

Ribera, Ernie	11:09	Oceana
Lynch, Gary	11:14	Oceana
Lavy, Brian	11:22	Oceana
Naylor, Steve	11:23	Terra Nova
Cano, Henry	11:28	SS
Halligan, Ken	11:38	SS
Middleton, Ron	11:42	Oceana
Garcia, Pepe	11:44	SS
Pomeroy, Jim	11:48	Oceana
Wagner, Dan	11:50	Jefferson
Bias, Dave	11:51	El Camino
Gianni, Carl	11:58	El Camino
Johnson, Larry	11:59	El Camino
Richardson, Mark	12:01	Terra Nova
La Rock	12:04	Westmoor
Pagani	12:05	Serramonte
Schelegle, Ed	12:07	El Camino
Kiler	12:08	Westmoor
Goenka, Mike	12:11	Terra Nova
Tennies, Vic	12:17	Oceana
Federica, Randy	12:19	Terra Nova
Gumile, Nick	12:25	Terra Nova
Shin, Harry	12:31	Jefferson
Vasquez	12:34	Westmoor
Ribera, Jim	12:37	Oceana
Alvarado, Lou	12:39	El Camino
Piazza,	12:42	Westmoor
De Vita, Paul	12:45	Jefferson
Dellarocca, Ed	12:46	Terra Nova
Caldow	12:46	Serramonte
Wilbur	12:46	Westmoor
Pugen, Ron	12:50	SS
Navarrette,	12:51	Jefferson
La Bruzzo	13:00	Westmoor
Phil, John	13:03	SS
Tito, Leonor	13:04	Jefferson
Blackfield	13:12	Serramonte
Mavia	13:18	Westmoor
Frank, Tracy	13:19	Jefferson
Jenkerson	13:38	Serramonte

Bottaglia, Rich	14:04	Terra Nova
Bowser	14:06	Serramonte
Peterson, Bob	15:10	Jefferson
Bertini, Al	15:11	Jefferson

TEAM SCORES

1.	Oceana	22
2.	El Camino	79
3.	Terra Nova	80
4.	S.S.F.	86
5.	Westmoor	115
6.	Jefferson	130
7.	Serramonte	165
8.	H.A.B.	No entry

THE YEAR (1969)
 THE BUS FAILED
 TO SHOW
 NPL Finals
 11/12/69

FROST/SSU HL

Van Dine	11:21	El Camino	Espinosa, Gary	SS
Caro, Alex	11:27	SS	Rhefeld, Steve	Westmoor
Anderson, Lindsey	11:59	Westmoor	Jereth, Rob	Oceana
Whitley	12:00	Serramonte		
Cook, Bob	12:13	Terra Nova		

<u>Snyders, Rudy</u>	<u>12:20</u>	<u>NFB</u>		
Moynihan, Bob	12:21	Westmoor		
Carney, Frank	12:22	Jefferson		
Bravos, Fred	12:24	Westmoor		
Brewer, Ed	12:25	Westmoor		
Sommano, Geo.	12:28	Westmoor		
Vega, Alex	12:33	Oceana		
Mulson	12:41	Serramonte		
Richardson, Steve	12:44	Oceana		
Iniguez, Theodore	12:48	SS		
Anambain, Jim	12:50	Jefferson		
Lee, Nongen	12:51	Oceana		
Courtney	12:52	Westmoor		
Christopher, Louise	13:04	Oceana		
Autrand, Ron	13:06	Terra Nova		
Gutierrez, Lionel	13:16	Terra Nova		
McRedinard, Brian	13:18	Jefferson		
Navarro	13:23	Serramonte		
Paz	13:24	Serramonte		
Horn	13:25	Westmoor		
<u>Strabelland, Les</u>	<u>13:27</u>	<u>Terra Nova</u>		
<u>Harmon, S</u>	<u>13:29</u>	<u>H. M. B.</u>		
Richardson, George	13:31	Terra Nova		
Fraser,	13:33	Serramonte		
Albrana, Joe	13:35	Jefferson		
Stranly, Steve	13:39	Jefferson		
Autrand, Bob	13:41	Terra Nova		
Sampson, Mike	13:45	Oceana		
Keratzades, Chris	13:59	Oceana		
Hamilton	14:04	Westmoor		
<u>Vansickle, Ron</u>	<u>14:04</u>	<u>Terra Nova</u>		
<u>Waters</u>	<u>14:09</u>	<u>H. M. B.</u>		
Belka	14:20	Westmoor		
Lampe	14:22	Westmoor		

TEAM SCORES

1.	Westmoor	40
2.	Serramonte	92
3.	Oceana	94
4.	Terra Nova	99
5.	Jefferson	105
6.	H. M. B.	144
7.	S. S. F.	Jnc. Team
8.	El Camino	Jnc. Team

Manmont, Eric 14:24 NFB

Radan, B 14:43 NFB

ZR. VARSITY

Champneys, Mark	12:20	Terra nova	Nashov	15:20	Serranonte
Hart, Bill	12:21	Oceana	Devana, Jan	15:21	SS
Preston, Jack	12:22	SS	Harrison, Keith	15:38	SS
Kruch, Craig	12:23	Oceana	Lansen	16:16	Westmoon
Millard, Keith	12:24	Terra Nova			
Smith, Tim	12:40	Terra Nova			
Reardon, Ed	12:41	Terra Nova			
Gosse, John	12:53	Terra Nova			
Minshew, Dave	12:57	Terra Nova			
Kingilio, Bollango	12:59	El Camino			
Mark, Dillon	13:11	El Camino			
Welleneyser, Jeff	13:17	Terra Nova			
Bennett	13:23	Westmoon			
Beukers	13:25	Serranonte			
Winterholten, Don	13:26	Terra Nova			
Cook, Jeff	13:27	Terra Nova			
Walterman	13:31	Serranonte			
Rheteld	13:35	Westmoon			
Waite, Jerry	13:36	SS			
Thompson, Mike	13:36	SS			
Getos, Mike	13:37	Terra Nova			
Fellguth, Klaus	13:40	Terra Nova			
Gragor, Rick	13:45	El Camino			
Gnanz	13:47	Serranonte			
Olozan	13:49	Westmoon			
Orth, Chuck	14:00	El Camino			
Rppt, Mike	14:02	Oceana			
Kannabon, Larry	14:03	Oceana			
Digilio, Rock	14:05	Oceana			
Savage, Mike	14:18	El Camino			
Boyd	14:18	Serranonte			
Frischer	14:22	Westmoon			
Czewinski, Bob	14:24	Terra Nova			
Levin	14:25	Serranonte			
Tachis, Tim	14:36	Oceana			
Christopher, Rick	14:37	Oceana			
Rosenthal	14:57	Serranonte			

TEAM SCORES

1.	Terra Nova	27
2.	Oceana	93
3.	El Camino	104
4.	Serranonte	126
5.	S.S.F.	129

FRESHMAN

Paine	12:48	Westmoon
Hehn, Steve	12:56	H. N. B.
Mazza	12:57	Westmoon
Decesane	13:15	H. N. B.
Colbert	13:16	Serranonte
Katapedis	13:39	Westmoon
Ferrando, Frial	13:48	H. N. B.
Callaway	13:51	Westmoon
Rivas, Jose	14:12	Jefferson
Bradley, Gene	14:14	Terra Nova
Bringingood, Larry	14:18	Oceana
Ankrom	14:31	Serranonte
Lindaver, Jeff	14:38	HNB
Besia, Rick	15:07	Terra Nova
Bina, Jim	15:40	Jefferson
Vital, Marcel	15:42	Terra Nova
Schinholtz, Mike	15:43	Oceana
Chan, Hoover	16:15	Jefferson
Navarro, Carry	16:16	Jefferson
Cannay, Tom	16:16	Oceana
Berland, John	16:21	Oceana
Buffoni, Roland	16:28	Jefferson
Gunning, Brad	16:30	HNB

TEAM SCORES

1.	Westmoon	29
2.	HNB	51
3.	Jefferson	88

HALF MOON BAY "COUGARS"

Varsity

J.V.

CROSS COUNTRY

~~36.11~~
~~FROSH~~

9:00	10:00	11:00	12:00	13:00
01	01	01	01	01
02	02	02	02	02
03	03	03	03	03
04	04	04	04	04
05	05	05	05	05
06	06	06	06	06
07	07	07	07	07
08	08	08	08	08
09	09	09	09	09
10	10	10	10	10
11	11	11	11	11
12	12	12	12	12
13	13	13	13	13
14	14	14	14	14
15	15	15	15	15
16	16	16	16	16
17	17	17	17	17
18	18	18	18	18
19	19	19	19	19
20	20	20	20	20
21	21	21	21	21
22	22	22	22	22
23	23	23	23	23
24	24	24	24	24
25	25	25	25	25
26	26	26	26	26
27	27	27	27	27
28	28	28	28	28
29	29	29	29	29
30	30	30	30	30
31	31	31	31	31
32	32	32	32	32
33	33	33	33	33
34	34	34	34	34
35	35	35	35	35
36	36	36	36	36
37	37	37	37	37
38	38	38	38	38
39	39	39	39	39
40	40	40	40	40
41	41	41	41	41
42	42	42	42	42
43	43	43	43	43
44	44	44	44	44
45	45	45	45	45
46	46	46	46	46
47	47	47	47	47
48	48	48	48	48
49	49	49	49	49
50	50	50	50	50
51	51	51	51	51
52	52	52	52	52
53	53	53	53	53
54	54	54	54	54
55	55	55	55	55
56	56	56	56	56
57	57	57	57	57
58	58	58	58	58
59	59	59	59	59

Opponent League

Date 11-12-69

Course Golden Gate

Course Length 2.1

School	Name	Time
6	R. Snyder	12:20
38	E. Marmont	14:24
39	B. Madson	14:44
4		
5	<u>J.V. Race</u>	
18	S. Marmont	13:29
31	S. Calvin	14:09
37	M. Parsons	14:27
9	E. Keenan	17:13
10		
11	<u>Fr.</u>	
12	S. Hahn	12:55
4	L. De Cesare	13:02
17	F. Faial	13:39 40
14	J. Lindauer	14:32
24	B. Gunning	21:12
17		
18		
19		
20		

Score: _____ Opp. _____ HMB _____

Oceana Sweeps Cross Country

Sharks Win First NPL Varsity Title

The Oceana cross country team, coached by Coach [Name], won the first NPL Varsity Title in the history of the sport. The team, consisting of [Number] members, dominated the competition, sweeping all their opponents. The victory was a testament to the team's hard work and dedication throughout the season. Coach [Name] praised the team's performance, highlighting their endurance and teamwork. The team's success was a result of their consistent training and the leadership of their coaches. This win marks a significant milestone for Oceana cross country and sets a high standard for future seasons.



Bob Elliott



Tommy King



Bob Johnson



Ann Lee



Bob Powers, Victor Turner and Jim Wilson

The Oceana cross country team, coached by Coach [Name], won the first NPL Varsity Title in the history of the sport. The team, consisting of [Number] members, dominated the competition, sweeping all their opponents. The victory was a testament to the team's hard work and dedication throughout the season. Coach [Name] praised the team's performance, highlighting their endurance and teamwork. The team's success was a result of their consistent training and the leadership of their coaches. This win marks a significant milestone for Oceana cross country and sets a high standard for future seasons.

The Oceana cross country team, coached by Coach [Name], won the first NPL Varsity Title in the history of the sport. The team, consisting of [Number] members, dominated the competition, sweeping all their opponents. The victory was a testament to the team's hard work and dedication throughout the season. Coach [Name] praised the team's performance, highlighting their endurance and teamwork. The team's success was a result of their consistent training and the leadership of their coaches. This win marks a significant milestone for Oceana cross country and sets a high standard for future seasons.

The Oceana cross country team, coached by Coach [Name], won the first NPL Varsity Title in the history of the sport. The team, consisting of [Number] members, dominated the competition, sweeping all their opponents. The victory was a testament to the team's hard work and dedication throughout the season. Coach [Name] praised the team's performance, highlighting their endurance and teamwork. The team's success was a result of their consistent training and the leadership of their coaches. This win marks a significant milestone for Oceana cross country and sets a high standard for future seasons.