	800m
12:50	Girls	300m LH
1:00	Boys	300m IH
1:15	Girls	200m
1:25	Boys	200m
1:35	Girls	3200m
1:55	Boys	3200m
2:10	Girls	1600m Relay
2:20	Boys	1600m Relay

Field Events:

Time	Level	Event
9:30	Girls	High Jump
11:00	Boys	High Jump
9:30	Boys	Discus
11:00	Girls	Discus
9:30	Girls	Shot Put
11:00	Boys	Shot Put
9:30	Boys	Triple Jump
10:30	Girls	Triple Jump
11:30	Boys	Long Jump
12:30	Girls	Long Jump
10:00	ALL	Pole Vault (open pit w/ low starting height)

***Time Schedule is approximate so please arrive early for your events. We will attempt to finish the meet early.**