

Carlmont High cross country coach Loren Lansberry thinks he may have the best prep cross country team in the nation this year.

But whether or not the Scots reach that plateau, Lansberry is claiming another record: most sets of twins and brothers on one team.

Lansberry's roster has three sets of twins: freshmen Dave and Wayne Bowen, freshmen Rich and Bruce Wernick and sophomores Roger and Perry Fondacabe.

Lansberry also listed five sets of brothers on his team.