

# Trojan Relays -- Frosh-Soph Results -- Friday, March 14, 2008

## Team Scores

BFS		
1.	Castro Valley	100
2.	Bishop O'Dowd	60
3.	Heritage	54
4.	San Leandro	32
5.	Berean Christian	28
5.	Northgate	28
7.	Hayward	18
7.	Mills	18
9.	Albany	16
9.	Alhambra	16
11.	American	11
11.	Mt. Eden	11
13.	Monte Vista	10

## GFS

1.	Castro Valley	90
2.	Heritage	50
3.	Antioch	40
4.	American	33
5.	Mercy	28
6.	Hayward	24
7.	Alhambra	20
7.	Mills	20
9.	Berean Christian	16
10.	Bishop O'Dowd	10
10.	Monte Vista	10
10.	Moreau Catholic	10
10.	Santa Rosa	10
14.	Northgate	9
15.	San Leandro	6
15.	Castlemont	6

## Event 1 Girls 4x200 Meter Relay

1	Bishop O'Dowd	A	1:54.99
2	Heritage	A	1:57.46
3	Castro Valley	A	2:00.14
4	San Leandro	A	2:00.69
5	Antioch	A	2:00.77
6	Alhambra	A	2:01.00
7	Northgate	A	2:02.28
8	American	A	2:02.52
9	Moreau Catholic	A	2:02.77
10	American	B	2:07.40
11	Antioch	B	2:09.46
12	American	C	2:09.72
13	Heritage	B	2:10.02
14	Heritage	C	2:10.40
15	Hayward	A	2:10.65
16	Castro Valley	B	2:10.96
17	Moreau Catholic	B	2:12.97
18	Berean Christian	A	2:13.49
19	Mt Eden	A	2:15.15

## Event 2 Boys 4x200 Meter Relay

1	Bishop O'Dowd	B	1:34.27
2	Castro Valley	A	1:38.30
3	Bishop O'Dowd	A	1:40.02
4	Heritage	A	1:40.48
5	San Leandro	A	1:42.54
6	Mt Eden	A	1:44.01
7	American	A	1:44.90
8	Northgate	A	1:47.86
9	Castro Valley	B	1:48.59
10	Hayward	A	1:49.02
11	Alhambra	A	1:49.68
12	Castlemont HS	A	1:50.47
13	Heritage	B	1:50.78
14	Deanza	A	1:51.01
15	American	C	1:51.99
16	American	B	1:52.11
17	Moreau Catholic	A	1:53.66
18	Tennyson	A	1:55.13
19	Moreau Catholic	C	2:01.71
20	Antioch	A	2:07.02

## Event 3 Girls 4x800 Meter Relay

1	Antioch	A	10:57.93
2	Castro Valley	A	11:08.47
3	American	B	11:32.78
4	Heritage	A	11:35.28
5	Alhambra	A	11:37.27
6	Santa Rosa	A	11:53.98
7	American	A	11:54.14
8	Heritage	B	12:14.71
9	San Leandro	A	12:16.84
10	Berean Christian	A	12:18.95
11	Bishop O'Dowd	A	12:54.52
12	Moreau Catholic	A	13:18.60
13	Hayward	A	13:18.72

## Event 4 Boys 4x800 Meter Relay

results lost due to finish line error

## Event 5 Girls 4x1600 Meter Relay

1	Castro Valley	A	24:02.70
2	American	A	24:48.52
3	Heritage	A	24:50.26
4	Hayward	A	26:18.12
5	Heritage	B	26:18.13
6	Castro Valley	B	26:19.12
7	San Leandro	A	26:40.95

## Event 6 Boys 4x1600 Meter Relay

1	Castro Valley	A	19:53.30
2	Albany	B	20:08.50
2	Albany	A	20:08.50
4	Heritage	A	20:45.60
5	American	A	22:03.00
6	Bishop O'Dowd	A	22:03.10
7	Mt Eden	A	22:10.00
8	Heritage	B	22:44.80
9	San Leandro	A	23:22.30
10	Antioch	A	23:37.60

## Event 7 Girls 4x100 Meter Shuttle Hurdle

1	Castro Valley	B	42.48
2	Castro Valley	A	48.49
3	Antioch	A	50.55
4	Berean Christian	A	51.00

## Event 8 Boys 4x110 Meter Shuttle Hurdle

1	Castro Valley	A	46.73
2	Heritage	A	47.61
3	Berean Christian	A	51.37

## Event 9 Girls 4x100 Meter Relay

1	Castro Valley	A	54.20
2	Heritage	A	55.20
3	American	A	55.50
4	Northgate	A	56.60
5	Moreau Catholic	A	56.70
6	Antioch	A	57.20
7	St. Mary's College	A	57.30
7	San Leandro	A	57.30
9	Castro Valley	B	58.20
10	American	B	58.80
11	Berean Christian	A	59.00
12	Hayward	A	59.10
13	Heritage	B	59.40
14	Alhambra	A	1:00.40
15	Castro Valley	C	1:00.50
16	American	C	1:01.40
16	Antioch	B	1:01.40
18	Castlemont HS	A	1:02.30
19	Mt Eden	A	1:03.00
---	Alhambra	E	DQ
---	Bishop O'Dowd	A	DQ
---	Moreau Catholic	B	DQ
---	Castro Valley	D	DQ

## Event 10 Boys 4x100 Meter Relay

1	Bishop O'Dowd	A	45.10
2	Castro Valley	A	47.30
3	San Leandro	A	47.60
4	Hayward	A	47.70
5	Heritage	A	48.20
6	Bishop O'Dowd	B	48.80
7	American	A	49.00
8	Castro Valley	C	49.10
9	Northgate	A	50.10
10	Castro Valley	B	50.40
11	American	B	51.00
11	Berean Christian	A	51.00
13	Antioch	A	52.30
14	Tennyson	A	53.40
---	American	C	DNF
---	Alhambra	A	DQ
---	Moreau Catholic	A	DQ

## Event 11 Girls Open 1600 Run

(combined with Middle School boys -- results not clearly separated)

1.	Tapia, Jose -		5:43.50
2.	Parker, Sami	Alhambra	5:58.55
3.	Mozzetti, Alanna	American	5:59.41
4.	Mackey, Carter -		6:05.28
5.	Castillo, Luis -		6:06.44
6.	Johnston, Stefanie -		6:10.49
7.	Nilson, Michaela -		6:11.32
8.	Beard, Rebecca -		6:14.07
9.	Reid, Rebecca -		6:18.02
10.	Blalock, Deborah	American	6:22.62
11.	Zapatoi, Alicia -		6:25.41
12.	McClellan, Holly	Berean Christ	6:27.52
13.	Dwyer, Amanda	Antioch	6:32.01
14.	Shepard, Colton		6:35.62
15.	Contreas, Emiliano -		6:36.53
16.	Pierce, Amanda -		6:37.15
17.	Martinez, Gerardo -		6:37.98
18.	Kileian, Amanda -		6:39.52
19.	Youkhaneh, Nicolette	American	6:42.04
20.	Siu, Sabrina	American	6:55.89
21.	Bonilla, Caroline	Berean Christ	7:00.53
22.	Lee, Derrek -		7:05.39
23.	Lweis, Shawn -		7:08.79
24.	Jimenez, Jose -		7:12.74
25.	Ayala, Jose -		7:26.18
26.	Makahili, John -		7:30.06
27.	Hernandez, Xavier -		7:36.12
28.	Lacayo, Jason -		7:41.45

## Event 12 Boys Open 1600 Run

1.	Blattler, Mark	Alhambra	4:47.21
2.	Ciprian, Timothy	Hayward	4:47.85
3.	Aston, Jesse	Alhambra	4:51.94
4.	Ashby, Tom	Castro Valley	4:55.55
5.	Gioia, Chris	Albany	4:59.27
6.	Brody, David	American	5:00.87
7.	Morford, Eric	Heritage	5:01.44
8.	Hermes, Arnie	Northgate	5:11.98
9.	Martore, Anthony	Castro Valley	5:13.00
10.	Dwyer, Brian	Antioch	5:13.51
11.	Slatten, Chris	Antioch	5:15.36
12.	Valdez, Joey Dave	American	5:17.97
13.	Cornelius, Jared	Antioch	5:21.58
14.	Chan, Eric	Castro Valley	5:23.47
15.	Coulter, Erich	Castro Valley	5:34.99
16.	Owyang, Greg	Castro Valley	5:35.52
17.	Pouch, Michael	Berean Chris	5:43.27
18.	Zabroski, Dakotah	Heritage	5:46.44
19.	Prucha, Alexande	American	5:47.41
20.	Cary, Craig	Berean Christ	5:58.58

## 13 Girls 100 Meter Dash

1	Slone, Khyia	Heritage	13.20
2	Adesida, Divine	Alhambra	13.54

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3	Cabana, Asia	American	13.86
4	Velasquez, Melissa	Castro Valle	14.08
5	Schneider, Marisa	Castro Valle	14.12
6	Harris, Camille	American	14.31
7	Griggs, Makaila	Heritage	14.71
8	Randell, Chelsea	San Leandro	14.84
9	Vanwinkle, Lindsey	Antioch	14.90
10	Rhodes, Diamond	Antioch	14.99
11	Watson, Chantel	San Leandro	15.05
12	Gustafson, Kelsey	Berean Chris	15.46
13	Dimude, Sochirma	Mt Eden	15.60
14	Bayne, Dayjanae'	Albany	16.15
15	Kylo, Jaclyn	Alhambra	17.17
16	Chu, Stephanie	Berean Chris	17.57

### Event 14 Boys 100 Meter Dash

1	Rosby, Damion	Castro Valle	11.84
2	Williams, Antione	Mt Eden	11.94
3	Luiz, Joseph	Heritage	12.22
4	Grimes, Evan	Antioch	12.40
5	Wong, Shawn	American	12.46
6	Thomas, Tyler	Hayward	12.51
7	Jung, Derek	Northgate	12.59
8	Chaddha, Mohan	American	12.71
9	Love, Kyle	San Leandro	12.88
10	Bradford, Alvector	San Leandro	13.00
11	Haile, Dominique	Hayward	13.08
12	Fitterer, Daniel	Berean Chris	13.15
12	Liu, Kevin	Albany	13.15
14	Furch, Michael	Mt Eden	13.29
15	Railton, Mike	Alhambra	13.80
16	Bao, Jerry	Berean Chris	14.08
17	Connell, Nick	Heritage	14.81

### Event 15 Girls 300 Meter Hurdles

1	Bertsch, McKennan	Santa Rosa	52.59
2	Cosby, Hailey	Antioch	54.77
3	Delaria, Erin	Northgate	56.29
4	Piccillo, Emma	Castro Valle	56.97
5	Elliott, Gabriella	Santa Rosa	57.71
6	Simbra, Tanya	Castro Valle	57.92
7	Yu, Cheryl	American	58.07
8	Jackson, Aunschelle	Heritage	58.12
9	Zakrzewski, Dayan	Northgate	1:00.81
10	Taylor, Amelia	Antioch	1:02.65
11	Yahne, Lauren	Heritage	1:02.86

### Event 16 Boys 300 Meter Hurdles

1	Bivings, Josh	Castro Valle	49.10
2	Crowder, Steven	Heritage	50.29
3	Jung, Derek	Northgate	50.38
4	Neise, Ryan	Northgate	50.96
5	Wiegardt, Andrew	Castro Valle	52.93
6	Kim, Jack	Berean Chris	53.78
7	Dunbar, Christian	Berean Chris	1:04.22

### Event 17 Girls 4x400 Meter Relay

1	Antioch	A	4:34.24
2	American	A	4:41.62
3	Heritage	A	4:48.71
4	Hayward	A	5:02.31
5	Antioch	B	5:08.83
6	Heritage	B	5:45.25

### Event 18 Boys 4x400 Meter Relay

1	Castro Valle	A	3:48.44
2	Heritage	A	3:49.66
3	San Leandro	A	3:57.92
4	American	A	3:59.80
5	Heritage	B	4:04.96
6	Mt Eden	A	4:08.19
7	Antioch	A	4:14.08
8	American	B	4:27.56
9	Castro Valle	B	4:29.20
10	Antioch	B	5:10.84

### Girls High Jump

1.	Mercy	12-10
2.	Castro Valley	12-6
3.	Berean Christian	12-2
4.	Mercy B	3-10
4.	Castro Valley B	3-10
6.	Santa Rosa	3-8

### Individuals:

1.	Madison	Mercy	4-8
2.	Maria	Berean Christ	4-4
3.	Emma Piccillo	Castro Valley	4-4
4.	Marisa Schneider	Castro Valley	4-2
5.	Dawn	Berean Christian	4-2
6.	Rebecca	Mercy	4-2
7.	Leann Ayala	Castro Valley	4-0
7.	Megan	Mercy	4-0
9.	Rochelle	Mercy	3-10
9.	Julia Cinceros	Castro Valley	3-10
11.	Gabby	Santa Rosa	3-8
12.	Melissa	Berean Christian	3-8
13.	Michelle	Mercy	n.h.

### Boys High Jump

1.	Bishop O'Dowd	16-00
2.	Heritage "A"	15-06
3.	Berean Christian	9-08
4.	Castro Valley	9-06
4.	Hayward	9-06
4.	Heritage "B"	9-06
7.	Northgate	4-10

### Individuals

1	Chris Martins	O'Dowd	5-04
3	Agyei Wallace	O'Dowd	5-04
1	Allen Williams	O'Dowd	5-04
4	Eng, Billy	Heritage	5-02
6	Burt, Anthony	Heritage	5-02
4	Crowder, Steven	Heritage	5-02
7	Croft, Stephen	Berean Christian	5-00
8	Tyler Thomas	Hayward	4-10
11	Hopkins, Rob	Northgate	4-10
10	Reykalin, Eric	Heritage	4-10
8	Quintanilla, Jimmy	Castro Valley	4-10
12	Chris Chambers	Hayward	4-08
15	White, Ryley	Heritage	4-08
12	Bracy, Charles	Castro Valley	4-08
12	Inga, Emmanuel	Berean Christian	4-08
--	Brewer, Christian	Northgate	rh

### Girls Long Jump

1.	Mercy	42-0.5
2.	Moreau Catholic	39-02.5
3.	Hayward	37-07
4.	Castro Valley	35-07
5.	Heritage	15-07
6.	Bishop O'Dowd	13-11
7.	American	13-02
8.	Berean Christian	12-04
9.	San Leandro	12-01
10.	Mercy B	11-07
11.	Tennyson	11-04
12.	Castro Valley B	10-1.5

### Individuals:

1	Madison Mason	Mercy	16-0.5
2	Stone, Khyia	Heritage	15-07
3	Overshoun-Hall, Jordan	Moreau	14-04.5
4	Bedford, Evangeline	Castro Valley	14-00
5	Shanel Jones	Bishop O'Dowd	13-11
6	ERica Maldonado	Mercy	13-08.5
7	Davis, Naila	Hayward	13-08
8	Ani, Jorcelyn	Hayward	13-05
9	Kagel, Ali	American	13-02
10	Patrick, Tiffanie	Moreau Catholic	12-08
11	Chin, Courtney	Berean Christian	12-04

12	Kathlene Andres	Mercy	12-03.5
13	Sidhu, Puneet	Moreau Catholic	12-02
14	Randell, Chelsea	San Leandro	12-01
15	Briana Brown	Mercy	11-07
16	Ciniceros, Julia	Castro Valley	11-05.5
17	Nguyen, Khan	Tennyson	11-04
18	Obioma, Nnenna	Hayward	10-06
19	Umeh, Lisa	Castro Valley	10-02
20	Jang, Deanna	Castro Valley	10-01.5
---	Alicia Mussman	Mercy	nm
---	Taitana Prado	Mercy	nm
---	Lariel Powell	Bishop O'Dowd	nm
---	Deng, Cindy	San Leandro	nm
---	Meniou, Elise	Moreau Catholic	nm
---	Miciano, Audrey	Moreau Catholic	nm
---	Torres, Katrina	Moreau Catholic	nm
---	Salas, Jessica	Moreau Catholic	nm
---	Chu, Stephanie	Berean Christian	nm
---	Castel, Natalie	Berean Christian	nm

### Boys Long Jump

1.	Bishop O'Dowd	54-02.5
2.	Berean Christian	46-08
3.	Mt. Eden	34-04.5
4.	Hayward	32-06
5.	Castro Valley	31-03
6.	Heritage	17-10

### Individuals

1	Williams, Antione	Mt Eden	18-03.5
2	Allen Williams	O'Dowd	18-02.5
3	Lorenzo Manos	O'Dowd	18-0.5
4	Mell	O'Dowd	17-11.5
5	Chambers	Hayward	17-00
6	Croft, Stephen	Berean Christian	17-00
7	Dennis, Nikolas	Heritage	16-10
8	Wicks, Cody	American	16-06
9	Foster, Alexander	Castro Valley	16-05
10	Padilla, Matthew	Mt Eden	16-01
11	Thomas, Tyler	Hayward	15-06
12	Miller, Evan	Berean Christian	15-04
13	Quintanilla, Jimmy	Castro Valley	14-10
14	Inga, Emmanuel	Berean Christian	14-04
15	Dunbar, Christian	Berean Christian	14-04
16	Salinas, Chris	Mt Eden	nm
17	Wyatt, Aaron	Hayward	nm
18	Linda, Jeremy	Castro Valley	nm
19	Bracy, Charles	Castro Valley	nm

### Girls Triple Jump

1.	Hayward	81-04.5
2.	Mercy	79-11.5
3.	Castro Valley	51-11.5
4.	San Leandro	50-10.5

### Individuals

1	Rochel Cycon	Mercy	28-03.5
2	Ani, Jorcelyn	Hayward	28-00
3	Cathlene Andres	Mercy	27-7
4	Deng, Cindy	San Leandro	27-10.5
5	Bedford, Evangeline	Castro Valley	27-04
6	Davis, Naila	Hayward	27-02
7	Obioma, Nnenna	Hayward	26-02.5
8	Umeh, Lisa	Castro Valley	24-07.5
9	Erica Maldonado	Mercy	23-11
10	Chelsea Reynold	San Leandro	23-00

### Boys Triple Jump

1.	Bishop O'Dowd	111-00.50
2.	Berean Christian	106-00.25
3.	Castro Valley	37-05
4.	American	33-09.5
5.	Heritage	31-08.5

### Individuals:

1	Trenton Traymell	O'Dowd	39-08
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2	Dunbar, Christian	Berean Christ	39-04.75	3	Castro Valley A		257-02	3.	Castlemont		73-07.5
3	Bracy, Charles	Castro Valley	37-05	4	Northgate		242-06	4.	Castro Valley		73-01.5
4	Lorenzo Manog	O'Dowd	36-10	5	American A		231-08	5.	Berean Christian		72-09.5
5	Croft, Stephen	Berean Christ	36-02.5	6	Mills B		214-09	6.	Santa Rosa		72-05
6	Wallace Agyei	O'Dowd	34-06	7	Alhambra A		199-02	7.	Alhambra		70-05.5
7	Cody Wikke	American	33-09.5	8	Moreau A		190-04	8.	Antioch		69-02.5
8	Dennis, Nikolas	Heritage	31-08.5	9	Castro Valley B		179-05	9.	Mercy		63-03
9	Ferro, Nathan	Berean Christ	30-05	10	O'Dowd		163-05	10	Mills B		62-09.5

## Girls Discus

1.	Mills		198-04.5
2.	Heritage		197-04
3.	Antioch		190-00
4.	Castro Valley		183-05
5.	Berean Christian		183-03
6.	Castlemont		172-00.5
7.	Santa Rosa		163-10.5
8.	Mills B		158-00.5
9.	Alhambra		144-11.5
10.	Mercy		135-11.5
11.	Albany		105-09
12.	Heritage B		091-02
13.	Castro Valley B		089-11
14.	San Leandro		086-10.00
15.	Hayward		061-01
16.	Antioch B		050-09.5
17.	Berean B		040-08
18.	Mercy B		034-02

## Individuals

1	Tagivakatini, Talei	Albany	105-09
2	Tatjana Pitts	Antioch	73-05
3	DeBoer, Stephanie	Berean Christian	72-06
4	Dunnigan, Kelsey	Castro Valley	70-9
5	Tallon, Kayla	Heritage	70-05
6	Gong, Kristina	Mills	68-11
7	Uikilifi, Nikki	Mills	66-11
8	Deanna Atkins	Castlemont	65-07.5
9	Tallon, Sarah	Heritage	65-07
10	Posey, Arianna	Castro Valley	64-11
11	Stuart, Shelby	Alhambra	63-06
12	Law, Phyllis	Mills	62-06
13	Volkman, Molly	Heritage	61-03
14	Banks, Dalisa	Hayward	61-01
15	Bertsch, McKennan	Santa Rosa	60-5
16	Draynawa, Elizabeth	Santa Rosa	60-4.5
17	Martey, Angela	Berean Christian	60-03
18	Jessica Costello	Antioch	58-10
19	Lana Grajalvo	Antioch	57-09
20	Pankratius, Jackie	Mills	56-06.5
21	Ashley Heedley	Castlemont	52-08
22	Malik, Kanwal	Mills	51-08
23	Newberry	Antioch	50-09.5
24	Blackwood, Leighann	Berean Christian	50-06
25	Chen, Daisy	Mills	49-10
26	Robinson, Ashlee	Heritage	49-03
27	Roxanne Thrapp	Mercy	48-06.5
28	Morales, Alma	San Leandro	48-04
29	Mia Yassallo	Mercy	47-11
30	Berio, Hayley	Castro Valley	47-08
31	Calcagno, Candace	Castro Valley	46-00
32	Geohagen-Freifeld, Tallis	Santa Rosa	43-1
33	Lund-Soyombo, Ivane	Heritage	42-11
34	Disher, Juliana	Castro Valley	42-03
35	Aitken, Haylie	Alhambra	41-04
36	Veeraswami, Sara	Berean Christian	40-08
37	Mulgrew, Angelica	Alhambra	40-01
38	Michelle Berta	Mercy	40-00
39	White, Valeria	San Leandro	38-06
40	Evana Yukeli	Mercy	34-02
41	Toseanna Shavers	Castlemont	33-08.5
---	Gold, Alaina	American	nm

## Boys Discus

1	Mills A		306-07
2	San Leandro A		299-09

12	Castro Valley C		139-08.5
13	San Leandro B		132-11
14	DeAnza		131-03
15	Moreau B		129-06
16	Antioch		119-06
17	Castlemont		117-11
18	Tennyson		099-08
19	Berean Christian		065-04
20	Alhambra B		037-02
21	American B		028-10

## Individuals:

1	Kramer, Erik	Mills	116-06
2	Nunn, Malcume	San Leandro	112-05
3	Mason, Eric	Castro Valley	112-02
4	Maile, Sione	San Leandro	111-04
5	B. Johnson	O'Dowd	100-10
6	Siliako Fiso	Tennyson	099-08
7	Solomon, Alex	Northgate	096-0
8	Mapa, Blaine	Mills	095-11
9	Lin, Emerson	Mills	094-02
10	Hillar, Jacob	American	088-11
11	Perry, Briant	Northgate	085-06
12	Gilham, George	Castro Valley	084-00
13	A. Harrison	DeAnza	082-0
14	So, David	Mills	081-06.5
15	Vasquez, Alex	Castro Valley	081-0
16	Omilabu, Omar	Alhambra	080-06
17	Finn, Alex	Alhambra	078-11
18	Morales, Gonzalo	San Leandro	076-0
19	Morankola, Adebambo	San Leandro	073-08
20	Murray, William	Mills	071-10
21	Anderson, Jake	American	071-10
22	Singh, Jaskirat	American	070-11
23	Tirado, Peter	Antioch	067-09
24	Andrew Pfeiffer	Berean Christian	065-04
25	Meares, Nick	Moreau Catholic	064-08
26	Dalit, Raphael	Moreau Catholic	063-00
27	Mediola, Marcus	Moreau Catholic	062-08
28	Eckel, Jacob	Castro Valley	062-06
29	Derrick Meul	Castlemont	062-05
30	Zapata, Johann	Mills	061-04.5
31	Buckland, Eric	Northgate	061-0
32	Ashby, Joe	Castro Valley	059-04
33	Bowden, Steve	San Leandro	059-03
34	D. Newberry	DeAnza	057-08
35	Carrick, Chris	Castro Valley	057-07
36	A Beginger	O'Dowd	056-07
37	Deandre Ward	Castlemont	055-06
38	Sanchez, Jaimie	Moreau Catholic	052-05
39	Larrabee, Nathaniel	Albany	052-0
40	Dollar, Kameron	Antioch	051-09
41	Alvin Lai	Castro Valley	049-04
42	D. Parker	DeAnza	049-03
43	Rivera, Francisco	Albany	048-02
44	Robert Bush	Castro Valley	048-0
45	Hamilton, Anthony	Moreau Catholic	043-06
46	Guerrero, Josecarlos	Albany	043-0
47	Phan, Brian	Castro Valley	041-08.5
48	Shwartz, Nate	Alhambra	039-09
49	Minetti, Cooper	Alhambra	037-02
50	Hernandez, Oscar	Moreau Catholic	033-07
51	Nghiem, Andre	American	028-10

## Girls Shot Put

1.	Mills		82-04
2.	Heritage		75-07

## Individuals:

1	Tagivakatini, Talei	Albany	36-08
2	Sapiga, Patrice	Hayward	33-08.5
3	Uikilifi, Nikki	Mills	32-01
4	Deanna Atkins	Castlemont	28-07.5
5	DeBoer, Stephanie	Berean Christian	28-05.5
6	McKenna Bertsch	Santa Rosa	26-07.5
7	Banks, Dalisa	Hayward	26-01
8	Gong, Kristina	Mills	26-00
9	Posey, Arianna	Castro Valley	25-11
10	Mia Vasallo	Mercy	25-10
11	Tallon, Kayla	Heritage	25-10
12	Tallon, Sarah	Heritage	25-01.5
13	Newberry, Michaela	Antioch	24-09.5
14	Volkman, Molly	Heritage	24-08.5
15	Stuart, Shelby	Alhambra	24-07
16	Pankratius, Jackie	Mills	24-03
17	Pitts, Tatjana	Antioch	24-02
18	Chen, Daisy	Mills	24-00
19	Martey, Angela	Berean Christian	23-11
20	Dunnigan, Kelsey	Castro Valley	23-10.5
21	Taseanna Shavers	Castlemont	23-09.5
22	Tallis Geogean-Freifeld	Santa Rosa	23-06
23	Berio, Hayley	Castro Valley	23-04
24	Draynawa, Elizabeth	Santa Rosa	22-04
25	Costello, Jessica	Antioch	22-03
26	Magdaline Armstrong	Castlemont	21-2.5
27	Malik, Kanwal	Mills	21-05
28	Lund-Soyombo, Ivane	Heritage	21-05
29	Blackwood, Leighann	Berean Christian	21-05
30	Disher, Juliana	Castro Valley	21-03.5
31	Gold, Alaina	American	21-03
32	Morales, Alma	San Leandro	21-02.5
33	Calcagno, Candace	Castro Valley	21-01
34	Robinson, Ashlee	Heritage	20-5
35	Grijalva, Laura	Antioch	20-08.5
36	Aitken, Haylie	Alhambra	19-02.5
37	Roxanne Thrapp	Mercy	18-11
38	Veeraswami, Sara	Berean Christian	18-11
39	Erin Yuksel	Mercy	18-06
40	White, Valeria	San Leandro	18-04.5
41	Law, Phyllis	Mills	17-04.5
42	Sallhovic, Neira	Alhambra	16-08

## Boys Shot Put

1	San Leandro		116-06.5
2	Mills A		112-02
3	Castro Valley A		109-11.5
4	Bishop O'Dowd		106-10
5	Northgate		103-08
6	Moreau A		098-04
7	American A		095-07
8	Alhambra A		094-07
9	Mills B		088-06
10	Castro Valley B		085-05.5
11	Albany		080-02.5
12	Moreau B		077-11
13	Castlemont		065-08
14	Antioch		057-09.5

# Trojan Relays -- Frosh-Soph Results -- Friday, March 14, 2008

15	San Leandro B	056-0
16	Castro Valley C	047-06
17	Alhambra B	024-00.5
18	Moreau C	021-03
19	Berean Christian	019-10.5
20	American B	019-06

### Individuals:

1	Malcom Lunn	San Leandro	45-02
2	Amari Harris	DeAnza	44-03
3	Blake Johnson	O'Dowd	41-09.5
4	Hillar, Jacob	American	39-10
5	Sikone	San Leandro	39-09.5
6	Kramer, Erik	Mills	38-11
7	Eckel, Jacob	Castro Valley	38-05.5
8	Alex Beglinger	O'Dowd	37-1
9	Mapa, Blaine	Mills	37-07
10	Solomon, Alex	Northgate	36-09
11	Jason Chaung	Moreau	36-06
12	Mason, Eric	Castro Valley	36-04.5
13	So, David	Mills	35-08
14	Gilham, Gaton	Castro Valley	35-04
15	Vasquez, Alex	Castro Valley	35-01.5
16	Omilabu, Omar	Alhambra	34-11
17	Lin, Emerson	Mills	33-10
18	Finn, Alex	Alhambra	33-10
19	Bryant Perry	Northgate	33-08
20	Deandre Ward	Castlemont	33-07
21	Eric Buckalnd	Northgate	33-03
22	Tirado, Peter	Antioch	32-11.5
23	Derrick Moul	Castlemont	32-01
24	Marcus Mendilloa	Moreau	31-7
25	Alonzo Newberry	DeAnza	31-09
26	Morales, Gonzalo	San Leandro	31-07
27	Dejon Parker	DeAnza	30-10
28	Bambo	San Leandro	30-04
29	Oscar Hernandez	Moreau	30-03
30	Anderson, Jake	American	28-05
31	Larrabee, Nathaniel	Albany	28-01.5
32	Jamie Sanchez	Moreau	28-00
33	Singh, Jaskirat	American	27-06
34	Zapata, Johann	Mills	27-04
35	Murray, William	Mills	27-04
36	Josh Weefer	O'Dowd	27-02
37	Dalit, Raphael	Moreau Catholic	26-09
38	Guerrero, Josecarlos	Albany	26-00.5
39	Rivera, Francisco	Albany	26-00.5
40	Ashby, Joe	Castro Valley	25-11
41	Minetti, Cooper	Alhambra	25-10.5
42	Bowden, Steve	San Leandro	25-08
43	Cameron Dallor	Antioch	24-10
44	Phan, Brian	Castro Valley	24-02.5
45	Shwartz, Nate	Alhambra	24-00.5
46	Rob Busch	Castro Valley	23-09
47	Raphael Gomez	Moreau	23-08
48	Carrick, Chris	Castro Valley	22-09
49	Hamilton, Anthony	Moreau Catholic	21-03
50	Smith, Jordan	Berean Christian	19-10.5
51	Nghiem, Andre	American	19-06

### Individuals:

1	Sean Nguyen	Monte Vista	11-00
2	Dan Feldman	Monte Vista	10-00
3	Bryant Archibald	Monte Vista	09-06
4	Kneppers, Tomas	Northgate	09-00
5	Travis Lyons	Northgate	08-06
6	Kwok, Justin	Northgate	08-06
6	Wiegardt, Andrew	Castro Valley	08-06
6	Jordan Laris	Castro Valley	08-06
9	Brewer, Christian	Northgate	08-00
10	Erich Coulter	Castro Valley	08-00
--	Hagmann, Wesley	Heritage	rh

### Girls Pole Vault

1.	Monte Vista	20-00
2.	Northgate	7-00

### Individuals

1.	Erin Delaria	Northgate	7-00
2.	Laurel Lawson	Monte Vista	7-00
3.	Jackie Murray	Monte Vista	7-00
4.	Anita Subramanian	Monte Vista	6-00

### Boys Pole Vault

1.	Monte Vista	30-6
2.	Northgate A	26-0
3.	Castro Valley	25-0
4.	Northgate B	8-0

Castro Valley Fr/So Meet - 3/14/2008\*

Event 1 Girls 4x200 Meter Relay\*

1	Bishop O'Dowd	A	1:54.99
2	Heritage	A	1:57.46
	1) Griggs, Makaila	2) Nevarez, Kara	
	3) Tucker, Sherrell	4) Slone, Khyia	
3	Castro Valley	A	2:00.14
	1) Flowers, Jemiah	2) Furino, Tiffany	
	3) Velasquez, Melissa	4) Umeh, Lisa	
4	San Leandro	A	2:00.69
	1) Bishop, Karyn	2) Johnson, Erika	
	3) Labrie, Jasmine	4) Randell, Chelsea	
5	Antioch	A	2:00.77
	1) McGrath, Cassie	2) Vinson, Morgan	
	3) Vanwinkle, Lindsey	4) Thompson, Alyssa	
6	Alhambra	A	2:01.00
	1) Adesida, Divine	2) Stuart, Shelby	
	3) Boyer, Madeline		
7	Northgate	A	2:02.28
	1) Miller, Kelly	2) Hogan, Caitlin	
	3) Chiong, Jessica	4) Zakrzewski, Dayan	
8	American	A	2:02.52
	1) Cabana, Asia	2) Yu, Cheryl	
	3) Mar, Taryn	4) Harris, Camille	
9	Moreau Catholic	A	2:02.77
	1) Meniou, Elise	2) Patrick, Tiffanie	
	3) Hall, Jordan	4) Harbert, Nicole	
10	American	B	2:07.40
	1) Cascarden, Jessica	2) Chastang, Simone	
	3) Kagel, Ali	4) Neal, Alyson	
11	Antioch	B	2:09.46
	1) Southall, Katelyn	2) Saldana, Jordan	
	3) Newberry, Michaela	4) Pitts, Tatjana	
12	American	C	2:09.72
	1) Lei, Nicky	2) Patel, Kajel	
	3) Abad, Daryl	4) Griffin, Julie	
13	Heritage	B	2:10.02
	1) Jackson, Aunschelle	2) Sams, Sammie	
	3) McGovern, Gina	4) Chandler, Chantelle	
14	Heritage	C	2:10.40
	1) Gatson, Taylor	2) Williams, Alexandria	
	3) Mercer, Sally	4) Dunbar, Alix	
15	Hayward	A	2:10.65
	1) Ani, Jorcelyn	2) Davis, Naila	
	3) Obioma, Nnenna	4) Hogan, Taelor	
16	Castro Valley	B	2:10.96
	1) Chi, Isabel	2) Levy, Sarah	
	3) Law, Priscilla	4) Shin, Angie	
17	Moreau Catholic	B	2:12.97
	1) Bellow, Urayah	2) Miciano, Audrey	
	3) Torres, Katrina		
18	Berean Christian	A	2:13.49
	1) Gustafson, Kelsey	2) Johnson, Chelsey	
	3) Castel, Natalie	4) Chin, Courtney	
19	Mt Eden	A	2:15.15
	1) Dimude, Sochima	2) Quraisha, Wanna	
	3) Swaich, Amit	4) Waiters, Tatiana	

\*Event 2 Boys 4x200 Meter Relay\*

1	Bishop O'Dowd	B	1:34.27
2	Castro Valley	A	1:38.30
	1) Reed, Damell	2) Hamilton, Jr, Chris	
	3) Biondi, Kyle	4) Rosby, Damion	

3	Bishop O'Dowd	A	1:40.02
4	Heritage	A	1:40.48
	1) Dennis, Nikolas	2) Luiz, Joseph	
	3) Alicea, Andrew	4) Macintosh Jr., Steven	
5	San Leandro	A	1:42.54
	1) McNeally, Mas	2) Love, Kyle	
	3) Bradford, Alvector	4) Carantes, Mark	
6	Mt Eden	A	1:44.01
	1) Dawkins, John	2) Furch, Michael	
	3) Jigby, Emmanuel	4) Lelea, Terry	
7	American	A	1:44.90
	1) Wong, Shawn	2) Chaddha, Mohan	
	3) Walsh, Joseph	4) Rupp, Gregory	
8	Northgate	A	1:47.86
	1) Chan, Angelo	2) Lyons, Travis	
	3) Neise, Ryan	4) Jung, Derek	
9	Castro Valley	B	1:48.59
	1) Ashby, Joe	2) Batis, Bobby	
	3) Zuniga, Lorenzo	4) Han, Nate	
10	Hayward	A	1:49.02
	1) Wyatt, Aaron	2) Thomas, Tyler	
	3) Haile, Dominique	4) Chambers, Chris	
11	Alhambra	A	1:49.68
	1) Christmas, Erron	2) Miller, Dillion	
	3) Omilabu, Omar	4) Raiton, Mike	
12	Castlemont HS	A	1:50.47
13	Heritage	B	1:50.78
	1) Connell, Nick	2) Burt, Anthony	
	3) Renna, Brian	4) Williams, Eric	
14	Deanza	A	1:51.01
15	American	C	1:51.99
	1) Haman, Nathan	2) Lim, Eric	
	3) Sun, Aaron	4) Tello, Lawrence	
16	American	B	1:52.11
	1) Ngo, Jonathan	2) Le, Alan	
	3) Kadakia, Sagar	4) Schlobohm, Luke	
17	Moreau Catholic	A	1:53.66
	1) McIntire, Andrew	2) Nisanian, Mark	
	3) Rasay, David	4) Gregorio, John	
18	Tennyson	A	1:55.13
	1) Towles, Marvin	2) Telleria, Ogden	
	3) Sandhu, Gurjeet	4) Doan, Louis	
19	Moreau Catholic	C	2:01.71
	1) Thomas, Justin	2) McKearin, Sean	
	3) Cortez, Alejandro	4) Avanto, Alonso	
20	Antioch	A	2:07.02
	1) Alsakar, Josh	2) Harvey, Jeremy	
	3) Rodriguez, Jacob	4) Tirado, Peter	

Event 3 Girls 4x800 Meter Relay\*

1	Antioch	A	10:57.93
	1) Butterfield, Dallas	2) Thompson, Alyssa	
	3) Gutierrez, Devany	4) Zapata, Alicia	
2	Castro Valley	A	11:08.47
	1) Carvin, Kay	2) Velasquez, Blanca	
	3) Yang, Nicole	4) Sutedja, Ashley	
3	American	B	11:32.78
	1) Kunz, Erin	2) Gupta, Saachi	
	3) Youkaneh, Nicolette	4) Neal, Alyson	
4	Heritage	A	11:35.28
	1) Beard, Rebecca	2) Hamblin, Bailey	
	3) Grant, Alex	4) Johnston, Stephanie	
5	Alhambra	A	11:37.27
	1) Andrews, Jewelz	2) Boyer, Madeline	

6 3) Nilson, Michaela Santa Rosa  
 1) Bertsch, Shealon  
 3) Miller, Carly

4) Parker, Sammy  
 A 11:53.98  
 2) McGillivray, Rebecca  
 4) Young, Caitlin

7 American  
 1) Blalock, Deborah  
 3) Mozzetti, Alanna  
 8 Heritage  
 1) Delgado, Adriana  
 3) Shanks, Ashley  
 9 San Leandro  
 1) Hernandez, Julie  
 3) Wong, Jessica  
 10 Berean Christian  
 1) Wilson, Tori  
 3) Bonilla, Caroline  
 11 Bishop O'Dowd  
 12 Moreau Catholic  
 1) Fujii, Laurel  
 3) Hannon, Maggie  
 13 Hayward  
 1) Pulido, Edith  
 3) Ceden, Jeanette

A 11:54.14  
 2) Siu, Sabrina  
 4) Koide, Janelle  
 B 12:14.71  
 2) Moody, Sarah  
 4) Velasco, Ryan  
 A 12:16.84  
 2) Canela, Janet  
 4) So, Susan  
 A 12:18.95  
 2) Ward, Dawn  
 4) McClellan, Holly  
 A 12:54.52  
 A 13:18.60  
 2) Sefreno, Erin  
 4) Harris, Eileen  
 A 13:18.72  
 2) Callies, Karla  
 4) Garcia, Irmay

\*Event 5 Girls 4x1600 Meter Relay\*

\*Team\* \*\* \*Relay\*  
 \*Finals\*

\*Finals\*

1 Castro Valley A 24:02.70  
 1) Carvin, Kay 2) MacLeod, Pamela  
 3) Sutedja, Ashley 4) Yang, Nicole  
 2 American A 24:48.52  
 1) Koide, Janelle 2) Kunz, Erin  
 3) Mozzetti, Alanna 4) Youkaneh, Nicolette  
 3 Heritage A 24:50.26  
 1) Johnston, Stephanie 2) Grant, Alex  
 3) Navarette, Arlene 4) Beard, Rebecca  
 4 Hayward A 26:18.12  
 1) Duran, Ariana 2) Garcia, Irmay  
 3) Ceden, Jeanette 4) Pulido, Edith

5 Heritage B 26:18.13  
 1) Moody, Sarah 2) Ouimette, Julie  
 3) Velasco, Ryan 4) Triplett, Jordan  
 6 Castro Valley B 26:19.12  
 1) Ho, Felicia 2) Hsu, Ning  
 3) Noe, Gretta 4) Velasquez, Blanca  
 7 San Leandro A 26:40.95  
 1) Hernandez, Julie 2) So, Susan  
 3) Canela, Janet 4) Lei, Winnie

\*Event 6 Boys 4x1600 Meter Relay\*

\*Team\* \*\* \*Relay\*  
 \*Finals\*

\*Finals\*

1 Castro Valley A 19:53.30  
 1) Ashby, Tom 2) Diomande, Saluyman  
 3) Martore, Anthony 4) Eversole, Ben  
 2 Albany B 20:08.50  
 1) Urban, Brian 2) Nagel, John  
 3) Shiu, Corwin 4) Lincoff, James  
 2 Albany A 20:08.50  
 1) Pickering, James 2) Bean, Aiden  
 3) Haight, Conner 4) Gioia, Chris  
 4 Heritage A 20:45.60  
 1) Bradley, Jacob 2) Morford, Eric  
 3) Fontes, Dylan 4) Reid, Dustin  
 5 American A 22:03.00  
 1) Valdez, Joey Dave 2) Brody, David  
 3) Wong, Russel 4) Prucha, Alexander  
 6 Bishop O'Dowd A 22:03.10  
 7 Mt Eden A 22:10.00  
 1) Jananpour, Nima 2) Nugal, Marvin  
 3) Martinez, Lyndon 4) Wu, Benjamin  
 8 Heritage B 22:44.80  
 1) Brum, Brandon 2) Paris, Tyler  
 3) Montoya, Adan 4) Zabroski, Dakotah

9 San Leandro A 23:22.30  
 1) Alvarado, Edgar 2) Garcia, Aaron  
 3) Contreras, Jose 4) Mok, Wilson  
 10 Antioch A 23:37.60  
 1) Cornelius, Jared 2) Slatten, Chris  
 3) Dwyer, Bryan 4) Ulloa, Felix

\*Event 7 Girls 4x100 Meter Shuttle Hurdle\*  
 \*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*  
 1 Castro Valley B 42.48  
 1) Le, Mindy 2) Posey, Arianna  
 3) Martines, Alina 4) Jang, Deanna

\*Finals ... (Event 7 Girls 4x100 Meter Shuttle Hurdle)\*  
 \*Team\* \*\* \*Relay\*

\*Finals\*

2 Castro Valley A 48.49  
 1) Simbra, Tanya 2) Dean, Erica  
 3) Le, Nghi 4) Piccillo, Emma  
 3 Antioch A 50.55  
 1) Butterfield, Dallas 2) Cosby, Hailey  
 3) Taylor, Amelia 4) Southall, Katelyn  
 4 Berean Christian A 51.00  
 1) Boelk, Mariah 2) Ibarra, Melissa  
 3) Tooley, Elizabeth 4) Belmont, Brittany

\*Event 8 Boys 4x110 Meter Shuttle Hurdle\*  
 \*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

- |   |                     |                  |       |
|---|---------------------|------------------|-------|
| 1 | Castro Valley       | A                | 46.73 |
|   | 1) Bivings, Josh    | 2) Laris, Jordan |       |
|   | 3) Wiegardt, Andrew | 4) Linda, Jeremy |       |
| 2 | Heritage            | A                | 47.61 |
|   | 1) Crowder, Steven  | 2) Eng, Billy    |       |
|   | 3) Reykalin, Eric   | 4) White, Ryley  |       |

- |   |                      |                     |       |
|---|----------------------|---------------------|-------|
| 3 | Berean Christian     | A                   | 51.37 |
|   | 1) Miller, Evan      | 2) Fitterer, Daniel |       |
|   | 3) Dunbar, Christian | 4) Kim, Jack        |       |

\*Event 9 Girls 4x100 Meter Relay\*  
\*Team\* \* \* \*Relay\*

\*Finals\*

\*Finals\*

- |   |                        |                       |       |
|---|------------------------|-----------------------|-------|
| 1 | Castro Valley          | A                     | 54.20 |
|   | 1) Bedford, Evangeline | 2) Flowers, Jemiah    |       |
|   | 3) Schneider, Marisa   | 4) Velasquez, Melissa |       |
| 2 | Heritage               | A                     | 55.20 |
|   | 1) Griggs, Makaila     | 2) Nevarez, Kara      |       |
|   | 3) Tucker, Sherrell    | 4) Stone, Khyia       |       |
| 3 | American               | A                     | 55.50 |
|   | 1) Yu, Cheryl          | 2) Mar, Taryn         |       |
|   | 3) Harris, Camille     | 4) Cabana, Asia       |       |
| 4 | Northgate              | A                     | 56.60 |
|   | 1) Chiong, Jessica     | 2) Hogan, Caitlin     |       |
|   | 3) Miller, Kelly       | 4) Zakrzewski, Dayan  |       |
| 5 | Moreau Catholic        | A                     | 56.70 |
|   | 1) Meniou, Elise       | 2) Overshoun-HALL,    |       |

Jordan

- |    |                     |                       |       |
|----|---------------------|-----------------------|-------|
| 3) | Patrick, Tiffanie   | 4) Harbert, Nicole    |       |
| 6  | Antioch             | A                     | 57.20 |
|    | 1) Cosby, Hailey    | 2) McGrath, Cassie    |       |
|    | 3) Thompson, Alyssa | 4) Vanwinkle, Lindsey |       |
| 7  | St. Mary's College  | A                     | 57.30 |
|    | 1) Carter, Jada     | 2) Hodge, Jade        |       |
|    | 3) Glover, Kailee   | 4) Larkin, Skylar     |       |
| 7  | San Leandro         | A                     | 57.30 |
|    | 1) Bishop, Karyn    | 2) Johnson, Erika     |       |
|    | 3) Labrie, Jasmine  | 4) Randell, Chelsea   |       |
| 9  | Castro Valley       | B                     | 58.20 |
|    | 1) Bashaw, Haley    | 2) Umeh, Lisa         |       |
|    | 3) Ciniceros, Julia | 4) Furino, Tiffany    |       |

- |    |                       |                 |       |
|----|-----------------------|-----------------|-------|
| 10 | American              | B               | 58.80 |
|    | 1) Kagel, Ali         | 2) Neal, Alyson |       |
|    | 3) Cascarden, Jessica | 4) Chastang,    |       |
- Simmons

- |    |                      |                     |       |
|----|----------------------|---------------------|-------|
| 11 | Berean Christian     | A                   | 59.00 |
|    | 1) Gustafson, Kelsey | 2) Johnson, Chelsey |       |
|    | 3) McNamara, Rachael | 4) Chin, Courtney   |       |

- |    |                    |                   |       |
|----|--------------------|-------------------|-------|
| 12 | Hayward            | A                 | 59.10 |
|    | 1) Ani, Jorcelyn   | 2) Davis, Naila   |       |
|    | 3) Obioma, Nnenna  | 4) Hogan, Taelor  |       |
| 13 | Heritage           | B                 | 59.40 |
|    | 1) Carpenter, Alex | 2) Sams, Sammie   |       |
|    | 3) Turner, Mariah  | 4) Gatson, Taylor |       |

- |    |                    |                    |         |
|----|--------------------|--------------------|---------|
| 14 | Alhambra           | A                  | 1:00.40 |
|    | 1) Adesida, Divine | 2) Boyer, Madeline |         |
|    | 3) Kylo, Jaclyn    |                    |         |

- |    |                |                   |         |
|----|----------------|-------------------|---------|
| 15 | Castro Valley  | C                 | 1:00.50 |
|    | 1) Chi, Isabel | 2) Law, Priscilla |         |
|    | 3) Levy, Sarah | 4) Shin, Angie    |         |
| 16 | American       | C                 | 1:01.40 |
|    | 1) Lei, Nicky  | 2) Patel, Kajel   |         |
|    | 3) Abad, Daryl | 4) Griffin, Julie |         |

- |    |                      |                    |         |
|----|----------------------|--------------------|---------|
| 16 | Antioch              | B                  | 1:01.40 |
|    | 1) Rhodes, Diamond   | 2) Saldana, Jordan |         |
|    | 3) Southall, Katelyn | 4) Vinson, Morgan  |         |
| 18 | Castlemont HS        | A                  | 1:02.30 |
|    | 1) Florence, ???     | 2) Lozano, ???     |         |
|    | 3) Nervis, D         | 4) Pomar, ???      |         |

- |    |                    |                     |         |
|----|--------------------|---------------------|---------|
| 19 | Mt Eden            | A                   | 1:03.00 |
|    | 1) Dimude, Sochima | 2) Quraisha, Wanna  |         |
|    | 3) Swaich, Amit    | 4) Waiters, Tatiana |         |

- |     |                        |   |    |
|-----|------------------------|---|----|
| --- | Alhambra               | E | DQ |
|     | 1) Wadsworth, Savannah |   |    |
| --- | Bishop O'Dowd          | A | DQ |
| --- | Moreau Catholic        | B | DQ |

- |  |                    |                    |  |
|--|--------------------|--------------------|--|
|  | 1) Torres, Katrina | 2) Miciano, Audrey |  |
|  | 3) Bellow, Urayah  |                    |  |

- |     |                  |                     |    |
|-----|------------------|---------------------|----|
| --- | Castro Valley    | D                   | DQ |
|     | 1) Ayala, Leann  | 2) Fong, Katrina    |    |
|     | 3) Maysam, Husna | 4) Tominaga, Alison |    |

\*Event 10 Boys 4x100 Meter Relay\*  
\*Team\* \* \* \*Relay\*

\*Finals\*

- |   |                       |                    |       |
|---|-----------------------|--------------------|-------|
| 1 | Bishop O'Dowd         | A                  | 45.10 |
| 2 | Castro Valley         | A                  | 47.30 |
|   | 1) Reed, Darnell      | 2) Batis, Bobby    |       |
|   | 3) Biondi, Kyle       | 4) Rosby, Damion   |       |
| 3 | San Leandro           | A                  | 47.60 |
|   | 1) McNeally, Mas      | 2) Love, Kyle      |       |
|   | 3) Bradford, Alvictor | 4) Carantes, Mark  |       |
| 4 | Hayward               | A                  | 47.70 |
|   | 1) Haile, Dominique   | 2) Thomas, Tyler   |       |
|   | 3) Wyatt, Aaron       | 4) Chambers, Chris |       |
| 5 | Heritage              | A                  | 48.20 |
|   | 1) Alicea, Andrew     | 2) Dennis, Nikolas |       |
|   | 3) Luiz, Joseph       | 4) Williams, Eric  |       |

\*Finals ... (Event 10 Boys 4x100 Meter Relay)\*  
\*Team\* \* \* \*Relay\*

\*Finals\*

6	Bishop O'Dowd	B	48.80
7	American	A	49.00
	1) Chaddha, Mohan	2) Wong, Shawn	
	3) Ngo, Jonathan	4) Cooper, Jordan	
8	Castro Valley	C	49.10
	1) Bracy, Charles	2) Foster, Alexander	
	3) Zuniga, Lorenzo	4) Linda, Jeremy	
9	Northgate	A	50.10
	1) Chan, Angelo	2) Lyons, Travis	
	3) Neise, Ryan	4) Jung, Derek	
10	Castro Valley	B	50.40
	1) Eckel, Jacob	2) Heka, Daniel	
	3) Quintanilla, Jimmy	4) Han, Nate	

10	Rhodes, Diamond	Antioch	14.99
11	Watson, Chantel	San Leandro	
15.05			
12	Gustafson, Kelsey	Berean Chris	
15.46			
13	Dimude, Sochima	Mt Eden	15.60
14	Bayne, Dayjanae'	Albany	16.15
15	Kyllo, Jaclyn	Alhambra	17.17
16	Chu, Stephanie	Berean Chris	
17.57			

\*Event 14 Boys 100 Meter Dash\*

\*Name\* \* \* School\*

\*Finals\*

\*Finals\*

1	Rosby, Damion	Castro Valle	
11.84			
2	Williams, Antione	Mt Eden	11.94
3	Luiz, Joseph	Heritage	12.22
4	Grimes, Evan	Antioch	12.40
5	Wong, Shawn	American	12.46
6	Thomas, Tyler	Hayward	12.51
7	Jung, Derek	Northgate	12.59
8	Chaddha, Mohan	American	12.71
9	Love, Kyle	San Leandro	
12.88			
10	Bradford, Alvictor	San Leandro	
13.00			
11	Haile, Dominique	Hayward	13.08
12	Fitterer, Daniel	Berean Chris	
13.15			
12	Liu, Kevin	Albany	13.15
14	Furch, Michael	Mt Eden	13.29
15	Railton, Mike	Alhambra	13.80
16	Bao, Jerry	Berean Chris	
14.08			
17	Connell, Nick	Heritage	14.81

\*Event 15 Girls 300 Meter Hurdles\*

\*Name\* \* \* School\*

\*Finals\*

\*Finals\*

1	Bertsch, McKennan	Santa Rosa	
52.59			
2	Cosby, Hailey	Antioch	54.77
3	Delaria, Erin	Northgate	56.29
4	Picillo, Emma	Castro Valle	
56.97			
5	Elliott, Gabriella	Santa Rosa	57.71
6	Simbra, Tanya	Castro Valle	
57.92			
7	Yu, Cheryl	American	58.07
8	Jackson, Aunschelle	Heritage	

11	American	B	51.00
	1) Rupp, Gregory	2) Kadakia, Sagar	
	3) Schlobohm, Luke	4) Wicks, Cody	
11	Berean Christian	A	51.00
	1) Croft, Stephen	2) Bao, Jerry	
	3) Fitterer, Daniel	4) Pfeiffer, Andrew	
13	Antioch	A	52.30
	1) Alsakar, Josh	2) Grimes, Evan	
	3) Harvey, Jeremy	4) Johnson, Joey	
14	Tennyson	A	53.40
	1) Towles, Marvin	2) Sandhu, Gurjeet	
	3) Telleria, Ogden	4) Doan, Louis	
---	American	C	DNF
	1) Le, Alan	2) Lim, Eric	
	3) Patel, Shrey	4) Tello, Lawrence	
---	Alhambra	A	DQ
	1) Christmas, Erron	2) Miller, Dillion	
	3) Omilabu, Omar	4) Railton, Mike	
---	Moreau Catholic	A	DQ
	1) Gregorio, John	2) McIntire, Andrew	
	3) Nisnisan, Mark	4) Rasay, David	

\*Event 13 Girls 100 Meter Dash\*

\*Name\* \* \* School\*

\*Finals\*

\*Finals\*

1	Slone, Khyia	Heritage	13.20
2	Adesida, Divine	Alhambra	13.54
3	Cabana, Asia	American	13.86
4	Velasquez, Melissa	Castro Valle	
14.08			
5	Schneider, Marisa	Castro Valle	
14.12			
6	Harris, Camille	American	14.31
7	Griggs, Makaila	Heritage	14.71
8	Randell, Chelsea	San Leandro	
14.84			
9	Vanwinkle, Lindsey	Antioch	14.90



58.12  
 9 Zakrzewski, Dayan Northgate 1:00.81  
 10 Taylor, Amelia Antioch 1:02.65  
 11 Yahne, Lauren Heritage 1:02.86

\*Event 16 Boys 300 Meter Hurdles\*  
 \*Name\* \* \* School\*

\*Finals\*

\*Finals\*

1 Bivings, Josh Castro Valle  
 49.10  
 2 Crowder, Steven Heritage 50.29  
 3 Jung, Derek Northgate 50.38  
 4 Neise, Ryan Northgate 50.96  
 5 Wiegardt, Andrew Castro Valle  
 52.93  
 6 Kim, Jack Berean Chris  
 53.78  
 7 Dunbar, Christian Berean Chris  
 1:04.22

\*Event 17 Girls 4x400 Meter Relay\*  
 \*Team\* \* \* Relay\*

\*Finals\*

\*Finals\*

1 Antioch A 4:34.24  
 1) Butterfield, Dallas 2) Southall, Katelyn  
 3) McGrath, Cassie 4) Thompson, Alyssa

\*Finals ... (Event 17 Girls 4x400 Meter Relay)\*

\*Team\* \* \* Relay\*

\*Finals\*

2 American A 4:41.62  
 1) Neal, Alyson 2) Yu, Cheryl  
 3) Anderson, Lorato 4) Koide, Janelle  
 3 Heritage A 4:48.71  
 1) Chandler, Chantelle 2) McGovern, Gina  
 3) Nevarez, Kara 4) Lopez, Tiffany

3) Reid, Dustin 4) MacIntosh Jr., Steven  
 San Leandro A 3:57.92  
 1) Carantes, Mark 2) Bradford, Alvictor  
 3) Love, Kyle 4) McNeally, Mas  
 4 American A 3:59.80  
 1) Brody, David 2) Waish, Joseph  
 3) Valdez, Joey Dave 4) Wong, Shawn  
 5 Heritage B 4:04.96  
 1) Fontes, Dylan 2) Alicea, Andrew  
 3) Renna, Brian 4) Connell, Nick  
 6 Mt Eden A 4:08.19  
 1) Dawkins, John 2) Salinas, Chris  
 3) Williams, Antione 4) Padilla, Matthew  
 7 Antioch A 4:14.08  
 1) Cornelius, Jared 2) Slatten, Chris  
 3) Johnson, Joey 4) Grimes, Evan  
 8 American B 4:27.56  
 1) Hwang, Jeffrey 2) Rupp, Gregory  
 3) Ahmed, Saboor (Syed) 4) Chee,  
 Ryan

9 Castro Valley B 4:29.20  
 1) Eckel, Jacob 2) Heka, Daniel  
 3) Biondi, Kyle 4) Batis, Bobby  
 10 Antioch B 5:10.84  
 1) Alsakar, Josh 2) Harvey, Jeremy  
 3) Rodriguez, Jacob 4) Dwyer, Bryan

\*Event 28 Girls Triple Jump\*  
 \*Name\* \* \* School\*

\*Finals\*

\*Finals\*  
 1 Ani, Jorcelyn Hayward 28-00.00

4 Hayward A 5:02.31  
 1) Talley, Rhiannah  
 5 Antioch B 5:08.83  
 1) Cosby, Hailey 2) Taylor, Amelia  
 3) Vinson, Morgan 4) Gutierrez, Devany  
 6 Heritage B 5:45.25  
 1) Dunbar, Alix 2) Hamblin, Bailey  
 3) Jackson, Aunschelle 4) Turner, Mariah

\*Event 18 Boys 4x400 Meter Relay\*  
 \*Team\* \* \* Relay\*

\*Finals\*

\*Finals\*

1 Castro Valley A 3:48.44  
 1) Reed, Darnell 2) Hamilton, Jr, Chris  
 3) Diomande, Saluyman 4) Rosby, Damion  
 2 Heritage A 3:49.66  
 1) Luiz, Joseph 2) Spencer, Amir

# Castro Valley Trojan Relays Varsity Results Saturday March 15, 2008

## Boys Varsity team scores:

1	Castro Valley	84
2	Logan	64
3	Santa Rosa	58
4	Northgate	34
5	Heritage	30
6	Mt. Eden	28
7	Cardinal Newman	20
8	Redwood Christian	18
9	San Leandro	16
10	Berean Christian	12
10	Antioch	12
10	American	12
13	Alhambra	6
13	Hayward	6
15	Albany	4
16	Mills	4

## Girls Varsity Team Scores

1.	Castro Valley	108
2.	James Logan	92
3.	American	48
4.	Heritage	30
5.	Santa Rosa	24
6.	Fremont (Oakland)	20
7.	Mercy	18
8.	Moreau Catholic	14
9.	Alhambra	12
10.	Redwood Christian	10
10.	Mt. Eden	10
10.	Las Lomas	10
13.	Berean Christian	8
14.	Northgate	6
14.	Tennyson	6
14.	San Leandro	6
14.	Antioch	6
14.	Benicia	6
19.	Hayward	4

### Event 1 Girls 4x200 Meter Relay

1	James Logan A	1:47.02
2	American A	1:53.11
3	Heritage A	1:54.11
4	Castro Valley A	1:54.19
5	Moreau Catholic A	1:54.59
6	Mt Eden A	1:55.99
7	American B	1:56.03
8	Alhambra A	1:56.89
9	Tennyson A	1:57.55
10	San Leandro A	1:57.82
11	Northgate A	1:58.80
12	Fremont A	2:00.16
13	Hayward A	2:01.43
14	Berean Christian A	2:07.17
15	Mercy (b) A	2:09.49
16	Redwood Christian A	2:11.53
17	Moreau Catholic B	2:11.67
18	Mt Eden B	2:13.33

### Event 2 Boys 4x200 Meter Relay

1	James Logan A	1:32.94
2	Mt Eden A	1:34.43
3	San Leandro A	1:35.13
4	Heritage A	1:37.18
5	Berean Christian A	1:38.16
6	De Anza A	1:38.18
7	James Logan B	1:38.40
8	American A	1:39.35
9	Castro Valley A	1:39.62
10	San Leandro B	1:40.38
11	Santa Rosa A	1:41.38
12	Cardinal Newman A	1:41.66
13	Moreau Catholic A	1:41.76
14	Mt Eden B	1:42.01
15	Alhambra A	1:44.16
16	Tennyson A	1:45.71

17	Hayward A	1:46.05
18	American B	1:46.33
19	Berean Christian B	1:48.20
20	Redwood Christian A	1:50.13
21	Moreau Catholic B	1:50.69
22	Redwood Christian B	2:01.07

### Event 3 Girls 4x800 Meter Relay

1	Castro Valley A	10:03.34
2	Castro Valley B	10:33.84
3	Heritage A	10:45.75
4	Alhambra A	11:20.32
5	Mercy (b) A	11:47.06
6	Redwood Christian A	12:16.58

### Event 4 Boys 4x800 Meter Relay

1	Castro Valley A	8:41.04
2	Northgate A	8:55.51
3	American A	8:56.51
4	Santa Rosa A	8:58.62
5	Redwood Christian A	8:58.99
6	Antioch A	9:14.35
7	Santa Rosa B	9:15.11
8	Moreau Catholic A	9:30.59
9	Berean Christian A	9:47.26

### Event 5 Girls 4x1600 Meter Relay

1	Castro Valley A	22:38.15
2	Mercy A	27:01.00

### Event 6 Boys 4x1600 Meter Relay

1	Castro Valley A	19:18.02
2	Santa Rosa A	19:37.43
3	Berean Christian A	19:46.02
4	Antioch A	19:56.13
5	American A	20:10.15
6	Albany A	20:58.12
7	Santa Rosa B	21:31.07

### Event 7 Girls 4x100 Meter Shuttle Hurdle

1	American A	1:12.89
2	Heritage A	1:18.42
3	Northgate A	1:21.85
4	Redwood Christian A	1:28.87
5	Alhambra A	1:35.21

### Event 8 Boys 4x110 Meter Shuttle Hurdle

1	Northgate A	1:17.10
2	Castro Valley A	1:17.22
3	Redwood Christian A	1:20.24
4	Berean Christian A	1:24.57

### Event 9 Girls 4x100 Meter Relay

1	Fremont A	51.91
2	American A	52.46
3	Castro Valley A	53.02
4	Alhambra A	54.17
5	Tennyson A	54.43
6	Moreau Catholic A	54.95
7	American B	55.40
8	Northgate A	55.88
9	San Leandro A	57.56
10	Berean Christian A	58.62
11	Mercy A	59.09
12	Moreau Catholic B	59.26
13	Albany A	1:00.07
14	Redwood Christian A	1:01.30
15	Antioch A	1:03.80
16	Redwood Christian B	1:06.38
---	Mt Eden B	DQ
---	Hayward A	DQ

### Event 10 Boys 4x100 Meter Relay

1	Castro Valley A	43.62
2	James Logan C	43.68
3	San Leandro A	44.61

4	Mt Eden A	44.67
5	Albany B	44.95
6	American A	46.05
7	Heritage A	46.34
8	Castro Valley B	46.66
9	James Logan B	46.88
10	Cardinal Newman A	47.14
11	Mt Eden B	47.31
12	Redwood Christian A	49.12
13	Albany A	49.34
14	Alhambra A	49.54
15	Hayward A	49.57
16	Berean Christian B	49.97
17	San Lorenzo B	50.28
18	Berean Christian A	50.39
19	American B	50.55
20	Redwood Christian B	54.28
---	Tennyson A	DNF
---	Northgate A	DQ
---	Moreau Catholic B	DQ

### Event 11 Girls 1600 Meter Run

1	Santisteban, Kelsey Castro Valley	5:20.56
2	Mitchell, Rachel American	5:21.26
3	MacLeod, Pamela Castro Valley	5:46.34
4	Martines, Marisa Castro Valley	5:48.32
5	Owyang, Samantha Castro Valley	5:53.81
6	Andrews, Jewelz Alhambra	5:55.89
7	Parker, Sammy Alhambra	5:58.79
8	Santisteban, Kaitlin Castro Valley	5:59.94

### Event 12 Boys 1600 Meter Run

1	Leng, Jack Castro Valle	4:24.65
2	Humphries, Matt Antioch	4:36.82
3	Withers, Joe Cardinal New	4:36.91
4	Blatter, Mark Alhambra	4:45.83
5	MacDonald, Josh Redwood Chri	4:46.65
6	Quintero, Antioch	4:50.45
7	Deniston, Tyler Berean Chris	4:53.63
8	Ugto, Jeffrey American	4:56.45
9	Brody, Daniel American	4:58.16
10	Day, Matthew Berean Chris	5:02.46
11	Smith, Geordon Hayward	5:05.12
12	Vergara, John San Lorenzo	5:05.28
13	Conroy, Pat Cardinal New	5:05.55
14	Campbell, Robert Berean Chris	5:07.22
15	Whittington, Chad Northgate	5:08.84
16	Kachhia, Akshar American	5:11.82
17	Patel, Kunal American	5:13.40
18	Young, Sean American	5:13.98
19	Nunes, Tyler Alhambra	5:15.56
20	Robertson, Antioch	5:28.51
21	Perez, Jose San Lorenzo	5:30.38
22	Miramontes, Frank Redwood Chri	5:33.95
23	Nina, Vo Fremont	5:42.84
24	Guzman, Steven Castro Valle	5:45.24
25	Jackson, Ben Heritage	5:46.27
26	Becker, Joel Castro Valle	5:50.58
27	Fang, David San Leandro	6:22.90
28	Carranza, Oscar San Lorenzo	7:31.13

### Event 13 Girls 100 Meter Dash

1	Stewart, Brianna James Logan	12.49
2	Douglas, Kandice Castro Valle	12.85
3	Jones, Sonya San Leandro	13.35
4	Clark, Sharonda Mt Eden	13.48
5	Adesida, Divine Alhambra	13.58
6	Chukwu, Stephanie American	13.60
7	Zamora, Renee American	13.65
8	Hill, Ebonee Tennyson	13.72
8	Rodriguez, Itzia Mt Eden	13.72
10	Dedeaux, Danecia Tennyson	13.77
11	Calso, Lauren Moreau Catho	13.79
12	Salone, Jamee Hayward	13.80
13	Arceneaux, Sara Northgate	13.97
14	Slone, Khyiera Heritage	14.24

# Castro Valley Trojan Relays Varsity Results Saturday March 15, 2008

15	Scott, Krissy Moreau Catho	14.31
16	Brooks, Jamoni San Leandro	14.32
17	Wadsworth, Savannah Alhambra	14.39
18	Codding, Elisha Santa Rosa	14.56
19	Silva, Angela Mercy (b)	14.89
20	Ward, Nicole Mercy (b)	15.11

## Event 14 Boys 100 Meter Dash

1	Oliver, Dash Castro Valle	11.02
2	Hamilton, Leyvell Heritage	11.24
3	Rice, Fredy Castro Valle	11.27
4	Misa, Kwamique James Logan	11.51
5	Druker, Vitaly College Prep	11.52
6	Pond, Max Cardinal New	11.59
7	Marsh, Robbie Santa Rosa	11.60
8	Simpson, Dwayne San Leandro	11.62
9	Garrett, Lee Mt Eden	11.66
9	Thomas, Christopher Moreau Catho	11.66
11	Mason, Tyler San Leandro	11.70
12	Diebert, Casey Northgate	11.83
12	Lawson, James Fremont	11.83
14	Lamothe, Alex American	11.90
15	Dinh, David Santa Rosa	11.92
16	Woodlief, Conor Berean Chris	11.93
17	Carter, Vjjuan James Logan	11.98
18	Latu, Stefano Mt Eden	11.99
19	Cario, Gene Fremont	12.02
20	Coty, Blake Heritage	12.07
21	Parker, Lonnie Redwood Chri	12.28
22	Kennedy, Clardion Fremont	12.30
23	Borrayo, Salvador Moreau Catho	12.32
24	Ndikum, Valery Tennyson	12.45
24	Ani, Clement Hayward	12.45
26	Jackson, Dominique Hayward	12.48
27	Zaid, Mojaddedi James Logan	12.59
28	Clark, Ricky Tennyson	12.66
29	Modeste, Leo Berean Chris	12.90
30	Hammill, Joe American	12.95
31	Preciado, Emanuel Alhambra	12.99
32	Hinkson, Christian Alhambra	13.71
—	Badger, Jeff Cardinal New	DQ

## Event 15 Girls 300 Meter Hurdles

1	Howard, Suzanne Santa Rosa	46.39
2	Hardy, Jami James Logan	46.41
3	Wong, Dawn American	51.16
4	Reid, Rachel Mercy (b)	52.65
5	Reed, Dana Redwood Chri	52.99
6	Schalich, Jordan Santa Rosa	54.36
7	Childs, Kelsie Northgate	54.48
8	Hornsby, Carter Heritage	54.87
9	Delaria, Erin Northgate	57.19
10	Stoekmann, Esther Antioch	57.78
11	Chan, Bethany Castro Valle	1:01.95
12	Pouch, Melissa Berean Chris	1:02.32

## Event 16 Boys 300 Meter Hurdles

1	Holliman, Myster Mt Eden	41.11
2	McCloskey, Chris Santa Rosa	42.01
3	Farabee, Parker Northgate	42.76
5	Mackey, Jordan Castro Valle	44.12
6	Mehdane, Nate James Logan	44.13
7	deLormeiere, Daniel Castro Valle	44.39
8	Crane, Alex Northgate	44.93
9	Amerson, Alex James Logan	45.03
10	Dinh, David Santa Rosa	45.16
12	Huemoeller, Jacob Redwood Chri	51.01
13	Lew, David Berean Chris	53.04
14	Bell, Sean Alhambra	59.89

## Event 17 Girls 4x400 Meter Relay

1	Fremont A	4:13.54
2	Castro Valley A	4:16.24
3	Heritage A	4:24.79
4	Tennyson A	4:31.75
5	American A	4:33.60

6	Alhambra A	4:35.94
7	Castro Valley B	4:42.44
8	Mercy (b) A	4:42.96
9	Mt Eden B	4:43.43
10	Berean Christian A	4:54.59
11	Moreau Catholic A	4:58.78
12	Redwood Christian A	5:04.17
13	Mercy (b) B	5:10.19
14	Antioch A	5:12.04
15	San Leandro A	5:14.55
16	Redwood Christian B	5:49.67
—	James Logan A	DQ

## Event 18 Boys 4x400 Meter Relay

1	James Logan A	3:33.52
2	Castro Valley B	3:34.46
3	Heritage A	3:35.10
4	San Leandro A	3:37.87
5	Mt Eden A	3:41.08
6	De Anza A	3:49.12
7	Moreau Catholic A	3:49.82
8	Castro Valley A	3:50.79
9	James Logan B	3:53.33
10	American A	3:54.82
11	Redwood Christian A	3:55.26
12	Berean Christian A	3:57.71
13	Tennyson A	4:03.21
14	Antioch A	4:09.34
15	Alhambra A	4:12.96

## Boys Shot Put

1	Logan A	129-08.5
2	Santa Rosa	128-05
3	Heritage	125-0
4	Logan B	121-08
5	Hayward	120-09
6	Mills	117-10.5
7	Alhambra	113-08.5
8	Northgate	112-11.5
9	DeAnza	109-09.5
10	Mt. Eden	108-06
11	Castro Valley	104-05
12	Logan C	102-06
13	Berean Christian	101-02.5
14	Redwood	97-07.5
15	Tennyson	97-02.8
16	Santa Rosa B	89-11
17	Mt. Eden B	84-02
18	Cardinal Newman	79-02.5
19	San Leandro	73-03
20	Logan D	64-06
21	Castro Valley B	56-02
22	Berean Christian B	56-01.5
23	Albany	40-02
24	American	37-07
25	Moreau Catholic	37-05
26	DeAnza B	31-08
27	Redwood B	20-09.5

## Individuals

1	Uikilifi, Josh	MILL	47-10
2	Aubrey, James	HAYW	47-08
3	Baker, Troy	SARO	47-06
4	Volkman, Aaron	HERI	45-07
5	Davis, Austin	CANE	44-07
6	Fano, Ben	HAYW	44-01
7	Dellvon	Logan	43-03.5
8	JOe	Logan	43-03
9	Ronald	Logan	43-02
10	Ramelb, Geno	ALHB	42-04
11	Joe	Logan	41-06
12	Travis Lindgren	SaRosa	41-04
13	Privitera, Chris	NOGA	40-8.5
14	Linares, David	HERI	40-09
15	Gutierrez, Ivan	MILL	40-04.5
16	Crowley, Sam	ALBA	40-02.5

17	Mico	Logan	40-01
18	Jamal	Logan	40-01
19	Baker, Travis	SARO	39-07
20	Freitas, Zach	NOGA	38-10
21	Baxter, Darren	HERI	38-08
22	Raeshad	DeAnza	38-07.5
23	Crosby, Ben	CAVA	38-05.5
24	Filibert, Regis	BECH	38-00
25	Mejia, Nestor	MTED	37-08
26	Feso	TENN	37-07
27	Jerri Sathi	AMER	37-07
28	Fakahua, Paul	MTED	37-06
29	Kim, Kyle	MORC	37-05
30	Malcom	SALE	37-03
31	Borgerson, Caleb	RCS	36-08
32	Sione	SALE	36-00
33	Kevin	DeAnza	35-08
34	Jojo	DeAnza	35-08
35	Aamir	Logan	35-03
36	Codagnone, Andrew	CANE	34-07.5
37	Raheel	Logan	34-03
38	Lampert, Eric	ALHB	33-09.5
39	Luigi	Logan	33-08
40	Guevarra, Mike	SARO	33-08
41	Tsang, Darren	CAVA	33-06.5
42	Hines, Matt	NOGA	33-05
43	Burgos, Doug	MTED	33-03
44	Brian	Logan	32-09
45	Filibert, Ryan	BECH	32-08.5
46	Alvarez, George	MTED	32-08
47	Chow, Erik	CAVA	32-05
48	Zack	Logan	31-08
49	Michael	DeAnza	31-08
50	Sofara, Aloese	TENN	31-07
51	Lowe, Ed	HAYW	31-0
52	Alex Finn	ALHB	30-11
53	Garcia, Jorge	RCS	30-10
54	Modeste, Leo	BECH	30-06
55	Nilsson, Cody	RCS	30-00.5
56	Smith, Aaron	SARO	29-08
57	Mavroudis, George	MILL	29-08
58	Whitehouse, Trevor	HERI	29-05
59	Murray, Liam	BECH	29-00
60	Lai, Andrew	CAVA	28-07.5
61	Garcia, Gerado	SARO	28-07
62	Abthony	TENN	28-00.5
63	Phillips, Jackson	CAVA	27-6.5
64	Andrews, Kevin	BECH	27-01
65	Spence, Gideon	MTED	26-02
66	Montufar, Marc	MTED	25-08
67	Chan, Kevin	RCS	20-09.5

## Girls Shot Put

1.	Logan	96-09.5
2.	Castro Valley	84-08
3.	Antioch	77-05.5
4.	Redwood Christian	71-11
5.	American	71-07.5
6.	Moreau Catholic	71-06
7.	Santa Rosa	63-07
8.	Alhambra	59-05.5
9.	Mercy	44-11.5

## Individuals:

1	ERin Jones	Logan	35-04.5
2	Johanna Jenkins	ALBA	33-0
3	Jeanelle Prothro	Logan	31-01
4	Grace Hopfenbeck	CAVA	30-08.5
5	Angelina Pascal	Logan	29-06
6	Priscilla Zerbini	ANTI	28-09.5
7	Alison Langri	ANTI	28-07
8	Alana Knight	CAVA	28-04
9	Tiffany Fakava	RCS	25-2.0
10	Danette Romero	MorC	25-09.5
11	Hannah Mattson	RCS	25-07.5
12	Shelline Waldorf	CAVA	25-07.5

# Castro Valley Trojan Relays Varsity Results Saturday March 15, 2008

13 Meg Strache	SALE	25-07	29 Chow, Erik	CAVA	092-10	30 Thangturai, Carisa	ALHB	35-0
14 Lauren Cooper	AMER	24-8	30 Malcom Nunn	JL	092-08	<b>Boys Long Jump</b>		
15 Colleen Noonan	SARO	24-03.5	31 Filibert, Regis	BECH	091-0.5	1 James Logan		57-03.75
16 Melissa Filice	AMER	24-01	32 Crosby, Ben	CAVA	090-04	2 Castro Valley		53-09.75
17 Shelby Stuart	ALHB	23-11	33 Zach Raddcliffe	JL	088-0	3 Cardinal Newman		53-06
18 Stevey Dyson	CAVA	23-07	34 Garcia, Jorge	RCS	087-00	4 Santa Rosa		53-01.25
19 Selina Gill	MorC	23-05.5	35 Sofara, Aloese	TENN	086-01	5 Northgate		50-01
20 Meghan McCann	Mcy	22-11.5	36 Burgos, Doug	MTED	082-05	6 Heritage		48-09.75
21 Katie Blalock	AMER	22-10.5	37 Mavroudis, George	MILL	081-04.5	7 Mt. Eden		46-11.5
22 Remneek Dhillon	MorC	22-08	38 Alex Finn	ALHB	080-01	8 American		39-01.5
23 Hannah Turling	Mcy	22-0	39 Brian Nagata	JL	079-10	<b>Individuals:</b>		
24 Daniella Gonzales	MorC	21-11.5	40 Luigi Cruz	JL	079-02	1 Rashad Evons	Logan	21-04.5
25 Julia Mattern	SARO	21-06	41 Feso Sillako	TENN	078-09	2 Stone, Steve	CANE	19-02.5
26 Victoria Pouncy	RCS	21-01	42 Garcia, Gerado	SARO	078-07	3 Justin Brovis	Logan	18-11.75
27 Patricia Preciado	ANTI	20-01	43 Borgerson, Caleb	RCS	078-02	4 Steyn, Nick	SARO	18-08.25
28 Kiyomi Katayama	RCS	19-05	44 Andrews, Kevin	BECH	077-03	5 Marsh, Kyle	SARO	18-06.75
29 Aلسon Puno	Logan	19-04	45 Mejia, Nestor	MTED	076-10	6 Reeves, Jamison	CANE	18-06
30 Pendeka Nimmer	RCS	18-10	46 Lowe, Ed	HAYW	076-07	7 Nikssarian, Adam	CAVA	18-04.75
31 Hailey swansonr	ALHB	18-0	47 Hines, Matt	NOGA	075-05.5	8 Myles, Jourdan	AMER	18-0
32 Rosalyn Dilario	SARO	17-09.5	48 Lai, Andrew	CAVA	074-0	9 Woodard, Jimmy	CAVA	17-11.5
33 Haylie Aitken	ALHB	17-06.5	49 Smith, Aaron	SARO	073-06	10 James, Sam	BECH	17-08
<b>Boys Discus</b>			50 Murray, Liam	BECH	071-10.5	11 Hagmann, Austin	HERI	17-07.25
1 Santa Rosa		388-09	51 Nilsson, Cody	RCS	070-09.5	12 Leyrer, Greg	NOGA	17-07.5
2 Logan		380-04.5	52 JOe Mestre	JL	062-0	13 Rice, Elliot	CAVA	17-05.5
3 Heritage		353-11	53 Montufar, Marc	MTED	058-0	14 Tyler Thomas	Hayward	17-03.75
4 Hayward		328-10	54 Anthony Bates	TENN	049-03.5	15 Jackai, Joshua	MTED	17-03.75
5 Mills		326-08.5	55 Chan, Kevin	RCS	047-04	16 Walcott, Chris	NOGA	17-03.5
6 Northgate		308-07	56 Spence, Gideon	MTED	045-11.5	17 Arneaux Brewer	Logan	16-11.75
7 Logan B		288-10.5	57 Aamir Deen	JL	nm	18 Latu, Stefano	MTED	16-1.75
8 Alhambra		288-08	58 Jamal Culver	JL	nm	19 Chris Chambers	Hayward	16-05.75
9 Castro Valley		276-0	59 Alvarez, George	MTED	nm	20 Bell, Marcus	AMER	16-02.5
10 Berean Christian		262-01.5	60 Whitehouse, Trevor	HERI	nm	21 Osterman, Matt	BECH	16-01
11 Mt. Eden		258-04.5	61 Tsang, Darren	CAVA	nm	22 Coddling, Josh	SARO	15-10.25
12 Santa Rosa B		259-02	62 Crowley, Sam	ALBA	nm	23 Amaral, Wade	CANE	15-09.5
13 Logan C		247-09	<b>Girls Discus</b>			24 Choy, Evan	RCS	15-09
14 Redwood		235-11.5	1. James Logan		254-06.5	25 Mercer, Andrew	HERI	15-09
15 Tennyson		214-01.5	2. Santa Rosa		197-10	26 Butler	Heritage	15-05.5
16 San Leandro		192-11.5	3. Moreau Catholic		185-02	27 Wong, Yin Yin	NOGA	15-02
17 American		110-06.5	4. Redwood Christian		182-02	28 Martin, Andre	AMER	14-11
18 Mt Eden B		103-11.5	5. American		159-03	29 Nunes, Tyler	ALHB	14-10.5
19 Moreau Catholic		94-03	6. Mercy		146-06.5	30 Lastrape, Jo Jo	MTED	13-06
20 Northgate B		75-05.5	7. Alhambra		143-02.5	Aaron Wyatt	Hayward	nm
21 Castro Valley B		74-0	8. Castro Valley		139-05	Gaines, Lenton	RCS	nm
22 Logan D		62-0	9. Antioch		126-08	Wong, Tim	CAVA	nm
23 Redwood B		47-04	<b>Individuals:</b>			Armstead, David	AMER	nm
<b>Individuals:</b>			1 Proth Jandler	JL	100-01.5	<b>Girls Long Jump</b>		
1 JOoe Bailey	JL	154-06	2 Jenkins, Johanna	ALBA	83-05.5	1 Logan		53-06.25
2 Davis, Austin	CANE	147-09	3 Hopfenbeck, Grace	CAVA	83-05	2 Logan B		49-0
3 Uikilifi, Josh	MILL	147-04	4 Pascual Andeler	JL	82-09	3 Moreau Catholic		45-06.25
4 Baker, Troy	SARO	143-04	5 Noonan, Colleen	SARO	79-02	4 Santa Rosa		41-0.25
5 Aubrey, James	HAYW	137-11	6 Zerbini Percilii	Antioch	75-04	5 Hayward		40-10.5
6 Volkman, Aaron	HERI	135-05	7 Jones Erinn	JL	71-08	6 Castro Valley		39-10
7 Baker, Travis	SARO	133-08	8 Romero, Danette	MORC	69-04	7 Mercy		39-01
8 Delcon King	JL	116-06.5	9 Fakava, Tiffany	RCS	67-11	8 Moreau Catholic B		37-10
9 Fano, Ben	HAYW	114-04	10 Stuart, Shelby	ALHB	67-04	9 American		28-09.25
10 Baxter, Darren	HERI	113-10	11 Mattern, Julia	SARO	66-02	<b>Individuals:</b>		
11 Travis Lindgren	JL	111-09	12 Mattson, Hannah	RCS	64-08	1 Boyd, Alitta	MORC	18-05.5
12 Jegti Sathi	AMER	110-06.5	13 Dhillon, Remneek	MORC	63-08	2 CC Brewer	Logan	18-04.5
13 Mico Penaduh	JL	109-04	14 Cooper, Lauren	AMER	59-10	3 Brianna Stewart	Logan	17-10.75
14 Rameib, Geno	ALHB	107-10	15 Dyson, Stevey	CAVA	56-0	4 Tessa Runnels	Logan	17-03
15 Guevarra, Mike	SARO	107-09	16 Filice, Melissa	AMER	55-06	5 Nicole McGlory	Logan	16-11.5
16 Privitera, Chris	NOGA	107-09	17 Gill, Selina	MORC	52-02	6 Lauren McGlory	Logan	16-07
17 Ronald Antoine	JL	106-10.5	18 Perciado Patrica	Antioch	51-04	7 Norwood, Chanelle	AMER	15-09.5
18 Freitas, Zach	NOGA	106-07	19 Louie Clane	mercy	51-0	8 Julia Stewart	Logan	15-05.5
19 Linares, David	HERI	104-08	20 Katayama, Kiyomi	RCS	50-06.5	9 Dishman, Kirsti	BECH	15-02.5
20 Lampert, Eric	ALHB	100-09	21 Strache, Meg	SALE	50-0	10 Salone, Jamee	HAYW	15-01.5
21 Sione Nzile	JL	100-03.5	22 Nimmer, Pendeka	RCS	49-1.5	11 Bruno, Victoria	SARO	14-11
22 Fakahua, Paul	MTED	099-01.5	23 Gonzales, Daniella	MORC	49-07.5	12 Brown, Paula	CAVA	14-08.5
23 Gutierrez, Ivan	MILL	098-0	24 Mc Cann Meghan	Mercy	48-02	13 Scott, Krissy	MORC	13-11
24 Arnold, Dylan	NOGA	094-03	25 Puno Alyssa	JL	46-09.5	14 Schalich, Jordan	SARO	13-09.5
25 Kim, Kyle	MORC	094-03	26 Turling Hanna	Mercy	46-04.5	15 Joceyelfin Ani	Hayward	13-08
26 RAhel Kalan	JL	094-0	27 Blalock, Katie	AMER	43-11	16 Karen Bishop	San Lean	13-07.75
27 Filibert, Ryan	BECH	093-10	28 Delello Rosalyn	saro	42-06			
28 Phillips, Jackson	CAVA	092-10	29 Aitken, Haylie	ALHB	40-10.5			

# Castro Valley Trojan Relays Varsity Results Saturday March 15, 2008

17	Rush, Iesha	CAVA	13-07.5	Rush, Iesha	CAVA	28-06.5
18	Nicole Ward	Mercy	13-07	Jorceylen Anvi	Hayward	28-04
19	Nailah Davis	Hayward	13-06.75	Noonan, Colleen	SARO	28-0
20	Rachel Redid	Mercy	13-04	Naiyah Davis	Hay	27-07
21	Codding, Elisha	SARO	13-02.75	Nnena Obioma	Hayward	26-02.75
22	Horsley, Nivana	MORC	13-01.75	Perlas, Noemi	MORC	25-06
23	Reyes, Genica	MORC	12-10			
24	Jayaweera, Ruvani	AMER	12-09.5			
25	Howard, Suzanne	SARO	12-09.25			
26	Wong, Angela	MORC	12-08			
27	Esther Stoeckmann	Antioch	12-05.25			
28	Perlas, Noemi	MORC	12-04			
29	Stephanie Comes	Moreau	12-02.75			
30	Angela Silva	Mercy	12-02			
31	Kristian Donovan	Mercy	12-01.75			
32	Soares, Francesca	CAVA	11-07			
33	Mowrer, Adrianna	RCS	10-7.5			
34	McAllister, Lynnora	RCS	09-01			
35	Nnena Obioma	Hayward	nm			
36	Lindsay Valentine	Antioch	nm			
37	Lareesha Bentry	Antioch	nm			

### Boys Triple Jump

1	Santa Rosa	114-02
2	Northgate	106-01.75
3	Redwood Christian	102-11.5
4	Heritage	98-01.5
5	Albany	97-05.75

### Individuals:

1	Rashad Evans	Logan	43-2.5
2	Stein, Nick	SARO	39-02.5
3	Walcott, Chris	NOGA	38-04.25
4	Codding, Josh	SARO	37-09.5
5	James, Sam	BECH	37-03.15
6	Marsh, Robbie	SARO	37-02
7	Piccillo, Cody	RCS	36-06.5
8	Leyrer, Greg	NOGA	36-03
9	Hagmann, Austin	HERI	35-11.5
10	Diacke Ericson	Albany	35-11.5
11	Bell, Marcus	AMER	33-07.25
12	Mercer, Andrew	HERI	33-04.75
13	Comfort, Ben	RCS	33-04
14	Huemoeller, Jacob	RCS	33-01
15	Wong, Yin Yin	NOGA	31-06.25
16	Emmanuel Preciado	Albany	31-02.25
17	Tyler Nunes	Albany	30-04
18	Parker, Lonnie	RCS	29-06
19	Butler, Ethan	HERI	28-09.25

### Girls Triple Jump

1	James Logan	116-08.25
2	James Logan B	107-04.75
3	Moreau Catholic	95-04.25
4	Castro Valley	89-04.5
5	Santa Rosa	86-02
6	Hayward	82-01.5
7	Berean Christian	60-01.75
8	Mercy	46-03.5

### Individuals:

Boyd, Alitta	MORC	41-2.75
Brianna Stewart	Logan	39-11.25
CC Brewer	Logan	39-07
Nicole McGlory	Logan	37-02
Lauren McGlory	Logan	37-0.5
Julia Stewart	Logan	35-10
Tessa Runnis	Logan	34-06.25
Reed, Dana	RCS	32-0
Dishman, Kirsti	BECH	31-03
Brown, Paula	CAVA	30-06
Schalich, Jordan	SARO	29-05
Freuh, Ryan	CAVA	29-04
Pouch, Melissa	BECH	28-11.75
Bruno, Victoria	SARO	28-09
Reyes, Genica	MORC	28-07.5

### Boys High Jump

1.	James Logan	17-10
2	Cardinal Newman	16-2
3	Santa Rosa	11-0
4	American	10-8
5	Redwood Christian	10-8

### Individuals:

1	Itua Oiyemhonlan	Logan	6-04
2	Marquis Evans	Logan	6-02
3	James, Sam	BECH	5-10
4	Stein, Nick	SARO	5-08
5	Nikssarian, Adam	CAVA	5-08
6	Myles, Jourdan	AMER	5-06
6	Stone, Steve	CANE	5-06
8	Ahie, Egos	SALE	5-04
8	Codding, Josh	SARO	5-04
10	Giannetto, Andrew	CANE	5-04
10	Huemoeller, Jacob	RCS	5-04
10	Alex Ameron	Logan	5-04
13	Reeves, Jamison	CANE	5-02
14	Crane, Alex	NOGA	5-02
15	Bell, Marcus	AMER	5-02
15	Piccillo, Cody	RCS	5-02

### Girls High Jump

1.	Castro Valley	13-6
2	Berean Christian	9-6
3.	Logan	8-10
4.	Hayward	4-8

### Individuals

1	Brown, Paula	CAVA	5-0
2	Salone, Jamee	HAYW	4-08
3	TAndi Stewart	Logan	4-06
4	Freuh, Ryan	CAVA	4-06
5	Dick, Kaitlin	BECH	4-06
5	Dishman, Kirsti	BECH	4-06
6	Bumula, Kathryn	ALHB	4-06
7	Donna Powell	Logan	4-04
8	Estehr Stockman	Antioch	4-0
9	Soares, Francesca	CAVA	4-0
10	Rush, Iesha	CAVA	4-0
11	Naramenne Nekka	Antioch	rh
12	Lindsay Valentine	Antioch	rh
13	Heather Gregg	Mercy	rh
14	Laryn Borba	Mercy	rh
15	Pouch, Melissa	BECH	rh

### Boys Pole Vault

Event Clipboard missing -- results not available

### Girls Pole Vault

1	Las Lomas	24-6
2	Castro Valley	13-6
3.	Benicia	10-6
4.	Heirtage	7-6
5.	Logan	6-6

### Individuals:

1	Azarin Lewis	Benicia	10-6
2	Lauren Jinag	Las Lomas	10-0
3	Lisa Fong	Las Lomas	8-0
4	Moody, Hannah	HERI	7-06
4	Batis, Haley	CAVA	7-06
6	Diana Tao	Las Lomas	6-6
7	Danielle Drozel	Logan	6-6
8	Soares, Francesca	CAVA	6-0
--	Vargas, Daina	CAVA	rh

\*Castro Valley Varsity Meet - 3/15/2008\*

\*Castro Valley Hs\*

\*Results\*

\*Event 1 Girls 4x200 Meter Relay\*

\*Team\* \*\*

\*Relay\*

\*Finals\*

*Finals*			
1	James Logan	A	1:47.02
2	American	A	1:53.11
	1) Jayaweera, Ruvani	2) Zamora, Renee	
	3) Lopez, Victoria	4) Wong, Dawn	
3	Heritage	A	1:54.11
	1) Perkins, Lexi	2) Johnson, Erica	
	3) Slone, Khyiera	4) Guerrero, Natalie	
4	Castro Valley	A	1:54.19
	1) Douglas, Kandice	2) Gilchriese, Irene	
	3) Wadsworth, Monay	4) Velasquez, Melissa	
5	Moreau Catholic	A	1:54.59
	1) Boyd, Alitta	2) Scott, Krissy	
	3) Calso, Lauren	4) Carnes, Stephanie	
6	Mt Eden	A	1:55.99
	1) Clark, Sharonda	2) Rodriguez, Itzia	
	3) Mirador, Nisha	4) Ramirez, Andrea	
7	American	B	1:56.03
	1) Norwood, Chanelle	2) Tong, Alexandria	
	3) Quan, Megan	4) Reyes, Samantha	
8	Alhambra	A	1:56.89
	1) Adesida, Divine	2) Mulgrew, Angelica	
	3) Kylo, Jaclyn	4) Wadsworth, Savannah	
9	Tennyson	A	1:57.55
	1) Hill, Ebonee	2) Dedeaux, Danecia	
	3) Gant, Melissa	4) Dauria, Jordan	
10	San Leandro	A	1:57.82
	1) Jones, Sonya	2) Jung, GiGi	
	3) Brooks, Jamoni	4) Brown, Alana	
11	Northgate	A	1:58.80
	1) Arceneaux, Sara	2) Longa, Jessica	
	3) Bass, Dana	4) Mah, Angela	
12	Fremont	A	2:00.16
	1) Lewis, Marquanika	2) Landrum, bria	
	3) Barber, Twanna	4) Oliver, DeJunna	
13	Hayward	A	2:01.43
	1) Sansberry, Porsche'	2) Hearn, T'Shye	
14	Berean Christian	A	2:07.17
	1) Pouch, Kirsten	2) Roth, Kelsey	
	3) Lee, Jackie	4) Dick, Kaitlin	
15	Mercy (b)	A	2:09.49
16	Redwood Christian	A	2:11.53
	1) Mack, Camille	2) Mack, Nikita	
	3) McGlaughlin, Crystal	4) Pouncy, Victoria	
17	Moreau Catholic	B	2:11.67
	1) Ghuman, Sarah	2) Wong, Angela	
	3) Cordero, Jacqueline	4) Reyes, Genica	
18	Mt Eden	B	2:13.33
	1) Cruz, Ana	2) Turnerhill, Crystal	
	3) Lomeli, Janet	4) Gutierrez, Marissa	

\*Event 2 Boys 4x200 Meter Relay\*

\*Team\* \*\*

\*Relay\*

\*Finals\*

\*Finals\*

1	James Logan	A	1:32.94
2	Mt Eden	A	1:34.43
	1) Garrett, Lee	2) Holliman, Myster	
	3) Jackai, Joshua	4) Johnson, Donte	
3	San Leandro	A	1:35.13
	1) White, Edmond	2) Wilson, Davon	
	3) Simpson, Dwayne	4) Gardner, Travis	
4	Heritage	A	1:37.18
	1) Beasley, Jeremy	2) Hamilton, Leyvell	
	3) Coty, Blake	4) Walters, Bryce	
5	Berean Christian	A	1:38.16
	1) Woodlief, Conor	2) Look, Evan	
	3) James, Sam	4) Lee, Mitch	
6	De Anza	A	1:38.18
7	James Logan	B	1:38.40
8	American	A	1:39.35
	1) Hammill, Joe	2) Martin, Andre	
	3) Lamothe, Alex		
9	Castro Valley	A	1:39.62
	1) Afschar, Mostaba	2) Barbieri, Johnny	
	3) deLormeiere, Daniel	4) Shortridge, Dominic	
10	San Leandro	B	1:40.38
11	Santa Rosa	A	1:41.38
	1) Dinh, David	2) Marsh, Robbie	
	3) Marsh, Kyle		
12	Cardinal Newman	A	1:41.66
	1) Musslewhite, Robert	2) Harris, Andy	
	3) Badger, Jeff		
13	Moreau Catholic	A	1:41.76
	1) Mew, Jacob	2) Denhams, Marcus	
	3) Johnson, Bryant	4) Thomas, Chris (Cj)	
14	Mt Eden	B	1:42.01
	1) Day, Tirrell	2) Lastrape, Jo Jo	
	3) Latu, Stefano	4) Spence, Gideon	
15	Alhambra	A	1:44.16
	1) Allison, Korey	2) Delforentino, John	
	3) Hinkson, Christian	4) Lampert, Eric	
16	Tennyson	A	1:45.71
	1) Ndikum, Valery	2) Smith, Terrance	
	3) Villalobos, Everado	4) Clark, Ricky	
17	Hayward	A	1:46.05
	1) Almendariz, Adalberto	2) Jackson, Dominique	
	3) Ani, Clement	4) Brandon, Alex	
18	American	B	1:46.33
	1) Jubilado, Mike	2) Orr, Taylor	
	3) Dribnak, Joshua	4) Zarabi, Omar	
19	Berean Christian	B	1:48.20
	1) Shields, Evan	2) Dabill, Justin	
	3) Meyer, Michael	4) Dill, Colin	
20	Redwood Christian	A	1:50.13
	1) Borgerson, Caleb	2) Comfort, Ben	
	3) Choy, Evan	4) Charondo, Jullian	

\*Finals ... (Event 2 Boys 4x200 Meter Relay)\*

\*Team\* \*\*

\*Relay\*

\*Finals\*

21	Moreau Catholic	B	1:50.69
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- |                        |                      |
|------------------------|----------------------|
| 1) Story, Eric         | 2) Burrayo, Salvador |
| 3) Thomas, Christopher | 4) Allen, Chris      |
| 22 Redwood Christian   | B 2:01.07            |
| 1) Chan, Kevin         | 2) Gaines, Lenton    |
| 3) Nilsson, Cody       | 4) Miramontes, Frank |

\*Event 3 Girls 4x800 Meter Relay\*

\*Team\* \*\* \*Relay\*

\*Finals\*

- |   |                       |                        |          |
|---|-----------------------|------------------------|----------|
| 1 | Castro Valley         | A                      | 10:03.34 |
|   | 1) Batis, Haley       | 2) Santisteban, Kelsey |          |
|   | 3) Schneider, Chelsea | 4) Lee, Megan          |          |
| 2 | Castro Valley         | B                      | 10:33.84 |
|   | 1) Chan, Bethany      | 2) Philpott, Kwai      |          |
|   | 3) Owyang, Samantha   | 4) Martines, Marisa    |          |
| 3 | Heritage              | A                      | 10:45.75 |
|   | 1) Guerrero, Natalie  | 2) Guerrero, Sarah     |          |
|   | 3) Torres, Vanessa    | 4) Perkins, Lexi       |          |
| 4 | Alhambra              | A                      | 11:20.32 |
|   | 1) Andrews, Jewelz    | 2) Nilson, Michaela    |          |
|   | 3) Wight, Jordan      | 4) Parker, Sammy       |          |
| 5 | Mercy (b)             | A                      | 11:47.06 |
| 6 | Redwood Christian     | A                      | 12:16.58 |
|   | 1) Lam, Sarah         | 2) MacDonald, Hannah   |          |
|   | 3) Steffens, Lacy     | 4) Swanson, Katrina    |          |

\*Event 4 Boys 4x800 Meter Relay\*

\*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

- |   |                       |                        |         |
|---|-----------------------|------------------------|---------|
| 1 | Castro Valley         | A                      | 8:41.04 |
|   | 1) Becker, Joel       | 2) Leng, Jack          |         |
|   | 3) Fazzio, James      | 4) Hamilton, Jr, Chris |         |
| 2 | Northgate             | A                      | 8:55.51 |
|   | 1) Whittington, Chad  | 2) Sheehy, Chris       |         |
|   | 3) Walton, Dan        | 4) Guros, Nick         |         |
| 3 | American              | A                      | 8:56.51 |
|   | 1) Zarabi, Omar       | 2) Brody, Daniel       |         |
|   | 3) Ugto, Jeffrey      | 4) Patel, Kunal        |         |
| 4 | Santa Rosa            | A                      | 8:58.62 |
|   | 1) Byers, Reeseey     | 2) Taylor, Matt        |         |
|   | 3) Chodora, Ryan      |                        |         |
| 5 | Redwood Christian     | A                      | 8:58.99 |
|   | 1) Smith, Wayne       | 2) Mattson, Alex       |         |
|   | 3) MacDonald, Josh    | 4) Ellis, Jonathan     |         |
| 6 | Antioch               | A                      | 9:14.35 |
| 7 | Santa Rosa            | B                      | 9:15.11 |
|   | 1) Blackburn, Anthony | 2) Petersen, Jason     |         |
|   | 3) Strobino, Sam      | 4) McGillivray, Andrew |         |
| 8 | Moreau Catholic       | A                      | 9:30.59 |
|   | 1) Grant, Jonte       | 2) Fix, Brian          |         |
|   | 3) Salgado, Anthony   | 4) Burcheck, Paul      |         |
| 9 | Berean Christian      | A                      | 9:47.26 |
|   | 1) Roth, Jacob        | 2) Meyer, Michael      |         |
|   | 3) Lew, David         | 4) Look, Evan          |         |

\*Event 5 Girls 4x1600 Meter Relay\*

\*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

- |   |                        |                     |          |
|---|------------------------|---------------------|----------|
| 1 | Castro Valley          | A                   | 22:38.15 |
|   | 1) Owyang, Samantha    | 2) Martines, Marisa |          |
|   | 3) Santisteban, Kelsey | 4) MacLeod, Pamela  |          |

2 Mercy (b) A 27:01.00

\*Event 6 Boys 4x1600 Meter Relay\*

\*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

- |   |                       |                     |          |
|---|-----------------------|---------------------|----------|
| 1 | Castro Valley         | A                   | 19:18.02 |
|   | 1) Becker, Joel       | 2) Leng, Jack       |          |
|   | 3) Fazzio, James      | 4) Eversole, Ben    |          |
| 2 | Santa Rosa            | A                   | 19:37.43 |
|   | 1) Byers, Reeseey     | 2) Chodora, Ryan    |          |
|   | 3) Berean Christian   | 4) Day, Matthew     |          |
| 3 | Berean Christian      | A                   | 19:46.02 |
|   | 1) Deniston, Tyler    | 2) Day, Matthew     |          |
|   | 3) Roth, Jacob        | 4) Campbell, Robert |          |
| 4 | Antioch               | A                   | 19:56.13 |
| 5 | American              | A                   | 20:10.15 |
|   | 1) Brody, Daniel      | 2) Ugto, Jeffrey    |          |
|   | 3) Kachhia, Akshar    | 4) Patel, Kunal     |          |
| 6 | Albany                | A                   | 20:58.12 |
|   | 1) Wallace, Jackson   | 2) Taylor, Masao    |          |
|   | 3) Shea, Brian        | 4) Rivera, Aurelio  |          |
| 7 | Santa Rosa            | B                   | 21:31.07 |
|   | 1) Blackburn, Anthony | 2) Taylor, Matt     |          |
|   | 3) Petersen, Jason    | 4) Strobino, Sam    |          |

\*Event 7 Girls 4x100 Meter Shuttle Hurdle\*

\*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

- |   |                     |                       |         |
|---|---------------------|-----------------------|---------|
| 1 | American            | A                     | 1:12.89 |
|   | 1) Zamora, Renee    | 2) Lopez, Victoria    |         |
|   | 3) Wong, Dawn       |                       |         |
| 2 | Heritage            | A                     | 1:18.42 |
|   | 1) Broughton, Kayla | 2) Moody, Hannah      |         |
|   | 3) Hornsby, Carter  | 4) Johnson, Erica     |         |
| 3 | Northgate           | A                     | 1:21.85 |
|   | 1) Childs, Kelsie   | 2) Arceneaux, Sara    |         |
|   | 3) Mah, Angela      | 4) Bass, Dana         |         |
| 4 | Redwood Christian   | A                     | 1:28.87 |
|   | 1) Fakava, Tiffany  | 2) Smith, Carly       |         |
|   | 3) Reed, Dana       | 4) Mowrer, Adrianna   |         |
| 5 | Alhambra            | A                     | 1:35.21 |
|   | 1) Eck, Christina   | 2) Thangturai, Carisa |         |
|   | 3) Swanson, Haley   | 4) Wight, Jordan      |         |

\*Event 8 Boys 4x110 Meter Shuttle Hurdle\*

\*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

- |   |                      |                        |         |
|---|----------------------|------------------------|---------|
| 1 | Northgate            | A                      | 1:17.10 |
|   | 1) Crane, Alex       | 2) Shi, Evan           |         |
|   | 3) Leyrer, Greg      | 4) Farabee, Parker     |         |
| 2 | Castro Valley        | A                      | 1:17.22 |
|   | 1) Briones, Rhoden   | 2) Sanchez, Marcelo    |         |
|   | 3) Mackey, Jordan    | 4) deLormeiere, Daniel |         |
| 3 | Redwood Christian    | A                      | 1:20.24 |
|   | 1) Charondo, Jullian | 2) Huemoeller, Jacob   |         |
|   | 3) Comfort, Ben      | 4) Piccillo, Cody      |         |

4	Berean Christian	A	1:24.57
	1) Osterman, Matt	2) Angevine, Toshi	
	3) Lew, David	4) Cary, Kyle	
*Event 9 Girls 4x100 Meter Relay*			
	*Team*	**	*Relay*
*Finals*			
1	Fremont	A	51.91
	1) Payton, Maliana	2) Barber, Twanna	
	3) Hart, Montairra	4) Landrum, bria	
2	American	A	52.46
	1) Zamora, Renee	2) Jayaweera, Ruvani	
	3) Lopez, Victoria	4) Wong, Dawn	
3	Castro Valley	A	53.02
	1) Walbert, Jamie	2) Brooks, Jessica	
	3) Douglas, Kandice	4) Freuh, Ryan	
4	Alhambra	A	54.17
	1) Adesida, Divine	2) Eck, Christina	
	3) Kylo, Jaclyn	4) Wadsworth, Savannah	
5	Tennyson	A	54.43
	1) Ward, Teairra	2) Gant, Melissa	
	3) Dedeaux, Danecia	4) Hill, Ebonee	
6	Moreau Catholic	A	54.95
	1) Boyd, Alitta	2) Scott, Krissy	
	3) Calso, Lauren	4) Reyes, Genica	
7	American	B	55.40
	1) Tong, Alexandria	2) Quan, Megan	
	3) Reyes, Samantha	4) Norwood, Chanelle	
8	Northgate	A	55.88
	1) Arceneaux, Sara	2) Longa, Jessica	
	3) Bass, Dana	4) Mah, Angela	
9	San Leandro	A	57.56
	1) Jones, Sonya	2) Jung, GiGi	
	3) Brooks, Jamoni	4) Brown, Alana	
10	Berean Christian	A	58.62
	1) Pouch, Kirsten	2) Roth, Kelsey	
	3) Botelho, Nicole	4) Dick, Kaitlin	
11	Mercy (b)	A	59.09
12	Moreau Catholic	B	59.26
	1) Martinez, Mariel	2) Pertas, Noemi	
	3) Harbert, Alexandra	4) Wong, Angela	
13	Albany	A	1:00.07
	1) Allen, Cleopatra	2) Chiu, Annie	
	3) Collier, Courtney	4) Del Toro, Carla	
14	Redwood Christian	A	1:01.30
	1) Mack, Camille	2) Mack, Nikita	
	3) McGlaughlin, Crystal	4) Pouncy, Victoria	
15	Antioch	A	1:03.80
16	Redwood Christian	B	1:06.38
	1) MacDonald, Hannah	2) McAllister, Lynnora	
	3) Naguit, Frances	4) Steffens, Lacy	
--	Mt Eden	B	DQ
	1) Cruz, Ana	2) Turnerhill, Crystal	
	3) Gutierrez, Marissa	4) Lomeli, Janet	
--	Hayward	A	DQ
	1) Salone, Jamee	2) Sansberry, Porsche	
	3) Hearn, T'Shye		

*Event 10 Boys 4x100 Meter Relay*			
	*Team*	**	*Relay*
*Finals*			
1	Castro Valley	A	43.62
	1) Oliver, Dash	2) Rice, Elliot	
	3) Rice, Fredy	4) Barbieri, Johnny	
2	James Logan	C	43.68
3	San Leandro	A	44.61
	1) Simpson, Dwayne	2) Howard, Cory	
	3) White, Edmond	4) Mason, Tyler	
4	Mt Eden	A	44.67
	1) Garrett, Lee	2) Holliman, Myster	
	3) Jackai, Joshua	4) Johnson, Donte	
5	Albany	B	44.95
	1) Aryan, Barzin	2) Mansour, Kamal	
	3) Kim, Brian	4) Wu, Stanley	
6	American	A	46.05
	1) Troupe-Masi, Jeremy	2) Hammill, Joe	
	3) Lamothe, Alex	4) Martin, Andre	
7	Heritage	A	46.34
	1) Beasley, Jeremy	2) Coty, Blake	
	3) Hamilton, Leyvell	4) Walters, Bryce	
8	Castro Valley	B	46.66
	1) Afschar, Mostaba	2) Lee, Scott	
	3) deLormeiere, Daniel	4) Shortridge, Dominic	
9	James Logan	B	46.88
10	Cardinal Newman	A	47.14
	1) Pond, Max	2) Amaral, Wade	
	3) Badger, Jeff	4) Codagnone, Andrew	
11	Mt Eden	B	47.31
	1) Day, Tirrell	2) Lastrape, Jo Jo	
	3) Latu, Stefano	4) Spence, Gideon	
12	Redwood Christian	A	49.12
	1) Borgerson, Caleb	2) Choy, Evan	
	3) Smith, Wayne	4) Parker, Lonnie	
13	Albany	A	49.34
	1) Healy, Jay	2) Lam, Kenly	
	3) Miles, Scylore	4) Morris, Learinza	
*Finals ... (Event 10 Boys 4x100 Meter Relay)*			
	*Team*	**	*Relay*
*Finals*			
14	Alhambra	A	49.54
	1) Preciado, Emanuel	2) Christmas, Erron	
	3) Delforentino, John	4) Hinkson, Christian	
15	Hayward	A	49.57
	1) Ani, Clement	2) Brandon, Alex	
	3) Jackson, Dominique	4) Almendariz, Adalberto	
16	Berean Christian	B	49.97
	1) Modeste, Leo	2) Meyer, Michael	
	3) Dabill, Justin	4) Dill, Colin	
17	San Lorenzo	B	50.28
18	Berean Christian	A	50.39
	1) Woodlief, Conor	2) Shields, Evan	
	3) Look, Evan	4) Lee, Mitch	
19	American	B	50.55
	1) Myles, Jourdan	2) Armstead, David	
	3) Orr, Taylor	4) Jubilado, Mike	
20	Redwood Christian	B	54.28
	1) Chan, Kevin	2) Ellis, Jonathan	
	3) Gaines, Lenton	4) Charondo, Jullian	
--	Tennyson	A	DNF



- 1) Creggett, Arthur  
3) Ndikum, Valery

- 2) Sofara, Aloese  
4) Clark, Ricky

\*Finals\*

1	Stewart, Brianna	James Logan	12.49
2	Douglas, Kandice	Castro Valle	12.85
3	Jones, Sonya	San Leandro	13.35
4	Clark, Sharonda	Mt Eden	13.48
5	Adesida, Divine	Alhambra	13.58
6	Chukwu, Stephanie	American	13.60
7	Zamora, Renee	American	13.65
8	Hill, Ebonee	Tennyson	13.72
8	Rodriguez, Itzia	Mt Eden	13.72
10	Dedeaux, Danecia	Tennyson	13.77
11	Calso, Lauren	Moreau Catho	13.79
12	Salone, Jamee	Hayward	13.80
13	Arceneaux, Sara	Northgate	13.97
14	Slone, Khyiera	Heritage	14.24

--- Northgate

A DQ

- 1) Bobo, Dylon  
3) Farabee, Parker

- 2) Diebert, Casey  
4) Ibrahimi, Hamza

--- Moreau Catholic

B DQ

- 1) Story, Eric  
3) Thomas, Chris (Cj)

- 2) Borrayo, Salvador  
4) Allen, Chris

\*Event 11 Girls 1600 Meter Run\*

\*Name\*

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\* School\*

\*Finals\*

\*Finals\*

1	Santisteban, Kelsey	Castro Valle	5:20.56
2	Mitchell, Rachel	American	5:21.26
3	MacLeod, Pamela	Castro Valle	5:46.34
4	Martines, Marisa	Castro Valle	5:48.32
5	Owyang, Samantha	Castro Valle	5:53.81
6	Andrews, Jewelz	Alhambra	5:55.89
7	Parker, Sammy	Alhambra	5:58.79
8	Santisteban, Kaitlin	Castro Valle	5:59.94

\*Event 12 Boys 1600 Meter Run\*

\*Name\*

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\* School\*

\*Finals\*

\*Finals\*

1	Leng, Jack	Castro Valle	4:24.65
2	Humphries, Unknown	Antioch	4:36.82
3	Withers, Joe	Cardinal New	4:36.91
4	Blatter, Mark	Alhambra	4:45.83
5	MacDonald, Josh	Redwood Chri	4:46.65
6	Quintero, Unknown	Antioch	4:50.45
7	Deniston, Tyler	Berean Chris	4:53.63
8	Ugto, Jeffrey	American	4:56.45
9	Brody, Daniel	American	4:58.16
10	Day, Matthew	Berean Chris	5:02.46

11 Smith, Geordon

Hayward 5:05.12

12 Vergara, John

San Lorenzo 5:05.28

13	Conroy, Pat	Cardinal New	5:05.55
14	Campbell, Robert	Berean Chris	5:07.22
15	Whittington, Chad	Northgate	5:08.84
16	Kachhia, Akshar	American	5:11.82
17	Patel, Kunal	American	5:13.40
18	Young, Sean	American	5:13.98
19	Nunes, Tyler	Alhambra	5:15.56
20	Robertson, Unknown	Antioch	5:28.51
21	Perez, Jose	San Lorenzo	5:30.38
22	Miramontes, Frank	Redwood Chri	5:33.95
23	Nina, Vo	Fremont	5:42.84
24	Guzman, Steven	Castro Valle	5:45.24
25	Jackson, Ben	Heritage	5:46.27
26	Becker, Joel	Castro Valle	5:50.58
27	Fang, David	San Leandro	6:22.90
28	Carranza, Oscar	San Lorenzo	7:31.13

\*Event 13 Girls 100 Meter Dash\*

\*Name\*

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\* School\*

\*Finals\*

\*Finals\*

15	Scott, Krissy	Moreau Catho	14.31
16	Brooks, Jamoni	San Leandro	14.32
17	Wadsworth, Savannah	Alhambra	14.39
18	Codding, Elisha	Santa Rosa	14.56
19	Silva, Angela	Mercy (b)	14.89
20	Ward, Nicole	Mercy (b)	15.11

\*Event 14 Boys 100 Meter Dash\*

\*Name\*

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\* School\*

\*Finals\*

\*Finals\*

1	Oliver, Dash	Castro Valle	11.02
2	Hamilton, Leyvell	Heritage	11.24
3	Rice, Fredy	Castro Valle	11.27
4	Misa, Kwamique	James Logan	11.51
5	Druker, Vitaly	College Prep	11.52
6	Pond, Max	Cardinal New	11.59
7	Marsh, Robbie	Santa Rosa	11.60
8	Simpson, Dwayne	San Leandro	11.62
9	Garrett, Lee	Mt Eden	11.66
9	Thomas, Christopher	Moreau Catho	11.66

\*Finals ... (Event 14 Boys 100 Meter Dash)\*

\*Name\*

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\* School\*

\*Finals\*

11	Mason, Tyler	San Leandro	11.70
12	Diebert, Casey	Northgate	11.83
12	Lawson, James	Fremont	11.83
14	Lamothe, Alex	American	11.90
15	Dinh, David	Santa Rosa	11.92
16	Woodlief, Conor	Berean Chris	11.93
17	Carter, Vijuan	James Logan	11.98
18	Latu, Stefano	Mt Eden	11.99
19	Cario, Gene	Fremont	12.02
20	Coty, Blake	Heritage	12.07
21	Parker, Lonnie	Redwood Chri	12.28
22	Kennedy, Clardion	Fremont	12.30

23	Borrayo, Salvador	Moreau Catho	12.32
24	Ndikum, Valery	Tennyson	12.45
24	Ani, Clement	Hayward	12.45
26	Jackson, Dominique	Hayward	12.48
27	Zaid, Mojaddedi	James Logan	12.59
28	Clark, Ricky	Tennyson	12.66

29	Modeste, Leo	Berean Chris	12.90
30	Hammill, Joe	American	12.95
31	Preciado, Emanuel	Alhambra	12.99
32	Greinke, Dan	Cardinal New	13.27
33	Hinkson, Christian	Alhambra	13.71
---	Badger, Jeff	Cardinal New	DQ

\*Event 15 Girls 300 Meter Hurdles\*

\*Name\* \*\* \* School\*

\*Finals\*

\*Finals\*

1	Howard, Suzanne	Santa Rosa	46.39
2	Hardy, Jami	James Logan	46.41
3	Wong, Dawn	American	51.16
4	Reid, Rachel	Mercy (b)	52.65
5	Reed, Dana	Redwood Chri	52.99
6	Schalich, Jordan	Santa Rosa	54.36
7	Childs, Kelsie	Northgate	54.48
8	Hornsby, Carter	Heritage	54.87
9	Delaria, Erin	Northgate	57.19
10	Stoeckmann, Esther	Antioch	57.78
11	Chan, Bethany	Castro Valle	1:01.95
12	Pouch, Melissa	Berean Chris	1:02.32

\*Event 16 Boys 300 Meter Hurdles\*

\*Name\* \*\* \* School\*

\*Finals\*

\*Finals\*

1	Holliman, Myster	Mt Eden	41.11
2	McCloskey, Chris	Santa Rosa	42.01
3	Farabee, Parker	Northgate	42.76

4	Troupe-Masi, Jeremy	American	42.98
5	Mackey, Jordan	Castro Valle	44.12
6	Mehdane, Nate	James Logan	44.13
7	deLormeiere, Daniel	Castro Valle	44.39
8	Crane, Alex	Northgate	44.93
9	Amerson, Alex	James Logan	45.03
10	Dinh, David	Santa Rosa	45.16
11	Piccillo, Cody	Redwood Chri	46.57
12	Huemoeller, Jacob	Redwood Chri	51.01
13	Lew, David	Berean Chris	53.04
14	Bell, Sean	Alhambra	59.89

\*Event 17 Girls 4x400 Meter Relay\*

\*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

1	Fremont	A	4:13.54
	1) Barber, Twanna	2) Payton, Maliana	
	3) Hart, Montairra	4) Lewis, Marquanika	
2	Castro Valley	A	4:16.24
	1) Batis, Haley	2) Wadsworth, Monay	
	3) Lee, Megan	4) Schneider, Chelsea	
3	Heritage	A	4:24.79
	1) Guerrero, Natalie	2) Torres, Vanessa	
	3) Johnson, Erica	4) Perkins, Lexi	
4	Tennyson	A	4:31.75
	1) Olmstead, Rebecca	2) Dauria, Jordan	
	3) Hill, Ebonee	4) Dedeaux, Danecia	
5	American	A	4:33.60
	1) Tong, Alexandria	2) Reyes, Samantha	
	3) Quan, Megan	4) Mitchell, Rachel	
6	Alhambra	A	4:35.94
	1) Andrews, Jewelz	2) Adesida, Divine	

3) Thangturai, Carisa	4) Parker, Sammy
7 Castro Valley	B 4:42.44
1) Chan, Karen	2) Philpott, Kwai
3) Gilchriese, Irene	4) Velasquez, Corinne

8	Mercy (b)	A	4:42.96
9	Mt Eden	B	4:43.43
	1) Gutierrez, Marissa	2) Ramirez, Andrea	
	3) Mirador, Nisha	4) Young, Rashidah	
10	Berean Christian	A	4:54.59
	1) Pouch, Kirsten	2) Lee, Jackie	
	3) Botelho, Nicole	4) Roth, Kelsey	
11	Moreau Catholic	A	4:58.78
	1) Horsley, Nivana	2) Calso, Lauren	
	3) Scott, Krissy	4) Crosby, Cassie	
12	Redwood Christian	A	5:04.17
	1) MacDonald, Hannah	2) McGlaughlin, Crystal	
	3) Reed, Dana	4) Swanson, Katrina	
13	Mercy (b)	B	5:10.19
14	Antioch	A	5:12.04
15	San Leandro	A	5:14.55
	1) Jones, Sonya	2) Brown, Alana	
	3) Brooks, Jamoni	4) Jung, GiGi	
16	Redwood Christian	B	5:49.67
	1) Mack, Nikita	2) Steffens, Lacy	
	3) Smith, Carly	4) Naguit, Frances	
---	James Logan	A	DQ

\*Event 18 Boys 4x400 Meter Relay\*

\*Team\* \*\* \*Relay\*

\*Finals\*

\*Finals\*

1	James Logan	A	3:33.52
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\*Finals ... (Event 18 Boys 4x400 Meter Relay)\*

\*Team\* \*\* \*Relay\*

\*Finals\*

2	Castro Valley	B	3:34.46
	1) Afschar, Mostaba	2) Rice, Elliot	
	3) Mackey, Jordan	4) Shortridge, Dominic	
3	Heritage	A	3:35.10
	1) Coty, Blake	2) Hamilton, Leyvell	
	3) Jackson, Patrick	4) Walters, Bryce	

4	San Leandro	A	3:37.87
	1) White, Edmond	2) Gardner, Travis	
	3) Wilson, Laron	4) Wilson, Davon	
5	Mt Eden	A	3:41.08
	1) Day, Tirrell	2) Johnson, Donte	
	3) Jackai, Joshua	4) Holliman, Myster	
6	De Anza	A	3:49.12
7	Moreau Catholic	A	3:49.82
	1) Thomas, Chris (Cj)	2) Johnson, Bryant	
	3) Denhams, Marcus	4) Mew, Jacob	
8	Castro Valley	A	3:50.79
	1) Barbieri, Johnny	2) Rice, Fredy	
	3) Oliver, Dash	4) Hamilton, Jr, Chris	
9	James Logan	B	3:53.33
10	American	A	3:54.82
	1) Martin, Andre	2) Orr, Taylor	

11	3) Hammill, Joe Redwood Christian	4) Zarabi, Omar A 3:55.26
	1) Ellis, Jonathan	2) Smith, Wayne
12	3) Mattson, Alex Berean Christian	4) Parker, Lonnie A 3:57.71
	1) Dill, Colin	2) Look, Evan
13	3) Meyer, Michael Tennyson	4) Woodlief, Conor A 4:03.21
	1) Sofara, Aloese	2) Villalobos, Everado
14	3) Smith, Terrance Antioch	4) Creggett, Arthur A 4:09.34
15	Alhambra	A 4:12.96
	1) Blatter, Mark	2) Delforentino, John
	3) Erickson, Drake	4) Preciado, Emanuel

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Women - Team Rankings - 8 Events Scored

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1)	Castro Valley	51
2)	American	32
3)	Heritage	26
4)	JAMES LOGAN	21
5)	Fremont	20
6)	Alhambra	12
6)	Mercy (b)	12
8)	Northgate	6
8)	Tennyson	6
8)	Redwood Christian	6
8)	Santa Rosa	6
12)	San Leandro	4
13)	Mt Eden	3
13)	Moreau Catholic	3

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Men - Team Rankings - 9 Events Scored

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1)	Castro Valley	63
2)	JAMES LOGAN	30
3)	Northgate	22
4)	Mt Eden	20
5)	Santa Rosa	17
6)	San Leandro	16
7)	Heritage	15
8)	Berean Christian	12
9)	American	11
10)	Antioch	10
11)	Redwood Christian	9
12)	Cardinal Newman	4
13)	Albany	3
14)	Alhambra	2
14)	De Anza	2
16)	College Preparatory	1