Athlete Of The Week

by Cam Miller

John Barbour has been named Athlete of the Week for his outstanding performance in last week's SPAL final Cross Country meet.

Barbour capped an outstanding season in his junior year with a ninth place finish in the league meet,leading M-A to a third place finish, its best since 1966.

During the race, which was held on the 2.6 mile course at San Francisco's Golden Gate Park, Barbour led for over hlf the race. His ninth place finish gives him an excellent chance to be named to the all-SPAL team, to be named later by the coaches.

Barbour works hard during practice, and his countless hours of work rewarded him with an outstanding performance.

Honorable mention goes



John Barbour