

Castro Valley High School

**T**ROJAN

**I**NVITATIONAL

**R**ELAYS

Friday, April 23, 1999  
Trojan Stadium

*Meet Program*

# 1999 Trojan Invitational Relays

Castro Valley High School

Trojan Stadium

Friday, April 23, 1999

**Welcome** to the Trojan Relays! This is a continuation of the long-running DeKlotz Relays that were held at Las Lomas High School from 1973-1989. The DeKlotz Relays were initially established to showcase girls-only competition. In 1985, Frosh-Soph boys' competition was added, and in 1996 Frosh-Soph Girls became a part of the program. In the spirit of the original philosophy, the Trojan Relays continue to emphasize girls' competition in a relay format. By permission of the DeKlotz Relays director, Linda Sawyer, all of the DeKlotz records have been forwarded and are now a continuing part of the Trojan Relays.

**Awards:**

- Medals to the top four (4) teams in each track relay
- Medals to the top four (4) teams in each field relay
- Medals to the top five (5) individuals in each open race
- Medals to the top five (5) individuals in each field event

- Trophies to the top three (3) teams in Girls' Varsity
- Trophies to the top three (3) teams in Girls' Frosh-Soph
- Trophies to the top three (3) teams in Boys' Frosh-Soph

**Scoring:** 10-8-6-4-2 in the relays  
6-4-3-2-1 in the open races  
("B," "C," "D" teams score as well)

## Logistics:

- Bathrooms** are at the southwest end of the track.
- The **snack bar** is next to the scoreboard.
- The **press booth** is on the west side of the track.
- The **trainer** is located by the restrooms.
- The **bullpen** is on the straightaway just east of the snack bar.
- Results** will be posted next to the bathrooms.
- T-shirts** will be for sale for \$10 next to the snack bar.
- Awards** will be available after the meet in the Press Booth.
- Tent City** and the athlete's Hooverville is on the grass behind the scoreboard.

**Scratches and substitutions** will be done at the bullpen. Please have your athletes report well in advance. Calls for each event will be announced over the public address system.

Good luck today!  
Peter Brewer  
Meet Director

**1999 Teams Competing:**

Alameda

Amador Valley

Analy

Benicia

Castro Valley

Dublin

Granada

Hayward

Las Lomas

Mendocino

Mt. Eden

Newark-Memorial

Oakland

Petaluma

Redwood Christian

Richmond

Tennyson

Washington (Fremont)

# Previous Team Champions:

## Girls' Varsity:

1998	Castro Valley
1997	Castro Valley
1996	Castro Valley
1995	Castro Valley
1994	Castro Valley
1990-93	meet not held
1989	Ygnacio Valley
1988	rained out
1987	Acalanes
1986	Acalanes
1985	Acalanes
1984	Acalanes
1983	Campolindo
1982	no meet held
1981	Castro Valley
1980	Acalanes
1979	Acalanes
1978	Northgate
1977	Livermore
1976	Berkeley
1975	Berkeley
1974	no team records available
1973	no team records available

## Boys' Frosh-Soph:

1998	Benicia
1997	Benicia
1996	Las Lomas
1995	Castro Valley
1994	Alhambra
1990-93	meet not held
1989	Ygnacio Valley
1988	rained out
1987	Acalanes
1986	Ygnacio Valley
1985	Las Lomas

## Girls' Frosh-Soph:

1998	Castro Valley
1997	St. Mary's
1996	St. Mary's

## SCHEDULE OF EVENTS

### **TRACK EVENTS**

(first event starts at 3:30)

1. BFS 4 x MILE
2. GFS 4 X MILE (run with GV 4 x Mile)
3. GV 4 X MILE (run with GFS 4 x Mile)
4. BFS 4 X 100
5. GFS 4 X 100
6. GV 4 X 100
7. BFS SHUTTLE HURDLES 39"
8. GFS SHUTTLE HURDLES 33"
9. GV SHUTTLE HURDLES 33"
10. BFS 4 X 220
11. GFS 4 X 220
12. GV 4 X 220
13. BFS 4 X 880
14. GFS 4 X 880
15. GV 4 X 880
16. BFS OPEN 100
17. GFS OPEN 100
18. GV OPEN 100
19. BFS DEVIL-TAKE-THE-HINDMOST MILE
20. GFS DEVIL-TAKE-THE-HINDMOST MILE
21. GV DEVIL-TAKE-THE-HINDMOST MILE
22. BFS 4 X 440
23. GFS 4 X 440
24. GV 4 X 440

### **FIELD EVENTS**

25. GV HIGH JUMP (PIT A) 4:00 PM
26. GFS HIGH JUMP (PIT A) AFTER GV
27. BFS HIGH JUMP (PIT B) 4:00 PM
28. GFS LONG JUMP 4:00 PM
29. GV LONG JUMP AFTER GFS
30. BFS TRIPLE JUMP AFTER GV
31. BFS SHOT PUT (RING A) 4:00 PM
32. GV SHOT PUT (RING A) AFTER BFS
33. GFS SHOT PUT (RING B) 4:00 PM
34. GV DISCUS 4:00 PM
35. GFS DISCUS AFTER GV
36. BFS DISCUS AFTER GFS
37. GFS POLE VAULT 4:00 PM
38. GV POLE VAULT WITH GFS
39. BFS POLE VAULT AFTER GV

# 4 x MILE

Best wishes from the Castro Valley distance runners -- run hard!

## EVENT 1 BOYS' FROSH-SOPH 4 x MILE

Lane	Name & School	Entry Mark
<u>Heat 1</u>		
1	Castro Valley "A"	19:40
2	Alameda "A"	20:20
3	Benicia	21:00
4	Castro Valley "B"	21:30
5	Las Lomas	22:00
6	Alameda "B"	n.t.
7	Amador Valley	n.t.
8	Analy	n.t.
9	Granada	n.t.
10	Hayward "A"	n.t.
11	Hayward "B"	n.t.
12	Petaluma	n.t.

## EVENT 2 GIRLS' FROSH-SOPH 4 x MILE

Lane	Name & School	Entry Mark
<u>Heat 1</u>		
1	Castro Valley "A"	23:45
2	Las Lomas	25:00
3	Castro Valley "B"	27:30
4	Amador Valley "A"	n.t.
5	Amador Valley "B"	n.t.
6	Analy	n.t.
7	Granada	n.t.
8	Hayward	n.t.
9	Newark-Memorial	n.t.

## EVENT 3 GIRLS' VARSITY 4 x MILE

Lane	Name & School	Entry Mark
<u>Heat 1</u>		
1	Castro Valley	23:30
2	Alameda	26:15
3	Dublin	n.t.
4	Petaluma	n.t.
5		
6		
7		
8		

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### Previous Winners:

#### 4 X MILE

##### Varsity Girls:

1998	23:29.0	Alhambra	Loper-Riley, Neu, Gliatto, Johnson
1997	23:17.9	Castro Valley	Marquez, Schmidt, Ewing, Weisman
1996	23:29.1	Mission San Jose	Hotchkiss, Bailey, Rutledge, Mecochea
1995	23:25.6	Lowell	Lucero, Chou, Huang, Hua
1994	24:11.9	Castro Valley	J. Ewing, Wong, Lim, Shin

##### Frosh-Soph Boys:

1998	21:38.0	Benicia	DeJulio, Thomas, Housman, Murphy
1997	20:23.6	Mission San Jose	Strom, Golden, Kirsher, Baird
1996	20:18.9	Mission San Jose	Stepan, Stevens, Chapman, Freeman
1995	20:36.2	Castro Valley	D. Dulaney, Boruta, Patterson, Baria
1994	19:57.8	DeLaSalle	George, Click, Sanchez, Hintz

##### Frosh-Soph Girls:

1998	23:50.0	Castro Valley	Simmons, Stewart, Grooms, McGrettle
1997	25:45.1	Castro Valley	Stower, Ponce, Robles, Groome
1996	24:22.6	Acalanes	Judy, Barbera, Powers, Bostjanich

# 4 x 100 sponsored by Bigham Taylor Roofing Corp.

## EVENT 4 BOYS' FROSH-SOPH 4 X 100

**Lane Name & School Entry Mark**

### Heat 1

1	Analy "B"	n.t.
2	Las Lomas	50.2
3	Hayward "C"	49.1
4	Richmond	45.9
5	Castro Valley "B"	48.8
6	Alameda "C"	50.2
7	Washington	n.t.

### Heat 2

1	Analy "B"	n.t.
2	Redwood Christian	50.6
3	Newark-Memorial	49.1
4	Castro Valley "A"	46.1
5	Oakland	47.2
6	Hayward "D"	49.8
7	Dublin	n.t.

### Heat 3

1	Amador Valley "B"	n.t.
2	Castro Valley "D"	51.0
3	Alameda "B"	49.2
4	Hayward "A"	46.6
5	Benicia	47.2
6	Granada "A"	49.7
7	Granada "B"	n.t.

### Heat 4

1	Amador Valley "A"	n.t.
2	Granada "B"	51.7
3	Castro Valley "C"	49.5
4	Alameda "A"	46.9
5	Hayward "B"	47.2
6	Petaluma	49.7
7		

## EVENT 5 GIRLS' FROSH-SOPH 4 X 100

**Lane Name & School Entry Mark**

### Heat 1

1	Analy "A"	n.t.
2	Alameda "B"	57.3
3	Newark-Memorial "A"	54.0
4	Granada "A"	57.1
5	Hayward "C"	58.0
6		
7		

### Heat 2

1	Amador Valley	n.t.
2	Analy "B"	n.t.
3	Las Lomas "A"	57.5
4	Alameda "A"	54.2
5	Castro Valley "B"	57.0
6	Granada "B"	58.1
7		

### Heat 3

1	Petaluma	n.t.
2	Benicia	n.t.
3	Alameda "D"	1:02.0
4	Castro Valley "A"	54.5
5	Richmond	55.0
6	Hayward "B"	57.8
7		

### Heat 4

1	Washington	n.t.
2	Las Lomas "B"	59.1
3	Castro Valley "C"	59.1
4	Hayward "A"	55.0
5	Newark-Memorial "B"	55.0
6	Alameda "C"	59.6
7		

## EVENT 6 GIRLS' VARSITY 4 X 100

**Lane Name & School Entry Mark**

### Heat 1

1		
2	Dublin	n.t.
3	Tennyson "A"	54.1
4	Newark-Memorial	51.4
5	Castro Valley	53.3
6	Redwood Christian	n.t.
7		

### Heat 2

1		
2	Mendocino	n.t.
3	Tennyson "B"	59.7
4	Petaluma	51.4
5	Las Lomas	52.8
6	Hayward	n.t.
7		

### Previous Winners:

#### 4 X 100

#### Varsity Girls:

1998	53.31	Castro Valley	Randall, Bailey, Medrano, McDonald
1997	50.54	Mission San Jose	Fong, O'Conner, McGraw, Smith
1996	51.60	Fremont (Oakland)	Ashworth, Lewis, McCarter, Thomas
1995	53.5	Washington	Snow, Afencio, Ghodoussi, Obligation
1994	52.3	Oakland Tech	Henderson, Hammock Smith, Beverly
1990-93		meet not held	
1989	51.6	Holy Names	Tanner, Alexander, Taylor, Gross
1988		rained out	
1987	50.9	Acalanes	Kolmer, Kostulos, Peterson, Ravazza
1986	51.4	Monte Vista	Crew, Roos, Hansen, Forshee
1985	51.6	Presentation	Wells, Hines, McNair, Ford
1984	50.6	Clayton Valley	Flemings, Bames, Carr, Masae
1983	52.6	Campolindo	Lundberg, Schuh, Muesser, Sasser
1982		rained out	
1981	50.8	Alhambra	Hansenim, Hookins, Swicegood, Suitsos
1980	51.0	Miramonte	Bevan, Stakey, Davis, Binsacca
1979	49.2	Northgate	Fleming, Peters, Warfield, Relero
1978	51.8	Miramonte	Bevan, Blakey, Binsacca, Langjan
1977	50.6	El Cerrito	Young, Hawthorne, Blackburn, Hawthorne
1976	50.8	Berkeley	Cobbs, Ronbinson, Burgess, Knight
1975	49.7	Berkeley	Nickson, Robinson, Burgess, Knight
1974		no records	
1973	49.9	Berkeley	White, Staneford, Byfield, Nickson

#### Frosh-Soph Boys:

1998	47.09	Benecia	Randolph, Frisco, Chavez, Hampton
1997	45.90	St. Mary's	no names available
1996	46.61	Acalanes	Liang, Engledinger, Anderson, Brilliant
1995	47.0	Washington	Burns, John, Zellers, Dean
1994	47.4	Alhambra	Hodgkinson, Thompson, Linsey, Yeager
1989	46.5	Benicia	Liston, Zimmer, Baylor, Schefemon
1988		rained out	
1987	46.4	Ygnacio Valley	Aaron, Van Buren, Robinson, Premo
1986	44.7	Ygnacio Valley	Van Buren, Eleazar, Barry, King
1985	47.0	DeAnza	Christoff, DeLuz, Hampton, Baker
1984	47.3	Las Lomas	Krugar, DePietro, Rivera, Herbert

#### Frosh-Soph Girls:

1998	54.89	Hayward	Lee, Holleman, Morris, McConnell
1997	51.01	St. Mary's	no names available
1996	52.52	St. Mary's	English, Accoe, Ransom, Shepherd



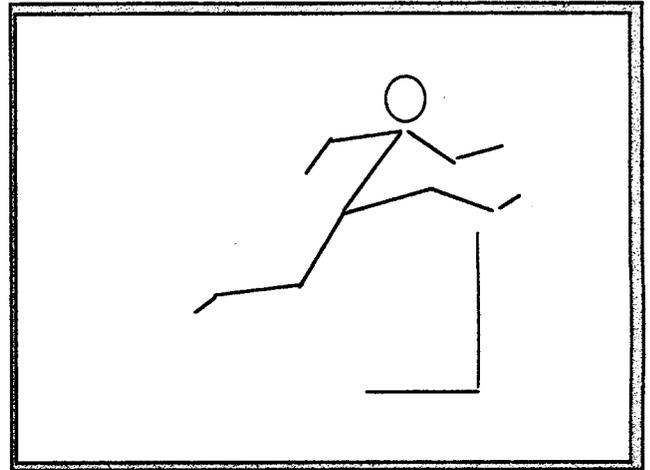
**BIGHAM TAYLOR ROOFING CORP.**

# 4 x Shuttle Hurdles

sponsored by paper Runners Co.

## EVENT 7 BOYS' F/S 4 X 70 YD HURDLES

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1 & 2		
3 & 4	Castro Valley "B"	50
5 & 6	Benicia	41
7 & 8	Washington	n.t.
<b>Heat 2</b>		
1 & 2		
3 & 4	Dublin	n.t.
5 & 6	Newark-Memorial	42.6
7 & 8	Oakland	n.t.
<b>Heat 3</b>		
1 & 2		
3 & 4	Hayward	n.t.
5 & 6	Castro Valley "A"	44.5
7 & 8	Las Lomas	n.t.



## EVENT 8 GIRLS' F/S 4 X 65 YD HURDLES

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1 & 2		
3 & 4	Alameda	n.t.
5 & 6	Mt Eden	n.t.
7 & 8	Newark-Memorial "A"	n.t.
<b>Heat 2</b>		
1 & 2		
3 & 4	Amador Valley	n.t.
5 & 6	Las Lomas	n.t.
7 & 8	Newark-Memorial "B"	n.t.
<b>Heat 3</b>		
1 & 2		
3 & 4	Analy	n.t.
5 & 6	Hayward	n.t.
7 & 8	Castro Valley	n.t.

## EVENT 9 GIRLS' VAR 4 X 65 YD HURDLES

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1 & 2	Petaluma	n.t.
3 & 4	Castro Valley	n.t.
5 & 6	Newark-Memorial	n.t.
7 & 8	Tennyson	n.t.

### Previous Winners:

#### SHUTTLE HURDLES

##### Varsity Girls:

1998	41.48	Benicia	Sugg, DeJulio, Galvan, Cowling
1997	40.2	Mission San Jose	McGraw, Fong, O'Conner, Luk
1996	41.5	Mission San Jose	Fong, Mei, McGraw, Smith
1995	44.2	American	Ruen, Jager, Pelarz, Cameron
1994	43.4	Las Lomas	Fortier, Uzzel, Baron, Hozapoulos
<b>Before 1994, the hurdles were 30" in height. After 1994, they were raised to 33".</b>			
1990-93	no meet		
1989	39.2	Ygnacio Valley	Patel, Hanf, Tobel, Bofing
1988	rained out		
1987	41.7	Las Lomas	Myers, Greensmith, Scott, Miller
1986	41.1	Presentation	Rucher, Kahlon, McNair, Lawson
1985	40.0	Las Lomas	Stone, Myers, Goeller, Maynard
1984	39.3	Campolindo	Thomas, Warren, Johnson, Kimer
1983	41.9	Encinal	Wong, Gee, Chui, Cantos
1982	meet not held		
1981	41.9	Carondelet	Glynn, Achuleta, Zulaica, Fourmet
1980	38.9	Acalanes	M. VanZeeland, K. VanZeeland, Dunkleberg, Meinbress
1979	38.6	Acalanes	VanZeeland, Dunkleberg, Meinbress, Upshaw
1978	37.7	Acalanes	Meinbress, Upshaw, Gross, Favors
1977	39.5	Livermore	Newell, Ng, Calhoun, Mochior
1976	41.7	Berkeley	Burgess, Robinson, Ross, Cobb
<b>Prior to 1976, the hurdles were an individual event:</b>			
1975 (80 yard)	11.3	K. Burgess	Berkeley
1974 (80 yard)	12.8	Roberta Bruder	Pleasant Hill
1973 (70 yard)	11.2	Roberta Bruder	Pleasant Hill

##### Fresh-Soph Boys:

1998	40.51	Benicia	J. Santana, Patterson, C. Santana, Layton
1997	44.1	Benicia	DeWitt, Layton, Maurer, Rovo
1996	39.6	St. Mary's	Nero, Gozzano, Cann, Natale
1995	44.1	Castro Valley	Fung, Aguayo, Paik, Ciglar
1994	44.2	Castro Valley	Amiri, Fung, Kim, Moore
1990-93	no meet		
1989	42.2	Acalanes	Habibullah, Wilson, Chales, Sicotte
1988	rained out		
1987	41.1	DeAnza	Hunt, Wiggins, Westbrood, Senior
1986	40.6	Ygnacio Valley	King, Cochual, Rice, McDowell
1985	43.7	Las Lomas	Nelson, Luna, Morse, Johnson
1984	40.9	Miramonte	Aldridge, Pope, Brown, Cameron
<b>Fresh-Soph Girls:</b>			
1998	45.10	Foothill	names not available
1997	44.2	Castro Valley	Mertz, Gallagher, Ponce, Wong
1996	43.6	Armijo	names not available

# 4 x 220

Best wishes from Direct Sales

## EVENT 10 BOYS' FROSH-SOPH 4 X 220

Lane	name & school	entry mark
Heat 1		
1	Redwood Christian	n.t.
2	Amador Valley	n.t.
3	Newark-Memorial	1:43.5
4	Benicia	1:36.0
5	Oakland	1:42.0
6	Alameda "C"	1:45.0
7	Petaluma	n.t.
Heat 2		
1	Washington	n.t.
2	Analy "A"	n.t.
3	Castro Valley "B"	1:45.5
4	Richmond	1:38.0
5	Alameda "B"	1:39.5
6	Granada "B"	1:55.0
7	Hayward "B"	n.t.
Heat 3		
1	Hayward "A"	n.t.
2	Analy "B"	n.t.
3	Las Lomas	1:45.8
4	Alameda "A"	1:39.2
5	Castro Valley "A"	1:40.0
6	Granada "A"	1:48.0
7	Granada "C"	n.t.

## EVENT 11 GIRLS' FROSH-SOPH 4 X 220

Lane	name & school	entry mark
Heat 1		
1	Hayward "B"	n.t.
2	Alameda "B"	2:05
3	Granada	2:01.2
4	Benicia	1:48.0
5	Richmond	1:59.0
6	Castro Valley "C"	2:10.0
7	Amador Valley	n.t.
Heat 2		
1	Granada "B"	n.t.
2	Alameda "C"	2:15.0
3	Castro Valley "B"	2:02.0
4	Newark-Memorial	1:52.0
5	Las Lomas "A"	1:58.0
6	Analy "B"	n.t.
7	Washington	n.t.
Heat 3		
1	Newark-Memorial "B"	n.t.
2	Analy "A"	n.t.
3	Castro Valley "A"	1:55.0
4	Alameda "B"	1:58.2
5	Las Lomas "B"	2:06.0
6	Hayward "A"	n.t.
7	Petaluma	n.t.

### Alternate

Granada "C" n.t.

## EVENT 12 GIRLS' VARSITY 4 X 220

Lane	name & school	entry mark
Heat 1		
1		
2	Dublin	n.t.
3	Hayward	n.t.
4	Newark/Memorial	1:47
5	Analy	n.t.
6	Tennyson	n.t.
7		
Heat 2		
1		
2	Mendocino	n.t.
3	Petaluma	n.t.
4	Las Lomas	1:48
5	Castro Valley	1:53
6	Redwood Christian	n.t.
7		

### Previous Winners

#### 4 X 220

##### Varsity Girls:

1998	1:54.34	Castro Valley	Tobia, Petterson, Medrano, Bailey
1997	1:48.02	Fremont (Oakland)	Ashworth, Wallace, Thomas, McCarter
1996	1:49.66	Fremont (Oakland)	Ashworth, Lewis, McCarter, Thomas
1995	1:56.9	Washington	Snow, Afencio, Ghodoussi, Obligacion
1994	1:52.4	Oakland Tech	Henderson, Hammock, Beverly Smith
1990-93 no meet held			
1989	1:50.1	Holy Names	Tanner, Alexander, Gross, Taylor
1988	rained out		
1987	1:49.4	Alhambra	Cline, Taylor, Corbyn, McLaughlin
1986	1:49.8	Monte Vista	Crew, Voss, Hanson, Forshee
1985	1:49.7	Presentation	Hines, Ford, Wells, McNair
1984	1:49.3	Miramonte	Chapman, Hess, Moss, Maxworthy
1983	1:49.8	Miramonte	no names available
1982	meet not held		
1981	1:49.7	Carondelet	Fournet, Zulaica, Jackson, Banchemo
1980	1:48.2	Acalanes	Gruhler, Meinbress, Morgan, Hansen
1979	1:45.3	Northgate	Fleming, Peters, Warfield, Peters
1978	1:50.0	Northgate	Peters, Fleming, Warfield, Cassidy
1977	1:51.0	Piedmont	Cheek, Oustermann, McDevitt, Martell
1976	1:50.4	Las Lomas	DiMaggio, Sharpe, Warren, Sweetman
1975	1:47.2	Berkeley	Robinson, Murray, Rose, Nickson
1974	no records		
1973	1:50.3	Berkeley	Ray, Henderson, Steneford, Nickson

##### Frosh-Soph Boys:

1998	1:39.91	Benicia	Randolph, Frisco, Chavez, Hampton
1997	1:35.08	Richmond	Lee, Meneses, Jolivet, Chui
1996	1:37.34	Acalanes	Bostjanich, Brilliant, Engledinger, Anderson
1995	1:40.4	Castro Valley	Chan, Henig, Bailey, Abramenko
1994	1:41.1	Alhambra	Yeager, Thompson, Lopez, Lindsay
1990-93 no meet held			
1989	1:38.0	Alhambra	Williams, Scott, Baggerly, Micaneh
1988	rained out		
1987	1:36.7	DeAnza	Hunt, Armst, Senior, Rivera
1986	1:34.2	Ygnacio Valley	VanBuren, Eleazar, Barry, King
1985	1:38.2	Miramonte	Woffens-Speyer, Kline, Suh, Grant
1984	1:36.7	Miramonte	Metz, Vincenzo, Slaterellis, Weiser

##### Frosh-Soph Girls:

1998	1:59.24	Hayward	Holleman, Powell, Lee, Morris
1997	1:53.8	St. Mary's	no names available
1996	1:52.49	St. Mary's	Green-Odlum, Ranson, Shepherd, Accoco



**GO TROJANS !!**

# 4 x 880

Best wishes from Direct Sales

## EVENT 13 BOYS' FROSH-SOPH 4 X 880

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1	Benicia	8:45
2	Castro Valley "A"	8:55
3	Alameda "A"	9:03
4	Castro Valley "B"	9:20
5	Oakland	9:45
6	Las Lomas	9:55
7	Alameda "B"	n.t.
8	Analy "A"	n.t.
9	Analy "B"	n.t.
10	Granada	n.t.
11	Hayward	n.t.
12	Newark-Memorial	n.t.
13	Petaluma	n.t.
14	Redwood Christian	n.t.

## EVENT 14 GIRLS' FROSH-SOPH 4 X 880

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1	Castro Valley "A"	11:20
2	Las Lomas	11:40
3	Benicia	12:00
4	Castro Valley "B"	12:45
5	Alameda	n.t.
6	Amador Valley "A"	n.t.
7	Amador Valley "B"	n.t.
8	Analy	n.t.
9	Granada	n.t.
10	Hayward	n.t.
11	Newark-Memorial	n.t.
12	Washington	n.t.

## EVENT 15 GIRLS' VARSITY 4 X 880

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1	Redwood Christian	10:36
2	Castro Valley	10:45
3	Las Lomas	11:10
4	Alameda	11:45
5	Dublin	n.t.
6	Petaluma	n.t.
7	Tennyson	n.t.

### Previous Winners:

#### 4 X 880 RELAY

##### Varsity Girls:

1998	10:45.3	Alhambra	Gliatto, Neu, O'Dell, Loper-Riley
1997	10:10.5	Alhambra	New, Underwood, Loper-Riley, Gliatto
1996	10:16.5	Mission San Jose	Noechochoa, Torrez, Rutledge, Hotchkiss
1995	10:35.1	Washington	Duscha, Lin, Holte, Snow
1994	10:49.0	Castro Valley	Shin, J. Ewing, Groome, Lim
1990-93	no meet held		
1989	10:08.5	Campolindo	Woodridge, Kho, Smith, Riley
1984-88	event not contested		
1983	10:14	Alhambra	Leary, Tully, Tully, Nakasoni
1982	meet not held		
1981	9:56.0	Castro Valley	Kr. Lambden, Cunningham, Stevenson, Ka. Lambden
1980	10:05.0	Castro Valley	Kr. Lambden, Van Buskirk, Stevenson, Ka. Lambden
1979	10:08.8	San Ramon	Grav, O'Conner, Schaik, Baffert
1978	event not contested		
1977	10:24.6	Livermore	Aubuchean, Williams, Brostrom, Ainsworth
1976	10:27.3	Bishop O'Dowd	Laurth, Gonszives, Scannel, Zabner
1975	10:10.5	Pleasant Hill	Costello, Robinson, Iten, Bruder

##### Frosh-Soph Boys:

1998	9:17.1	Las Lomas	McGinnes, Hermens, Copersmith, Clarkson
1997	8:57.6	Castro Valley	Cain, Sincerny, Cheung, Mellon
1996	9:02.6	Mission San Jose	Foreman, Stevesn, Chapman, Stepan
1995	9:15.4	Castro Valley	Boruta, Mellon, D. Dulaney, Baria
1994	8:59.1	DeLaSalle	Click, George, Hintz, Sanchez
1990-93	no meet held		
1988-89	event not contested		
1987	8:43.9	Castro Valley	Denzler, Saunders, Guerinio, Grabanski
1986	8:40.6	Las Lomas	Williams, Dangle, Goeller, Murphy
1985	8:57.9	DeAnza	Williams, Rainey, Margan, DeCruz
1984	8:43.4	Miramonte	Hiro, Smith, Flaherty, Durham

##### Frosh-Soph Girls:

1998	10:59.0	Castro Valley	Simmons, Stewart, Groome, McGrellis
1997	10:58.8	St. Mary's	no names available
1996	10:23.2	Acalanes	Judy, Barbera, Bostjanich, Rowland

**GO TROJANS!**  
**BEST OF LUCK!**

# Open 100 Meter Dash

Best of luck to all - the Medrano family

## EVENT 16 BOYS' F/S OPEN 100 METER

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1		
2	Eric Rosette (Alameda)	12.9
3	Eric Zamora (Castro Valley)	11.9
4	Ryan Smith (Alameda)	11.8
5	Ken Thompson (Oakland)	11.9
6	Matt Raybrick (Redwood Christian)	11.9
7	Jashish Loverette (Oakland)	12.8
8		
<b>Heat 2</b>		
1	M. Allen (Analy)	n.t.
2	Jason Villegas (Alameda)	13.0
3	Drew Bissell (Castro Valley)	12.0
4	J. Hampton (Benicia)	11.4
5	Par (Newark-Memorial)	11.8
7	Clovis Jones (Oakland)	11.9
8	Paul Jackson (Alameda)	12.6
<b>Heat 3</b>		
1	Marcus Kiyomura (Alameda)	13.1
2	Tony Ratto (Castro Valley)	12.2
3	Tyler Thourmine (Granada)	12.0
4	Ferguson (Newark-Memorial)	11.6
5	Harrison Smith (Hayward)	11.9
6	Isaac Jackai (Mt. Eden)	11.9
7	Paul Dussa (Granada)	12.6
8	Chris Marcoux (Dublin)	n.t.
<b>Heat 4</b>		
1		
2	S. Trippie (Analy)	n.t.
3	Vonshae McKnight (Tennyson)	12.0
4	Lionell Arnold (Richmond)	11.6
5	Nikolai Kassatkin (Alameda)	11.8
6	Carson Barnes (Castro Valley)	11.9
7	Jonathan Roberts (Hayward)	12.2
8	John Delgado (Dublin)	n.t.
<b>Heat 5</b>		
1		
2	P. Thompson (Analy)	n.t.
3	Orlando Green (Hayward)	12.0
4	James Brown (Tennyson)	11.7
5	Michael Hernandez (Castro Valley)	11.8
6	Tommi Silas (Mt. Eden)	11.9
7	Sam McClendon (Las Lomas)	12.2
8	Blake (Washington)	n.t.

## EVENT 17 GIRLS' F/S OPEN 100 METER

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1		
2	Connie Koo (Alameda)	14.9
3	Melissa Yee (Alameda)	13.6
4	Denien Morris (Hayward)	13.0
5	Sheridan-Koone (Las Lomas)	13.5
6	Lindsay Littlejohn (Castro Valley)	13.9
7	Desire Cleveland (Washington)	n.t.
8	Ashley Navarro (Amador Valley)	n.t.
<b>Heat 2</b>		
1		
2	Janae Richmond (Alameda)	13.9
3	Erdmond (Las Lomas)	13.5
4	Porter (Newark-Memorial)	13.0
5	Natalie Donaldson (Granada)	13.5
7	Nicole McCoy (Hayward)	13.9
8	Jolene Nelson	n.t.

### Heat 3

1		
2	Lauren Ford (Castro Valley)	14.0
3	Janel Madden (Hayward)	13.7
4	Amanda Medrano (Castro Valley)	13.0
5	Adrianna Gilligan (Amador Valley)	13.5
6	Talisha Dyson (Mt. Eden)	13.8
7	Javon Neal (Alameda)	14.3
8	Athena (Washington)	n.t.

### Heat 4

1		
2	Emilia Madejski (Amador Valley)	n.t.
3	Ryana Smith (Hayward)	13.5
4	Pearson (Newark-Memorial)	13.3
5	D. Tinsley (Benicia)	13.5
6	Joana Rishardson (Castro Valley)	13.7
7	Jessica Robinson (Alameda)	14.7
8	Diana Vodden (Washington)	n.t.

## EVENT 18 GIRLS' VAR OPEN 100 METER

Lane	Name & School	Entry Mark
<b>Heat 1</b>		
1		
2	Lauren Chin (Alameda)	15.0
3	Diana Smith (Hayward)	13.1
4	Makiaha Long (Tennyson)	13.4
5	Hurd (Newark-Memorial)	13.5
6	Tahira Vichers (Alameda)	14.5
7	Shannon Vann (Dublin)	n.t.
8		
<b>Heat 2</b>		
1		
2	Minerva Lee (Hayward)	13.1
3	Ali Letsch (Las Lomas)	12.9
4	Stone (Newark-Memorial)	12.5
5	Kalani Holleman (Hayward)	12.6
6	Gilleon Smith (Mt. Eden)	12.9
7		
8		

### Previous Winners:

#### OPEN 100

##### Varsity Girls:

1998	13.25	Tomel Cooper	Dublin
1997	12.88	Anita McCullum	San Lorenzo
1996	13.20	Jill Armstrong	Acalanes
1995	13.3	Kristine Obligacion	Washington - Fremont
1994	12.8	Orisha Hines	Fremont-Oakland

1990-93 no meet

1975-89 event not held

1974 no records

1973 (yards) 11.9 Pam McDaniel Washington-Fremont

##### Fresh-Soph Boys:

1998	11.66	Deonte Lewis	Hayward
1997	11.68	Derrick Kindle	Mt. Eden
1996	11.89	Benalter Gambles	Armijo
1995	11.3	Dave Newton	San Ramon
1994	11.6	Brian Thompson	Alhambra

##### Fresh-Soph Girls:

1998	13.20	Kalani Holleman	Hayward
1997	13.19	Lukestain Powell	Castlemont
1996	13.45	Espie Accode	St. Mary's

# Devil-Take-The-Hindmost Mile -- Sponsored by Sill Chiropractic

## EVENT 19 BFS DEVIL-TAKE-THE-HINDMOST MILE

Lane	Name & School	Entry Mark
1	Ryan McGinnis (Las Lomas)	4:45
2	Nate Brassmassery (Alameda)	4:48
3	Tyler Hermans (Las Lomas)	4:48
4	matt Yee (Alameda)	4:58
5	Del Cio (Newark-Memorial)	5:04
6	Dan Arellano (Alameda)	5:05
7	Benedict Janea (Oakland)	5:11
8	Lorenzo Hooker (Oakland)	5:12
9	Jason Thoigpen (Redwood Christian)	5:12
10	Bobby puppione (Castro Valley)	5:12
11	David Stadleman (Castro Valley)	5:15
12	Andre Ward (Hayward)	5:17
13	Prysbyla (Newarak-Memorial)	5:19
14	Ryan Albonico (Castro Valley)	5:19
15	Pefer Lim (Alameda)	5:21
16	Jeff Pham (Alameda)	5:26
17	Chris Bell (Hayward)	5:27
18	Todd Bartlow (Castro Valley)	5:27
17	J; Kang (Benicia)	5:30
20	J. Stephens	5:30
21	Zane Welte (Canyon Middle School)	5:33
22	Saul Hurtado (Hayward)	5:35
23	Kevinb Strei (Redwood Christian)	5:35
24	Oleg Zhoglo (Castro Valley)	5:37
25	Chris Luque (Alameda)	5:40
26	? (Mendocino)	n.t.
27	? (Mendocino)	n.t.
28	A. Lund (Analy)	n.t.
29	A. Bowerman (Analy)	n.t.
30	S. Powell (Analy)	n.t.
31	B. Touhy (Analy)	n.t.
32	D. Von Stromberg (Analy)	n.t.
33	Saravenan Selvari (Dublin)	n.t.
34	Eric Sorman (Granada)	n.t.
35	Rolin Hurler (Granada)	n.t.
36	Chase Miller (Granada)	n.t.
37	Ernesto Hernandez (Granada)	n.t.
38	Robbie Boyle (Granada)	n.t.
39	Jerrin Clark (Granada)	n.t.
40	Scotty Chromy (Washington)	n.t.
41	Sammy Samuelson (Washington)	n.t.

## EVENT 20 GFS DEVIL-TAKE-THE-HINDMOST MILE

Lane	Name & School	Entry Mark
1	Sarah Orzell (Alameda)	5:38
2	Larisa Solozhuk (Hayward)	5:45
3	SARah Richardson (Hayward)	5:56
4	Nicole Norsworthy (Hayward)	6:02
5	K. Phillips (Las Lomas)	6:08
6	Carrie McIntyre (Hayward)	6:10
7	Madalyn Wong (Castro Valley)	6:22
8	Alicja Jac (Alameda)	6:26
9	Hunter (Newark-Memorial)	6:34
10	Julie Beers (Analy)	n.t.
11	Ashley Rider (Analy)	n.t.
12	V. Golovich (Benicia)	n.t.
13	Jennifer Lee (Granada)	n.t.
14	Kelly packard (Granada)	n.t.
15	Nicole Milken (Granada)	n.t.
16	Laura Melendez (Granada)	n.t.
17	Kelly Crompton (Granada)	n.t.
18	Jennifer (Mt. Eden)	n.t.
19	Kathy Phan (Mt. Eden)	n.t.

20	Bolano (Newark-Memorial)	n.t.
21	Johns (Newark-Memorial)	n.t.
22	Tesfai (Newark-Memorial)	n.t.
23	Brandon (Newark-Memorial)	n.t.
24	Valdez (Newark-Memorial)	n.t.
25	Holly Root (Washington)	n.t.
26	Sharlene Capas (Washington)	n.t.

## EVENT 21 GV DEVIL-TAKE-THE-HINDMOST MILE

Lane	Name & School	Entry Mark
1	Kristen Boone-Nitoff (Castro Valley)	5:49
2	Oralia Coon (Hayward)	5:55
3	S. VanLeeuwen (Alameda)	6:01
4	Courtney Davidson (Redwood Christian)	6:04
5	Brittany matthews (Alameda)	6:10
6	Linda Hoederth (Hayward)	6:15
7	Johnson (Las Lomas)	6:20
8	Jenny Fanceschine (Analy)	n.t.
9	Suzie James (Dublin)	n.t.
10	Inni Nuyen (Dublin)	n.t.
11	Maria Rizo (Dublin)	n.t.
12	Daphnie Robinson (Dublin)	n.t.
13	Coline Colvert-Dabney (Dublin)	n.t.
14	Vanna Nget (Dublin)	n.t.
15	Maguida (Las Lomas)	n.t.
16	Maya Jones (Mt. Eden)	n.t.

### Previous Winners:

#### DEVIL-TAKE-THE-HINDMOST MILE

##### Varsity Girls:

1998	6:07.0	Susan Kang	American
1997	5:34.5	Amy Loper-Riley	Alhambra
1996	5:53.8	Katie Hotchkiss	Mission San Jose
1995	5:31.8	Amber Robinson	Las Lomas
1994	5:40.1	Amber Robinson	Las Lomas
1990-93	meet not held		
1989	5:24.2	Sarah Riley	Campolindo
1988	rained out		
1987	5:21.3	Maria Ravazza	Acalanes
1986	5:20.4	Kristen Hansen	Ygnacio Valley
1985	5:29.6	Elena Spight	Miramonte
1984	5:24.9	Elena Spight	Miramonte
1983	5:11.6	Ann Ratio	Alameda
1982	meet not held		
1981	5:20.5	Nogle	Miramonte
1980	5:05.9	Lisa Sandel	Campolindo
1979	5:19.5	Melissa Martel	Piedmont
1978	5:19.3	Carol Manning	Carondelet
1977	5:20.4	Cherie Williams	Livermore
1976	5:30.8	Karen Salisbury	Northgate
1975	5:30.8	Mary Riebett	Las Lomas
1974	5:54.8	M. Zahner	Bishop O'Dowd
1973	6:07.8	Mary Faiferek	Las Lomas

##### Fresh-Soph Boys:

1998	5:00.0	Ryan McGinnis	Las Lomas
1997	4:55.4	Richard Mendez	Hayward
1996	4:34.4	Jonathan Stevens	Mission San Jose
1995	5:03.6	Peter Baria	Castro Valley
1994	5:01.4	Chris Coffee	DeLaSalle
1990-93	no meet held		
1989	4:52.7	Dave Ling	Castro Valley
1988	rained out		
1987	4:40.7	Gordon Johnson	Piedmont
1986	4:33.4	Mike Mahoney	Acalanes
1985	4:42.1	Ryan Harding	Eagle Point, Oregon
1984	4:44.5	P. King	Clayton Valley

##### Fresh-Soph Girls:

1998	6:13.0	Erica Simmons	Castro Valley
1997	6:10.1	Melissa Vivian	Alhambra
1996	5:39.8	Courtney Davidson	Redwood Christian

# 4 x 440

Best wishes from the Bigham family

## EVENT 22 BOYS' FROSH-SOPH

### 4 X 440

## EVENT 24 GIRLS' VARSITY

### 4 X 440

Lane	name & school	entry mark
<b>Heat 1</b>		
1	Washington	n.t.
2	Analy "A"	n.t.
3	Redwood Christian	4:03.9
4	Benicia	3:37
5	Castro Valley "B"	3:55
6	Amador Valley	n.t.
7	Granada "B"	n.t.
<b>Heat 2</b>		
1	Hayward	n.t.
2	Analy "B"	n.t.
3	Las Lomas	4:10
4	Castro Valley "A"	3:45
5	Oakland	3:56
6	Alameda "C"	4:40
7		
<b>Heat 3</b>		
1	Granada "A"	n.t.
2	Dublin	n.t.
3	Petaluma	4:10
4	Alameda "A"	3:46
5	Newark-Memorial	3:50
6	Alameda "B"	4:15
7		

## EVENT 23 GIRLS' FROSH-SOPH

### 4 X 440

Lane	name & school	entry mark
<b>Heat 1</b>		
1	Newark-Memorial "B"	n.t.
2	Las Lomas "B"	5:10
3	Granada "A"	4:50
4	Castro Valley "A"	4:25
5	Hayward "A"	4:45
6	Alameda "D"	4:59
7	Washington	n.t.
<b>Heat 2</b>		
1	Hayward "C"	n.t.
2	Analy "A"	n.t.
3	Las Lomas "A"	4:55
4	Alameda "A"	4:26
5	Castro Valley "B"	4:45
6	Alameda "C"	4:58
7	Granada "C"	n.t.
<b>Heat 3</b>		
1	Hayward "B"	n.t.
2	Analy "B"	n.t.
3	Granada "B"	4:55
4	Benicia	4:28
5	Newark-Memorial "A"	4:29
6	Alameda "B"	4:5
7		

Lane	name & school	entry mark
<b>Heat 1</b>		
1		
2	Castro Valley "B"	4:55
3	Redwood Christian	4:48
4	Petaluma	4:25
5	Alameda	4:45
6	Hayward	n.t.
7		
<b>Heat 2</b>		
1		
2	Mendocino	n.t.
3	Castro Valley "A"	4:25
4	Las Lomas	4:41
5	Tennyson	5:04
6		
7		

#### Previous winners

#### 4 X 440

#### Varsity Girls:

1998	4:23.77	Alhambra	Gliatto, New, Rilli, O'Dell
1997	4:07.3	Fremont (Oakland)	Ashworth, McCarter, Lewis, Wallace
1996	4:13.4	Fremont (Oakland)	Ashworth, Lewis, McCarter, Thomas
1995	4:29.2	Washington	Hoite, Ghodoussi, Snow, Lim
1994	4:31.1	Alhambra	Thompson, Underwood, Prato, Piper
1990-93		meet not held	

#### 1990-93 meet not held

1989	4:17.8	Piedmont	no names available
1988		rained out	
1987	4:11.7	College Park	Henderson, Lucas, Dial, Marshall
1986	4:16.0	Acalanes	Ravazza, Ruan, Lee, Kilmedr
1985	4:15.9	Acalanes	Ravazza, Kasper, Heckmann, Newberger
1984	4:17.5	Campolindo	Bacon, Hepler, McMahon, Sasser
1983	4:17.9	Campolindo	Bacon, Hepler, McMahon, Sasser
1982		no meet held	
1981	4:12.7	Campolindo	M. Hepler, K. Hepler, Sasser, Vance
1980	4:04.5	Campolindo	Adams, Hepler, Henneker, Sandal
1979	4:06.5	Miramonte	Langren, Bevan, Binsacca, Peters
1978	4:14.7	San Ramon	O'Connor, O'Connor, Bateman, Renwick
1977	4:11.7	El Cerrito	Hawthorne, Young, Hawthorne, Blackburn
1976	4:15.4	Berkeley	Burgess, Murray, Ross, Cobbs
1975	4:09.9	Las Lomas	Warren, Gray, Giesman, Sweetman
1974		no records	

#### 1973 4:03.5 Berkeley

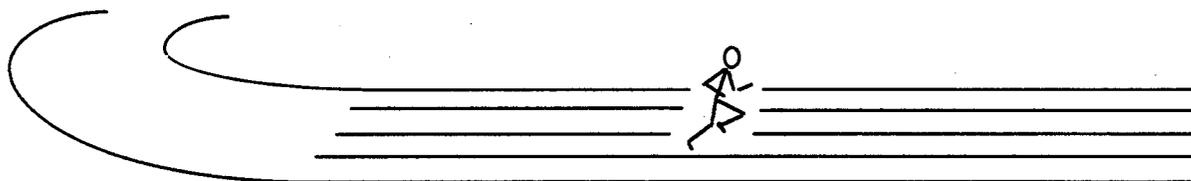
no names available

#### Fresh-Soph Boys:

1998	3:51.34	Benicia	Rivera, Ludwig, Pollard, Chavez
1997	3:41.0	Benicia	Morales, Chavez, Changus, Lawson
1996	3:45.8	Acalanes	Brilliant, Bostjanich, Engledinger, Anderson
1995	3:45.6	Washington	Dean, John, Burns, Zeller
1994	3:47.6	Las Lomas	Schmidt, Coombs, Haleen, Moberly
1990-93		meet not held	
1989	3:43.0	Ygnacio Valley	Sanchez, Grim, Hunsaker, Schwab
1988		rained out	
1987	3:40.0	Acalanes	Redo, Stevens, Phillips, Sutch
1986	3:36.6	Ygnacio Valley	Barry, Eleazar, Shenejaeld, Morrison
1985	3:42.3	DeAnza	Margain, Baker, Morris, DeCruz
1984	3:42.8	Granada	Barnett, Johnson, Chambers, Klino

#### Fresh-Soph Girls:

1998	4:37.94	Alameda	no names available
1997	4:28.5	St. Mary's	no names available
1996	4:22.4	Acalanes	Laird, Gillen, Judy, Rowland



# High Jump

Sponsored by the DeSilva family

## EVENT 25

**GIRLS' VARSITY  
HIGH JUMP**

## EVENT 26

**GIRLS' FROSH-SOPH  
HIGH JUMP**

## EVENT 27

**BOYS' FROSH-SOPH  
HIGH JUMP**

Team	entry mark	Team	entry mark	Team	entry mark
1. Petaluma	14-10	1. Newark-Memorial	13-6	1. Castro Valley "A"	16-6
2. Castro Valley "A"	14-0	2. Granada	13-4	2. Benicia	16-0
3. Tennyson	12-0	3. Alameda	13-0	3. Hayward	16-0
4. Castro Valley "B"	12-0	4. Benicia	13-0	4. Amador Valley	15-6
5. Alameda	11-8	5. Las Lomas	12-6	5. Las Lomas	15-4
6. Las Lomas	11-8	6. Petaluma	12-0	6. Castro Valley "B"	15-0
7. Mendocino	n.m.	7. Castro Valley	11-10	7. Hayward "B"	15-0
8. Mt. Eden	n.m.	8. Hayward	10-10	8. Castro Valley "C"	14-10
9. Newark-Memorial	n.m.	9. Amador Valley	n.m.	9. Alameda	14-0
10.		10.		10. Castro Valley "D"	13-6
				11. Newark-Memorial	13-3
				12. Analy	n.m.
				13. Mt. Eden	n.m.
				14. Mendocino	n.m.

### Previous Winners:

#### HIGH JUMP

#### Team:

#### Varsity Girls:

1998	13-6	Castro Valley
1997	13-10	Castro Valley
1996	14-4	Acalanes
1995	14-0	Castro Valley
1994	13-6	Castro Valley
1990-93	no meet held	
1989	14-0	Holy Names
1988	rained out	
1987	14-0	Monte Vista
1986	13-6	Arroyo
1985	14-2	Campolindo
1984	14-6	Campolindo
1983	no records	
1982	no meet held	
1981	13-6	Castro Valley
1980	14-3	Acalanes
1979	14-4	Acalanes
1978	13-10	Las Lomas
1977	14-0	Livermore
1976		
1975		
1974		
1973		

#### Girls Frosh-Soph:

1998	13-0	Hayward
1997	8-4	Las Lomas
	8-4	Castro Valley
1996	12-10	Castro Valley

#### Frosh-Soph Boys:

1998	15-10	Benicia
	15-10	Castro Valley
1997	16-2	San Lorenzo
	16-2	Benicia
1996	16-2	Hayward
1995	16-2	Tokay
1994	15-6	Castro Valley
1990-93	meet not held	
1985-89	event not contested	
1984	16-7	Miramonte

Long, McDonald, Bailey
Kohl, Bailey, Komadina
Nichol, Shaw, Flett
Kohl, E. Ewing, Komadina
Kohl, Hild, Parker
Clark, Harb, Dillon
Byers, Cole, Baker
Barros, Lopes, Sanchez
Johnson, Denham, Cole
Denham, Johnson, Klener
VanBuskirk, Cunningham, Symes
Carr, Dunklebe, VanZeeland
Dalicio, VanZeeland, Dunklebe
Warrington, Kunz, Cornell
Madrid, Paxaio, Shirley

Wong, Morse, McConnell
Miller, Kreen, Hoffman
Bichsel, Robles, Eng
Bailey, Robles, Van Norman

Dylan, Layton, Puno
Hanson, Prakash, Stohr
DePina, Owens, Gordillo
Miner, Maurer, Layton
Holleman, Boatwright, Cano
Ryan, Caulkey, Echler
Amiri, Kim, Fung

#### Individual:

4-10	Rachel McDonald	Castro Valley
5-0	Amy Kohl	Castro Valley
5-2	Erin Nichol	Acalanes
4-10	Amy Kohl	Castro Valley
4-10	Tracy Banks	Alhambra
4-10	Daly	Benicia
4-10	Carrie Dial	College Park
5-0	Brook Knight	Clayton Valley
4-10	Kristin Folkedahl	Acalanes
4-11	Claire Denham	Campolindo
4-10	Lisa Banchemo	Carondelet
5-6	Maggie VanZeeland	Acalanes
5-6	Lisa Peters	Northgate
5-2	Karen Cornell	Las Lomas
4-10	Janice Paxaio	Livermore
5-2	Johnson	Liberty
5-2	Terry Knight	Berkeley
no record		
4-11	A. Noack	Campolindo
4-8	Amy McConnell	Hayward
4-6	Jennifer Miller	Las Lomas
4-6	Loryn Bailey	Castro Valley
5-8	Ben Hanson	Castro Valley
5-10	Vincent Boatwright	Hayward
5-8	Jordan Engledinger	Acalanes
5-10	Jason Ryan	Tokay
5-6	Naem Amiri	Castro Valley
5-7	Chris Kerchner	Miramonte
5-7 (tie)	Tom Cameron	Miramonte

**GO TROJANS !!!**

# Long Jump (Girls) & Triple Jump (Boys)

sponsored by the DeSilva family

## EVENT 28

GIRLS' FROSH-SOPH  
LONG JUMP

## EVENT 29

GIRLS' VARSITY  
LONG JUMP

## EVENT 30

BOYS' FROSH-SOPH  
TRIPLE JUMP

team	entry mark	team	entry mark	team	entry mark
1. Benicia	43-7	1. Newark-Memorial "A"	45-0	1. Benicia	111-0
2. Hayward	40-0	2. Petaluma	45-0	2. Castro Valley "A"	107-5
3. Las Lomas	40-0	3. Castro Valley "A"	44-6	3. Castro Valley "B"	97-0
4. Castro Valley "A"	38-6	4. Las Lomas	42-0	4. Hayward	94-0
5. Alameda	38-0	5. Castro Valley "B"	39-3	5. Castro Valley "C"	91-0
6. Petaluma	38-0	6. Tennyson "A"	38-0	6. Castro Valley "D"	85-0
7. Castro Valley "B"	35-0	7. Hayward	34-0	7. Amador Valley	n.m.
8. Castro Valley "C"	35-0	8. Redwood Christian	30-0	8. Analy "A"	n.m.
9. Amador Valley	n.m.	9. Alameda	n.m.	9. Analy "B"	n.m.
10. Granada "A"	n.m.	10. Mt. Eden	n.m.	10. Mt. Eden	n.m.
11. Granda "B"	n.m.	11. Newark-Memorial "B"	n.m.	11. Newark-Memorial	n.m.
12. Mt. Eden	n.m.	12. Tennyson "B"	n.m.	12. Tennyson	n.m.
13. Newark-Memorial	n.m.			13. Washington	n.m.

### Previous Winners:

#### LONG JUMP

##### Teams:

##### Varsity Girls:

1998	41-1 1/2	Redwood Christian
1997	43-4 1/2	Castro Valley
1996	41-0	Las Lomas
1995	42-3 1/2	Holy Names
1994	42-0 1/2	Castro Valley
1990-93	meet not held	
1989	43-7 1/2	Holy Names
1988	rained out	
1987	43-5	Monte Vista
1986	45-6 1/2	Alhambra
1985	45-10 1/2	Campolindo
1984	47-0	Miramonte
1983	47-0 1/2	Campolindo
1982	meet not held	
1981	48-1 1/2	Alhambra
1980	46-9 3/4	Acalanes
1979	47-2 1/2	Moreau Catholic
1978	45-7	Northgate
1977	48-0 1/2	Livermore
1976	not a relay event	
1975	not a relay event	
1974	not a relay event	
1973	not a relay event	

##### Girls' Frosh-Soph

1998	40-2	Hayward
1997	41-4	Las Lomas
1996	38-0 1/4	St. Mary's

#### TRIPLE JUMP

##### Frosh-Soph Boys:

1998	101-6	Las Lomas
1997	108-0 1/2	San Lorenzo
1996	104-2 3/4	Hayward
1995	105-9	Castro Valley
1994	109-9 3/4	Castro Valley
1990-93	no meet held	
1989	110-1 1/2	Acalanes
1988	rained out	
1987	114-9	DeAnza
1986	113-10	Ygnacio Valley

##### Individuals:

14-6 1/2	Ana Yovino	Redwood Christian
15-2 1/2	Becka Fong	Mission San Jose
14-5 1/2	Ada Minglana	Las Lomas
14-10	Jasmin Brown	Holy Names
14-11 1/4	Amy Kohl	Castro Valley
16-4	Chivonne Tanner	Holy Names
15-0	Susie Calahong	Las Lomas
15-11	Cindi Barros	Arroyo
16-7 1/2	Karlynn McNall	Acalanes
16-1 3/4	Kim Halsey	Miramonte
16-5 1/2	Kim Halsey	Miramonte
16-6	Pam Cole	Castro Valley
16-9	Maggie VanZeeland	Acalanes
16-9 1/2	Rita O'Connor	San Ramon
15-11 1/2	Dawn Peters	Northgate
16-9	Paula Ng	Livermore
16-5	Kelly Swearington	Del Valle
17-2 1/2	Terry Knight	Berkeley
17-0	C. Hermann	Las Lomas
16-6 3/4	P. Lebric	Bishop O'Dowd
14-6	Kalani Holleman	Hayward
14-10	Heather Ashworth	Las Lomas
14-11	Katy Savage	Alameda
37-0	Laith Almagen	Hayward
37-8 1/2	Recil Miner	Benecia
37-0 1/2	Kim-Da Hsieh	Hayward
37-2	Kevin Grimes	San Lorenzo
37-5 3/4	Naeem Amiri	Castro Valley
40-2	Jerry Reese	Mt. Diablo
39-5	J. Hunt	DeAnza
41-7	Rich Laccay	Moreau Catholic



# Shot Put

sponsored by the Castro Valley High School Boosters Club

## EVENT 31

### BOYS' FROSH-SOPH SHOT PUT

<u>team</u>	<u>entry mark</u>
1. Benicia	122-0
2. Las Lomas	120-0
3. Newark-Memorial "A"	119-0
4. Amador Valley	115-0
5. Castro Valley "A"	113-0
6. Granada "A"	105-0
7. Newark-Memorial "B"	105-0
8. Oakland	100-0
9. Hayward "A"	95-0
10. Hayward "B"	89-0
11. Granada "B"	87-3
12. Hayward "C"	84-0
13. Alameda	78-0
14. Castro Valley "B"	78-0
15. Analy	n.m.
16. Mt. Eden	n.m.
17. Mendocino	n.m.
18. Newark-Memorial "C"	n.m.
19. Washington	n.m.

## EVENT 32

### GIRLS' VARSITY SHOT PUT

<u>team</u>	<u>entry mark</u>
1. Petaluma	94-0
2. Hayward	90-0
3. Las Lomas	90-0
4. Newark-Memorial "A"	90-0
5. Castro Valley "A"	86-6
6. Tennyson	75-0
7. Alameda	62-0
8. Newark-Memorial "B"	n.m.
9. Castro Valley "B"	n.m.
10. Dublin	n.m.
11. Mendocino	n.m.

## EVENT 33

### GIRLS' FROSH-SOPH SHOT PUT

<u>team</u>	<u>entry mark</u>
1. Granada	82-0
2. Castro Valley	76-0
3. Hayward	75-0
4. Las Lomas	75-0
5. Petaluma	74-0
6. Benicia	73-0
7. Alameda "A"	60-0
8. Dublin	60-0
9. Alameda "B"	55-0
10. Amador Valley	n.m.
11. Analy	n.m.
12. Mt. Eden	n.m.

#### Previous Winners: SHOT PUT

##### Team:

##### Varsity Girls:

1998	82-0	California
1997	92-11	Castro Valley
1996	86-7	Fremont (Oakland)
1995	83-7 1/2	Castro Valley
1994	75-10	Alhambra
1990-93	meet not held	
1989	89-3 1/2	Piedmont
1988	rained out	
1987	91-0 3/4	Acalanes
1986	89-2 1/2	Moreau Catholic
1985	92-3 1/2	Foothill
1984	94-9 1/2	Moreau Catholic
1983	86-0	Eagle Point, Oregon
1982	no meet held	
1981	86-8 1/2	Ygnacio Valley
1980	105-3 1/2	Liberty
1979	101-1	Monte Vista
(8 lb. shot used before 1979)		
1978	89-5 1/2	San Leandro
1977	105-6	Monte Vista
1976		
1975		
1974		
1973		

##### Girls' Frosh-Soph:

1998	74-5 1/2	Richmond
1997	81-10	Las Lomas
1996	81-1 1/2	St. Mary's
1998	118-3 3/4	Las Lomas
1997	118-0 1/2	Sacred Heart
1996	124-7 1/2	Las Lomas
1995	129-4 1/2	Tokay
1994	125-8	Alhambra
1990-93	meet not held	
1989	114-0 3/4	Piedmont
1988	rained out	
1987	128-11 1/2	College Park
1986	126-6 1/2	Amador Valley
1985	124-6	Las Lomas
1984	140-2	San Ramon

##### Individual:

36-4 1/2	Carolyn Whitney	Benicia
32-8	Barbara Klews	Castro Valley
32-10	Barbara Klews	Castro Valley
31-9	Barbara Klews	Castro Valley
29-2	Stephanie Colbert	Alhambra
37-7 1/4	Julie DeJarlis	Las Lomas
35-8	Hildegard Samahon	Acalanes
34-0 1/4	Dawn Lundberg	Campolindo
34-2 1/2	Esther Mullikin	Foothill
37-1	Jennifer Watson	Moreau Catholic
32-8 1/2	Debby Hanscom	Eagle Point
32-8	Diane Reed	Ygnacio Valley
40-0	Kathy Callegan	Monte Vista
39-8 1/2	Kathy Callegan	Monte Vista
40-6	Linda Reed	Alameda
38-9	Carol Dolsby	Monte Vista
38-11	Vanessa Brooks	Berkeley
35-0	L. Keats	San Leandro
34-2	L. Gustavson	Monte Vista
38-3	G. King	Washington
27-0 3/4	Lizzy Colbert	Alhambra
31-0	Rosie Aikens	St. Mary's
32-6	Rosie Aikens	St. Mary's
46-6	Basil Al-Faqih	Las Lomas
46-7	Basil Al-Faqih	Las Lomas
50-9	Robbie Christiansen	Las Lomas
47-7 1/2	Darren Lanfair	Tokay
45-2	Tony Feliciano	Mt. Eden
42-8	Josh DeFeo	Piedmont
47-11 1/2	Doug Byrkit	Monte Vista
48-8	Eric Bamberger	Ygnacio Valley
46-5	Tony Miller	Las Lomas
49-0	Will Greg	San Ramon
Valdes, McNeil, Ladouceur		
Klews, Rizzo, Abella		
Fine, Talanoa, Payne		
Klews, Minion, Howard		
Colbert, Ferguson, Fowler		
Moren, Watts, Martin		
Connor, Samahon, Billeter		
A. Loggins, Watson, B. Loggins		
Murphy, DeSantis, Mullikin		
A. Loggins, B. Loggins, Watson		
Dickenson, Walter, Hanscom		
Reed, Camp, Chiavini		
Gallegos, Gallegos, Hoffman		
B. Callegan, Fischer, K. Callegan		
Richards, Bradshaw, Egan		
Bell, Callegan, Dolsby		
Bournd, Romero, Robinson		
Brell, Wilson, Hansen		
O'Dea, Aikens, Harris		
Him, Frohnm, Al Faqih		
Miranda, Mazeris, Joyner		
Christiansen, Jones, Decker		
Takahaski, Gabriel, Lanfair		
Oxford, Kinder, Boyd		
Fendel, Krieger, DeFeo		
McDeamid, Byford, Holden		
Carvecho, DeBarnardi, Sebaha		
Freschi, Barns, Miller		
Cox, Greg, Isoia		

# Discus Throw

Good Luck! from the Castro Valley Athletics Department

## EVENT 34

### GIRLS' VARSITY DISCUS

team	entry mark
1. Newark-Memorial "A"	328-0
2. Las Lomas	280-0
3. Alameda	240-0
4. Hayward	240-0
5. Petaluma	240-0
6. Redwood Christian	189-5
7. Castro Valley "A"	185-6
8. Tennyson	180-0
9. Castro Valley "B"	150-9
10. Newark-Memorial "B"	n.m.
11. Dublin	n.m.
12. Mendocino	n.m.

## EVENT 35

### GIRLS' FROSH-SOPH DISCUS

team	entry mark
1. Alameda "A"	225-0
2. Petaluma	225-0
3. Granda	215-0
4. Alameda "B"	210-0
5. Castro Valley	205-0
6. Las Lomas	175-0
7. Benicia	170-0
8. Dublin	160-0
9. Amador Valley	n.m.
10. Analy	n.m.
11. Mt. Eden	n.m.

## EVENT 36

### BOYS' FROSH-SOPH DISCUS

team	entry mark
1. Benicia	370-0
2. Newark-Memorial "A"	351-1
3. Newark-Memorial "B"	321-0
4. Amador Valley	305-0
5. Las Lomas	300-0
6. Castro Valley "A"	300-0
7. Alameda	280-0
8. Granada	271-0
9. Hayward "A"	270-0
10. Oakland	245-0
11. Hayward "B"	230-0
12. Granada "B"	210-0
13. Hayward "C"	210-0
14. Castro Valley "B"	198-0
15. Analy	n.m.
16. Mt. Eden	n.m.
17. Mendocino	n.m.
18. Newark-Memorial "C"	n.m.
19. Redwood Christian	n.m.
20. Washington	n.m.

#### Previous winners: DISCUS

##### Team:

##### Varsity Girls

1998	238-7	Castro Valley
1997	256-2 1/2	Castro Valley
1996	220-1	Dublin
1995	256-8	Tokay
1994	247-3	Alhambra
1990-93	meet not held	
1989	249-0	Piedmont
1988	rained out	
1987	274-11	Las Lomas
1986	286-7	Moreau Catholic
1985	274-8	Foothill
1984	276-11	Moreau Catholic
1983	256-6	Campolindo
1982	meet not held	
1981	283-2	Acaianes
1980	298-9 1/2	Acaianes
1979	283-9	Monte Vista
1978	300-4 1/2	Pleasant Hill
1977	290-7	Monte Vista
1976		
1975		
1974	no records	
1973		

##### Girls' Frosh-Soph:

1998	198-3	Alhambra
1997	238-9 1/2	St. Mary's
1996	222-7	St. Mary's

##### Frosh-Soph Boys:

1998	303-3	Benicia
1997	271-4	St. Mary's
1996	294-11	Las Lomas
1995	313-3	American
1994	288-1	Mt. Eden
1990-93	meet not held	
1989	308-8	Ygnacio Valley

##### Individual

Van Elk, Hausel, Rizzo	102-7	Kate Valdez	California
Klews, Rizzo, Abelia	92-7	Rachael Lee	Dublin
Lee, Hodson, Jamison	90-4	Valerie Kucharewski	Foothill
Pfeifle, Wiley, Hernandez	98-4	Shannon Pfeifle	Tokay
Colbert, Fowler, Ferguson	89-5 1/2	Stephanie Colbert	Alhambra
Martin, Anderson, Moren	119-2	Julie DeJarlis	Las Lomas
Dawson, DeJarlis, Deruyte	123-2	Julie DeJarlis	Las Lomas
A. Loggins, Watson, B. Loggins	117-6	Swanson	College Park
Kleinsmith, DeSantis, Murphy	124-7	Swanson	College Park
B. Loggins, Watson, A. Loggins	108-11 3/4	Tyler	College Park
Ebersole, Denham, Lundling	98-3	Casazza	Alhambra
Borgwardt, D'Hout, Gordon	113-7	Cherie Schaeffer	Castro Valley
Lovtang, Borgwardt, D'Hout	116-2	d'Hout	Acaianes
Fisher, K. Callaghan, B. Callaghan	126-4	Heidi Carlson	Miramonte
Aston, Echols, Johnson	133-7	Linda Reed	Alameda
Frahmen, Dolsby, Bell	122-10 1/2	Carol Dolsby	Monte Vista
	115-2 1/2	Shannon Duthrie	Miramonte
	99-8	K. Hilton	Pleasant Hill
	89-7	S. Pierce	Berkeley
Winkle, See, Colbert	67-3	Lizzy Colbert	Alhambra
Cotton, Williams, Aikens	108-4 1/2	Rosie Aikens	St. Mary's
Harris, Aikens, Williams	105-0	Katy Savage	Alameda
Forrester, Henderson, Fong	116-8	Derek Patterson	Alhambra
Foster, Powell, Tu	112-2 1/2	Rollin McReady	Hayward
Christiansen, Jones, Decker	124-10	Rob Christiansen	Las Lomas
Stevens, Ty, Alvegnaz	108-0	Darren Lanfair	Tokay
Garvin, Faasisila, Feliciano	103-3	Chris Barker	Hayward
Holland, Rumbel, Johnson	119-1	D. Halpin	Campolindo

# Pole Vault

Sponsored by Lonnie Arterburn Racing stables

## EVENT 37

### GIRLS' FROSH-SOPH POLE VAULT

team	entry mark
1. Las Lomas	24-0
2. Benicia	20-6
3. Granada	20-0
4. Amador Valley	17-0
5. Castro Valley	n.m.
6.	
7.	
8.	
9.	
10.	

## EVENT 38

### GIRLS' VARSITY POLE VAULT

team	entry mark
1. Las Lomas	29-0
2. Hayward	22-6
3. Castro Valley	n.m.
4. Newark-Memorial	n.m.
5.	
6.	
7.	
8.	
9.	
10.	

## EVENT 39

### BOYS' FROSH-SOPH POLE VAULT

team	entry mark
1. Las Lomas	33-0
2. Benicia	30-0
3. Castro Valley "A"	27-0
4. Hayward	27-0
5. Granada	26-0
6. Amador Valley "A"	24-6
7. Castro Valley "B"	22-0
8. Amador Valley "B"	21-6
9. Newark-Memorial	19-0
10. Mt. Eden	n.m.

#### Previous Winners: POLE VAULT

##### Team:

##### Varsity Girls:

Year	Team
1998	24-6 Castro Valley
1997	23-6 Alhambra
1996	22-6 Acalanes
	22-6 Castro Valley
1995	21-0 Las Lomas
1994	21-6 Las Lomas

##### Girls' Frosh-Soph:

Year	Team
1998	22-6 Las Lomas
1997	22-0 Las Lomas
1996	7-0 Dublin

##### Frosh-Soph Boys:

Year	Team
1998	29-6 Benicia
1997	29-6 Benicia
1996	31-0 Las Lomas
1995	24-6 Las Lomas
1994	29-6 Alhambra
1990-93	meet not held
1989	30-9 Ygnacio Valley
1988	rained out
1987	30-0 Ygnacio Valley
1986	28-0 Clayton Valley
1985	26-6 Las Lomas

##### Individual:

Year	Name	Team
8-6	Amber Sammons	Castro Valley
8-6	Danielle Sutton	Alhambra
8-6	Elizabeth Ewing	Castro Valley
9-8	Amanda Sweeney	Tokay
8-0	Amanda Baron	Las Lomas
7-6	Jenika Heim	Las Lomas
7-6	Allison Creech	Las Lomas
8-0	Elaine Hoffman	Las Lomas
7-0	Cherie Simon	Dublin
11-0	Joe Rivera	Benicia
10-6	Racil Miner	Benicia
11-9	Chad Wilson	Las Lomas
10-0	Zac Martinez	Tokay
10-6	Paul Hodgkinson	Alhambra
12-3	Bruce Medhurst	Ygnacio Valley
12-0	Mike Lane	Acalanes
10-6	Poppleton	Ygnacio Valley
10-6	Tara	Clayton Valley
10-6	Dave Veglia	Las Lomas

**Lonnie Arterburn  
Racing Stables**

## **MEET PERSONNEL:**

**Meet Director:** Peter Brewer  
**Starter:** Keith Cordova  
**Recall Starter:** Dan Graham  
**Head Timer:** Dino Cardiasmenos  
**Timers:** CVHS Track Parents  
**Head Finish Judges:** Matt Johanson & Raoul Perez  
**Clerk of the Course:** Steve Price  
**Assistant Clerks:** Mel Ashford & Jeff Kehr  
**Accutrak:** Mario Silva  
**Announcer:** Dru Mellon  
**Computer:** Michelle Lee  
**Scoring:** Heather Cheng  
**Awards:** Dru Mellon/Heather Cheng  
**Zone Judges:** CVHS Varsity Boys' Sprinters  
**Jump Officials:** Jim & Mike DeSilva  
**Throws Officials:** Varsity Boys Throwers  
**Vault Officials:** CVHS Varsity Boys' Vaulters  
**Hurdle Crew:** CVHS Varsity Boys' Hurdlers  
**Couriers:** CVHS Varsity Boys' Distance Runners  
**The Devil:** Matt Johanson  
**Snack Bar:** CVHS Boosters Club  
**Volunteer Coordinator:** Tamara Bailey  
**Program Sponsorships:** Nancy Medrano  
**Event Volunteers:** CVHS Track & Field parents

Thanks for all your time and effort in making this meet possible!