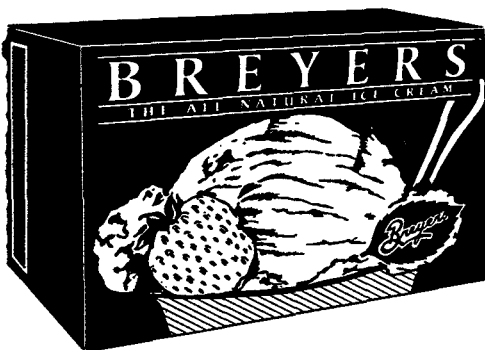
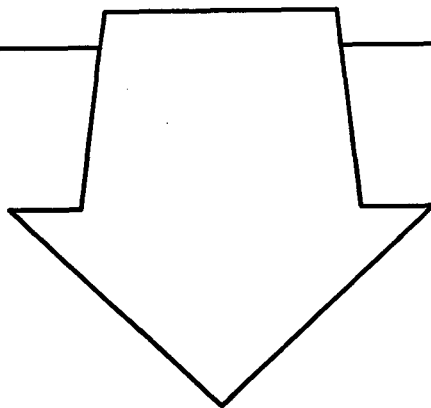


9TH ANNUAL

MID-ATLANTIC

CORPORATE

RELAYS



**Saturday
June 6, 1992
Montgomery College
Rockville, Maryland**

PowerBar[®]
ATHLETIC ENERGY FOOD

Fuel for Optimum Performance[®]

C/O IBM
Cost Proposal Operations
6705 Rockledge Drive 8th Flr West
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(301)564-2392 FAX 564-7883
July 8, 1992

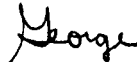
MEMORANDUM TO: Team Captains
SUBJECT: Results
REFERENCE: 9th Mid-Atlantic Corporate Relays

You will find enclosed a set of the results. There will be a few administrative changes for next year that will improve the turn around on the results. I hope the delay has not caused to many problems. I wish to extend my thanks to you and your runners for taking a part in this annual event. Each of you are the key to the success of the meet.

I am open to any comments which you may have or you can have your runners to submit their comments. There is a story attached which I have written and feel free to make copies and distribute it to your runners. I will be sending it to a few publications.

I trust that each of your runners enjoyed the activities and will be looking forward to 1993. If there are any new leads for other companies please have them to contact me. The more teams we have the lower the cost.

Once again, my thanks. Safe running.



George R. Banker
Team Captain/ IBM

NEWPORT NEWS SHIPBUILDING RESTORES TEAM TITLE

The dominance of Newport News Shipbuilding (TENNECO) was last seen at the fourth (1987) Mid-Atlantic Corporate Relays. The team has records on the books dating back to 1986. Team Westinghouse launched an assault to dethrone the powerful TENNECO team for 1988, 1990 and 1991. Team TENNECO wanted to clean clocks and in so doing the two teams have three wins each.

The **9th Mid-Atlantic Corporate Relays** was contested at Montgomery College in Rockville, Md on Saturday, June 6, 1992 under warm and sunny skies. The Montgomery County Road Runners Club kept the participants on track. The twelve (12) teams came out for fun and friendly competition to challenge other companies on the track and in the field events. The individual efforts had to be matched with the total team.

The day's activities started with the Women's 5K (track) where defending champion Janet Healy (General Electric) was going for a repeat performance. The effort outmatched last years results (18:04) as a record of 17:58 was set. The team title was taken by Westinghouse (M. Pope, D. Siegel, and I. Vaughn). The first female master was Mareen Pope (Westinghouse) with 20:14 (fifth overall).

In an attempt to dominate the Men's 5K (track) event Westinghouse had Stephen Egolf who in prior years managed to place in the top five runners. This year it was Egolf's turn to cross first with 15:47. The team title was captured by Westinghouse (Egolf, S. Fowler, B. Denangone, M. Ascenzi and D. Swindler). The first master was Stephen Fowler (Westinghouse) with 17:13 (ninth overall).

In a showing of dominance Newport News Shipbuilding tied an event (3 Lap Sprint, 200, 200, 400 and 400 meters) which a record of 2:31 was set in 1986. Westinghouse was second with 2:40.

There was a contest between newcomer Cigna and Westinghouse in the Men's Mile Team event (two runners each doing a mile). The pace was pushed by Westinghouse, team captain Jim Clelland to a 4:26:03 while Cigna's Bill Mariski captured 4:26:35. The key was the second finisher for each team as Cigna proved the stronger by one second, 4:36:40 to Westinghouse 4:37:57. The fastest time in this event belongs to Farley Simon (U.S. Marine Corp.) with 4:19:80 (1991).

The Master's Relay (800, 400 and 800 meters) saw the 1991 mark of 5:30 fall by one second to 5:29. Westinghouse is the owner of both.

The hottest event proved to be the Sprint Relay (200, 200, 400, 400, 200 and 200 meters with one master and minimum two females). Newport News Shipbuilding stacked a winning to clip a 3:31 which was three seconds off the record (3:28) the team set in 1986.

In the field events, the team shot put was captured by General Electric with Joseph Johns in the lead with 45' 2 1/4". The second place team was Newport News Shipbuilding and third was Logistic Management Institute. Newport News Shipbuilding dominated the high jump and long jump as James Turnstall captured 21' 4 3/4" (long jump) and 6'6" (high jump). The second place team was General Electric followed by Westinghouse in third place.

The participants kept their fuel levels up with Gatorade and Power Bars but by the end of the event the sun took its toll. The participants had the opportunity to feast on Breyers frozen yogurt, what a cool down. The yearly support from the Bethesda Marriott was appreciated along with Runner's World magazine.

Some of the teams had their eyes set on the U.S. Corporate Athletics Association (USCAA) National meet set for July 11-12th at U.C. at Irvine.

The 10th Mid-Atlantic Corporate Relays next year may be a tie breaker for teams Newport News Shipbuilding and Westinghouse or will another team advance to the throne.

9th ANNUAL MID-ATLANTIC CORPORATE RELAYS
SATURDAY JUNE 6, 1992
MONTGOMERY COLLEGE, ROCKVILLE, MARYLAND

OVERALL RANKINGS	POINTS
1 Newport News Shipbuilding (TENNECO)	662
2 Potomac Power Electric Company (PEPCO)	626
3 Westinghouse	625
4 American Management Systems (AMS)	577
5 Logistic Management Institute (LMI)	532
6 General Electric (GE)	521
7 U.S. Army ISS/SDCW	473
8 IBM Corporation	383
9 Cigna	335
10 IIT Research Institute	257
11 Children's Hospital	207
12 U.S. Army ISSC (Team 2)	81
13 Children's Hospital (Team 2)	68
14 American Management Systems (Team 2)	51
15 Westinghouse (Team 2)	38
16 GTE Spacenet	35
17 U.S. Army ISSC (Team 3)	29

***** MID-ATLANTIC CORPORATE RELAYS *****

-- CURRENT POINT TOTALS --

(UNOFFICIAL)

TEAM NAME	TOTAL	EVENT SCORES															
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
American Management Sys.	577	41	34	33	32	38	32	45	34	36	32	50	31	34	31	36	38
AMS (Team 2)	51					31	20										
Children's Hospital	207				35		35				36		34			35	32
Children's Hosp. (Team 2)	68						33				35						
Cigna	335			41		41	34		50	50			50		34	35	
General Electric	521		41	38	36	50	36		35	33	38		38	45	36	50	45
GE (Team 2)	0																
GTE Spacenet	35			35													
IBM Corporation	383	36		34	33	34	41		33	35	30		35		38		34
IIT Research Institute	257				31		31	38	31		31				32	31	32
US Army ISSC/SDCW	473		35	31	34	33	30		32	34	33	45	32	33	30	38	33
US Army ISSC (Team 2)	81						21		30				30				
US Army ISSC (Team 3)	29								29								
Logistic Management Inst.	532		38	32	38	32	29	35	38	38	34	41	33	35	33	41	35
Potomac Electric Power	626	45	36	36	41	36	38	41	41	41	50	38	36	36	41	34	36
Tenneco	662	38	45	45	50	35	50	50	36	45	41		41	41	50	45	50
Tenneco (Team 2)	0																
Westinghouse	625	50	50	50	45	45	45	36	45		45		45	50	45	33	41
Westinghouse (Team 2)	38													38			

MID-ATLANTIC CORPORATE RELAYS -- EVENT RANK SUMMARY
(UNOFFICIAL)

AM NAME	TEAM RANKING BY EVENT															
	EVENT															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
American Management Sys.	3	7	8	9	4	9	2	7	5	9	1	10	7	10	5	4
AMS (Team 2)					10	14										
Children's Hospital				6		6				5		7		6	9	
Children's Hosp. (Team 2)						8				6						
Cigna			3		3	7		1	1			1		7	6	
General Electric		3	4	5	1	5		6	8	4		4	2	5	1	2
GE (Team 2)																
GTE Spacenet			6													
IBM Corporation	5		7	8	7	3		8	6	11		6		4		7
IIT Research Institute				10		10	4	10		10				9	10	9
US Army ISSC/SDCW		6	10	7	8	11		9	7	8	2	9	8	11	4	8
US Army ISSC (Team 2)						13		11				11				
US Army ISSC (Team 3)								12								
Logistic Management Inst.		4	9	4	9	12	6	4	4	7	3	8	6	8	3	6
Potomac Electric Power	2	5	5	3	5	4	3	3	3	1	4	5	5	3	7	5
Tenneco	4	2	2	1	6	1	1	5	2	3		3	3	1	2	1
Tenneco (Team 2)																
Westinghouse	1	1	1	2	2	2	5	2		2		2	1	2	8	3
Westinghouse (Team 2)													4			

MID-ATLANTIC CORPORATE RELAYS - 9TH
 WINNING TIMES FOR 1992

	TIME	TEAM	
Women's 5K Track	17:58	GE (Janet Healy)	
Men's 5K Track	15:47	Westinghouse (Stephen Egolf)	
Distance Relay	27:01	Westinghouse	
Women's 800 Meter Team Race	5:00	General Electric	
Pyramid Relay	9:46	Cigna	
3 Lap Sprint	2:31	Newport News Shipbuilding	
Men's Mile Team Race	9:03	Cigna	
Women's Relay	4:51	Cigna	
President's Relay	10:45	American Management Systems	
Master's Relay	5:29	Westinghouse	
Executive Relay	19:44	Newport News Shipbuilding	
Sprint Relay	3:31	Newport News Shipbuilding	
Sub-Master's Distance	11:45	Newport News Shipbuilding	
Sub-Master's Sprint	3:59	Pepco	
Top Three Team By Points	1.	Newport News Shipbuilding	662
	2.	Pepco	626
	3.	Westinghouse	625

MID-ATLANTIC CORPORATE RELAYS

MEET RECORDS 1983 - 1992

EVENT	TIME	TEAM	YEAR
WOMEN'S OPEN 5K ROAD	17:35	TENNECO (Lorraine Hochella)	1988+
MASTER	19:55	IBM (Sharon Hamilton-Dolan)	1990+
MEN'S OPEN 10K	31:46	PEPCO	1986
OPEN 10K	33:00	USMC HENDERSON HALL	1990+
MASTER	35:30	USMC HENDERSON HALL	1990+
WOMEN'S OPEN 5K TRACK	17:58	GE (Janet Healy)	1992**
MASTER	19:41	IBM (Sharon Hamilton-Dolan)	1991**
MEN'S OPEN 5K TRACK	15:09	USMC HENDERSON HALL (F. Simon)	91**
MASTER	16:42	GE (David King)	1991**
DISTANCE RELAY *	25:45	WESTINGHOUSE	1988
WOMEN'S 800 METER TEAM RACE	4:58	WESTINGHOUSE	1990
PYRAMID RELAY	9:26	WESTINGHOUSE	1988
3 LAP SPRINT	2:31	TENNECO	1986
MEN'S MILE TEAM RACE	8:43	WESTINGHOUSE	1986
WOMEN'S RELAY	4:38	TENNECO	1986
PRESIDENT'S RELAY	8:56	USMC HENDERSON HALL	1990
MASTER'S RELAY	5:29	WESTINGHOUSE	1992
EXECUTIVE RELAY	18:55	DuPONT	1989
SPRINT RELAY	3:28	TENNECO	1986
SUB-MASTER'S DISTANCE	11:16	WESTINGHOUSE	1988
SUB-MASTER'S SPRINT	3:52	TENNECO	1990

* Last leg changed in 1988 from 400 meters to 1600 meters.

+ New course at Gallaudet University (1987-1990)

** 5K held on track at Montgomery College, Rockville, Maryland

Mid-Atlantic Corporate Relays

Montgomery College
 Rockville, Maryland
 Saturday, June 6, 1992

Women's Results

PLACE	DIV/TOT	NAME	AG CITY	ST TEAM	TIME	PACE
1	1/7	HEALY, JANET	30 FAIRFAX STAT	VA GENERAL ELECTRIC	17:58	5:47
2	2/7	GAYDOS, LAURA	31 SILVER SPRIN	MD GENERAL ELECTRIC	18:27	5:56
3	1/6	GAYLORD, MARY	28 ALEXANDRIA	VA AMERICAN MANAGEMENT SYSTEMS	18:34	5:59
4	3/7	GRILLO, JEANNE	31	AMERICAN MANAGEMENT SYSTEMS	18:51	6:04
5	1/3	POPE, MAREEN	40 LEVEL GREEN	PA WESTINGHOUSE	20:14	6:31
6	2/3	SIEGEL, DIANNE	42 MONROEVILLE	PA WESTINGHOUSE	20:24	6:34
7	4/7	ROGERS, BETTY	33 ROCKVILLE	MD POTOMAC ELECTRIC POWER (PEPCO)	20:49	6:42
8	5/7	CONLIN, ANN	32 ARLINGTON	VA AMERICAN MANAGEMENT SYSTEMS	20:54	6:44
9	2/6	VAUGHAN, INGRID	29 COLUMBIA	MD WESTINGHOUSE	21:30	6:55
10	1/2	GURDIAN, REBONDA	38 GAITHERSBURG	MD POTOMAC ELECTRIC POWER (PEPCO)	21:51	7:02
11	3/6	POULOS, LORI	29 MCLEAN	VA IBM CORPORATION	21:54	7:03
12	6/7	REVESMAN, CYNTHIA	31 HERNDON	VA POTOMAC ELECTRIC POWER (PEPCO)	22:28	7:14
13	7/7	MARINO, LORI	31 ANNAPOLIS	MD ISSC/SDCW	22:47	7:20
14	4/6	LEE, SANDY	28 MANASSAS	VA IBM CORPORATION	23:26	7:33
15	1/2	STEWART, DIANE	24 GAITHERSBURG	MD POTOMAC ELECTRIC POWER (PEPCO)	23:31	7:34
16	1/2	TAYLOR, JUDY	45 TABB	VA NEWPORT NEWS SHIPBUILDING	23:39	7:37
17	3/3	CHUYKA, KAREN	41 NEWPORT NEWS	VA NEWPORT NEWS SHIPBUILDING	23:47	7:39
18	2/2	CARR, COURTNEY	22 WASHINGTON	DC AMERICAN MANAGEMENT SYSTEMS	24:47	7:59
19	5/6	VESSEY, KAREN	28 WOODBRIDGE	VA AMERICAN MANAGEMENT SYSTEMS	25:27	8:11
20	2/2	FORETICH, DIANE	36 NEWPORT NEWS	VA NEWPORT NEWS SHIPBUILDING	26:37	8:34
21	2/2	SIMPLICIO-DORN, LIND	45 GAITHERSBURG	MD IBM CORPORATION	29:00	9:20
	6/6	KUDLA, LAURIE	27 MANASSAS	VA IBM CORPORATION	29:09	9:23

Mid-Atlantic Corporate Relays

Montgomery College
Rockville, Maryland
Saturday, June 6, 1992

Men's Results

PLACE	DIV/TOT	NAME	AG CITY	ST TEAM	TIME	PACE
1	1/8	EGOLF, STEPHEN	29 GLEN BURNIE	MD WESTINGHOUSE	15:47	5:05
2	1/7	KIRK, PETER	35 SILVER SPRIN	MD GENERAL ELECTRIC	16:05	5:11
3	2/8	GOODMAN, ROBERT	29 WOODBRIDGE	VA GENERAL ELECTRIC	16:10	5:12
4	1/10	DOYLE, TOM	31 RESTON	VA IBM CORPORATION	16:30	5:19
5	3/8	CRAMER, DAVID	29 ALEXANDRIA	VA POTOMAC ELECTRIC POWER (PEPCO)	16:48	5:24
6	2/7	ASCENZI, MICHAEL	35 PITTSBURGH	PA WESTINGHOUSE	16:51	5:25
7	2/10	SHOEMAKER, RICHARD I	33 NEWPORT NEWS	VA NEWPORT NEWS SHIPBUILDING	17:00	5:28
8	4/8	DENMARK, ROBERT	26 FAIRFAX	VA ISSC/SDCW	17:11	5:32
9	1/7	FOWLER, STEPHEN	40 MURRYSVILLE	PA WESTINGHOUSE	17:13	5:32
10	3/10	POULOS, TED	30 MCLEAN	VA IBM CORPORATION	17:24	5:36
11	2/7	WIND, JAY JOCOB	42 ARLINGTON	VA AMERICAN MANAGEMENT SYSTEMS	17:27	5:37
12	3/7	WG, JOHN	42 SILVER SPRIN	MD POTOMAC ELECTRIC POWER (PEPCO)	17:37	5:40
13	4/10	HERSEY, IAN	30 KENSINGTON	MD IBM CORPORATION	17:42	5:42
14	3/7	KEICHER, EARL	39 ANNAPOLIS	MD POTOMAC ELECTRIC POWER (PEPCO)	17:51	5:45
15	5/10	OSBORNE, WILLIAM	33 FAIRFAX	VA ISSC/SDCW	18:08	5:50
16	6/10	LAREDO, DAN	30 ARLINGTON	VA AMERICAN MANAGEMENT SYSTEMS	18:18	5:53
17	4/7	UNDERWOOD, JAMES	40 NEWPORT NEWS	VA NEWPORT NEWS SHIPBUILDING	18:19	5:54
18	1/6	DENANGONE, BARRY	45 BLAIRSVILLE	PA WESTINGHOUSE	18:27	5:56
19	2/6	WETHERINGTON, JAMES	45 HAMPTON	VA NEWPORT NEWS SHIPBUILDING	18:27	5:56
20	4/7	LEROUX, VERNON	37 N. POTOMAC	MD IBM CORPORATION	18:40	6:00
21	5/7	MCDONALD, TIMOTHY	40 ARLINGTON	VA POTOMAC ELECTRIC POWER (PEPCO)	18:46	6:02
	1/3	WORLEY, EDGAR	23 HAMPTON	VA NEWPORT NEWS SHIPBUILDING	18:46	6:02
23	5/8	WATERS, CRAIG	29 MCLEAN	VA LMI	18:52	6:04
24	7/10	PARGAS, GENE	30 ANNANDALE	VA AMERICAN MANAGEMENT SYSTEMS	19:03	6:08
25	6/8	BARKER, MICHAEL	29 FT BELVOIR	VA ISSC/SDCW	19:17	6:12
26	3/6	SWINDLER, DONALD	47 PASADENA	MD WESTINGHOUSE	19:21	6:14
27	1/2	DICKERSON, LAWRENCE	60 BURKE	VA GENERAL ELECTRIC	19:50	6:23
28	5/7	MARTIN, RICHARD	35 CENTERVILLE	VA ISSC/SDCW	19:20	6:13
29	2/3	MAIUZZO, TONY	24 QUEENSTOWN	MD ISSC/SDCW	20:30	6:36
30	7/8	GIBBS, ANDREW	25 ARLINGTON	VA AMERICAN MANAGEMENT SYSTEMS	20:41	6:39
31	4/6	COOPER, WALTER	45 ?	LMI	20:45	6:41
32	1/3	KEENAN, JAMES	54 ?	LMI	20:49	6:42
33	6/7	FRANK, DONALD	36 ADELPHI	MD LMI	20:50	6:42
34	7/7	WHITE, CURTIS	37 FT BELVOIR	VA ISSC/SDCW	21:00	6:46
35	2/3	SPENCER, RICHARD	50 SMITTFIELD	VA NEWPORT NEWS SHIPBUILDING	21:06	6:47
36	8/10	LABOVICH, GARY	32 ALEXANDRIA	VA AMERICAN MANAGEMENT SYSTEMS	21:09	6:48
37	6/7	VERA, MANUEL	43 SILVER SPRIN	MD POTOMAC ELECTRIC POWER (PEPCO)	21:22	6:53
38	5/6	FORD, JAMES	45 WOODBRIDGE	VA ISSC/SDCW	21:29	6:55
39	9/10	VAN MEYER, THOMAS	30 SPRINGFIELD	VA ISSC/SDCW	22:05	7:06
40	2/2	MENDOLA, PATRICK	61 NEWPORT NEWS	VA NEWPORT NEWS SHIPBUILDING	22:06	7:07
41	6/6	FREY, PHILIP	48 WILMINGTON	DE GENERAL ELECTRIC	22:30	7:15
42	8/8	MILANO, WILLIAM	26 FAIRFAX	VA AMERICAN MANAGEMENT SYSTEMS	22:44	7:19
43	3/3	OSBORNE, DENITT	51 ?	LMI	22:59	7:24
44	10/10	MORRISON, JAMES	30 ANNAPOLIS	MD ISSC/SDCW	23:05	7:26
45	7/7	GADBRAW, MICHAEL	44 WASHINGTON	DC GENERAL ELECTRIC	24:53	8:01
46	3/3	KOKKINIS, ANDREAS	23 ANNANDALE	VA AMERICAN MANAGEMENT SYSTEMS	26:12	8:26