

# HOMESTEAD CROSS COUNTRY TOP 25

\*\*Best marks at the United States Postal two mile\*\*

10) *Ron Thompson (81)* 9:37

## SENIORS:

1	Dave Sanford (67)	9:14
2	Jack Christianson (68)	9:16
3	Mike Ferguson (69)	9:17
4	Paul Fredrickson (73)	9:20
5	Bob Connors (65)	9:29
6	Matt Church (72)	9:34
7	Steve Flynn (68)	9:35
8	Don Fernandez (74)	9:36
9	John Hanes (68)	9:36
11	Rich Brackett (64)	9:38
12	Brad Zamczyk (80)	9:41
13	Paul Kinder (65)	9:44
14	George Post (65)	9:48
15	Chuck Pope (68)	9:50
16	Paul Mack (65)	9:51
17	Mike Stonum (74)	9:51
18	Mike Cabral (69)	9:53
19	Roy Milwid (64)	9:53
20	Glen Gaesser (67)	9:53
21	John Carty (72)	9:56
22	Doug Duenwald (66)	10:00
23	Rick Steele (74)	10:04
24	Wayne Viegas (80)	10:04
25	Chuck Purnell (80)	10:06
25	Steve Murray (66)	10:08

## JUNIORS:

1	John Walker (65)	9:18
2	Tom Brassell (68)	9:23
3	Jack Christianson (67)	9:25
4	Dave Sanford (66)	9:25
5	Mike Ferguson (67)	9:27
6	Paul Fredrickson (72)	9:27
7	Paul Gaesser (68)	9:28
8	Don Fernandez (73)	9:34
9	Chuck Pope (67)	9:34
10	Randy Stahl (68)	9:36
11	Scott Kinzy (77)	9:36
12	Mark Blessch (76)	9:51
13	Ron Lewis (72)	9:52
14	Bob Connors (64)	9:52
15	Steve Flynn (67)	9:54
16	Pat Rybes (73)	9:54
17	Dave Westwood (77)	9:54
18	Jan Remak (68)	9:54
19	Glenn Thompson (68)	9:56
20	Glenn Gaesser (66)	9:56
21	Ron Thompson (80)	10:06
22	Brian Picha (75)	10:08
23	Tom Giles (73)	10:09
24	Rick Steele (73)	10:10
25	Mike Cabral (67)	10:11

## SOPHMORES:

1	Dave Sanford (65)	9:43
2	Manny Mahon (65)	9:43
3	Matt Church (71)	9:46
4	Paul Gaesser (67)	9:47
5	Tom Brassell (67)	9:53
6	Brian Picha (74)	10:00
7	Jack Christianson (66)	10:00
8	John Walker (64)	10:08
9	Jan Remak (67)	10:12
10	Murray Demo (76)	10:15
11	Chuck Pope (66)	10:17
12	Pete Baum (73)	10:18
13	Steve Flynn (66)	10:20
14	Mike Ferguson (66)	10:21
15	Dave Westwood (76)	10:23
16	Steve Self (65)	10:24
17	Jim Brisco (68)	10:24
18	Don Fernandez (72)	10:27
19	Tim McMenomey (76)	10:27
20	Glenn Thompson (67)	10:28
21	Dave Riemenschmitter (73)	10:28
22	Mike Stonum (72)	10:29
23	Randy Stahl (67)	10:30
24	Pat Gillum (68)	10:30
25	Tom Steele (76)	10:32

## FRESHMAN:

1	Manny Mahon (64)	9:50
2	Gary Vann (65)	9:59
3	Chuck Pope (65)	10:18
4	Danson Faber (67)	10:20
5	Paul Gaesser (66)	10:22
6	Tim McMenomey (75)	10:22
7	Pete Baum (72)	10:32
8	Rob Mac Rae (67)	10:33
9	Dave Riemenschmitter (72)	10:38
10	Murray Demo (75)	10:40
11	Jack Christianson (65)	10:42
12	Bill Roe (80)	10:43
13	Mitch Kumagai (80)	10:43
14	Bill Boyle (72)	10:44
15	Bill Lewis (74)	10:47
16	Brian Picha (73)	10:47
17	Dave Stonum (74)	10:52
18	Mike Cabral (65)	10:53
19	Chris Coumas (77)	10:53
20	Jim Brisco (67)	10:55
21	Kelly Evans (80)	10:58
22	Roger Stanger (66)	10:59
23	Brad Zamczyk (77)	11:00
24	Dave Westwood (75)	11:01
25	Randy Stahl (66)	11:02

1969-70-71 (Records not kept)

Compiled by: Rick Milan  
Head Coach Cross Country

# HOMESTEAD CROSS COUNTRY

## FASTEST TEAM TIMES AT CRYSTAL SPRINGS

### VARSAITY

1972	81:48	Paul Fredrickson Ron Lewis John Carty Rick Giles Pat Erbes	15:27 16:04 16:09 16:57 17:11
1973	80:58	Paul Fredrickson Don Fernandez Ron Lewis Pete Baum Neil Picha	15:15 15:52 16:28 16:39 16:44
1974	No Time	Did not compete	
1975	86:27	Brian Picha Pete Stahl Rich Mead Bob Burrows Dave Nielsen	15:39 15:56 17:48 18:09 18:55
1976	86:25	Mark Blesch Bill Lewis Mitch Preciado Tom Woodbury Dave Nielsen	16:33 16:48 17:15 17:42 18:07
1977	83:40	Scott Kinzy Dave Westwood Murray Demo Tom Steele Tom Clifton	15:46 16:04 16:09 17:47 17:54
1978	78:39	Dave Westwood John Igel Dave Cort Murray Demo Scott Kinzy	15:37 15:41 15:45 15:47 15:49
1979	82:20	Brad Zamczyk Dave Cort Ron Thompson Jay Tobias Chuck Purnell	15:49.4 16:08 16:42.9 16:51.3 16:58.4

1980

81:04

Brad Zamczyk  
Chuck Purnell  
Ron Thompson  
Jay Tobias  
Wayne Viegas

15:31  
15:59  
16:24  
16:32  
16:38

GIRLS

1972	No Time	No team division	
1973	No Time	No team division	
1974	No Time	No team division	
1975	No Time	No team division	
1976	114:34	Joan Fox Bente Lundh Laura Russell Kay Hungate Dina Lopez	20:12 22:00 23:20 24:23 24:39
1977	104:12	Joan Fox Beth Hubbs Bente Lundh Janice Baker Missy Payne	19:05 21:12 21:26 20:23 22:00
1978	97:51	Joan Fox Karen Kwong Beth Clifton Martha Demo Lesia Sanchez	18:47 18:49 19:46 20:05 20:24
1979	103:22	Meg Wright Martha Demo Beth Clifton Cindy Melton Karen Wahl	19:19 19:57 20:45 21:04 22:17
1980	100:23	Meg Wright Karen Kwong Martha Demo Colette Bailey Cindy Melton	18:22 18:50 20:36 20:59 21:36

FROSH/SOPH

1972	85:13	Mike Stonum Rick Steele Don Fernandez Bill Boyle Pete Baum	16:36 16:57 17:19 17:08 17:13
1973	85:03	Dave Riemenschmitter Pete Baum Lee Ferguson Dick Funk Pat Reed	16:47 16:57 17:00 17:05 17:14
1974	No Time	Did not compete	
1975	84:37	Tim McMenomey Bill Lewis Murray Demo Dave Osborne Dave Westwood	16:22 17:12 17:14 17:19 17:30
1976	83:37	Murray Demo Tim McMenomey Dave Westwood Scott Kinzy Steve Sanchez	15:41 16:13 16:15 16:57 17:24
1977	85:23	Jerry Newell Chris Mills Jeff Gilkey Steve Sanchez Scott Kuechle	17:09 17:20 17:28 17:41 17:45
1978	84:39	Brad Zamczyk Chuck Purnell Jay Tobias Mark Arya Ron Thompson	16:50 16:55 16:57 16:58 16:59
1979	<del>95:10</del> 95:10	Jeff Zamczyk Joe Sayles <del>Sang Won Pak</del> ERIC WHITE Kraig Abe Steve Deppmeier	17:48.7 18:17.9 <del>19:50</del> 19:50 19:32.3 19:41.1
1980	85:22	Joe Sayles Jeff Zamczyk Bill Roe Mitch Kumagai Kelly Evans	16:36 16:55 17:04 17:23 17:24