

# CU Invite Medal Worksheet

Event #	Event	Team Medals			INDIVIDUAL MEDALS					
		1st	2nd	3rd	4th	1st	2nd	3rd	4th	5th
		Gold	Silver	Bronze	Bronze	Gold	Silver	Bronze	Bronze	Bronze
1	BFS 4 x mile	4	4	4	4	-	-	-	-	-
2	GFS 4 x mile	4	4	4	4	-	-	-	-	-
3	GV 4 x mile	4	4	4	4	-	-	-	-	-
4	BFS 4 x 100	4	4	4	4	-	-	-	-	-
5	GFS 4 x 100	4	4	4	4	-	-	-	-	-
6	GV 4 x 100	4	4	4	4	-	-	-	-	-
7	BFS 4 x HH	4	4	4	4	-	-	-	-	-
8	GFS 4 x HH	4	4	4	4	-	-	-	-	-
9	GV 4 x HH	4	4	4	4	-	-	-	-	-
10	BFS 4 x 220	4	4	4	4	-	-	-	-	-
11	GFS 4 x 220	4	4	4	4	-	-	-	-	-
12	GV 4 x 220	4	4	4	4	-	-	-	-	-
13	BFS 4 x 880	4	4	4	4	-	-	-	-	-
14	GFS 4 x 880	4	4	4	4	-	-	-	-	-
15	GV 4 x 880	4	4	4	4	-	-	-	-	-
16	BFS Open 100	-	-	-	-	1	1	1	1	1
17	GFS Open 100	-	-	-	-	1	1	1	1	1
18	GV Open 100	-	-	-	-	1	1	1	1	1
19	BFS Open Mile	-	-	-	-	1	1	1	1	1
20	GFS Open Mile	-	-	-	-	1	1	1	1	1
21	GV Open Mile	-	-	-	-	1	1	1	1	1
22	BFS 4 x 440	4	4	4	4	-	-	-	-	-
23	GFS 4 x 440	4	4	4	4	-	-	-	-	-
24	GV 4 x 440	4	4	4	4	-	-	-	-	-
25	GV HJ	3	3	3	3	1	1	1	1	1
26	GFS HJ	3	3	3	3	1	1	1	1	1
27	BFS HJ	3	3	3	3	1	1	1	1	1
28	GFS LJ	3	3	3	3	1	1	1	1	1
29	GV LJ	3	3	3	3	1	1	1	1	1
30	BFS TJ	3	3	3	3	1	1	1	1	1
31	BFS SP	3	3	3	3	1	1	1	1	1
32	GV SP	3	3	3	3	1	1	1	1	1
33	GFS SP	3	3	3	3	1	1	1	1	1
34	GV Discus	3	3	3	3	1	1	1	1	1
35	GFS Discus	3	3	3	3	1	1	1	1	1
36	BFS Discus	3	3	3	3	1	1	1	1	1
37	GFS PV	3	3	3	3	1	1	1	1	1
38	GV PV	3	3	3	3	1	1	1	1	1
39	BFS PV	3	3	3	3	1	1	1	1	1
		117	117	117	117	21	21	21	21	21
	Total Gold	138	150							
	Total Silver	138	150							
	Total Bronze	297	325							
	Total Medals	573	625							

625  
 x 1.99  
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 500.25  
 500.00  
 62.5  
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 187.25  
 shipping  
 UPS 82.00  
 (263.25)  
 order #  
 87658

1263.15  
 82  
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 1161.25

↑ need  
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 1325  
 + 75<sup>00</sup> SHIPPING  
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 1325

# 1999 Castro Valley Invitational

## Coaches' Info:

1. Welcome to the 1999 Castro Valley Trojan Invitational Relays!
2. GV & GFS 4 x mile will be combined.
3. Remember that GV and GFS compete in the LONG JUMP only; BFS will TRIPLE JUMP only.
4. You may add, and substitute, entries at the bullpen.
5. All shot putters will use Castro Valley implements.
6. Please use the trash bag in your packet to help police your team area. Thanks.
7. You should find two (2) tickets attached. These are good for coaches' hospitality at the snack bar. Each ticket is worth one food item and one beverage.
8. All sprint relays are ACCUTRAK'd. All relay events are timed finals.
9. Field events are relays -- however, individuals may compete also.
10. The center of the field has been aerated, fertilized, seeded, and watered to look good for graduation. Please instruct your athletes to stay out of the center of the field.
11. Results will be posted by the restrooms.
12. Medals and trophies will be available in the press booth after the competition.
13. Thanks for coming to the Castro Valley Invitational, and be sure to schedule us for 2000.

