

Carlmont harriers 'best ever'

10/6

Perennially powerful Carlmont High may have its best cross country team in history.

That's quite a statement seeing how the Scots have a dual-meet record of 132-15 since 1954 and have won the South Peninsula Athletic League championship in six of the last seven years.

But Carlmont coach Loren Lansberry called the Scots' record-setting performance Monday as the "best day in Carlmont's cross country history."

Lansberry's excitement came after the unbeaten Scots set a course record in the varsity division and also swept the other three races in a four-way nonleague meet at Carlmont.

The previous course record was 50:07 by Homestead in 1968. Homestead went on to claim the national prep cross country championship that

year, and Lansberry feels the Scots may be able to do the same this season. Carlmont's time was 49:38.

Top honors at the Menlo-Atherton meet went to Bob Daniel of Sequoia with a time of 10:45 over the flat 2.2-mile course.

Terra Nova won the team title with 42 points, four less than runner-up Sequoia. El Camino followed with 59, M-A totaled 88 and Palo Alto didn't have a complete team.

AT CARLMONT VARSITY

Winners and SPAL placers:
1. Hans Templeman (C) 9:39; Miller (C); 4. Carvey (C); 5. Black (C); 7. Carlson (C); 8. Oliver (C); 9. MacMittell (G); 10. Regalado (C); 12. Thomas (C); 13. Krebs (G); Hugins (G).

TEAM SCORES: Carlmont 19 (49:38), Los Altos 50 (52:31), Wilcox 87 (5:56), Gunn 88 (55:10).

JUNIOR VARSITY

1. Mulligan (C) 10:34; 2. Hayes (C); 3. Schug (C); 4. Barney (C); 5. Helbush (C); 6. Fondacabe (C); 7. Fetheolf (C); Hill (C); 9. Bagshaw (G); 10. Allen (C).

TEAM SCORES: Carlmont 15 (53:33),

Gunn 60 (60:15), Los Altos 66 (60:17), Wilcox 113 (64:32).

SOPHOMORE

1. Carvey (C) 8:38; 3. Lafor (C); 5. Cliff (C); 6. Fondacabe (C); 8. Fuller (C); 9. Latimer (G); 10. Johnson (C).

TEAM SCORES: Carlmont 23 (44:58), Wilcox 56 (47:07), Los Altos 77 (48:25), Gunn 78 (48:49).

FRESHMAN

1. Powers (LA) 9:08; 2. Henry Templeman (C); Castano (C); 4. Elnother (T); 5. Warnick (C); 6. Payton (J); 7. Regalado (C); 10. Luce (C).

TEAM SCORES: Carlmont 27 (55:28), Los Altos 45 (48:21), Terman 68 (50:06), Jordan 96 (52:28), Wilbur 120 (53:40).

AT MENLO-ATHERTON VARSITY

Winners and SPAL placers:
1. Daniel (S); (10:45); 2. Vigil (S); 4. Barbour (M-A); 10 Patrick (S); 12. Yost (M-A); 14. Simon (PA); 16. Rodriguz (S); 17. Purcell (S).

TEAM SCORES: Terra Nova 42, Sequoia 46, El Camino 59, Menlo-Atherton 88, Palo Alto incomplete.

JUNIOR VARSITY

1. Thompson (S) 11:40; 4. Oates (S); 5. Gallagher (S); 7. Cooper (S); 8. Lambert (M-A); 9. Bernhard (M-A).

TEAM SCORES: Sequoia 31, Terra Nova 32, Menlo-Atherton 58, Palo Alto 126.

FRESHMAN

1. Cortez (S) 10:56.2; 2. Jones (M-A); 8. Dieguz (M-A); 9. Wong (M-A); 10. Johnk (M-A).

TEAM SCORE: Menlo-Atherton 32, Terra Nova 33, Sequoia incomplete.

Always Tough Scot Harriers Best Yet

Don't look now, but perennially powerful Carlmont High may have its best cross country team in history.

That's quite a statement seeing as how the Scots have a dual-meet record of 132-15 since 1954 and have won the SPAL championship in six of the last seven years.

But Carlmont coach Loren Lansberry called the Scots' record-setting performance Monday the "best day in Carlmont's cross country history."

Lansberry's excitement came after the unbeaten Scots set a course record in the varsity division and also swept the other three races in a four-way nonleague meet at Carlmont.

Feelings were just the opposite when Menlo-Atherton, where Bear coach Plato Yanicks

called his team's performance in a five-way meet "the worst showing by M-A in a home cross country meet in history."

Positive things first:

Carlmont's top five varsity runners had a combined time of 49:38 over the hilly, two-mile course behind Carlmont, which set both school and course records.

The previous course record was 50:07 by Homestead in 1968. Homestead went on to claim the national prep cross country championship that year, and Lansberry feels the Scots may be able to do the same this season.

Leading Carlmont again was senior Hans Templeman with a 9:39 clocking, with teammates Steve Miller (second), Scott Carvey (fourth), Russ

Black (fifth) and Carl Cattarin (seventh) close behind.

Carlmont swept the top seven places in the junior varisty race and also easily won the sophomore and frosh divisions in the meet which also included Los Altos, Wilcox and Gunn.

Top honors at the Menlo-Atherton meet went to Mike Daniel of Sequoia with a time of 10:45 over the flat 2.2-mile course.

Terra Nova won the team title with 42 points, four less than runnerup Sequoia. El Camino followed with 59, M-A totalled 88 and Palo Alto didn't have a complete team.

Noe Vigil followed Daniel to give Sequoia the top two places, while M-A's lone bright spot was John Barbour, who finished fourth in 10:49.5, the fastest time on the course by a Bear junior.

Al Thompson led Sequoia to a junior varisty win, while M-A captured the freshman race.

At Carlmont VARSITY

Winners and top SPAL placers:

1. Hans Templeman (C) 9:39; 2. Miller (C); 4. S. Carvey (C); 5. Black (C); 7. Cattarin (C); 8. Oliver (C); 9. MacMittchell (G); 10. Regalado (C); 12. Thomas (C); 13. Krebs (G); 14. Hugins (G).

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At Menlo Atherton