



## Fastest Feet in the SPAL

Hans Templeman (third from left), who led Carlmont High to the SPAL title, was named the league's Cross Country Runner of the Year for the second straight season. Joining Templeman on the first team are (from left) Gunn's Gordon MacMitchell,

Carlmont's Steve Miller, Scott Garvey, Chuck Oliver, Carl Cattarin and Russ Black; Menlo-Atherton's John Barbour; San Carlos' Bryan Geiser, Mike Basham and Ken White and Woodside's Pete Marks.

# Templeman Tops SPAL Harriers

14

Hans Templeman and Carlmont High, not surprisingly, dominate the 1970 All-South Peninsula Athletic League cross country team picked by the league coaches.

Templeman was named the cross country Runner of the Year for the second straight time to pace a six-man delegation from league champion Carlmont on the 12-man first team.

In addition to the varsity, the coaches picked all-league teams for the sophomore and freshman divisions. All three divisions included honorable mention lists.

Several criteria were used in selecting the squads, including finish in the SPAL and Central Coast Section race and

times for the two-mile, Golden Gate Park and Coyote Park courses.

Templeman was easily the league standout by every measure. He won the Central Coast Section race, the SPAL race and posted the league's best times for two miles (9:14.0), Golden Gate Park (11:54.0) and Coyote Park (12:50.0).

Carlmont's Steve Miller, only a sophomore wasn't far behind Templeman in most cases and was named Outstanding Sophomore. Two other sophomores made first-team varsity all-league, Carl Cattarin of Carlmont and Gordon MacMitchell of Gunn.

Carlmont's Russ Black, a first-team varsity choice, was

named Outstanding Junior and Kelly Lawson of San Carlos was tabbed the Outstanding Freshman.

Templeman and San Carlos' Bryan Geiser made first team varsity for the third consecutive year, while Carlmont senior Scott Carvey was a two-year first-team choice.

Black and Chuck Oliver of Carlmont, Ken White of San Carlos and John Barbour of Menlo-Atherton all made first-team varsity this season after earning first team sophomore berths last year.

Other first-team varsity choices are Pete Marks of Woodside and Mike Basham of San Carlos.

## Scots tops in x-country

Hans Templeman and Carlmont High, not surprisingly, dominate the 1970 All-South Peninsula Athletic League cross country team picked by the league coaches.

Templeman was named the cross country Runner of the Year for the second straight

time to pace a six-man delegation from league champion Carlmont on the 12-man first team.

Templeman was easily the league standout by every measure. He won the Central Coast Section race, the SPAL race and posted the league's best times for two miles (9:14.0), Golden Gate Park (11:54.0) and Coyote Park (12:50.0).

Gunn's Gordon MacMitchell, only a sophomore, was also named to the first team.

### Varsity

Hans Templeman (Carlmont), Sr.; Steve

Miller (Carlmont), So.; Scott Carvey (Carlmont), Sr.; Russ Black (Carlmont), Jr.; Chuck Oliver (Carlmont), Jr.; Ken White (San Carlos), Jr.; Bryan Geiser (San Carlos), Sr.; Pete Marks (Woodside), Jr.; Mike Basham (San Carlos), Sr.; John Barbour (Menlo-Atherton), Jr.; Carl Cattarin (Carlmont), So.; Gordon MacMitchell (Gunn), So.

### Sophomores

Matt Logan (Cubberley); Bill Lator (Carlmont); Mike Richter (San Carlos); Al Cliff (Carlmont); Hank Lawson (Gunn); Dana Carvey (Carlmont); Arnie Nelson (Gunn); Bruce Gupfill (Gunn); Steve Gupfill (Gunn); Matt Yeo (San Carlos); Joel Stearn (Woodside).

### Freshman

Kelly Lawson (San Carlos); Stacy Geiken (Wilbur); Brad Geiser (San Carlos); Damon Wood (Woodside); Chris Vigil (Sequoia); Bruce Poole (Woodside); Phil Cortez (Sequoia); Phil Schaffner (San Carlos); Bob Peyton (Jordan); Bruce Ebner (Terman); Pat Dempster (Carlmont); Rich Wernick (Carlmont).

### VARSAITY

Hans Templeman, Carlmont	Sr.
Steve Miller, Carlmont	So.
Scott Carvey, Carlmont	Sr.
Russ Black, Carlmont	Jr.
Chuck Oliver, Carlmont	Jr.
Ken White, San Carlos	Jr.
Bryan Geiser, San Carlos	Sr.
Pete Marks, Woodside	Jr.
Mike Basham, San Carlos	Sr.
John Barbour, Menlo-Atherton	Jr.
Carl Cattarin, Carlmont	So.
Gordon MacMitchell, Gunn	So.

**HONORABLE MENTION:** Lyle Thomas, Carlmont. Larry Regalado, Carlmont; Jim Richter, San Carlos; Doug Yost, M-A; Dave Trine, San Carlos; Mark Daniel, Sequoia; John Huggins, Gunn; Dale Krebs, Gunn; Roark Mulligan, Carlmont; Rich Hayes, Carlmont; Bob Schug, Carlmont; Ed Barney, Carlmont; Bill Helbush, Carlmont.

### SOPHOMORE

Matt Logan, Cubberley  
Bill Lator, Carlmont  
Mike Richter, San Carlos  
Al Cliff, Carlmont  
Hank Lawson, Gunn  
Dana Carvey, Carlmont  
Arnie Nelson, Gunn  
Bruce Guptill, Gunn  
Steve Guptill, Gunn  
Matt Yeo, San Carlos  
Joel Stearn, Woodside

**HONORABLE MENTION:** Cartmell, San Carlos; Shoop, San Carlos; Cortez, Sequoia. Dempster, Carlmont; Wrucke, Woodside; Best, San Carlos; Fuller, Carlmont; Fondacabe, Carlmont; Hausler, M-A; Huie, San Carlos.

### FRESHMAN

Kelly Lawson, San Carlos  
Stacy Geiken, Wilbur  
Brad Geiser, San Carlos  
Damon Wood, Woodside  
Chris Vigli, Sequoia  
Bruce Poole, Woodside  
Phil Cortez, Sequoia  
Phil Schaffner, San Carlos  
Bob Peyton, Jordan  
Bruce Ebnother, Terman  
Pat Dempster, Carlmont  
Rich Wernick, Carlmont

**HONORABLE MENTION:** Hill, Carlmont; Templeman, Carlmont; Miller, Terman; Regalado, Carlmont; Gallott, Woodside; Bowen, Carlmont; Luce, Carlmont; Eldridge, M-A; Jones, M-A.

**Runner of the Year:** Hans Templeman, Carlmont.

**Outstanding Junior:** Russ Black, Carlmont.

**Outstanding Sophomore:** Steve Miller, Carlmont.

**Outstanding Freshman:** Kelly Lawson, San Carlos.