

CENTRAL COAST SECTION-CIF

Cross Country By-Laws

Revised June 26, 1970

1. Region Meets will be held in the week preceding Thanksgiving week.
 - 1.1 Region Meets shall be held in each Region each year for the purpose of qualifying boys to the Section Meet.
 - 1.2 Regions will be made up of the following leagues:
 - Region I North Peninsula, Mid-Peninsula, West Catholic
 - Region II Santa Clara Valley, South Peninsula
 - Region III Santa Teresa, Mt. Hamilton, West Valley
 - Region IV Monterey Bay, Mission Trail, Coast Athletic Association

- 2 Section Meet will be held annually on the Wednesday before Thanksgiving.
 - 2.1 The Section Meet will rotate among the Regions as follows:
 - 1970 Region I 1971 Region III 1972 Region IV 1973 Region II

3. Region Committee shall consist of of the Cross Country Chairman of each League, the Region Meet Director and the League Commissioners of the Region.

4. Sites Each Region will establish a site for the Region Meet.
 - 4.1 The sites selected will be on a course set for a distance of 1.8 to 3 miles.
 - 4.2 This site will also be used for the Section Meet when the Region is scheduled to hold the Section Meet.
 - 4.3 The Region Committee shall have authority to select the site in the Region.
 - 4.4 The Region hosting the Section Meet will host at least three Center Meets on the same site.

5. Divisions-There shall be a Small-School, large-School split at the Region and Section levels. Specifications for the split follow:
 - 5.1 Three year school will have enrollments adjusted by a factor of 1.39.
 - 5.2 All-boy schools shall have enrollments adjusted by a factor of 2.00.
 - 5.3 The small school-large school division point shall be determined by listing adjusted enrollments in increasing order and dividing so the first (small) 40% of the schools are "small" schools. For 1970 "small schools to be 1527 or less.
 - 5.4 The previous year's enrollment data shall be used to establish the division point required in item (5.3) above.
 - 5.5 "Large schools" with an enrollment drop sufficient to place them in the "small school" division shall be able to compete in the "small school" division during the current year rather than waiting until the following year.
 - 5.6 Unusually strong "small schools" may compete in the "large school" division if they so desire.
 - 5.7 Associate member schools shall qualify to CCS through the Region in which they are geographically located.
 - 5.8 Adjusted enrollments and number of schools in each Region when small school-large school division is 40-60.

Region	Adjusted Enrollments			Number of Schools	
	Small School	Large School	Total	Small Schools	Large Schools
I	6381	30523	36904	5	17
II	6538	36320	42858	7	17
III	10507	33132	43639	10	18
IV	11722	14072	25794	17	7
ST	35148	114047	149195		
Total		149195		98	

5.9 The number of entrants into the Large School Division races shall be based upon the population within each Region:

Region	I	II	III	IV
Entrants	3	5	5	2

5.10 The number of entrants into the Small School Division races shall be based upon the number of schools within each Region:

Entrants allowed in each Region in the CCS Small School races when the Small School-Large School division is 40-60:

Region	I	II	III	IV
Calculated Value	1.54	2.15	3.08	5.23
Whole No. Value	2	2	3	5

6. Order of Races-The order of events for Regional and Sectional Meets shall be:

Race Number	Team-Division
1	Small School Frosh-Soph
2	Large School Frosh-Soph
3	Small School Varsity
4	Large School Varsity

7. Awards

Region-First and second place team plaques shall be awarded in both Divisions
Ribbons shall be awarded the first ten runners in the Small-School Division for both Varsity and Frosh-Soph Competitors.

Section-Small Schools Division, 1st, 2nd and 3rd place trophies-Varsity only
Large Schools Division, 1st, 2nd, 3rd and 4th place trophies-Varsity only

Medals-1st ten Varsity runners in Small Schools Division
1st fifteen varsity runners in Large Schools Division

Ribbons-1st ten runners in Small Schools Frosh-Soph event
1st fifteen runners in Large Schools Frosh-Soph Event

8. ADDITIONAL EVENTS-Frosh and Junior Varsity races will be run without awards following the OFFICIAL races, with the number of entrants the same as for the large schools division.