

# Monterey Bay League Track & Field Meet Records

Updated: January 16, 2000

## VARSIITY BOYS

4x100 M Relay	42.64c	Seaside		1983
1,600 M Run	4:17.6c	Bob Scurich	Watsonville	1965
110 M H. Hurdles	14.34c	Ronnie Seanez	Gilroy	1981
400 M Dash	46.51	Calvin Harrison	North Salinas	1993
100 M Dash	10.79	Bashir Levingston	Seaside	1995
800 M Run	1:54.44c	Mark Wagner	Soquel	1974
300 M Int Hurdles	38.4h	Greg Rojas	Gilroy	1989
200 M Dash	21.11	Calvin Harrison	North Salinas	1993
3,200 M Run	9:21.0c	Mark McConnell	Soquel	1971
4x400 M Relay	3:20.4	North Salinas		1993
Shot Put	59'01.00"	Pete Swanson	San Benito	1992
Discus Throw	191'09.00"	Pete Swanson	San Benito	1992
Long Jump	23'02.50"	Gerard Alcantara	Watsonville	1976
Triple Jump	48'02.00"	Nathan Johnson	Seaside	1974
High Jump	6'08.25"	Donnell Harris	North Salinas	1993
Pole Vault	15'06.00"	David Grijalva	No. Monterey Co.	1997

## VARSIITY GIRLS

4x100 M Relay	50.04c	Seaside		1981
1,600 M Run	5:06.1	Becky Kaiser	Seaside	1992
100 M H. Hurdles	14.33	Sani Roseby	Monterey	1999
400 M Dash	58.13	Amber Taylor	No. Monterey Co.	1999
100 M Dash	11.84c	Sani Roseby	Monterey	1999
800 M Run	2:17.0	Tiffany Choy	Salinas	1980
300 M Low Hurdles	45.4h	Tamisha Allen	North Salinas	1996
200 M Dash	23.82	Sani Roseby	Monterey	1999
3,200 M Run	11:19.5	Becky Kaiser	Seaside	1992
4x400 M Relay	4:02.3	Seaside		1981
Shot Put	39'11.00"	Cassandra Maxwell	Monterey	1988
Discus Throw	148'06.00"	Susan Springer	Salinas	1978
Long Jump	18'11.00"	Sani Roseby	Monterey	1999
Triple Jump	39'00.50"	Janis Diggs	Salinas	1984
High Jump	5'08.00"	Kathy Raugust	Salinas	1979
		Tiffany Salmon	Live Oak	1991
Pole Vault	9'06.00"	Jesika Englebretson	North Salinas	1998