

# Hale Earns 4th All-East Bay Harrier Laurels

Two of Mt. Diablo High's North Coast cross country championship team runners, Bryan King and Mike Knott, join repeaters Tom Hale of Campolindo High, Chuck Mork of Washington High, and Ron Genschmer of Sunset on this year's All-East Bay cross country team.

The announcement of the team came through the offices of Bob McGuire, head track and cross country coach at Pleasant Hill High.

According to McGuire, the All-East Bay team, which is comprised of a 10-man first string, a 10-man second string, and honorable mention, was selected through the use of rating sheets, performance records, and the opinion of a panel of six Bay Area coaches representing the East Bay Track and Field Association.

This is the fourth straight year the East Bay Track and Field Association has named such an all-star team, and each year, Hale of Campolindo has been on the first string.

Hale was bothered by a leg injury for much of this season, but after missing more than a month of competition, still won the Foothill Athletic League meet title while finishing fifth in the North Coast Division II race and 10th at NC finals.

He competed in the state meet two-mile in 1969 and 1970 and was undefeated through the entire 1969 cross country season when he won the North Coast title. His best two-mile time is 9:08.

Mork, this year's North Coast champ, was second to Hale a year ago while going undefeated himself this year. He was also the winner of the Sacramento State, Modesto, and Terra Nova invitational meets this year.

His best two-mile time this year is a 9:12 effort.

Genschmer's only losses this year came to Mork in the Modesto and Division I meet prior to the NC finals, where Genschmer wound up eighth.

Like Mork and Hale, he is a senior.

King and Knott provided coach Keith Weidkamp's Red Devils with a powerful 1-2 punch all season and enabled Diablo to secure its second straight North Coast varsity title.

King is the only junior on this year's first team. He was this year's Pleasant Hill Invitational and NCD II champion, while placing third in the Diablo Valley Athletic League meet and seventh at North Coast.

from Alameda, rounds out the second 10.

Nine of the 15 honorable mention performers are from either a DVAL or FAL school.

Representing the DVAL are Joe Brennick and Tim Docheff, both Ygnacio Valley; Tim Fazekas, Pittsburg; Mike Kelly, Antioch; Scott MacTavish, Pleasant Hill and John Smailes and Dave Thomas, Mt. Diablo.

From the FAL is Curt Moulton, a junior from Campolindo.

# Hale, Mork headline All-Eastbay harriers

By TOM LaMARRE

Two North Coast Section champions—Chuck Mork of Washington and Campolindo's Tom Hale—headline the 1970 All-Eastbay cross-country team selected by the East Bay Track and Field Association.

Both are repeaters, Hale making the team for the fourth consecutive time. The other repeat pick is Ron Genschmer of Sunset.

Two-time NCS champ Mt. Diablo put junior Bryan King and Mike Knott on the 10-man first team, while Mork is joined on the club by teammate Bob Grubbs, a junior.

Others on the squad are Ygnacio Valley's Jim Anderson, Jerry Metcalf of Arroyo, Piedmont's Tim Tyler, another junior, and Greg Walton of College Park.

Mork finished second to Hale in the 1969 NCS final, but went undefeated against Eastbay competition this season. He captured the Mission Valley Athletic League, NCS Division I and section titles.

Hale, after an unbeaten junior year, was bothered by shin splints and missed much of the 1970 season. He came back after a month's inactivity to take the Foothill Athletic League crown, finished fifth in NCS Division II and 10th in the section.

Genschmer's only losses this year came to Mork in the Modesto Invitational and NCS

Division I before finishing eighth in the section final. He captured the Hayward Area Athletic League title.

Grubb was third in Division I and fifth in the finals to help Washington to a fourth place finish. He could be the best bet to take everything in 1971.

Walton upstaged Anderson, King and Knott in the Diablo

race. He came home seventh in the DVAL race, but came on with a second in the Division and sixth in the section to head Mt. Diablo's charge to the title.

King helped him with an eighth in the NCS meet, but was better earlier with championships in the Pleasant Hill Invitational and Division II

cause Piedmont didn't qualify.

Depth-laden Alameda put five men on the 12-man second team:

**SECOND TEAM**—Albino Amador, Pittsburg; Fermin Baca, Pleasant Hill; Dennis Bell, Ygnacio Valley; Dale Cadwallader, Alameda; Bailey Clark, El Cerrito; Terry Henshaw, Amador; Bob Immeffun, Alameda; Mike Knechie, Mt. Diablo; Lester Mina, Alameda; Jerry Oliver, Alameda; Jesse Smith, Antioch; Joe Taxiera, Alameda.

**HONORABLE MENTION**—Joe Brennick, Ygnacio Valley; Guy Dana, Acanelanes; Tim Docheff, Ygnacio Valley; Tom Fazekas, Pittsburg; Mike Kelly, Antioch; Ralph Lazova, Irvington; Scott MacTavish, Pleasant Hill; Rich Montooth, Irvington; Curt Moulton, Campolindo; Mike Pinnochi, Washington; John Smailes, Mt. Diablo; Rich Sternberg, Washington; Dave Thomas, Mt. Diablo; Steve Trautner, Skyline; Scott Wood, Castro Valley.

## TEEN Sports!

18-E ★ SATURDAY, DECEMBER 12, 1970

Valley Athletic League final, considered the toughest in the Eastbay. He finished third in Division II and a disappointing 13th in the NCS meet.

Anderson pushed Mork all the way before settling for second in the section race. The Ygnacio runner took the DVAL Invitational and ran second to Walton in the league meet.

Knott ran better with each

meets, and a third in the DVAL.

Metcalf was runnerup to Genschmer in the HAAL final and put on strong showings in the division and section meets with fifth and seventh place finishes.

Tyler followed Hale across the finish line in the FAL meet, then followed up with a seventh in the division. He didn't run in the NCS final be-



## Second Team

Named to the second team All-East Bay cross country team were (front row, from left) Jerry Oliver, Dale Cadwallader, Lester Mina, Bob Immethum, and Joe Taxier, all Alameda High; (back row) Dennis Bell, Ygnacio Valley; Jesse Smith, Antioch; Albino Amador, Pittsburg; Mike Kincheloe, Mt. Diablo, and Fermin Baca, Pleasant Hill. Not pictured are Terry Henshaw, Amador, and Bailey Clark, El Cerrito. (Times Photo)

Friday, December 11, 1970 Contra Costa Times Page 3

## First Team Harriers

Named to the All-East Bay cross country team this year were (front row, kneeling, from left) Greg Walton, College Park; Tom Hale, Campolindo; (back row) Jim Anderson, Ygnacio Valley; Ron Grubbs, Washington; Bryan King, Mt. Diablo; Chuck Mork, Washington; Tim Tyler, Piedmont, and Mike Knott, Mt. Diablo. Not pictured are Ron Genschmer, Sunset, and Jerry Metcalf, Arroyo. (Times Photo)



Knott, probably one of the smallest top runners around, moves up from the second team last year. Knott gets better as the distances get longer, as evidenced by the fine two hours, 43 minutes, and 21 seconds marathon time last winter.

He was seventh in the DVAL, second at the Division, and sixth at the NC finals.

Jim Anderson of Ygnacio and Greg Walton of College Park are the only other central county runners on the first team, although Tim Tyler of Piedmont is a second Foothill Athletic League addition to the squad.

Jerry Metcalf of Arroyo and Ron Grubbs of Washington complete the first team.

Don Curtis of Campolindo was second team as a freshman a year ago, but a knee operation kept him out of competition all this year.

Local runners on the second team are seniors Albino Amador of Pittsburg, Fermin Baca of Pleasant Hill, Dennis Bell of Ygnacio Valley and juniors Mike Kincheloe of Diablo and Jesse Smith of Antioch.

Other second team members are seniors Dale Cadwalader, Alameda; Bailey Clark, El Cerrito; Terry Henshaw, Amador; Lester Mina, Jerry Oliver, and Joe Taxiera, all Alameda.

Bob Immethum, a junior



Tribune photo by Ron Riesterer

**ALL-EASTBAY CROSS-COUNTRY** — Front row (l-r), Bob Grubbs, and Chuck Mork, Washington; Tim Tyler, Piedmont; Campolindo. Back row, Jim Anderson, Ygnacio Valley; Greg Walton, Col-

lege Park; Bryan King, and Mike Knott, Mt. Diablo. Missing, Ron Genschmer, Sunset and Jerry Metcalf, Arroyo.