

Los Gatos "All Comers Meet" RECORDS - JULY 2009

	Open		High School		Women		Masters	
Running Events	name	time	name	time	name	time	name	time
<i>Race Walk</i>								
<i>4x100m Relay</i>	San Jose State Sacramento State	40.3 40.46	Independence	42.0	Whiz TC	48.78	Morning - Duhan Unsold - Kibort	46.32
<i>800m</i>	Rod Green Elliott	1:48.4 1:48.64	Joe Amendt	1:53.6	Robin Campbell	2:00.0	Jim Sorensen	1:55.77
<i>High Hurdles</i>	Malcom Dixon Joe Navalu	8.1 (65) 8.33 (65)	Rob Green	8.2 (65)	Bisa Grant	7.70 (60)	B J Duhon	8.66 (65)
<i>100m</i>	Guy McGowen Auto Bolden	10.27	Auto Bolden	10.66	Christie Gaines	11.78	Kevin Morning Marty Krulee	10.99 10.7
<i>400m</i>	Andre Phillips	45.52	Lumby	48.4	Jane Griffith	52.7	Hardison	50.2
<i>1 mile</i>	Tom Smith	3:59.2	Streve Gaziano	4:08.8	Ceci St. Geme	4:33.2	Jim Sorensen	4:18.49
<i>60m</i>	Bill Green	5.9 yds	Henry Barba	6.1 yds	Christie Gaines	7.09 yds	Kevin Morning Marty Krulee	6.3 yds 6.5 yds
<i>200m</i>	Auto Bolden	20.66	Jeff Laynes	21.37	Alice Brown	23.25	Kevin Morning	22.13 WR
<i>2 miles</i>	Gary Bloom	08:41.6	Steve Gaziano	9:01.0	Regina Jacobs	9:11.9 NR	Tom Laris	9:08.3
<i>Inter Hurdles</i>	Joe Navalu	36.6	Ron Seanez	36.9	Leslie Maxie	40.5 NR	Peter Grimes	38.81
<i>4x400m Relay</i>	Army	3:12.0	Independence	3:22.1	Helwig - Walker Demorest - Miller	4:04.0	Bunker - Kemp Kibort - Stefanidis	03:41.9
<i>1500m</i>	Andy Clifford	03:40.5	Yeager	04:02.2	Patty Sue Plummer	4:09.4	Hampton	04:06.7
<i>5000m</i>	Moreno	13:54.5	Alex Dunn	14:56.8	Nancy Ditz	16:08.0	Tom Laris	14:40.1
Field Events	name	mark	name	mark	name	mark	name	mark
High Jump	Wallace	7-2.5	Joe Wyrick	6-10.5	Klough	6-3	Kevin McBarnett	6-5
Long Jump	McRae	26-7.5	Prince	24-0	Edwards	21-6.5	Gordon	20-3
Triple Jump	Tyler	53-0.25	Nguyen	46-6	Wendy Brown	39-11.75	Waller	39-0.25
Shot Put	Greg Tafrales	72-01.25	Colin Quirke	61-2	Pam Dukes	57-11	Ladislav Pataki	54-2
Discus	Mike Buncic	222-2	John Wirtz	189-9	Beatrice Faumuina	209-11	Ladislav Pataki	188-5
Pole Vault	Scott Slover	18-9	Brent Burns	17-6	Stacy Draglia	14.09.75	Jon Besmer	16-0
	Open		High School		Women		Masters	
<i>4 x 1 Mile Relay</i>	Reebok Aggies	Fabrlis - Minor - Ostenberg - Haase		18:01.64WR				
<i>3000m</i>					Ceci St. Geme	9:05.2		
<i>10000m</i>	Dan Gruber	29:56.4			Nancy Ditz	33:39.0		
<i>10000m</i>	youth age group		McKayla Plank	38:38.47NR				
<i>110 HH / 100LH</i>	Duffy Joe Navalu	13.7 13.96			Glydis Nunn	13.35 NR		
<i>400IH</i>	Armstrong	50.25			Leslie Maxie	56.64	Whitnew	56.6
<i>35lb Weight Throw</i>	Gustafson	73-05.5					Ladislav Pataki	62-3
All Times in hundreths are electronic			Records Updated 7-7-09					

LOS GATOS **MIZUNO**

ALL-COMER TRACK MEETS

At The Los Gatos High School All-Weather Track



\$5.00 ENTRY FEE
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\$2.00 Spectators

(Fees go toward resurfacing costs)

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8 MEETS
Every Thursday Night

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DIVISIONS

OPEN
HIGH SCHOOL BOYS
WOMEN, GIRLS
MASTERS MEN

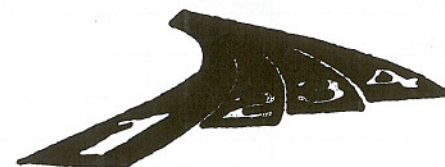
(Plus Kids/Jr.High
Division in Some Events)

Finish Lynx Timing

(1/4" Spikes Only)

meet records on back

5:00 - Pole Vault
5:30 - HJ, LJ then TJ
Shot Put then Discus
5:45 - Race Walk
6:00 - 4x100 Relay
800
65 HH, 60 LH-Girls
100
400
Mile / 1500 in last meet
60
200
2 Mile / 5000 in last meet
300 Hurdles
4x400 Relay



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Start of the 31st Year of these
Winter/Summer Track & Field Meets