

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals	Points
Finals			
1 Arroyo 'A'	1:18.00	1:10.25	
1) Bowersmith, Kelsea	2) Partida, Victoria		
3) Schwyter, Nadia	4) Guan, Jacqueline		
2 Castro Valley 'A'		1:13.77	
1) Simbra, Tanya	2) Chissell, Maya		
3) Aldridge, Monique	4) Giscombe, Brianna		
3 Northgate 'A'		1:14.63	
1) Arceneaux, Sara	2) Coyle, Allison		
3) Peterson, Lyndsay	4) Delaria, Erin		

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Results

Girls 4x800 Meter Relay

School	Seed	Finals	Points
Finals			
1 Castro Valley 'A'	10:25.00	15:41.65	10
1) MacLeod, Pamela	2) Yang, Nicole		
3) Martines, Marisa	4) Piccillo, Emma		
2 Northgate 'A'	11:00.00	16:01.64	8
1) Campbell, Madeline	2) Curry, Kristen		
3) Boucher, Ami	4) Williams, Leicia		

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Boys 4x800 Meter Relay

School	Seed	Finals	Points
Finals			
1 Castro Valley 'A'	8:22.00	8:14.60	10
1) Martore, Anthony	2) Diomande, Solo		
3) Weekes, Will	4) Eversole, Ben		
2 Northgate 'A'	8:20.00	8:18.11	8
1) Whittington, Chad	2) Melton, Will		
3) Hermes, Arnie <i>Sub</i>	4) Niese, Ryan		
3 Heritage 'A'	8:33.74	8:29.65	6
1) Brum, Brandon	2) Spencer, Amir		
3) Bradley, Jacob	4) Reid, Dustin		
4 Arroyo 'A'	9:45.00	9:00.90	4
1) Snow, Andrew	2) Glover, Keith		
3) Mercadal, Balbino	4) Sands, Jeremy		
5 Benicia 'A'	8:30.00	9:09.35	2
1) Carty, Camron	2) Wolken, Oliver		
3) Friesen, Grant	4) Dubios, Austen		
6 Castro Valley 'B'	8:59.00	9:10.08	
1) Ashby, Tom	2) Talley, Vince		
3) Peek, Scott	4) Crump, Matthew		

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Results

Girls 800 Sprint Medley

School	Seed	Finals	Points
Finals			
1 St Mary's College 'A'	1:51.00	1:51.12	10
1) Glover, Kailee			
3) Woelffer, Annie			
2 Castro Valley 'A'		1:51.79	8
1) Chissell, Maya			
3) Martore, Celeste			
3 Hayward 'A'		1:58.14	6
1) Hogan, Taelor			
3) Turner, Jocelyn			
4 Heritage 'A'	1:56.80	1:58.57	4
1) Shodeen, Nikayla			
3) Tucker, Sherrell			
2) Thomas, Kali			
4) Carter, Jada			
2) Alli, Taofeqat			
4) Miller, Brianna			
2) Clark, Briyana			
4) Ani, Jorceylin			
2) Hicks, Catherine			
4) Giles, Asha			

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Results

Boys 800 Sprint Medley

*Corrected
(Final)*

School	Seed	Finals	H#	Points
Finals				
1 St Mary's College 'A' <i>Blue</i>	1:33.00	1:33.25	2	10
1) Moses, Chance				
3) Brown-Ryan, Demetrius <i>Red</i>				
2 St Mary's College 'B'	1:37.00	1:35.80	1	8
1) Foster, Jemar				
3) Carter, James				
3 Heritage 'A' <i>white</i>	1:35.80	1:36.00	2	6
1) Williams, Eric				
3) Cuellar, Bryan				
4 Northgate 'A'		1:39.20	2	4
1) Wickman, Paul				
3) Schmidt, Blair				
5 Castro Valley 'A'	1:38.00	1:41.16	2	2
1) Han, Nate				
3) Batis, Robert				
6 Castro Valley 'B'	1:42.00	1:42.41	1	
1) Marino, Nicolas				
3) Foster, Alex				
7 Benicia 'A'	1:35.00	1:42.72	2	
1) Davis, Lawrence				
3) Murdock, Fernando				
8 Heritage 'B'	1:44.98	1:48.90	1	
1) Kobayashi, Shai				
3) McIntosh Jr., Steven				
2) Hope-Lovett, Najee				
4) Roosevelt, Ali				
2) Harris, Christian				
4) Organ, Henry				
2) Griffiths, Chazz				
4) Luiz, Joseph				
2) Stover, Cameron				
4) Llanos, Josh				
2) Lu, Steven				
4) Davis, Ben				
2) Moreno, Rickey				
4)				
2) Johnson, Camron				
4) Wiley, Chase				
2) Story, Kruger				
4) Coston, Cameron				

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Results

Girls 1600 Meter Run

Name	Year School	Seed	Finals	Points
Finals				
1 Wummer, Elise	Castro Valley	5:29.65	5:23.19	6
2 Riley, Arianne	Hayward	5:20.00	5:27.15	4
3 Schneider, Chelsea	Castro Valley	5:25.00	5:34.71	3
4 Perez, Rhiannon	Arroyo	6:15.00	6:10.36	2
5 Curry, Kristen	Northgate	6:18.00	6:19.71	1
6 Garcia, Irmay	Hayward	5:50.00	6:25.41	
7 Triplett, Jordan	Heritage	6:21.00	6:56.33	
8 Lopez, Tiffany	Heritage		7:01.58	
9 Velasco, Ryan	Heritage		7:01.77	

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Results

Girls 100 Meter Dash

Name	Year School	Seed	Finals	Wind	H#	Points
Finals						
1 Lewis, Nadia	Benicia	12.64	13.00	NWI	3	6
2 Thomas, Kali	St Mary's College	12.94	13.05	NWI	3	4
3 Alli, Taofeqat	Castro Valley	13.27	13.26	NWI	3	3
4 Hogan, Taelor	Hayward	13.74	13.36	NWI	2	2
5 Tucker, Sherrell	Heritage	13.48	13.77	NWI	3	1
6 Carter, Jada	St Mary's College	14.14	13.89	NWI	2	
7 Glover, Kailee	St Mary's College	13.94	13.93	NWI	2	
8 Arceneaux, Sara	Northgate	14.24	13.99	NWI	2	
9 Larkin, Skyler	St Mary's College	14.24	14.01	NWI	2	
10 Halliday, Rachel	Benicia	13.64	14.08	NWI	3	
11 Ani, Jorceland	Hayward		14.16	NWI	1	
12 Clark, Briyana	Hayward		14.18	NWI	1	
13 Mujic, Elma	Arroyo		14.33	NWI	1	
14 Slone, Khyia	Heritage	12.46	15.06	NWI	3	

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Boys 100 Meter Dash

Name	Year School	Seed	Finals	Wind H#	Points
Finals					
1 Llanos, Josh	Northgate	11.54	11.47	NWI	3
2 Batis, Robert	Castro Valley	11.84	11.52	NWI	2
3 Murdock, Fernando	Benicia	10.94	11.52	NWI	3
4 Cuellar, Bryan	Heritage	11.37	11.66	NWI	3
5 Organ, Henry	St Mary's College	12.14	11.68	NWI	2
6 Thomas, Tyler	Hayward	12.14	11.80	NWI	2
7 Griffin, Don	Hayward	12.04	11.82	NWI	2
8 Luiz, Joseph	Heritage	11.56	11.89	NWI	2
9 Stafford, Sebastian	St Mary's College	11.94	11.92	NWI	2
10 McIntosh Jr., Steven	Heritage	11.76	12.00	NWI	2
11 Marino, Nicolas	Castro Valley	12.50	12.63	NWI	1
12 Stover, Cameron	Northgate		12.68	NWI	1
13 Payton, Dwayne	Hayward		13.79	NWI	1

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Results

Girls 300 Meter Hurdles

Name		Year School	Seed	Finals	Points
Finals					
1	Delaria, Erin	Blue Northgate	53.14	48.50	
2	Nevarez, Kara	Red Heritage	58.22	53.86	

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Results

Boys 300 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Stafford, Sebastian	Blue St Mary's College	41.64	41.35	2	6
2 Harris, Christian	Red St Mary's College	42.84	42.92	2	4
3 Niese, Ryan	White Northgate		43.68	1	3
4 Carter, James	St Mary's College	44.14	44.13	2	2
5 Davis, Cody	Northgate		44.87	1	1
6 Reid, Dustin	Heritage	44.54	44.98	2	
7 DeGuzman, Luis	Arroyo	47.14	45.52	2	
8 Collins, Justin	Benicia	44.74	45.52	2	
9 Laris, Jordan	Castro Valley	45.32	46.11	2	
10 Hudson, Kwame	Castro Valley	47.46	46.37	1	
11 Renna, Brian	Heritage	48.24	46.85	1	
12 Jung, Derek	Northgate		48.57	1	
13 Brewer, Christian	Northgate		50.55	1	

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Results

Girls 4x400 Meter Relay

School	Seed	Finals	Points
Finals			
1 Heritage 'A'	4:21.00	4:21.94	10
1) Johnson, Erica			
3) Giles, Asha			
2 Hayward 'A'		4:32.35	8
1) Turner, Jocelyn			
3) Riley, Arianne			
2) Grant, Alex			
4) Earl, Alexis			
2) Leopold, Nakia			
4) Garcia, Irmay			

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Results

Boys 4x400 Meter Relay

School	Seed	Finals	Points
Finals			
1 Benicia 'A'	Blue (4)	3:25.44	10
1) Murdock, Fernando	2) Mamon, Chris		
3) Dubios, Austen	4) Wiley, Chase		
2 Northgate 'A'	Red (4)	3:27.33	8
1) Lansang, Kevin	2) Whittington, Chad		
3) Niese, Ryan	4) Davis, Cody		
3 Heritage 'A'	3:25.38	3:30.31	6
1) Luiz, Joseph	2) Spencer, Amir		
3) Brum, Brandon	4) Griffiths, Chazz		
4 Heritage 'B'		3:33.95	4
1) Kobayashi, Shai	2) Story, Kruger		
3) McIntosh Jr., Steven	4) Reid, Dustin		
5 Northgate 'B'		3:56.56	2

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Results

Event 1 Girls Distance Medley

School	Finals	Points
Finals		
1 Hayward 'A'	13:42.52	10
1) Riley, Arianne	2) Garcia, Irmayr	
3) Leopold, Nakia	4) Turner, Jocelyn	
2 Castro Valley 'A'	13:55.08	8
1) MacLeod, Pamela	2) Elam, Kristin	
3) Yang, Nicole	4) Martines, Marisa	
3 Castro Valley 'B'	14:35.12	6
1) Sutedja, Ashley	2) Von Euw, Gabriela	
3) Piccillo, Emma	4) Carvin, Kathryn	
4 Heritage 'A'	15:22.28	4
1) Babinat, Jackie	2) Grant, Alex	
3) Nevarez, Kara	4) Earl, Alexis	

Combined Team Scores - 1 Events Scored

1) Castro Valley	14	2) Hayward	10
3) Heritage	4		

Done

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Results

Event 2 Boys Distance Medley

School	Finals	Points
Finals		
1 Heritage 'A'	11:27.77	10
1) Bradley, Jacob	2) McIntosh Jr., Steven	
3) Spencer, Amir	4) Brum, Brandon	
2 Arroyo 'A'	11:37.94	8
1) Mercadal, Balbino	2) Snow, Andrew	
3) Galindo, Lorenzo	4) Sands, Jeremy	
3 Benicia 'A'	11:49.83	6
1) Wolken, Oliver	2) Wiley, Chase	
3) Carty, Camron	4) Friesen, Grant	
4 Castro Valley 'A'	12:27.45	4
1) Coulter, Erich	2) Diomande, Solo	
3) Crump, Matthew	4) Mirzadi, Rostam	
5 Northgate 'A'	15:13.93	2
1) Asberry, Charles <i>Chris</i>	2) Sheehy, James <i>Will</i>	
3) Reamy, Jack <i>Amley</i>	4) Svidler, Eugene	
Combined Team Scores - 2 Events Scored		
1) Castro Valley	18	2) Heritage
3) Hayward	10	4) Arroyo
5) Benicia	6	6) Northgate

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Results

Event 3 Girls 4x100 Meter Relay

School	Finals	Points
Finals		
1 Castro Valley 'A'	50.40	10
1) Velasquez, Julia	2) Alli, Taofeqat	
3) Chissell, Maya	4) Martore, Celeste	
2 Northgate 'A'	54.93	8
1) Arceneaux, Sara	2) Rusch, Jessica	
3) Chiong, Jessica	4) Coyle, Allison	
3 Castro Valley 'B'	55.06	6
1) Lee, Crystal	2) Bedford, Evangeline	
3) Aldridge, Monique	4)	

Combined Team Scores - 3 Events Scored

1) Castro Valley	34	2) Heritage	14
3) Northgate	10	3) Hayward	10
5) Arroyo	8	6) Benicia	6

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Results

Event 4 Boys 4x100 Meter Relay

School	Finals	Points
Finals		
1 Benicia 'A'	43.94	10
1) Murdock, Fernando	2) Johnson, Camron	
3) Mamon, Chris	4) Davis, Lawrence	
2 Heritage 'A'	44.33	8
1) Walters, Bryce	2) Luiz, Joseph	
3) Cuellar, Bryan	4) Griffiths, Chazz	
3 St Mary's College 'A'	44.76	6
1) Williams, Murad	2) Organ, Henry	
3) Stafford, Sebastian	4) Foster, Jemar	
4 Heritage 'B'	45.31	4
1) Williams, Eric	2) Kobayashi, Shai	
3) Coston, Cameron	4) Lewis, DaVonte	
5 Northgate 'A'	45.62	2
1) Wickman, Paul	2) Stapleton, Tim	
3) Stover, Cameron <i>Jon</i>	4) Llanos, Josh	
-- Castro Valley 'A'	DQ	
1) Han, Nate	2) Lu, Steven	
3) Marino, Nicolas	4) Moreno, Rickey	

Combined Team Scores - 4 Events Scored

1) Castro Valley	34	2) Heritage	26
3) Benicia	16	4) Northgate	12
5) Hayward	10	6) Arroyo	8
7) St Mary's College	6		

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Results

Event 6 Boys 4x110 Meter Shuttle Hurdle

School	Finals	Points
Finals		
1 Northgate 'A'	1:13.21	10
1) Niese, Ryan	2) Brewer, Christian	
3) Davis, Cody	4) Jung, Derek	
2 Heritage 'A'	1:17.79	8
1) Pryor, Avery	2) Renna, Brian	
3) Eng, Billy	4) Henry, Tom	
3 Castro Valley 'A'	1:18.73	6

Combined Team Scores - 5 Events Scored

1) Castro Valley	40	2) Heritage	34
3) Northgate	22	4) Benicia	16
5) Hayward	10	6) Arroyo	8
7) St Mary's College	6		

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Results

Event 17 Boys 1600 Meter Run

Name	Year School	Finals	Points
Finals			
1 Melton, Will	Northgate	4:39.50	6
2 Bradley, Jacob	Heritage	4:47.83	4
3 Ashby, Tom	Castro Valley	4:54.01	3
4 Morford, Eric	Heritage	4:57.65	2
5 Carty, Camron	Benicia	5:05.32	1
6 Wolken, Oliver	Benicia	5:11.74	
7 Friesen, Cole	Benicia	5:12.55	
8 Coulter, Erich	Castro Valley	5:16.35	
9 Hurtado, Diego	Hayward	5:17.80	
10 Talley, Vince	Castro Valley	5:23.35	
11 Hermes, Arnie	Northgate	5:32.81	

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Results

Event 21 Girls Long Jump Relay

Name	Year School	Finals	Wind	Points
Flight 1				
1 Ani, Jorceylin	Hayward	15-00.00	NWI	2
2 Coyle, Allison	Northgate	13-09.25	NWI	3.33
3 Hicks, Catherine	Heritage	13-09.00	NWI	2
4 Arceneaux, Sara	Northgate	13-08.75	NWI	1.33
5 Rusch, Jessica	Northgate	12-06.50	NWI	1.33
6 Velasquez, Julia	Castro Valley	11-06.00	NWI	1.33
7 Triplett, Jordan	Heritage	10-11.50	NWI	
8 Turner, Jocelyn	Hayward	10-05.00	NWI	2
Flight 2				
1 Slone, Khyia	Heritage	16-09.00	NWI	3.33
2 Hodge, Jade	St Mary's College	15-05.00	NWI	
3 Alli, Taofeqat	Castro Valley	15-03.25	NWI	2.66
4 Bedford, Evangeline	Castro Valley	14-02.25	NWI	2.66
5 Larkin, Skyler	St Mary's College	14-00.00	NWI	
6 Shodeen, Nikayla	Heritage	13-09.50	NWI	3.33
7 Carter, Jada	St Mary's College	13-08.75	NWI	2.66
8 Lee, Crystal	Castro Valley	12-10.75	NWI	

Event 21 Girls Long Jump Relay

Name	Year School	Finals	Wind	Points
Finals				
1 Slone, Khyia	Heritage	16-09.00	NWI	3.33
2 Hodge, Jade	St Mary's College	15-05.00	NWI	
3 Alli, Taofeqat	Castro Valley	15-03.25	NWI	2.66
4 Ani, Jorceylin	Hayward	15-00.00	NWI	2
5 Bedford, Evangeline	Castro Valley	14-02.25	NWI	2.66
6 Larkin, Skyler	St Mary's College	14-00.00	NWI	
7 Shodeen, Nikayla	Heritage	13-09.50	NWI	3.33
8 Coyle, Allison	Northgate	13-09.25	NWI	3.33
9 Hicks, Catherine	Heritage	13-09.00	NWI	2
10 Arceneaux, Sara	Northgate	13-08.75	NWI	1.33
11 Carter, Jada	St Mary's College	13-08.75	NWI	2.66
12 Lee, Crystal	Castro Valley	12-10.75	NWI	
13 Rusch, Jessica	Northgate	12-06.50	NWI	1.33
14 Velasquez, Julia	Castro Valley	11-06.00	NWI	1.33
15 Triplett, Jordan	Heritage	10-11.50	NWI	
16 Turner, Jocelyn	Hayward	10-05.00	NWI	2

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Event 21 Girls Long Jump Relay
Team Rankings - Field Event Relay
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Heritage Blue (4)	44-03.75	10
2	Castro Valley Red (3)	43-02.25	8
3	Hayward	39-02.00	6
4	Northgate White (3)	37-09.25	4

5 Hayward

6 QB 14-6

25-5

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25-5

Field Score Sheet

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Field Score Sheet

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Wind

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Field Score Sheet

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Results

Event 22 Boys Long Jump Relay

Name	Year School	Finals	Wind	Points
Flight 1				
1 Jow, Brian	Northgate	18-07.00	0.1	2.66
2 Griffiths, Chazz	Heritage	18-05.75	0.7	2
3 Privitera, Zach	Northgate	18-04.00	1.0	2.66
4 Sweetwyne, Kellen	Hayward	15-11.25	+0.0	
5 Zabroski, Dakotah	Heritage	14-09.00	NWI	
Flight 2				
1 Wickman, Paul	Northgate	19-09.00	-0.2	2.66
2 Nouv, Peter	Castro Valley	17-07.00	1.1	1.33
3 Han, Nate	Castro Valley	17-05.75	1.4	1.33
4 Tschaplitzki, Andrew	Heritage	16-09.00	1.4	2
5 Lu, Steven	Castro Valley	16-03.00	1.4	
6 Marino, Nicolas	Castro Valley	16-02.75	+0.0	
7 Llanos, Josh	Northgate	13-00.25	+0.0	
Flight 3				
1 Mamon, Chris	Benicia	23-03.25	+0.0	3.33
2 Thomas, Tyler	Hayward	20-02.75	+0.0	
3 Johnson, Camron	Benicia	20-00.75	+0.0	3.33
4 Dubios, Austen	Benicia	19-09.25	1.2	3.33
5 Cuellar, Bryan	Heritage	18-11.00	+0.0	2
6 Davis, Ben	Castro Valley	18-04.50	0.6	1.33

Event 22 Boys Long Jump Relay

Name	Year School	Finals	Wind	Points
Finals				
1 Mamon, Chris	Benicia	23-03.25	+0.0	3.33
2 Thomas, Tyler	Hayward	20-02.75	+0.0	
3 Johnson, Camron	Benicia	20-00.75	+0.0	3.33
4 Dubios, Austen	Benicia	19-09.25	1.2	3.33
5 Wickman, Paul	Northgate	19-09.00	-0.2	2.66
6 Cuellar, Bryan	Heritage	18-11.00	+0.0	2
7 Jow, Brian	Northgate	18-07.00	0.1	2.66
8 Griffiths, Chazz	Heritage	18-05.75	0.7	2
9 Davis, Ben	Castro Valley	18-04.50	0.6	1.33
10 Privitera, Zach	Northgate	18-04.00	1.0	2.66
11 Nouv, Peter	Castro Valley	17-07.00	1.1	1.33
12 Han, Nate	Castro Valley	17-05.75	1.4	1.33
13 Tschaplitzki, Andrew	Heritage	16-09.00	1.4	2
14 Lu, Steven	Castro Valley	16-03.00	1.4	
15 Marino, Nicolas	Castro Valley	16-02.75	+0.0	
16 Sweetwyne, Kellen	Hayward	15-11.25	+0.0	
17 Zabroski, Dakotah	Heritage	14-09.00	NWI	
18 Llanos, Josh	Northgate	13-00.25	+0.0	

1 2

B NA

23-03.25 19-9

20-02.75 18-7

19-09.25 18-4

63-01.25 56-8

482 CV

18-11 18-4.5

18-05.75 17-07

16-09 17-07.75

54-01.75 53-7.25

HDY 32-5.75

20-02.75

15-11.25

36-02.00

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.....Event 22 Boys Long Jump Relay

Event 22 Boys Long Jump Relay
Team Rankings - Field Event Relay
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Benicia	63-01.25	10
2	Northgate	56-08.00	8
3	Heritage	54-01.75	6
4	Castro Valley	53-05.25	4

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Event 23 Boys Triple Jump Relay

Name	Year School	Finals	Wind	Points
Flight 1				
1 Jow, Brian	Northgate	36-01.00	NWI	2
2 Tschaplizki, Andrew	Heritage	35-08.00	NWI	
3 Lu, Steven	Castro Valley	35-05.75	NWI	
4 Lansang, Kevin	Northgate	35-01.50	NWI	2
5 Collins, Justin	Benicia	34-06.75	NWI	2.66
Flight 2				
1 Hope-Lovett, Najee	St Mary's College	45-11.75	NWI	3.33
2 Mamon, Chris	Benicia	45-02.50	NWI	2.66
3 Davis, Ben	Castro Valley	41-02.75	NWI	
4 Dubios, Austen	Benicia	39-10.00	NWI	2.66
5 Privitera, Zach	Northgate	39-09.75	NWI	2
6 Foster, Jemar	St Mary's College	39-09.50	NWI	3.33
7 Harris, Christian	St Mary's College	39-07.00	NWI	3.33

Event 23 Boys Triple Jump Relay

Name	Year School	Finals	Wind	Points
Finals				
1 Hope-Lovett, Najee	St Mary's College	45-11.75	NWI	3.33
2 Mamon, Chris	Benicia	45-02.50	NWI	2.66
3 Davis, Ben	Castro Valley	41-02.75	NWI	
4 Dubios, Austen	Benicia	39-10.00	NWI	2.66
5 Privitera, Zach	Northgate	39-09.75	NWI	2
6 Foster, Jemar	St Mary's College	39-09.50	NWI	3.33
7 Harris, Christian	St Mary's College	39-07.00	NWI	3.33
8 Jow, Brian	Northgate	36-01.00	NWI	2
9 Tschaplizki, Andrew	Heritage	35-08.00	NWI	
10 Lu, Steven	Castro Valley	35-05.75	NWI	
11 Lansang, Kevin	Northgate	35-01.50	NWI	2
12 Collins, Justin	Benicia	34-06.75	NWI	2.66

Event 23 Boys Triple Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	St Mary's College	125-04.25	10
2	Benicia	119-07.25	8
3	Northgate	111-00.25	6

4 $\checkmark$ 41-02.75
 318.75
 76-6.50

Blue (3)
 Red (3)
 White (3)

9 HAV 35-08

Field Score Sheet

Wind Gauge

[illegible]

Field Score Sheet

Wind Gattze

Flight 2 of 2

[illegible]

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 24 Girls Triple Jump Relay

Name	Year School	Finals	Wind	Points
nals				
1 Hodge, Jade	Blue St Mary's College	35-11.00	0.8	
2 Miller, Brianna	Red Castro Valley	34-01.50	0.9	3.33
3 Bedford, Evangeline	White Castro Valley	31-00.50	1.7	3.33
4 Coyle, Allison	Northgate	28-05.25	+0.0	3.33
5 Arceneaux, Sara	Northgate	26-01.75	+0.0	
6 Phillips, Allie	Northgate	26-01.50	1.1	
7 Velasquez, Julia	Castro Valley	23-10.00	+0.0	

Event 24 Girls Triple Jump Relay

Team Rankings - Field Event Relay

Members Per Team - 3

Rank	Team	Total Mark	Points
Blue 1	Castro Valley (3)	93-07.25	10
Red 2	Northgate (3)		8

Sm 35-11.0

Field Score Sheet

[illegible]

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Field Score Sheet

Event 24 Girls Triple Jump Relay Flight 1 of 1

		Attempt 1	Attempt 2	Attempt 3	Attempt 4	Attempt 5	Attempt 6	Best	Place
1	Roberts, Mackenzie Northgate Sarah A ND	0.0	0.0	0.0	0.7				
2	Phillips, Allie Northgate ND	-0.5	1.2	0.1	1.1				
3	Miller, Brianna (X) Castro Valley ND	-0.6	1.7	0.0	0.9				
4	Lee, Crystal Julie Castro Valley Velaquez 26-05.00								
5	Bedford, Evangeline (X) Castro Valley 30-02.50	0.3	-0.8	1.7	0.0				
6	Larkin, Skyler NJ St Mary's College 31-00.00								
7	Hodge, Jade (X) St Mary's College 34-00.00	0.0	1.0	1.0	0.8				
8	Slone, Khyia X Heritage 37-04.00								
9	ALLISON COYLE NORTHGATE	0.0	0.6	0.7	-0.3				
10	Sahar Lamohamady (X) CV								
11	Julia Velaquez (X) CV	0.9	-0.1	1.0	0.0				
12									
13									
14									
15									
16									
17									
18									

WIND SHEETS

WIND

23

up
on clock
in the hole

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 25 Girls High Jump Relay

Name	Year School	Finals	Points
Finals			
1 Martore, Celeste	Blue Castro Valley	5-00.00	
2 Makrakis, Hallie	Red Northgate	4-08.00	2.66
2 Grant, Alex	White Heritage	4-08.00	3.33
4 Bedford, Evangeline	Castro Valley	4-06.00	
4 Johnson, Erica	Heritage	4-06.00	3.33
6 Phillips, Allie	Northgate	4-04.00	2.66
7 Shodeen, Nikayla	Heritage	4-02.00	3.33
8 Roberts, Mackenzie	Northgate	4-00.00	2.66

Event 25 Girls High Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Heritage Blue	13-04.00	10
2	Northgate Red	13-00.00	8
3	Castro Valley		

Field Score Sheet

Q5

[illegible]

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 26 Boys High Jump Relay

Name	Year School	Finals	Points
Flight 1			
1 Foster, Alex	Castro Valley	6-02.00	3.33
2 Lansang, Kevin	Northgate	5-02.00	
3 Tanoto, Ansley	Northgate	5-00.00	
3 Sweetwyne, Kellen	Hayward	5-00.00	
Flight 2			
1 Eng, Billy	Heritage	6-02.00	3.33
2 Privitera, Zach	Northgate	5-10.00	2.66
3 Henry, Tom	Heritage	5-08.00	3.33
4 Stapleton, Tim	Northgate	5-06.00	2.66
4 Sheehy, Chris	Northgate	5-06.00	2.66
6 Renna, Brian	Heritage	5-04.00	
7 Brewer, Christian	Northgate	5-02.00	

Event 26 Boys High Jump Relay

Name	Year School	Finals	Points
Finals			
✓1 Eng, Billy	Heritage	6-02.00	3.33
1 Foster, Alex	Castro Valley	6-02.00	3.33
3 Privitera, Zach	Northgate	5-10.00	2.66
4 Henry, Tom	Heritage	5-08.00	3.33
5 Sheehy, Chris	Northgate	5-06.00	2.66
5 Stapleton, Tim	Northgate	5-06.00	2.66
7 Renna, Brian	Heritage	5-04.00	
8 Lansang, Kevin	Northgate	5-02.00	
8 Brewer, Christian	Northgate	5-02.00	
10 Sweetwyne, Kellen	Hayward	5-00.00	
10 Tanoto, Ansley	Northgate	5-00.00	

Event 26 Boys High Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Heritage	18-00.00	10
2	Northgate	16-10.00	8
3	NB	15-2	6
4	CV	6-2	
5	HM	5-0	

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 27 Boys Pole Vault Relay

Name	Year School	Finals	Points
Flight 1			
1 Shackleton, Dakota	Monte Vista	12-00.00	3.33
2 Kwok, Justin	Northgate	10-00.00	1.33
3 Fontes, Dylan	Heritage	9-06.00	
4 Laanen, Kaj	Northgate	8-06.00	
5 Choi, Dong (Andy)	Northgate	8-00.00	
6 Patel, Suraj	Northgate	7-06.00	
-- Carrick, Tony	Castro Valley	NH	
Flight 2			
1 Wiegardt, Andrew	Castro Valley	13-00.00	2
2 Ngyen, Sean	Monte Vista	12-06.00	3.33
3 Kneppers, Tomas	Northgate	11-00.00	1.33
4 Laris, Jordan	Castro Valley	10-00.00	2
4 Diomande, Solo	Castro Valley	10-00.00	2
4 Brewer, Christian	Northgate	10-00.00	1.33
-- Tsurumoto, Ian	Castro Valley	NH	
Flight 3			
1 Miller, Austin	Washington High	12-00.00	2.66
2 Archibald, Bryant	Monte Vista	11-06.00	
2 Pande, Brian	Monte Vista	11-06.00	3.33
2 Landon, Max	Washington High	11-06.00	2.66
5 Sheridan, Liam	Washington High	11-00.00	2.66
5 Bertolero, Nick	Monte Vista	11-00.00	
7 Griese, Adam	Monte Vista	10-00.00	

Event 27 Boys Pole Vault Relay

Name	Year School	Finals	Points
Finals			
1 Wiegardt, Andrew	Castro Valley	13-00.00	2
2 Ngyen, Sean	Monte Vista	12-06.00	3.33
3 Miller, Austin	Washington High	12-00.00	2.66
3 Shackleton, Dakota	Monte Vista	12-00.00	3.33
5 Archibald, Bryant	Monte Vista	11-06.00	
5 Landon, Max	Washington High	11-06.00	2.66
5 Pande, Brian	Monte Vista	11-06.00	3.33
8 Bertolero, Nick	Monte Vista	11-00.00	
8 Kneppers, Tomas	Northgate	11-00.00	1.33
8 Sheridan, Liam	Washington High	11-00.00	2.66
11 Diomande, Solo	Castro Valley	10-00.00	2
11 Griese, Adam	Monte Vista	10-00.00	
11 Brewer, Christian	Northgate	10-00.00	1.33
11 Kwok, Justin	Northgate	10-00.00	1.33
11 Laris, Jordan	Castro Valley	10-00.00	2
16 Fontes, Dylan	Heritage	9-06.00	
17 Laanen, Kaj	Northgate	8-06.00	
18 Choi, Dong (Andy)	Northgate	8-00.00	
19 Patel, Suraj	Northgate	7-06.00	
-- Tsurumoto, Ian	Castro Valley	NH	
-- Carrick, Tony	Castro Valley	NH	

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

....Event 27 Boys Pole Vault Relay

Event 27 Boys Pole Vault Relay
Team Rankings - Field Event Relay
Members Per Team - 3

Rank	Team	Total Mark	Points
1	Monte Vista	36-00.00	10
2	Washington High School	34-06.00	8
3	Castro Valley	33-00.00	6
5	Northgate	31-00.00	4

32-6 MV-B

6 NWB

23-6

VARSITY SESSION - Saturday 3/20

Field Score Sheet

	O-Make	P-Pass	X-Miss	7'0	7'6	8'0	8'6	9'	9'6	10'0	Best	Place
1	Kwok, Justin Northgate	50cm (9'00) NH		++	++	++	++	0+	X	X	10'0	
2	Fontes, Dylan Heritage	16in (7) NH		0+	0+	0+	0+	0+	0+	X	9'6	(7)
3	Patel, Suraj Northgate	50cm (7) NH		X	0+	X	X	X	++	++	7'6	(6)
4	Choi, Dong (Andy) Northgate	34in (7) NH		0+	0+	0+	X	injured	++	++	8'0	(6)
5	Laanen, Kaj Northgate	60cm (21in) (7) NH		0+	X	X	0	X	X	++	8'6	(6)
6	Carrick, Tony Castro Valley	18in (7) NH		X	X	X	++	++	++	++	NH	N/A
7	Henry, Tom Heritage		NH	++	++	++	++	++	++	++		
8	Tsurumoto, Ian Castro Valley	18in NH (7)		X	X	X	++	++	++	++	NH	NH
9	Espiritu, Nathan Heritage	8'0		++	++	++	++	++	++	++		
10	Liam Sheridan Nash	(14in)		0+	++	0+	++	0+	0+	0+		
11	Brewer, Christian Northgate	(24in)		++	++	++	X	X	0	0+	10'0	
12	Diomando, Solo Castro Valley			++	++	++	++	X	0+	0+	10'0	
13	Lavis, Jordan Castro Valley			++	++	++	++	0+	0+	X	10'0	
14	Adim, Giuseppe MV	(16in)		++	++	++	++	0+	0+	0+	10'0	
15	Austin Miller Washington	30in		++	++	++	++	0+	0+			
16	Nick Bertulero MV			++	++	++	++	0+	X	0+		
17	Pande, Brian MV	(18in)		++	++	++	++	++	X	X		
18	Max Landon Nash			++	++	++	++	++	++			
19	Wiegardt, Andrew CV			++	++	++	++	++	0+			
20	Kneppers, Tomas NG			++	++	++	++	++	0+			

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Field Score Sheet

Event 27 Boys Pole Vault Relay Flight 2 of 2

	O-Make	P-Pass	X-Miss	10'6	11'0	11'6	12'0	12'6	13'0	13'6	Best	Place
1	Tsurumoto, Jan Castro Valley	Flight 2	NH									
2	Espiritu, Nathan Heritage	Flight 2 8-00.00										
3	⁹ Diomande, Solo Castro Valley A	(9) 16in 9-06.00		XIXIX							10'0	(3)
A4	⁹ Brewer, Christian Northgate	60cm (8.6) 10-00.00		XIXIX							10'0	(5)
5	Laris, Jordan Castro Valley A	(9) 20in 10-00.00		XIXIX							10'0	(3)
6	Wiegardt, Andrew Castro Valley A	(10) 24in 10-00.00		0++>	X10+	X10+	XIX10	X10+	0++>	XIXIX	13'0	(3) (1 ^s)
A7	Kneppers, Tomas Northgate	60cm (10) 11-06.00		0++>	XIX10	XXIX					11'0	(5)
A8	Dakota Shackleton MV	18in (11)			XIX10	0++>	0++>	XIXIX			12'0	(1)
A9	Sean Nguyen MV	20in (12'0)					0++>	X10+	XIXIX		12'6	(1)
A10	Bryant Archibald MV	32in (10'6)		XIX10	X10+	XIX10	XXIX				11'6	(1)
B11	Nick Bertolero MV	18in (9'6)		0++>	XIX10	XXIX					11'0	(4)
B12	Brian Pande MV	16in (10')		XIX10	X10+	XXIX	XXIX				11'6	(4)
B13	Adam Griese MV	16in (9)		XXIX							10'0	(4)
A14	Max Landon Wash	(10'6) 65cm		0++>		0++>	XIXIX				11'6	(2)
15	Austin Miller Wash	(9'6) 65cm			0++>	0++>	0++>	XIXIX			12'0	(2)
16	Liam Sheridan Wash	(7) 18in		0++>	X10+	XXIX					11'0	(2)
A17	Justin Kwok NG			XXIX							10'0	(5)
18												
19												
20												

NG-2

CV-2

MVA-36

NGA-31

Her-9'6

MV-2

H-1

MVB-32'6

NGB-24

W-1

WASH-33'6

CV-32

CV2-NH

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Field Score Sheet

Event 28 Girls Pole Vault Relay Flight 1 of 1

	O-Make	P-Pass	X-Miss	6'0	6'6	7'0	7'6	8'0	8'6	9'0	Best	Place
1	Roberts, Mackenzie											
	Northgate	NH										
2	Piccolo, Emma											
	Castro Valley	6-00.00										
3	Delaria, Erin 50cm 21 in											
	Northgate (6'6) 8-00.00											
4	Duran, Carly 20 in											
	mv (6)											
5	Nguyen, Megan 14 in											
	mv (6)											
6	Lawson, Laurel 16 in											
	mv (7)											
7	Feist, Jessica 24 in											
	Wash (6)											
8	Belliveau, Becca 24 in											
	Wash (6)											
9	Landon, Kelsey 24 in											
	Wash (6)											
10												
11												
12												
13												
14												
15												
16												
17												
18												
19												
20												

3rd

2nd

1st

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 29 Girls Shot Put Relay

Name	Year School	Finals	Points
Flight 1			
1 Ioane, Yvette	Northgate	27-05.00	
2 Henderson, Rachel	Northgate	26-01.50	
3 Eckert, Jazzy	Hayward	25-07.50	3.33
4 Young, Montana	Heritage	23-02.00	
5 Upshur, Gabrielle	Hayward	23-00.00	
Flight 2			
1 Knight, Alana	Castro Valley	32-01.50	3.33
2 Donnelly, Noelle	Castro Valley	29-11.50	3.33
3 Volkman, Molly	Heritage	28-08.00	
4 Birznieks, Astra	Castro Valley	23-05.00	

Event 29 Girls Shot Put Relay

Name	Year School	Finals	Points
Finals			
1 Knight, Alana B	Castro Valley	32-01.50	3.33
2 Donnelly, Noelle R	Castro Valley	29-11.50	3.33
3 Volkman, Molly W	Heritage	28-08.00	
4 Ioane, Yvette	Northgate	27-05.00	
5 Henderson, Rachel	Northgate	26-01.50	
6 Eckert, Jazzy	Hayward	25-07.50	3.33
7 Birznieks, Astra	Castro Valley	23-05.00	
8 Young, Montana	Heritage	23-02.00	
9 Upshur, Gabrielle	Hayward	23-00.00	

Event 29 Girls Shot Put Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Castro Valley	87-08.50	10

2 **MC**

53-6

3 **Hen**

51-10

4 **HOM**

48-7.5

NA
 27.5
 26-1
53-6

HEN
 28.8
 23-2
51-10

HOM 75-7.5
 23
 48 7.5

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 30 Boys Shot Put Relay

Name	Year School	Finals	Points
Flight 1			
1 Horncliff, Alex	Heritage	45-03.00	2.66
2 Perkins, Kent	Northgate	35-05.50	
3 Funaki, Joe	Hayward	30-08.00	1.33
4 Mulready, Chris	Castro Valley	29-10.50	
5 Ayala, Nick	Castro Valley	29-02.50	
Flight 2			
1 Williams, Eric	Heritage	39-04.50	2.66
2 Buckland, Eric	Northgate	36-05.50	
3 Sweetwyne, Kellen	Hayward	35-07.00	1.33
4 Thacker, Kyle	Heritage	34-04.00	
5 Alokozai, Aaron	Castro Valley	27-01.00	
6 Rosendahl, Bruce	Castro Valley	26-03.50	
Flight 3			
1 Solomon, Alex	Northgate	39-09.50	2
2 Cook, Gary	Heritage	37-02.00	
3 Davis, Kenneth	Castro Valley	36-02.00	
4 Barrera, Emmanuel	Castro Valley	34-09.50	
5 Duenas, Ray	Hayward	33-06.00	1.33
6 Vasquez, Alex	Castro Valley	32-05.00	
7 Carrick, Tony	Castro Valley	30-01.00	
8 Tsurumoto, Ian	Castro Valley	29-10.50	
Flight 4			
1 Mason, Eric	Castro Valley	49-11.50	3.33
2 Eckel, Jacob	Castro Valley	49-09.00	3.33
3 Rounds, Jake	Heritage	46-10.00	2.66
4 Levy, Max	Northgate	43-03.50	2
5 Perry, Bryant	Northgate	43-03.00	2
6 Tomaz, Niko	Castro Valley	39-08.50	3.33
7 Gilham, George	Castro Valley	39-03.00	
8 Bouchard, Jeffrey	Castro Valley	38-10.00	

Event 30 Boys Shot Put Relay

Name	Year School	Finals	Points
Finals			
1 Mason, Eric	Castro Valley	49-11.50	3.33
2 Eckel, Jacob	Castro Valley	49-09.00	3.33
3 Rounds, Jake	Heritage	46-10.00	2.66
4 Horncliff, Alex	Heritage	45-03.00	2.66
5 Levy, Max	Northgate	43-03.50	2
6 Perry, Bryant	Northgate	43-03.00	2
7 Solomon, Alex	Northgate	39-09.50	2
8 Tomaz, Niko	Castro Valley	39-08.50	3.33
9 Williams, Eric	Heritage	39-04.50	2.66
10 Gilham, George	Castro Valley	39-03.00	
11 Bouchard, Jeffrey	Castro Valley	38-10.00	
12 Cook, Gary	Heritage	37-02.00	
13 Buckland, Eric	Northgate	36-05.50	
14 Davis, Kenneth	Castro Valley	36-02.00	
15 Sweetwyne, Kellen	Hayward	35-07.00	1.33

12 EV
5 Her
5 NG

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

....Event 30 Boys Shot Put Relay

16 Perkins, Kent	<u>Northgate</u>	35-05.50	
17 Barrera, Emmanuel	Castro Valley	34-09.50	
18 Thacker, Kyle	Heritage	34-04.00	
19 Duenas, Ray	<u>Hayward</u>	33-06.00	1.33
20 Vasquez, Alex	Castro Valley	32-05.00	
21 Funaki, Joe	<u>Hayward</u>	30-08.00	1.33
22 Carrick, Tony	Castro Valley	30-01.00	
23 Tsurumoto, Ian	Castro Valley	29-10.50	
23 Mulready, Chris	Castro Valley	29-10.50	
25 Ayala, Nick	Castro Valley	29-02.50	
26 Alokozai, Aaron	Castro Valley	27-01.00	
27 Rosendahl, Bruce	Castro Valley	26-03.50	

Event 30 Boys Shot Put Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Castro Valley	139-05.00	10
2	Heritage	131-05.50	8
3	Northgate	126-04.00	6
5	Hayward	99-09.00	4

6 N-C

4	CB	NA-B	HA-A
	39-3	36-5	35-7.0
	33-10	35-5	33-6
	36-2	71-10	30-8
	114-3		99-9

CV-C
34-9
32-5
30-1
97-3

Field Score Sheet

[illegible]

Field Score Sheet

[illegible]

Field Score Sheet

[illegible]

Field Score Sheet

[illegible]

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 31 Boys Discus Throw Relay

Name	Year School	Finals	Points
Flight 1			
1 Horncliff, Alex	Heritage	133-00	2
2 Funaki, Joe	Hayward	99-11	1.33
3 Buckland, Eric	Northgate	96-04	
4 Cook, Gary	Heritage	81-11	2
5 Ayala, Nick	Castro Valley	79-05	
6 Perkins, Kent	Northgate	78-01.50	
Flight 2			
1 Carrick, Tony	Castro Valley	73-09	
2 Rosendahl, Bruce	Castro Valley	70-06	
3 Mulready, Chris	Castro Valley	67-06.50	
4 Sweetwyne, Kellen	Hayward	65-04.25	1.33
5 Tsurumoto, Ian	Castro Valley	64-10	
6 Alokozai, Aaron	Castro Valley	60-10	
Flight 3			
1 Duenas, Ray	Hayward	122-00.50	1.33
2 Davis, Kenneth	Castro Valley	118-00.50	
3 Barrera, Emmanuel	Castro Valley	112-00	
4 Vasquez, Alex	Castro Valley	104-07	
5 Gilham, George	Castro Valley	90-06.50	
6 Bouchard, Jeffrey	Castro Valley	90-02	
7 Thacker, Kyle	Heritage	11-05	
Flight 4			
1 Rounds, Jake	Heritage	154-00	2
2 Mason, Eric	Castro Valley	153-06	3.33
3 Eckel, Jacob	Castro Valley	148-00	3.33
4 Perry, Bryant	Northgate	139-03.50	2.66
5 Solomon, Alex	Northgate	135-10	2.66
6 Tomaz, Niko	Castro Valley	132-01	3.33
7 Levy, Max	Northgate	121-04	2.66

Event 31 Boys Discus Throw Relay

Name	Year School	Finals	Points
Finals			
1 Rounds, Jake	Heritage	154-00	2
2 Mason, Eric	Castro Valley	153-06	3.33
3 Eckel, Jacob	Castro Valley	148-00	3.33
4 Perry, Bryant	Northgate	139-03.50	2.66
5 Solomon, Alex	Northgate	135-10	2.66
6 Horncliff, Alex	Heritage	133-00	2
7 Tomaz, Niko	Castro Valley	132-01	3.33
8 Duenas, Ray	Hayward	122-00.50	1.33
9 Levy, Max	Northgate	121-04	2.66
10 Davis, Kenneth	Castro Valley	118-00.50	
11 Barrera, Emmanuel	Castro Valley	112-00	
12 Vasquez, Alex	Castro Valley	104-07	
13 Funaki, Joe	Hayward	99-11	1.33
14 Buckland, Eric	Northgate	96-04	
15 Gilham, George	Castro Valley	90-06.50	
16 Bouchard, Jeffrey	Castro Valley	90-02	

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

....Event 31 Boys Discus Throw Relay

17 Cook, Gary	Heritage	81-11	2
18 Ayala, Nick	Castro Valley	79-05	
19 Perkins, Kent	Northgate	78-01.50	
20 Carrick, Tony	Castro Valley	73-09	
21 Rosendahl, Bruce	Castro Valley	70-06	
22 Mulready, Chris	Castro Valley	67-06.50	
23 Sweetwyne, Kellen	Hayward	65-04.25	1.33
24 Tsurumoto, Ian	Castro Valley	64-10	
25 Alokozai, Aaron	Castro Valley	60-10	
26 Thacker, Kyle	Heritage	11-05	

Event 31 Boys Discus Throw Relay

Team Rankings - Field Event Relay

Members Per Team - 3

Rank	Team		Total Mark	Points
1	Castro Valley	Blue (14)	433-07	10
2	Northgate	Red (25)	396-05.50	8
3	Heritage	White (4)	368-11	6
4	Hayward		287-03.75	4

5

CU-B
118-0.5
112-0
104-7
334.75

CU-C
906.5
30-2
79-5
2601.5

VARSITY SESSION - Saturday 3/20

Field Score Sheet

[illegible]

Field Score Sheet

[illegible]

Field Score Sheet

[illegible]

Field Score Sheet

[illegible]

Castro Valley Invitational - 3/19/2010 to 3/20/2010

VARSITY SESSION - Saturday 3/20

3/19/2010 to 3/20/2010

Results

Event 32 Girls Discus Throw Relay

Name	Year School	Finals	Points
Flight 1			
1 Eckert, Jazzy	Hayward	71-07.50	3.33
2 Henderson, Rachel	Northgate	69-01	
3 Ioane, Yvette	Northgate	63-09	
4 Upshur, Gabrielle	Hayward	55-05	
5 Young, Montana	Heritage	53-08	
Flight 2			
1 Donnelly, Noelle	Castro Valley	99-02.50	3.33
2 Volkman, Molly	Heritage	86-11	
3 Knight, Alana	Castro Valley	83-10	3.33
4 Birznieks, Astra	Castro Valley	66-08	

Event 32 Girls Discus Throw Relay

Name	Year School	Finals	Points
Finals			
1 Donnelly, Noelle	Castro Valley	99-02.50	3.33
2 Volkman, Molly	Heritage	86-11	
3 Knight, Alana	Castro Valley	83-10	3.33
4 Eckert, Jazzy	Hayward	71-07.50	3.33
5 Henderson, Rachel	Northgate	69-01	
6 Birznieks, Astra	Castro Valley	66-08	
7 Ioane, Yvette	Northgate	63-09	
8 Upshur, Gabrielle	Hayward	55-05	
9 Young, Montana	Heritage	53-08	

Event 32 Girls Discus Throw Relay

Team Rankings - Field Event Relay

Members Per Team - 3

Rank	Team	Total Mark	Points
1	Castro Valley	254-08	10

Licensed to Castro Valley High School HY-TEK's Meet Manager 3/19/2010 02:26 AM
 Castro Valley Invitational - 3/19/2010 to 3/20/2010
 VARSITY SESSION - Saturday 3/20
 3/19/2010 to 3/20/2010
 Meet Program

Event 1 Girls Distance Medley

School	Seed	Finals
Section 1 Timed Finals		
1 Heritage 'A'	14:03.20	
4 1) Babinat, Jackie	2) Grant, Alex	
3) Nevarez, Kara	4) Earl, Alexis	
2 Hayward 'A'	NT	
1 1) Riley, Arianne	2) Garcia, Irmay	
3) Leopold, Nakia	4) Turner, Jocelyn	
3 Castro Valley 'B'	NT	
3 1) Sutedja, Ashley	2) Von Euw, Gabriela	
3) Piccillo, Emma	4) Carvin, Kathryn	
4 Castro Valley 'A'	NT	
2 1) MacLeod, Pamela	2) Elam, Kristin	
3) Yang, Nicole	4) Martinez, Marisa	

Event 2 Boys Distance Medley

School	Seed	Finals
Section 1 Timed Finals		
1 Benicia 'A'	11:45.00	
3 1) Wolken, Oliver	2) Wiley, Chase	
3) Carty, Camron	4) Friesen, Grant	
2 Northgate 'A'	12:00.00	
5 1) Asberry, Charles	2) Sheehy, James	
3) Reamy, Jack	4) Svidler, Eugene	
3 Arroyo 'A'	NT	
2 1) Mercadal, Balbino	2) Snow, Andrew	
3) Galindo, Lorenzo	4) Sands, Jeremy	
4 Heritage 'A'	NT	
1 1) Bradley, Jacob	2) McIntosh Jr., Steven	
3) Spencer, Amir	4) Brum, Brandon	
5 Castro Valley 'A'	NT	
4 1) Coulter, Erich	2) Diomande, Solo	
3) Crump, Matthew	4) Mirzadi, Rostam	

Event 3 Girls 4x100 Meter Relay

School	Seed	Finals
Section 1 Timed Finals		
2 Castro Valley 'B'	NT	
1) Lee, Crystal	2) Bedford, Evangeline	
3) Aldridge, Monique	4)	
3 Heritage 'A'	NT	
1) Slone, Khyia	2) Hicks, Catherine	
3) Tucker, Sherrell	4) Giles, Asha	
4 St Mary's College 'A'	51.14	
1) Larkin, Skyler	2) Woelffer, Annie	
3) Thomas, Kali	4) Glover, Kailee	

5	Northgate 'A'	55:06.14
	1) Arceneaux, Sara	2) Rusch, Jessica
	3) Chiong, Jessica	4) Coyle, Allison
6	Castro Valley 'A'	NT
	1) Velasquez, Julia	2) Alli, Taofegat
	3) Chissell, Maya	4) Martore, Celeste
7	Castro Valley 'C'	NT
	1) Giscombe, Brianna	2) Guevarra, Christina
	3) Lalmohamad, Sahar	4) Smith, Nya

Event 4 Boys 4x100 Meter Relay

School	Seed	Finals
Section 1 Timed Finals		
2 Benicia 'A'	3:23.14	
1) Murdock, Fernando	2) Johnson, Camron	
3) Mamon, Chris	4) Davis, Lawrence	
3 Heritage 'A'	NT	
1) Walters, Bryce	2) Luiz, Joseph	
3) Cuellar, Bryan	4) Griffiths, Chazz	
4 St Mary's College 'A'	44.34	
1) Williams, Murad	2) Organ, Henry	
3) Stafford, Sebastian	4) Foster, Jemar	
5 Castro Valley 'A'	46.24	
1) Han, Nate	2) Lu, Steven	
3) Marino, Nicolas	4) Moreno, Rickey	
6 Northgate 'A'	NT	
1) Wickman, Paul	2) Stapleton, Tim	
3) Stover, Cameron	4) Llanos, Josh	
7 Heritage 'B'	NT	
1) Williams, Eric	2) Kobayashi, Shai	
3) Coston, Cameron	4) Lewis, DaVonte	
8 Northgate 'B'	NT	
1) Boukis, Andrew	2) Jow, Brian	
3) Tanoto, Ansley	4) Mendoza, Marvin	

Event 5 Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals
Section 1 Timed Finals		
3 Northgate 'A'	NT	
1) Arceneaux, Sara	2) Coyle, Allison	
3) Peterson, Lyndsay	4) Delaria, Erin	
4 Arroyo 'A'	1:18.00	
1) Bowersmith, Kelsea	2) Partida, Victoria	
3) Schwyter, Nadia	4) Guan, Jacqueline	
5 Castro Valley 'A'	NT	
1) Simbra, Tanya	2) Chissell, Maya	
3) Aldridge, Monique	4) Giscombe, Brianna	

Event 6 Boys 4x110 Meter Shuttle Hurdle

School	Seed	Finals
Section 1 Timed Finals		
4 Heritage 'A'	NT	
1) Pryor, Avery	2) Renna, Brian	

- 3) Eng, Billy
 5 Northgate 'A'
 1) Niese, Ryan
 3) Davis, Cody

- 4) Henry, Tom
 2) Brewer, Christian
 4) Jung, Derek
- NT

Event 7 Girls 4x800 Meter Relay

School	Seed	Finals
Section 1 Timed Finals		
1 Castro Valley 'A'	10:25.00	
1) MacLeod, Pamela		2) Yang, Nicole
3) Martines, Marisa		4) Piccillo, Emma
2 Northgate 'A'	11:00.00	
1) Campbell, Madeline		2) Curry, Kristen
3) Boucher, Ami		4) Williams, Leicia
3 Castro Valley 'B'	10:48.00	
1) Carvin, Kathryn		2) Shin, Angie
3) Sutedja, Ashley		4) Gilchriese, Carolyn

Event 8 Boys 4x800 Meter Relay

School	Seed	Finals
Section 1 Timed Finals		
1 Northgate 'A'	8:20.00	
1) Whittington, Chad		2) Melton, Will
3) Hermes, Arnie		4) Niese, Ryan
2 Castro Valley 'A'	8:22.00	
1) Martore, Anthony		2) Diomande, Solo
3) Weekes, Will		4) Eversole, Ben
3 Benicia 'A'	8:30.00	
1) Carty, Camron		2) Wolken, Oliver
3) Friesen, Grant		4) Dubios, Austen
4 Heritage 'A'	8:33.74	
1) Brum, Brandon		2) Spencer, Amir
3) Bradley, Jacob		4) Reid, Dustin
5 Arroyo 'A'	9:45.00	
1) Snow, Andrew		2) Glover, Keith
3) Mercadal, Balbino		4) Sands, Jeremy
6 Northgate 'B'	9:30.00	
1) Asberry, Charles		2) Stephens, Connor
3) Reamy, Jack		4) Svidler, Eugene
7 Castro Valley 'B'	8:59.00	
1) Ashby, Tom		2) Talley, Vince
3) Peek, Scott		4) Crump, Matthew

Event 9 Girls 800 Sprint Medley

School	Seed	Finals
Section 1 Timed Finals		
3 Northgate 'A'	NT	
1) Rusch, Jessica		2) Peterson, Lyndsay
3) Makrakis, Hallie		4) Phillips, Allie
4 St Mary's College 'A'	1:51.00	
1) Glover, Kailee		2) Thomas, Kali
3) Woelffer, Annie		4) Carter, Jada
5 Heritage 'A'	1:56.80	

1) Shodeen, Nikayla	2) Hicks, Catherine	
3) Tucker, Sherrell	4) Giles, Asha	
6 Castro Valley 'A'		NT
1) Chissell, Maya	2) Alli, Taofeqat	
3) Martore, Celeste	4) Miller, Brianna	
7 Hayward 'A'		NT
1) Hogan, Taelor	2) Clark, Briyana	
3) Turner, Jocelyn	4) Ani, Jorceylin	
8 Castro Valley 'B'		NT
1) Velasquez, Julia	2) Lee, Crystal	
3) Smith, Nya	4) Lalmohamad, Sahar	

Event 10 Boys 800 Sprint Medley

School	Seed	Finals
Section 1 Timed Finals		
3 Northgate 'B'		NT
1) Jung, Derek	2) Boukis, Andrew	
3) Jow, Brian	4) Mendoza, Marvin	
4 St Mary's College 'B'		1:37.00
1) Foster, Jemar	2) Harris, Christian	
3) Carter, James	4) Organ, Henry	
5 Heritage 'B'		1:44.98
1) Kobayashi, Shai	2) Story, Kruger	
3) McIntosh Jr., Steven	4) Coston, Cameron	
6 Castro Valley 'B'		1:42.00
1) Marino, Nicolas	2) Moreno, Rickey	
3) Foster, Alex	4)	
7 Heritage 'C'		NT
1) McCallion, Nick	2) Lewis, DaVonte	
3) Morgan, Devon	4) Tschaplizki, Andrew	
Section 2 Timed Finals		
3 Benicia 'A'		1:35.00
1) Davis, Lawrence	2) Johnson, Camron	
3) Murdock, Fernando	4) Wiley, Chase	
4 Heritage 'A'		1:35.80
1) Williams, Eric	2) Griffiths, Chazz	
3) Cuellar, Bryan	4) Luiz, Joseph	
5 St Mary's College 'A'		1:33.00
1) Moses, Chance	2) Hope-Lovett, Najee	
3) Brown-Ryan, Demetrius	4) Roosevelt, Ali	
6 Castro Valley 'A'		1:38.00
1) Han, Nate	2) Lu, Steven	
3) Batis, Robert	4) Davis, Ben	
7 Northgate 'A'		NT
1) Wickman, Paul	2) Stover, Cameron	
3) Schmidt, Blair	4) Llanos, Josh	

Event 11 Girls 300 Meter Hurdles

Name	Year School	Seed	Finals
Section 1 Timed Finals			
2 Giscombe, Brianna	Castro Valle	58.72	
3 Delaria, Erin	Northgate	53.14	
4 Aldridge, Monique	Castro Valle	51.17	
5 Coyle, Allison	Northgate	52.24	
6 Nevarez, Kara	Heritage	58.22	

7

Simbra, Tanya

Castro Valle

NT

Event 12 Boys 300 Meter Hurdles

	Name	Year School	Seed	Finals
Section 1	Timed Finals			
1	Foster, Alex	Castro Valle	NT	
2	Brewer, Christian	Northgate	NT	
3	Davis, Cody	Northgate	NT	
4	Hudson, Kwame	Castro Valle	47.46	
5	Renna, Brian	Heritage	48.24	
6	Jung, Derek	Northgate	NT	
7	Niese, Ryan	Northgate	NT	
Section 2	Timed Finals			
1	Pryor, Avery	Heritage	45.49	
2	Collins, Justin	Benicia	44.74	
3	Carter, James	St Mary's Co	44.14	
4	Stafford, Sebastian	St Mary's Co	41.64	
5	Harris, Christian	St Mary's Co	42.84	
6	Reid, Dustin	Heritage	44.54	
7	Laris, Jordan	Castro Valle	45.32	
8	DeGuzman, Luis	Arroyo	47.14	

Event 13 Girls 100 Meter Dash

	Name	Year School	Seed	Finals
Section 1	Timed Finals			
3	Mujic, Elma	Arroyo	NT	
4	Ani, Jorceylin	Hayward	NT	
5	Chiong, Jessica	Northgate	NT	
6	Clark, Briyana	Hayward	NT	
Section 2	Timed Finals			
1	Smith, Nya	Castro Valle	16.05	
2	Arceneaux, Sara	Northgate	14.24	
3	Glover, Kailee	St Mary's Co	13.94	
4	Chissell, Maya	Castro Valle	13.72	
5	Hogan, Taylor	Hayward	13.74	
6	Carter, Jada	St Mary's Co	14.14	
7	Larkin, Skyler	St Mary's Co	14.24	
8	Lalmohamad, Sahar	Castro Valle	18.11	
Section 3	Timed Finals			
1	Halliday, Rachel	Benicia	13.64	
2	Tucker, Sherrell	Heritage	13.48	
3	Thomas, Kali	St Mary's Co	12.94	
4	Slone, Khyia	Heritage	12.46	
5	Lewis, Nadia	Benicia	12.64	
6	Alli, Taofeqat	Castro Valle	13.27	
7	Giles, Asha	Heritage	13.54	
8	Hicks, Catherine	Heritage	13.67	

Event 14 Boys 100 Meter Dash

	Name	Year School	Seed	Finals
Section 1	Timed Finals			
3	Payton, Dwayne	Hayward	NT	
4	Marino, Nicolas	Castro Valle	12.50	

5	Stover, Cameron	Northgate	NT
Section 2 Timed Finals			
1	Thomas, Tyler	Hayward	12.14
2	Luiz, Joseph	Heritage	11.56
3	Batis, Robert	Castro Valle	11.84
4	Williams, Eric	Heritage	11.79
5	McIntosh Jr., Steven	Heritage	11.76
6	Stafford, Sebastian	St Mary's Co	11.94
7	Griffin, Don	Hayward	12.04
8	Organ, Henry	St Mary's Co	12.14
Section 3 Timed Finals			
1	Llanos, Josh	Northgate	11.54
2	Cuellar, Bryan	Heritage	11.37
3	Wiley, Chase	Benicia	11.24
4	Murdock, Fernando	Benicia	10.94
5	Davis, Lawrence	Benicia	10.94
6	Johnson, Camron	Benicia	11.24
7	Schmidt, Blair	Northgate	11.44
8	Brown-Ryan, Demetrius	St Mary's Co	11.54

Event 15 Mixed 6-15 100 Meter Dash

Name	Year School	Seed	Finals
-- 0 No entries for this event			

Event 16 Girls 1600 Meter Run

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1	Riley, Arianne	Hayward	5:20.00
2	Schneider, Chelsea	Castro Valle	5:25.00
3	Wummer, Elise	Castro Valle	5:29.65
4	Choy, Alex	St Mary's Co	5:45.00
5	Garcia, Irmay	Hayward	5:50.00
6	Babinat, Jackie	Heritage	5:58.90
7	Perez, Rhiannon	Arroyo	6:15.00
8	Curry, Kristen	Northgate	6:18.00
9	Triplett, Jordan	Heritage	6:21.00
10	Velasco, Ryan	Heritage	NT
11	Lopez, Tiffany	Heritage	NT

Event 17 Boys 1600 Meter Run

Name	Year School	Seed	Finals
Section 1 Timed Finals			
1	Melton, Will	Northgate	4:32.00
2	Maxwell, Dan	St Mary's Co	4:36.00
3	Bradley, Jacob	Heritage	4:36.72
4	Morford, Eric	Heritage	4:39.00
5	Hurtado, Diego	Hayward	4:40.00
6	Hermes, Arnie	Northgate	4:49.00
7	Ashby, Tom	Castro Valle	4:54.30
8	Wolken, Oliver	Benicia	4:55.00
9	Carty, Camron	Benicia	5:00.00
10	Mirzadi, Rostam	Castro Valle	5:01.41
11	Friesen, Grant	Benicia	5:02.00

12	Friesen, Cole	Benicia	5:05.00
13	Talley, Vince	Castro Valle	5:15.68
14	Peek, Scott	Castro Valle	5:23.78
15	Zabroski, Dakotah	Heritage	5:37.00
16	Coulter, Erich	Castro Valle	NT

Event 18 Mixed 6-15 1600 Meter Run

Name	Year School	Seed	Finals
-- 0 No entries for this event			

Event 19 Girls 4x400 Meter Relay

School	Seed	Finals
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Section 1 Timed Finals

3	Hayward 'A'	NT
1)	Turner, Jocelyn	2) Leopold, Nakia
3)	Riley, Arianne	4) Garcia, Irmay
4	Heritage 'A'	4:21.00
1)	Johnson, Erica	2) Grant, Alex
3)	Giles, Asha	4) Earl, Alexis
5	Northgate 'A'	NT
1)	Delaria, Erin	2) Coyle, Allison
6	Castro Valley 'A'	NT
1)	Elam, Kristin	2) Aldridge, Monique
3)	Schneider, Chelsea	4) Martore, Celeste

Event 20 Boys 4x400 Meter Relay

School	Seed	Finals
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Section 1 Timed Finals

3	Northgate 'A'	NT
1)	Lansang, Kevin	2) Whittington, Chad
3)	Niese, Ryan	4) Davis, Cody
4	Heritage 'A'	3:25.38
1)	Luiz, Joseph	2) Spencer, Amir
3)	Brum, Brandon	4) Griffiths, Chazz
5	Benicia 'A'	NT
1)	Murdock, Fernando	2) Mamon, Chris
3)	Dubios, Austen	4) Wiley, Chase
6	Heritage 'B'	NT
1)	Kobayashi, Shai	2) Story, Kruger
3)	McIntosh Jr., Steven	4) Reid, Dustin

Event 21 Girls Long Jump Relay

Name	Year School	Seed Mark	Finals
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Flight 1 Finals

1	Turner, Jocelyn	Hayward	ND
2	Rusch, Jessica	Northgate	ND
3	Turner, Mariah	Heritage	ND
4	Ani, Jorceylin	Hayward	ND
5	Leopold, Nakia	Hayward	ND
6	Johnson, Erica	Heritage	ND
7	Triplett, Jordan	Heritage	ND

8	Chiong, Jessica	Northgate	ND
Flight 2	Finals		
1	Shodeen, Nikayla	Heritage	ND
2	Lalmohamad, Sahar	Castro Valle	ND
3	Arceneaux, Sara	Northgate	13-02.50
4	Lee, Crystal	Castro Valle	13-03.75
5	Bedford, Evangeline	Castro Valle	13-06.50
6	Larkin, Skyler	St Mary's Co	14-06.00
7	Hodge, Jade	St Mary's Co	16-00.00
8	Alli, Taofeqat	Castro Valle	16-04.00
9	Slone, Khyia	Heritage	18-05.00

Event 22 Boys Long Jump Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Choi, Dong (Andy)	Northgate	ND	
2	Mendoza, Marvin	Northgate	ND	
3	Griffin, Don	Hayward	ND	
4	Griffiths, Chazz	Heritage	ND	
5	Lansang, Kevin	Northgate	ND	
6	Jow, Brian	Northgate	ND	
7	Privitera, Zach	Northgate	ND	
8	Tanoto, Ansley	Northgate	ND	
9	Sweetwyne, Kellen	Hayward	ND	
Flight 2	Finals			
1	Llanos, Josh	Northgate	ND	
2	Wickman, Paul	Northgate	ND	
3	Marino, Nicolas	Castro Valle	13-01.00	
4	Moreno, Rickey	Castro Valle	16-01.00	
5	Huey, Ray	Castro Valle	16-01.00	
6	Nouv, Peter	Castro Valle	17-00.00	
7	Lu, Steven	Castro Valle	17-06.00	
8	Tschaplizki, Andrew	Heritage	17-08.50	
9	Han, Nate	Castro Valle	18-07.00	
Flight 3	Finals			
1	Cuellar, Bryan	Heritage	18-10.00	
2	Davis, Ben	Castro Valle	18-10.75	
3	Foster, Jemar	St Mary's Co	19-00.00	
4	Thomas, Tyler	Hayward	19-01.00	
5	Dubios, Austen	Benicia	19-07.00	
6	Johnson, Camron	Benicia	20-01.00	
7	Roosevelt, Ali	St Mary's Co	20-08.00	
8	Hope-Lovett, Najee	St Mary's Co	21-03.00	
9	Mamon, Chris	Benicia	22-08.00	

Event 23 Boys Triple Jump Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Stapleton, Tim	Northgate	ND	
2	Jow, Brian	Northgate	ND	
3	Lansang, Kevin	Northgate	ND	
4	Choi, Dong (Andy)	Northgate	ND	
5	Lu, Steven	Castro Valle	31-04.00	
6	Collins, Justin	Benicia	34-02.00	
Flight 2	Finals			

1	Pryor, Avery	Heritage	38-00.00
2	Dubios, Austen	Benicia	39-06.00
3	Harris, Christian	St Mary's Co	40-00.00
4	Privitera, Zach	Northgate	40-04.00
5	Davis, Ben	Castro Valle	41-02.50
6	Foster, Jemar	St Mary's Co	42-00.00
7	Hope-Lovett, Najee	St Mary's Co	43-00.00
8	Mamon, Chris	Benicia	47-09.00

Event 24 Girls Triple Jump Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Roberts, Mackenzie	Northgate	ND	
2	Phillips, Allie	Northgate	ND	
3	Miller, Brianna	Castro Valle	ND	
4	Lee, Crystal	Castro Valle	26-05.00	
5	Bedford, Evangeline	Castro Valle	30-02.50	
6	Larkin, Skyler	St Mary's Co	31-00.00	
7	Hodge, Jade	St Mary's Co	34-00.00	
8	Slone, Khyia	Heritage	37-04.00	

Event 25 Girls High Jump Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Shodeen, Nikayla	Heritage	NH	
2	Johnson, Erica	Heritage	4-04.00	
3	Bedford, Evangeline	Castro Valle	4-06.00	
4	Zakrzewski, Dayan	Northgate	4-06.00	
5	Phillips, Allie	Northgate	4-08.00	
6	Martore, Celeste	Castro Valle	4-08.00	
7	Makrakis, Hallie	Northgate	4-08.00	
8	Roberts, Mackenzie	Northgate	4-10.00	
9	Grant, Alex	Heritage	4-10.00	

Event 26 Boys High Jump Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Sweetwyne, Kellen	Hayward	NH	
2	Smiley, Greg	Heritage	NH	
3	Foster, Alex	Castro Valle	NH	
4	Tanoto, Ansley	Northgate	5-00.00	
5	Asberry, Charles	Northgate	5-00.00	
6	Lansang, Kevin	Northgate	5-02.00	
Flight 2	Finals			
1	Brewer, Christian	Northgate	5-02.00	
2	Henry, Tom	Heritage	5-04.00	
3	Sheehy, Chris	Northgate	5-06.00	
4	Renna, Brian	Heritage	5-06.00	
5	Privitera, Zach	Northgate	5-10.00	
6	Stapleton, Tim	Northgate	5-10.00	
7	Eng, Billy	Heritage	6-02.00	

Event 27 Boys Pole Vault Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Kwok, Justin	Northgate	NH	
2	Fontes, Dylan	Heritage	NH	
3	Patel, Suraj	Northgate	NH	
4	Choi, Dong (Andy)	Northgate	NH	
5	Laanen, Kaj	Northgate	NH	
6	Carrick, Tony	Castro Valle	NH	
7	Henry, Tom	Heritage	NH	
Flight 2	Finals			
1	Tsurumoto, Ian	Castro Valle	NH	
2	Espiritu, Nathan	Heritage	8-00.00	
3	Diomande, Solo	Castro Valle	9-06.00	
4	Brewer, Christian	Northgate	10-00.00	
5	Laris, Jordan	Castro Valle	10-00.00	
6	Wiegardt, Andrew	Castro Valle	10-00.00	
7	Kneppers, Tomas	Northgate	11-06.00	

Event 28 Girls Pole Vault Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Roberts, Mackenzie	Northgate	NH	
2	Piccillo, Emma	Castro Valle	6-00.00	
3	Delaria, Erin	Northgate	8-00.00	

Event 29 Girls Shot Put Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Henderson, Rachel	Northgate	ND	
2	Young, Montana	Heritage	ND	
3	Johnson, Erica	Heritage	ND	
4	Upshur, Gabrielle	Hayward	ND	
5	Ioane, Yvette	Northgate	ND	
6	Byias, Shanell	Castro Valle	13-09.00	
Flight 2	Finals			
1	Birznies, Astra	Castro Valle	23-10.50	
2	Turner, Mariah	Heritage	24-08.50	
3	Volkman, Molly	Heritage	25-05.00	
4	Donnelly, Noelle	Castro Valle	29-08.00	
5	Banks, Dalisia	Hayward	30-00.00	
6	Knight, Alana	Castro Valle	32-03.00	
7	Sapiga, Patrice	Hayward	37-03.00	

Event 30 Boys Shot Put Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Mulready, Chris	Castro Valle	ND	
2	Perkins, Kent	Northgate	ND	
3	Funaki, Joe	Hayward	ND	
4	Chavez, Christian	Castro Valle	ND	
5	Horncliff, Alex	Heritage	ND	

6	Ayala, Nick	Castro Valle	ND
Flight 2	Finals		
1	Williams, Eric	Heritage	ND
2	Ochoa, Jesus	Heritage	ND
3	Rosendahl, Bruce	Castro Valle	ND
4	Buckland, Eric	Northgate	ND
5	Cano, Sebastion	Castro Valle	ND
6	Sweetwyne, Kellen	Hayward	ND
7	Thacker, Kyle	Heritage	ND
8	Alokozai, Aaron	Castro Valle	23-07.00
9	Manley, Alexander	Castro Valle	28-01.00
Flight 3	Finals		
1	Tsurumoto, Ian	Castro Valle	28-05.00
2	Ashby, Joe	Castro Valle	28-10.00
3	Carrick, Tony	Castro Valle	29-07.00
4	Duenas, Ray	Hayward	32-00.00
5	Davis, Kenneth	Castro Valle	33-03.00
6	Barrera, Emmanuel	Castro Valle	34-03.00
7	Vasquez, Alex	Castro Valle	34-08.00
8	Cook, Gary	Heritage	36-08.00
9	Solomon, Alex	Northgate	39-04.00
Flight 4	Finals		
1	Gilham, George	Castro Valle	39-05.00
2	Sapiga, Nephi	Hayward	40-00.00
3	Tomaz, Niko	Castro Valle	40-05.00
4	Bouchard, Jeffrey	Castro Valle	41-03.50
5	Perry, Bryant	Northgate	42-03.00
6	Mason, Eric	Castro Valle	44-11.50
7	Levy, Max	Northgate	46-08.00
8	Rounds, Jake	Heritage	48-07.00
9	Eckel, Jacob	Castro Valle	49-06.00

Event 31 Boys Discus Throw Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Cook, Gary	Heritage	ND	
2	Horncliff, Alex	Heritage	ND	
3	Cano, Sebastion	Castro Valle	ND	
4	Perkins, Kent	Northgate	ND	
5	Buckland, Eric	Northgate	ND	
6	Funaki, Joe	Hayward	ND	
7	Ayala, Nick	Castro Valle	ND	
8	Chavez, Christian	Castro Valle	ND	
Flight 2	Finals			
1	Rosendahl, Bruce	Castro Valle	ND	
2	Alokozai, Aaron	Castro Valle	51-08	
3	Tsurumoto, Ian	Castro Valle	53-02	
4	Mulready, Chris	Castro Valle	61-01	
5	Manley, Alexander	Castro Valle	66-07	
6	Carrick, Tony	Castro Valle	68-07	
7	Ashby, Joe	Castro Valle	77-04	
8	Sweetwyne, Kellen	Hayward	83-07	
Flight 3	Finals			
1	Ochoa, Jesus	Heritage	87-00	
2	Bouchard, Jeffrey	Castro Valle	92-03	
3	Davis, Kenneth	Castro Valle	94-06	
4	Vasquez, Alex	Castro Valle	94-09	

5	Gilham, George	Castro Valle	103-05
6	Thacker, Kyle	Heritage	107-00
7	Barrera, Emmanuel	Castro Valle	107-09
8	Duenas, Ray	Hayward	118-00
Flight 4	Finals		
1	Perry, Bryant	Northgate	118-06
2	Sapiga, Nephi	Hayward	125-00
3	Levy, Max	Northgate	125-03
4	Tomaz, Niko	Castro Valle	132-09.50
5	Solomon, Alex	Northgate	139-11
6	Rounds, Jake	Heritage	143-06
7	Eckel, Jacob	Castro Valle	145-05.50
8	Mason, Eric	Castro Valle	151-08

Event 32 Girls Discus Throw Relay

	Name	Year School	Seed Mark	Finals
Flight 1	Finals			
1	Upshur, Gabrielle	Hayward	ND	
2	Ioane, Yvette	Northgate	ND	
3	Henderson, Rachel	Northgate	ND	
4	Byias, Shanell	Castro Valle	ND	
5	Young, Montana	Heritage	ND	
Flight 2	Finals			
1	Birznieks, Astra	Castro Valle	59-03	
2	Banks, Dalisia	Hayward	77-08	
3	Volkman, Molly	Heritage	80-08	
4	Knight, Alana	Castro Valle	88-02	
5	Sapiga, Patrice	Hayward	110-10	
6	Donnelly, Noelle	Castro Valle	113-00	

Castro Valley Invitational - 3/19/2010 to 3/20/2010**FROSH SOPH SESSION - Friday 3/19****3/19/2010 to 3/20/2010****Results****Girls Distance Medley**

School	Seed	Finals	Points
Finals			
1 Bishop O'Dowd 'A'	13:00.00	13:51.73	10
1) Micheaux, Claire	2) Diaz, Marie		
3) Hyland, Brenna	4) Devlin, Allie		
2 Castro Valley 'A'	14:03.00	14:04.76	8
1) Bailey, Aurora	2) Von Euw, Gabriela		
3) Mill, Olivia	4) Fong, Samantha		
3 Heritage 'A'	14:40.00	14:15.96	6
1) Hannigan, Claire	2) Grant, Bridget		
3) Hinojosa, Kayla	4) McMullin, Lauren		
4 Tamalpais 'A'	14:30.00	14:30.72	4
1) Peterson, Glyn	2) McMillan, Lilla		
3) Kennedy, Coco	4) Emory, Samantha		
5 St Mary's College 'A'	14:50.00	14:57.06	2
1) Cortez-Holmes, Alexis	2) Sullivan, Claire		
3) Harrington, Mary	4) Riccardi, Natalia		
6 Heritage 'B'		16:56.72	
1) Moser, Annie	2) Rosano, Paige		
3) Wilginbush, Taylor	4) Diaz, Viviana		

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

3/19/2010 to 3/20/2010

Results

Boys Distance Medley

School	Seed	Finals	Points
Finals			
1 Bishop O'Dowd 'A'	13:00.00	11:30.39	10
1) John, Calvin	2) Degroot, Jonathan		
3) Kane, Sam	4) Kendall, Mason		
2 Benicia 'A'	11:45.00	11:38.33	8
1) Hammond, Mitchel	2) Guidry, Anthony		
3) Coleman, Adrian	4) Yip, Scott		
3 St Mary's College 'A'	11:40.00	11:42.27	6
1) Hill, Nate	2) Ordonez, Jonathan		
3) Calvert, Duncan	4) Greene, Stevie		
4 Northgate 'A'		11:47.89	4
1) Valeriani, Michael	2) Fiorenza, Giovanni		
3) Reamy, Jack	4) Stalters, Danny		
5 Heritage 'A'	12:12.70	12:28.73	2
1) Pena, Noah	2) Fontes, Joshua		
3) Akono-DeVries, Boniface	4) Nevarez, Jake		
6 Castro Valley 'A'		12:31.08	
1) Arias, Brandon	2) Jawandha, Khush		
3) Hicken, Joshua	4) Conway, Alec		
7 Northgate 'B'	13:00.00	12:32.55	
1) Coyne, Brendan	2) Sumner, Joel		
3) Stephens, Connor	4) Russell, Carter		
8 Tamalpais 'A'	12:40.00	12:35.68	
1) Henn, Andrew	2) Richards, Nick		
3) Knight, Zachary	4) Olsen, Alex		
9 Bishop O'Dowd 'B'		13:03.95	
1) Durin, Matt	2) Bey, Isa		
3) Cermony, Noah	4) Bacchus, Keith		
10 Castro Valley 'B'		13:05.61	
1) Locke, Evan	2) Mitchell, Andrew		
3) Mill, Scott	4) Conway, Austin		
11 Tamalpais 'B'	13:30.00	13:09.42	
1) Cinko, Dominik	2) Brown, John		
3) Kane, Dylan	4) Fierros, Arturo		
12 Heritage 'B'		13:28.61	
1) Vance, Davis	2) Renteria, Robert		
3) Brown, Jason	4)		

Castro Valley Invitational - 3/19/2010 to 3/20/2010**FROSH SOPH SESSION - Friday 3/19****3/19/2010 to 3/20/2010****Results****Boys 800 Sprint Medley**

School	Seed	Finals	H#	Points
Finals				
1 Castro Valley 'A'	1:43.00	1:44.92	2	10
1) Cervantez, Francisco	2) Speagle, Matthew			
3) Speagle, Myles	4) Bundgus, Morgan			
2 Heritage 'A'	1:43.00	1:49.53	2	8
1) Covington, Travon	2) Farinas, Kyle			
3) Smith, Eric	4) Lewis, D'Maree'			
3 Bishop O'Dowd 'B'		1:50.36	1	6
1) Kaufmen, Karsten	2) Hernandez, Eric			
3) Bacchus, Keith	4) Bey, Isa			
4 Northgate 'A'		1:51.67	2	4
1) Khamosh, Aaron	2) Han, Sean			
3) Brancaccio, Chris	4) Russell, Carter			
5 Benicia 'A'	1:54.30	1:52.97	2	2
1) Cheng, Cliff	2) Guidry, Anthony			
3) Tolosa-Hernandez, Marcelo	4) Huebner, Bryan			
6 Castro Valley 'B'		1:53.18	1	
1) Kono, Yuya	2) Huffaker, Hunter			
3) Sims, Ronald	4) Jawandha, Khush			
7 Heritage 'B'	1:50.00	1:53.28	1	
1) Nevarez, Jake	2) Rachal, Angelo			
3) Underwood, Marcell	4) Woods, Darren			
8 Northgate 'B'		1:54.16	1	
1) Williams, Collin	2) Salazar, Ian			
3) Davies, Jon	4) Koh, Jonah			
9 Bishop O'Dowd 'A'		2:01.12	2	
1) Johnson, Issiah	2) Grace, De' Zhon			
3) Tavares, Tevin	4) Durin, Matt			

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

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Results

Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
Finals				
1 Castro Valley 'A'	53.84	53.08	2	10
1) Centoni, Jana	2) Elam, Kristin			
3) Highstreet, Elyse	4) Nguyen, Kaori			
2 St Mary's College 'A'	54.64	53.18	2	8
1) Imah, Crystal	2) Arciaga, Elaine			
3) Waxman, Zodie	4) Snipes, Nia			
3 Bishop O'Dowd 'A'		53.75	2	6
1) Maas, Rachel	2) May, Keisha			
3) Daniel, Ryan	4) Kelly, Bryanna			
4 Castro Valley 'B'		53.79	1	4
1) Gilham, Haley	2) Arens, Lexie			
3) Von Euw, Gabriela	4) Payne, Emily			
5 Heritage 'A'	55.04	54.42	2	2
1) Gordon, Andreena	2) Valdillez, Whitney			
3) Moser, Kailey	4) Wilson, Brooke			
6 Northgate 'A'		54.78	2	
1) Coyle, Allison	2) Rusch, Jessica			
3) Makrakis, Hallie	4) Parvin, Ariana			
7 Tamalpais 'A'	56.64	56.06	2	
1) Rasmussen, Jessica	2) Sandrolini, Emma			
3) Anderson, Claire	4) Collins, Kira			
8 Tamalpais 'B'	58.14	59.47	2	
1) Carmel, Lisanne	2) Von Welczeck, Vivi			
3) Boyer, Molly	4) Vogt, Ivory			
-- Northgate 'B'		DQ	1	
1) Lansang, Kelsey	2) Roberts, Mackenzie			
3) Phillips, Allie	4) Thomson-Jacoby, Alyssa			

NAME
 SEEN
 TIME/ DISTANCE

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

3/19/2010 to 3/20/2010

Results

Boys 4x100 Meter Relay

School	Seed	Finals	H#	Points
Finals				
1 Northgate 'A'		45.74	1	10
1) Khamosh, Aaron	2) Russell, Carter			
3) Han, Sean	4) Stapleton, Tim			
2 Castro Valley 'A'	47.14	47.35	2	8
1) Cervantez, Francisco	2) Speagle, Matthew			
3) Sims, Ronald	4) Speagle, Myles			
3 St Mary's College 'A'	48.64	47.61	2	6
1) Martinez, Sam	2) Robinson, Andrew			
3) Abrams, Andrew	4) Lambright, Freddie			
4 Bishop O'Dowd 'A'	46.64	48.03	2	4
1) Tavares, Tevin	2) Durin, Matt			
3) Johnson, Issiah	4) Grace, De' Zhon			
5 Tamalpais 'A'	49.24	48.35	2	2
1) Leggett, Rondall	2) Stolp, Ryan			
3) Stephens, Haynes	4) Gant Van Vliet, Alex			
6 Heritage 'A'	49.92	48.77	2	
1) Covington, Travon	2) Johnson, Ian			
3) Lewis, D'Maree'	4) Rachal, Angelo			
7 Castro Valley 'B'	49.28	51.37	2	
1) Kono, Yuya	2) Tuecinovic, Dzanin			
3) Huffaker, Hunter	4) Jawandha, Khush			
8 Bishop O'Dowd 'B'		51.62	1	
1) Bacchus, Keith	2) Bey, Isa			
3) Degroot, Jonathan	4) Fong, Sam			
9 Heritage 'B'	52.44	52.03	2	
1) Underwood, Marcell	2) Woods, Darren			
3) Farinas, Kyle	4)			
10 Castro Valley 'C'	53.14	53.28	2	
1) Huynh, Thien	2) Kono, Eiji			
3) Lin, Alvin	4) Gao, Alex			
11 Northgate 'B'		54.60	1	
1) Brancaccio, Chris	2) Koh, Jonah			
3) Salazar, Ian	4) Williams, Collin			

Castro Valley Invitational - 3/19/2010 to 3/20/2010**FROSH SOPH SESSION - Friday 3/19****3/19/2010 to 3/20/2010****Results****Girls 300 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Centoni, Jana	Castro Valley	57.14	51.74	2	6
2 Coyle, Allison	Northgate		54.26	2	4
3 Rusch, Jessica	Northgate		56.92	1	3
4 Bronzan, Caitlin	Heritage	57.53	57.47	2	2
5 Batki, Isabella	Tamalpais	59.84	58.76	2	1
6 Thomson-Jacoby, Alyssa	Northgate		59.34	1	

Castro Valley Invitational - 3/19/2010 to 3/20/2010**FROSH SOPH SESSION - Friday 3/19****3/19/2010 to 3/20/2010****Results****Boys 300 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Long, Chris	Tamalpais	48.74	48.62	2	6
2 king, kevin	Bishop O'Dowd	48.14	49.77	2	4
3 Lim, Zachary	Heritage		50.33	1	3
4 Terrell, Blake	St Mary's College	51.14	50.93	2	2
5 Diallo, Amadou	St Mary's College	51.14	51.74	2	1
6 Touri, James	Northgate		52.10	1	
7 Ruth, TJ	Bishop O'Dowd	50.14	52.38	2	
8 Siu, Elliott	Tamalpais	55.14	53.15	1	
9 Johnson, Ian	Heritage	55.30	53.18	1	
10 Fong, Sam	Bishop O'Dowd	50.14	53.29	2	

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

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Results

Boys Pole Vault Relay

Name	Year School	Seed	Finals	Points
Finals				
1 Kneppers, Andrew	Northgate		10-00.00	2.66
1 Halili, Anjo	Monte Vista		10-00.00	3.33
3 Heller, Brandon	Monte Vista		9-06.00	3.33
4 Cantrell, Sawyer	Monte Vista		9-00.00	3.33
5 Davies, Jon	Northgate		8-06.00	2.66
5 Wedell, Kody	Monte Vista		8-06.00	
5 Locke, Evan	Castro Valley	8-00.00	8-06.00	
8 Beecroft, Ben	Tamalpais	8-06.00	8-00.00	
8 Mauch, Austin	Monte Vista		8-00.00	
10 Kagel, Zak	Northgate		6-06.00	2.66
10 Peek, Aaron	Castro Valley	6-00.00	6-06.00	
-- Dangler, Michael	Castro Valley	9-06.00	NH	

WISCHNER, BEN

MV

8-00.00

7th MV-A 27'
 MV-B 27'
 3rd NG 25'
 4th CV 15'
 5th TAM 8'

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

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Results

Event 8 Boys 4x800 Meter Relay

School	Finals	Points
Finals		
1 Bishop O'Dowd 'A'	8:53.40	10
1) John, Calvin	2) Degroot, Jonathan	
3) Schwartz, Jaejun	4) Kaufmen, Karsten	
2 Benicia 'A'	9:02.03	8
1) Yip, Scott	2) Hammond, Mitchel	
3) Theobald, Trevor	4) Coleman, Adrian	
3 Northgate 'A'	9:03.54	6
1) Stalters, Danny	2) Coyne, Brendan	
3) Reamy, Jack	4) Valeriani, Michael	
4 St Mary's College 'A'	9:12.27	4
1) Munoz, Victor	2) Greene, Stevie	
3) Calvert, Duncan	4) Hill, Nate	
5 Heritage 'A'	9:25.47	2
1) Akono-DeVries, Boniface	2) Renteria, Robert	
3) Pena, Noah	4) Fontes, Joshua	
6 Northgate 'B'	9:49.00	
1) Stephens, Connor	2) Frazier, Ian	
3) Sumner, Joel	4) Sheehy, James	
7 Castro Valley 'A'	9:49.74	
1) Hicken, Joshua	2) Mitchell, Andrew	
3) Conway, Austin	4) Arias, Brandon	
8 Castro Valley 'B'	10:00.46	
1) Nourof, Daniel	2) Meskienyar, Imran	
3) Barney, Robert	4) Mill, Scott	

Combined Team Scores - 5 Events Scored

1) Bishop O'dowd	40	2) Castro Valley	30
3) St Mary's College	26	4) Northgate	20
5) Benicia	16	6) Heritage	12
7) Tamalpais	6		

Castro Valley Invitational - 3/19/2010 to 3/20/2010**FROSH SOPH SESSION - Friday 3/19****3/19/2010 to 3/20/2010****Results****Event 11 Girls 300 Meter Hurdles**

Name	Year School	Finals	Points
Section 1			
1 Rusch, Jessica	Northgate	56.92	3
2 Thomson-Jacoby, Alyssa	Northgate	59.34	
Section 2			
1 Centoni, Jana	Castro Valley	51.74	6
2 Coyle, Allison	Northgate	54.26	4
3 Bronzan, Caitlin	Heritage	57.47	2
4 Batki, Isabella	Tamalpais	58.76	1

Event 11 Girls 300 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Centoni, Jana	Castro Valley	51.74	6
2 Coyle, Allison	Northgate	54.26	4
3 Rusch, Jessica	Northgate	56.92	3
4 Bronzan, Caitlin	Heritage	57.47	2
5 Batki, Isabella	Tamalpais	58.76	1
6 Thomson-Jacoby, Alyssa	Northgate	59.34	

Combined Team Scores - 8 Events Scored

1) Bishop O'dowd	56	2) Castro Valley	54
3) St Mary's College	32	4) Northgate	31
5) Heritage	24	6) Benicia	22
7) Tamalpais	7		

Castro Valley Invitational - 3/19/2010 to 3/20/2010**FROSH SOPH SESSION - Friday 3/19****3/19/2010 to 3/20/2010****Results****Event 13 Girls 100 Meter Dash**

Name	Year School	Finals	Points
Section 1			
1 Thomson-Jacoby, Alyssa	Northgate	14.48	
2 Anderson, Claire	Tamalpais	15.26	
3 Swensen, Nicole	Tamalpais	15.57	
4 Nai, Allison	Northgate	15.59	
Section 2			
1 Elam, Kristin	Castro Valley	13.48	3
2 Imah, Crystal	St Mary's College	13.63	2
3 Arciaga, Elaine	St Mary's College	14.03	
4 Cooper, Tristen	Heritage	14.63	
5 Kobiyashi, Rain	Heritage	14.93	
Section 3			
1 Moser, Kailey	Heritage	13.26	6
2 Williams, Adrianna	Benicia	13.45	4
3 Scott, Amina	Bishop O'Dowd	13.72	1
4 Blanton, Kaii	Bishop O'Dowd	13.75	
5 Wilson, Brooke	Heritage	13.96	
6 Garde, Nicole	Bishop O'Dowd	14.32	
7 Yu, Vanessa	Bishop O'Dowd	15.47	

Event 13 Girls 100 Meter Dash

Name	Year School	Finals	Points
Finals			
1 Moser, Kailey	Heritage	13.26	6
2 Williams, Adrianna	Benicia	13.45	4
3 Elam, Kristin	Castro Valley	13.48	3
4 Imah, Crystal	St Mary's College	13.63	2
5 Scott, Amina	Bishop O'Dowd	13.72	1
6 Blanton, Kaii	Bishop O'Dowd	13.75	
7 Wilson, Brooke	Heritage	13.96	
8 Arciaga, Elaine	St Mary's College	14.03	
9 Garde, Nicole	Bishop O'Dowd	14.32	
10 Thomson-Jacoby, Alyssa	Northgate	14.48	
11 Cooper, Tristen	Heritage	14.63	
12 Kobiyashi, Rain	Heritage	14.93	
13 Anderson, Claire	Tamalpais	15.26	
14 Yu, Vanessa	Bishop O'Dowd	15.47	
15 Swensen, Nicole	Tamalpais	15.57	
16 Nai, Allison	Northgate	15.59	

Combined Team Scores - 9 Events Scored

1) Castro Valley	57	1) Bishop O'dowd	57
3) St Mary's College	34	4) Northgate	31
5) Heritage	30	6) Benicia	26
7) Tamalpais	7		

Castro Valley Invitational - 3/19/2010 to 3/20/2010

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Results

Event 16 Girls 1600 Meter Run

Name	Year School	Finals	Points
Finals			
1 Boucher, Ami	Northgate	5:46.41	6
2 McMullin, Lauren	Heritage	5:54.09	4
3 Campbell, Madeline	Northgate	6:06.27	3
4 Johnson, Taylor	Heritage	6:12.83	2
5 Wilson, Missy	Benicia	6:20.97	1
6 Bonapart, Mayana	Tamalpais	6:21.91	
7 Velasquez, Renee	Castro Valley	6:56.32	
8 Moser, Annie	Heritage	6:57.15	
9 Rosano, Paige	Heritage	7:12.45	

Combined Team Scores - 14 Events Scored

1) Castro Valley	69	2) Bishop O'dowd	67
3) Northgate	48	4) Heritage	47
5) Benicia	40	6) St Mary's College	37
7) Tamalpais	27	8) Monte Vista	18
9) Hayward	3		

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

3/19/2010 to 3/20/2010

Results

Event 21 Girls Long Jump Relay

Name	Year School	Finals	Points
Flight 1			
1 Swenson, Nicole	Tamalpais	10-11.00	
2 Sharkey, Christina	Tamalpais	10-09.00	
Flight 3			
1 Collins, Kira	Tamalpais	13-06.00	3.33
2 Von Welczeck, Vivi	Tamalpais	13-01.00	
3 Boyer, Molly	Tamalpais	11-10.00	
4 Vogt, Ivory	Tamalpais	11-08.00	
Flight 4			
1 McMillan, Lilla	Tamalpais	16-02.00	3.33
2 Rasmussen, Jessica	Tamalpais	13-09.00	3.33

Event 21 Girls Long Jump Relay

Name	Year School	Finals	Points
Finals			
1 McMillan, Lilla	Tamalpais	16-02.00	3.33
2 Rasmussen, Jessica	Tamalpais	13-09.00	3.33
3 Collins, Kira	Tamalpais	13-06.00	3.33
4 Von Welczeck, Vivi	Tamalpais	13-01.00	
5 Boyer, Molly	Tamalpais	11-10.00	
6 Vogt, Ivory	Tamalpais	11-08.00	
7 Swenson, Nicole	Tamalpais	10-11.00	
8 Sharkey, Christina	Tamalpais	10-09.00	

Event 21 Girls Long Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Tamalpais	43-05.00	10

Castro Valley Invitational - 3/19/2010 to 3/20/2010**FROSH SOPH SESSION - Friday 3/19****3/19/2010 to 3/20/2010****Results****Event 23 Boys Triple Jump Relay**

Name	Year School	Finals	Points
Flight 1			
1 Stapleton, Tim	Northgate	32-07.00	2.66
-- Salazar, Ian	Northgate	31-11.00	2.66
-- Russell, Carter	Northgate	27-00.00	2.66
Flight 2			
1 Garcia, Christian	St Mary's College	37-06.00	
2 Woods, Darren	Heritage	37-04.00	
3 Kono, Yuya	Castro Valley	34-00.00	
4 Moore, Nick	St Mary's College	33-07.00	
5 Knight, Zachary	Tamalpais	32-08.00	3.33
6 Lipman, Zaden	Tamalpais	31-03.00	3.33
7 Cramer, Andrew	Tamalpais	28-08.00	3.33

Event 23 Boys Triple Jump Relay

Name	Year School	Finals	Points
Finals			
1 Garcia, Christian	St Mary's College	37-06.00	
2 Woods, Darren	Heritage	37-04.00	
3 Kono, Yuya	Castro Valley	34-00.00	
4 Moore, Nick	St Mary's College	33-07.00	
5 Knight, Zachary	Tamalpais	32-08.00	3.33
6 Stapleton, Tim	Northgate	32-07.00	2.66
7 Salazar, Ian	Northgate	31-11.00	2.66
8 Lipman, Zaden	Tamalpais	31-03.00	3.33
9 Cramer, Andrew	Tamalpais	28-08.00	3.33
10 Russell, Carter	Northgate	27-00.00	2.66

Event 23 Boys Triple Jump Relay
 Team Rankings - Field Event Relay
 Members Per Team - 3

Rank	Team	Total Mark	Points
1	Tamalpais	92-07.00	10
2	Northgate	91-06.00	8

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

3/19/2010 to 3/20/2010

Results

Event 24 Girls Triple Jump Relay

Name	Year School	Finals	Points
Flight 1			
1 Sharpe, Alex	Benicia	33-03.00	
2 Ray, Jasmine	Benicia	31-08.00	
3 Parvin, Ariana COYLE, ALLISON	Northgate	30-10.00	3.33
4 Swensen, Nicole	Tamalpais	25-00.00	2.66
5 Von Welczeck, Vivi	Tamalpais	21-02.00	
Flight 2			
1 Highstreet, Elyse	Castro Valley	30-03.00	
2 Collins, Kira	Tamalpais	28-11.00	2.66
3 Roberts, Mackenzie	Northgate	28-04.00	3.33
4 Reiss, Sierra	Tamalpais	25-03.00	2.66
5 Sharkey, Christina	Tamalpais	20-06.00	3.33

Event 24 Girls Triple Jump Relay

Name	Year School	Finals	Points
Finals			
1 Sharpe, Alex	Benicia	33-03.00	
2 Ray, Jasmine	Benicia	31-08.00	
3 Parvin, Ariana	Northgate	30-10.00	3.33
4 Highstreet, Elyse	Castro Valley	30-03.00	
5 Collins, Kira	Tamalpais	28-11.00	2.66
6 Roberts, Mackenzie	Northgate	28-04.00	3.33
7 Reiss, Sierra	Tamalpais	25-03.00	2.66
8 Swensen, Nicole	Tamalpais	25-00.00	2.66
9 Von Welczeck, Vivi	Tamalpais	21-02.00	
10 Sharkey, Christina	Tamalpais	20-06.00	3.33

Event 24 Girls Triple Jump Relay

Team Rankings - Field Event Relay

Members Per Team - 3

Rank	Team	Total Mark	Points
1	Northgate	79-08.00	10
2	Tamalpais	79-02.00	8

1 N/G

2 BEN

3 NH

4 TAM B

5 CV

Castro Valley Invitational - 3/19/2010 to 3/20/2010

FROSH SOPH SESSION - Friday 3/19

3/19/2010 to 3/20/2010

Results

Event 28 Girls Pole Vault Relay

Name	Year School	Finals	Points
Finals			
1 Neylan, Kyra	Tamalpais	6-06.00	3.33
1 Freeman, Allison	Tamalpais	6-06.00	3.33
1 Duran, Carly	Monte Vista	6-06.00	2.66
1 Bengtson, Arden	Northgate	6-06.00	
5 Gamez, Monica	Castro Valley	6-00.00	
6 Wyatt, Miriam	Tamalpais	5-06.00	3.33
6 Nguyen, Megan	Monte Vista	5-06.00	2.66
6 Roberts, Mackenzie	Northgate	5-06.00	
6 Gilham, Haley	Castro Valley	5-06.00	
10 Lee, Jessica	Monte Vista	5-00.00	2.66
-- Nichols, Jillian	Northgate	NH	

CV 11'6 4th
TAM 18'6 7th
NG 12 3rd
MV 18 2nd

[illegible]

