



TRACK AND FIELD

SCHEDULE ROSTER RECORDS

Track Records

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Archbishop Riordan Track Individual Records

EVENT	RECORD	NAME	YEAR	WHERE
100 Meters	10.41	Tony Miller	1988	C.C.S. Finals
100 Yards	9.7	Carl Braboy	1970	
	9.7	Ivory Louis	1974	
200 Meters	21.08	Tony Miller	1988	C.C.S. Finals
220 Yards	22.2	Don Chesarek	1955	
	22.2	Tom Paulin	1975	W.C.A.L. Finals
400 Meters	47.93	Tony Miller	1988	Bellarmino
440 Yards	49.0	Don Chesarek	1955	
110 M High Hurdles	15.29	Carlos Maximo	1989	C.C.S. Region I
120 Yards High Hurdles	14.8	Robert Harrington	1955	
330 Meters Low Hurdles	39.85	Damien Cooper	1991	Saint Ignatius
330 Yards Low Hurdles	39.8	Rod Rojas	1982	
800 Meters	1:56.1	Juan Martinez	1981	
880 Yards	1:58.1	Paul Gaul	1979	
1600 Meters	4:27.82	Ben Beeler	2011	Serra Top 7
1 Mile	4:25.3	John Ryan	1972	
3200 Meters	9:55.69	Jerome Morton	1993	C.C.S. Top 8
2 Miles	9:25.9	Marty Krenn	1974	
Long Jump	23'9"	Reggie Jackson	1987	C.C.S. Finals
Triple Jump	49'10.5"	Reggie Jackson	1987	C.I.F. State Meet
High Jump	6'8.25"	Jerry Ross	1982	C.I.F. State Meet
	6'8.25"	Lamont Allen	1987	Marin Catholic
Pole Vault	14'8.5"	Paul Lim	2000	K-Bell Invitational
Shot Put	58'7"	John Currie	1964	
Discus Throw	174'	Mike Niland	1978	C.C.S. Finals
400 Relay	41.91		1988	C.I.F. State Meet
		Jeff Speech, Brian Flewellen, Damien Semien, Tony Miller		
1600 Relay	3:17.5		1989	C.I.F. State Meet
		Jeff Speech, Carlos Maximo, Jason Murry, Damien Semien		