

Northern

Cal Cross

Country

By RON REID

Times Sports Writer

Hillsdale, Terra Nova and Carlmont High schools were represented on the First All Northern California cross-country team, selected by Track and Field News.

Hillsdale and Terra Nova placed two runners each on the 20-man team of the best prep harriers in Northern California, while Carlmont had a single representative to the team in sophomore Mike McCann.

Ralph Likens and Marcel Hetu, Hillsdale's distance running duo who set a new national record for the two-man, 10-mile relay last week, were the Knight representatives named to the team. Both seniors, Hetu was ranked fifth and Likens seventh in the team choices, which were based on the combination of times posted on tracks and grass courses.

Terra Nova placed Dan Vincent and Bob Hernandez in fourth and 18th positions. Vincent, one of the county's best runners this season, had a 9:26.7 clocking on the track and a 9:39 time for the Stanford grass course.

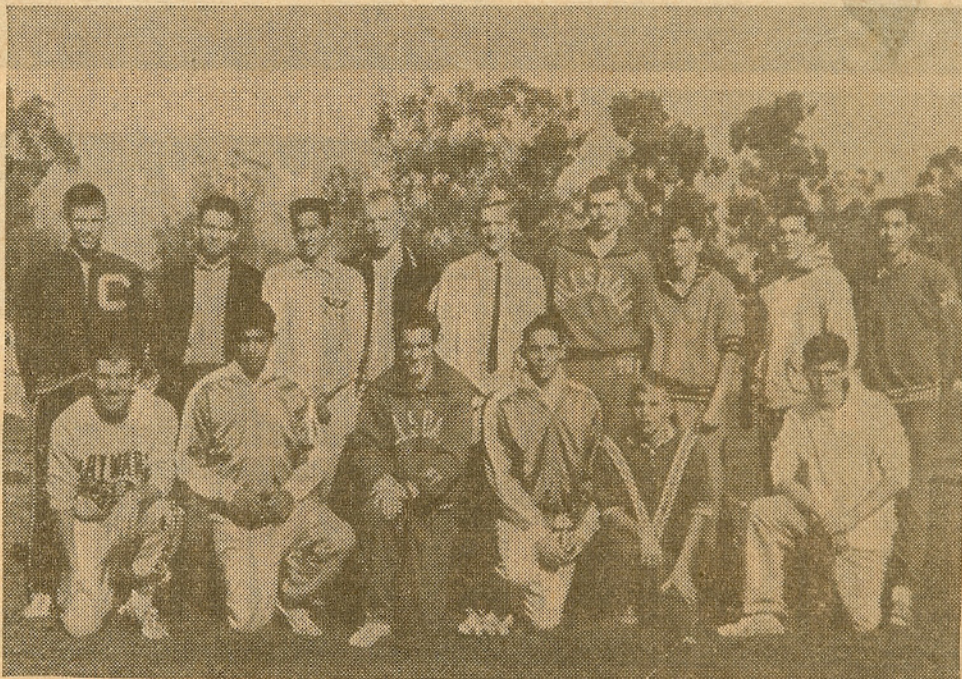
Two Sophomores

McCann was one of two sophomores who made the team. The other was Mike Ryan of Wilcox High school in San Jose, a runner who has the most promise of any distance star in the sport today.

On the basis of age, 15-year-old Ryan is rated the greatest distance running prospect in United States or world history. No track man in history has ever run so fast at such an early age. Rated the top runner on the All Nor-Cal squad and the Cross-Country athlete of the year, Ryan was beaten only once during the season, by a margin of inches. His 9:30.7 clocking over a grass course was better than 13 of the other All Nor-Cal runners' times for the two-mile track distance.

All-Northern California teams were named for high school, junior college, and senior college ranks.

Harrier Dream Team



THE ALL-NORTHERN California cross-country team, selected by Track and Field News, had five San Mateo county runners selected for the honor. Left to right (front); Steve Tingley, Hayward; Al Rincon, Alameda; Marcel Hetu, Hillsdale; Bob DeCelle, Alameda; Arnold Hamala, Cupertino; Mike Ryan, Wil-

cox. Left to right (Back); Mike McCann, Carlmont; Bob Hernandez, Pittsburg; Robert Hernandez, Terra Nova; Dan Vincent, Terra Nova; Don Hoyt, Cubberley; Ralph Likens, Hillsdale; Paul Graham, Los Altos; John Cassidy, St. Francis; Dick Elliot, Highlands.

All Nor-Cal
Harriers

Name, Grade, School	X-Track Time*	Grass Time
Mike Ryan, Soph, Wilcox	9:21.3	9:30.7
George Ries, Sr., Sunset	9:21.2	9:48.0
Paul Graham, Sr., Los Altos	9:26.6	9:39.0
Don Vincent, Sr., Terra Nova	9:26.7	9:40.0
Marcel Hetu, Sr., Hillsdale	9:28.0	9:52.0
John Cassidy, Sr., St. Fran.	9:32.0	9:49.0
Ralph Likens, Sr., Hillsdale	9:33.7	9:43.0
Richard Key, Jr., Miramonte		9:37.0
Bob DeCelle, Sr., Alameda	9:40.2	9:45.0
Albert Rincon, Sr., Alameda	9:41.0	9:54.0
Bob Crespin, Sr., Pac. Grove	9:42.0	9:50.0
Arnold Hamala, Sr., Cupertino	9:43.8	9:46.0
Rich Elliott, Sr., Highland	9:45.6	
Joe Biber, Sr., Buchser	9:46.8	9:47.0
Don Hoyt, Sr., Cubberley	9:51.0	9:48.0
Steve Tingley, Sr., Hayward	9:47.0	9:49.0
G. Diffenbaugh, Sr., Lowell		
Bob Hernandez, Sr., Terra N.	9:56.2	9:51.0
Bob Hernandez, Sr., Pittsb.	9:52.0	9:56.0
Mike McCann, Soph, Carlmont	9:54.0	9:52.0

X—Two miles.

Harriers Place

teams will be feted at the Fall Sports Awards Night to be held on Tuesday, December 3.

Hillsdale Knights have also rated well in Cross-Country, under the direction of Mr. Plato Yanicks.

FOURTEENTH PLACE

Our team came out sixth in the state, this year, and walked away with fourteenth place in the nation, with the Freshmen taking the league championship with a score of 14-0. Both the varsity and junior varsity also come out ahead with a second place apiece, and the Frosh-Soph placed fourth in their league.

Mr. Yanicks revealed the outstanding competitors of the season as follows: the "most outstanding player", Mike Sayer; the outstanding Frosh, Gordon Minty; the outstanding Sophomore, Roger Brown; and the "most inspirational" player, Roger Spence.