

POSTAL RESULTS

HOST SCHOOL: CARLMONT

Meet Held: San Jose State

11/7/70

VARSITY RACE # 1

1.	9:10.0	Mike Hart	12	WG	28.	Chris Kane	9:50.9	12	A
2.	9:13.5	Chuck Mork	12	W	29.	9:51.0	Ian DeLagorza	12	WAT
3.	9:14.0	Hans Templeman	12	C	30.	9:52.3	Scott Mactavish	12	PH
4.	9:18.2	Steve Miller	10	C	31.	9:53.5	Chuck Oliver	11	C
5.	9:24.5	Mark McConnel	12	S	32.	9:52.4	John Marshall	12	H
6.	9:24.5	Walt Brooks	11	MP	33.	9:54.2	Reyes, Carlos	10	Wat
7.	9:26.0	Walt Mitchell	12	MP	34.	9:54.7	Phil Teresi	12	MP
8.	9:28.0	Robert Grubbs	11	W	35.	9:55.4	Mark Robinson	11	PH
9.	9:29.0	Joel Jameson	11	Wat	36.	9:57.0	Jim Bigglow	11	PH
10.	9:30.5	Juan Garcia	11	Wat	37.	9:59.0	Tom Verretke	12	A
11.	9:31.0	Steve Peth	12	WG	38.	9:59.5	Mike Pinocci	11	W
12.	9:32.2	Larry Chamness	10	A	39.	10:00.5	Æ Fermio Buca	12	PH
13.	9:34.0	Ed Noyes	12	S	40.	10:03.0	Alan Pollard	11	MP
14.	9:34.5	Manriquez, George	10	MP	41.	10:03.5	B. DeLagarza	11	Wat
15.	9:36.5	Rick Hart	12	A	42.	10:08.3	Frons Hager	12	A
16.	9:38.0	Russ Black	11	C	43.	10:09.6	Larry Regalado	12	C
17.	9:41.0	Bob Enriquez	12	WG	44.	10:10.8	Steve Church	12	H
18.	9:41.5	Alan Donaldson	10	MP	45.	10:18.0	Tom Chavez	12	PH
19.	9:43.0	Steve Bealliee	12	WG	46.	10:26.8	Grant Fantan	11	A
20.	9:43.2	Dave Chamness	12	A	47.	10:28.0	Joey Meyers	11	W
21.	9:45.5	Ebert, Bob	11	WG	48.	10:37.0	Bob Freschaut	11	W
22.	9:45.5	Scott Carvey	12	C	49.	10:38.0	Mike Foto	11	Wat
23.	9:48.0	Castaneda, Tom	12	WG	50.	10:47.0	Guy Chamberlin	12	PH
24.	9:47.5	Cattarin, Carl	10	C	51.	10:48.0	Dennis Honda	12	PH
25.	9:47.9	Alex Cano	11	SSF	52.	10:58.0	Glenn Parker	10	PH
26.	9:50	Ward Crary	12	WG	53.	11:19	Chuck Griggs	11	Wat
27.	9:51.0	Kinsella, John	11	S					

CARLMONT	47:43.2
2. Willow Glen	47:50.5
3. Mt. Pleasant	48:01.2
4. Awalt	48:42.0
5. Soquel	49:04.5
6. Los Altos	49:30.8
7. Camden	49:40.0
8. Washington	49:46.0
9. Willow G #2	50:01.0
10. San Carlos	50:04.4
11. Carlmont #2	50:16.4
12. Homestead	51:18.3
13. St. Ignatius	50:31.5 **
14. Pleasant Hill	50:53.2 **
Watsonville	48:48.2 **
Gunn	51:19.2
Sequoia	52:05.1
Menlo Atherton	53:57.1
Woodside	55:24.1

ALL TIME BEST POSTAL TEAM TIMES:

1. Homestead, Sunnyvale Calif.	47:11.2	1968
2. Carlmont, Belmont Calif.	47:43.2	1970
Burlingame, Burlingame, Calif	47:43.2	1968
4. Willow Glen, San Jose Calif.	47:50.5	1970
5. York, Elmhurst, Illinois	47:53.0	1968
6. Mt. Pleasant, San Jose, Calif.	48:01.2	1970
Mills, Millbrae, Calif.	48:01.2	1967
8. Upland, California	48:01.6	1969
9. Homestead, Sunnyvale, Calif.	48:04.0	1967
10. Proviso West, Hillside, Illinois	48:05.9	1964

***Misplaced in standings (watching football game)

VARSLITY # 2

1.	9:35.6	Chris Berka	11	LA	26.	10:15.3	Mike Owens		H
2.	9:38.2	Dan Salvir	10	LA	27.	10:16.0	John McVeigh	10	SI
3.	9:42.0	Chis Cole	11	SI	28.	10:17	Dennis Cruz	11	WG
4.	9:45.0	Mike Porter	11	SI	29.	10:20	Mark Budesca	11	SI
5.	9:48.0	Mike Guido	12	Cd	30.	10:21.0	Nick Capron	12	S
6.	9:50.5	Mike Basham	12	SC	31.	10:22.0	Gary Cook	10	S
7.	9:51.4	Bryan Gieser	12	SC	32.	10:23	Paul Law	12	WG
8.	9:53.0	Bob Benson	11	Cd	33.	10:27	Wade Worsham	11	WG
9.	9:56.0	Phil Claussen	11	Cd	34.	10:27	Collin Flynn	12	H
10.	9:56.0	Bob Castaneda	11	WG	35.	10:28	Kevin Mulugney	11	SI
11.	9:58.0	Charles Doze	11	CD	36.	10:29	Ted Green	11	WG
12.	9:58.3	Lyle Thomas	12	C	37.	10:29.8	Roark Mulligan	12	C
13.	10:00.0	Bob Smith	12	LA	38.	10:31.6	Trip Weight	11	H
14.	10:01.0	Ken White	11	SC	39.	10:32	Rex Burnows	11	LA
15.	10:01.0	Steve Haman	12	S	40.	10:34.4	Bob Schug	12	C
16.	10:01.6	Bill Helbush	12	C	41.	10:34.6	John Carty	10	H
17.	10:02.0	Jeff Norton	10	LA	42.	10:35.3	Jamie Fetherolf	12	C
18.	10:08.0	Kelly Lawson	9	SC	43.	10:36.0	Loren Israelson	12	LA
19.	10:05.0	Al DeLaRoche **	11	Cd **	44.	10:36	Dennis Byrne	11	SI
20.	10:09.0	Grant Garber	12	Cd	45.	10:37	Robert Salings	11	SI
21.	10:10.0	Joe Schiefer	11	WG	46.	10:48.7	Mitch Hanes	12	H
22.	10:13.5	Jim Richter	11	SC	47.	10:51	Bren O'Leary	11	SI
23.	10:14.0	Mark Capron	11	S	48.	10:52.4	Tim Wilson	11	H
24.	10:13.1	Rich Hayes	12	C	49.	10:57.0	Del Pozo	11	H
25.	10:15.0	Dan Sedwick	11	LA					

JUNIOR VARSITY RACE

1.	10:13.5	Dave Trine	11	SC	23.	10:53.0	Medina	11	MP
2.	10:23.1	Neal Bouchet	10	A	24.	11:01.5	Kent Allen	12	C
3.	10:26.7	Bill Flint	12	MP	25.	11:09	Ridgell	10	Cd
4.	10:26.9	Jon Pierog	11	SC	26.	11:11	Cailey	11	MP
5.	10:28.4	Neil Johnson	12	A	27.	11:12.4	Eaton, Mark	11	C
6.	10:29.2	Ed Barney	11	C	28.	11:14.2	Kistler		MP
7.	10:29.3	Greg Fondacabe	12	C	29.	11:18	Thompson		A
8.	10:33.3	J. Jackson	12	LA	30.	11:19.5	Van brocklin		LA
9.	10:35.0	Kirk McKelvey	11	MP	31.	11:30	Cuneo		A
10.	10:35.4	Chris Graycar	11	SC	32.	11:35	Wilcox		WAT
11.	10:36.2	Steve Cobb	11	A	33.	11:35.8	Wainess		LA
12.	Orval Osborne 10:43		10	Cd	34.	11:37	Rushara		MP
13.	10:46.0	Kick George	11	Wat	35.	11:43	Pennetz		WG
14.	10:47	Ed Grubb	11	A	36.	11:55.3	Glueger		H
15.	10:47.8	10:48.9 /Henard	11	A	37.	11:56.9	Arab		H
16.	10:48.9	Paul Dina	12	A	38.	11:57.4	Clark Shealkley		C
17.	10:49.8	Gordy Fetherolf	11	C	39.	12:07.0	Foissette		SC
18.	10:50.5	Bruce Reznick	12	SC	40.	12:15.9	Morrison		SC
19.	10:51.5	Chris Condon	12	LA	41.	12:26.5	Narog		H
20.	10:52.0	Marc Hill	11	C	42.	12:54.1	Wukoff		A
21.	10:52.6	Bill Riddle	11	H	43.	15:10.5	Austin		MP
22.	10:53.0	Rene Perez	11	WG					

SOPHOMORE DIVISION

1.	Tony Munoz	10:17.0	10	Wat	28.	10:56.0	Fondacabe, R.	C
2.					29.	10:57.3	Richter	SC
3.	Rogers, Shannon	10:24.5	9	MP	30.	10:58.0	Lopez	H
4.	10:26.2	Erbes, P	9	H	31.	11:01	Pabst	WG
5.	10:27.1	Giles, Rick		H	32.	11:02	Wright	H
6.	10:28.5	Lator, Bill		C	33.	11:04.8	Clark	MP
7.	10:29.4	Lewis, Ron	9	H	34.	11:06.1	Rush	LA
8.	10:30.5	Fernandez		H	35.	11:07	Johnson	WG
9.	10:31.0	Groap, Steve	11	S	36.	11:10	Briseno	WG
10.	10:32.8	Fredrickson	9	H	37.	Huie	11:11.1	SC
11.	10:35.3	Speer		MP	38.	11:14.5	Kaplan	LA
12.	O'Halloran	11:37		SF	39.	11:15	Itaya, Joe	Wat
13.	10:38	Canning		SF	40.	11:17	O'Tool	H
14.	10:38	Johnson		H	41.	11:18	Zagor	LA
15.	Garruth	10:40		S	42.	11:23.7	McDowell	MP
16.	10:40	Clark	12	S	43.	11:25.1	Fondacabe, P	C
17.	Fisher	10:42	11	S	44.	11:26	Root	S
18.	10:42.5	Shoop		SC	45.	11:26	Waldron	S
19.	10:44	Torres		WG	46.	11:27.1	Dempster, P	C
20.	10:44	Rose		MP	47.	11:28	Fuller, Steve	C
21.	10:45	Hazen		S	48.	11:32	Kleames	S
22.	10:50	Laws		WG	49.	11:37	Casble	H
23.	10:51	Carmell		SC	50.	11:44	Espanal	H
24.	10:52.5	Mills,		H	51.	11:46	Newkirk, S	LA
25.	10:51.5	Carvey		C	52.	11:48.9	LaRash, D	S
26.	10:52.0	Cliff		C	53.	12:10	DiRocco	LA
27.	10:54	Overcet		H	54.	12:17	Johnson	C

Top 5 seniors:

1.	Mike Hart	9:10.0	WG
2.	Chuck Mort	9:13.5	Wash
3.	Hans Templeman	9:14.0	Carl
4.	Mark McConnel	9:24.5	Soquel
5.	Walt Mitchell	9:26.0	Mt. P.

Top 5 Sophomoes:

1.	Steve Miller	9:18.2	Carl
2.	Larry Chamness	9:32.2	Awalt
3.	George Manriquez	9:34.5	MP
4.	Alan Donaldson	9:44.5	MP
5.	Carl Cattarin	9:47.5	Carl

Top 5 Juniors:

1.	Steve Brooks	9:24.5	MP
2.	Robert Grubbs	9:28.0	Wash
3.	Jack Jameson	9:29.0	Watso
4.	Juan Garcia	9:30.5	Wat
5.	Chris Berka	9:35.6	Los A.

Top 5 Freshmen

1.	Kelly Lawson	10:08.0	San C.
2.	P. Erbes	10:26.2	Home
3.	Bob Powers	10:29.0	Los Altos
4.	Ron Lewis	10:29.4	Home
5.	Frederickson	10:32.8	Home

FROSH DIVISION

1.	10:29.0	Bob Powers	70/29/LA	29.	11:29.9	Van Damme	SC
2.	10:46	Paul Mayer	A	30.	11:30.3	Bowen, W	C
3.	10:48.0	John Driscoll	SI	31.	11:31.0	Templeman	C
4.	10:48		LA	32.	11:31	Deanis	Cd
5.	10:48	Shumaker	A	33.	11:32.5	Vanderworth	MP
6.	10:48	Grodone	Wat	34.	11:33.1	Massic	A
7.	10:50	Felix	Wat	35.	11:33.8	Connley	PH
8.	10:52	Schaffner	SC	36.	11:35	Fieldong	LA
9.	10:52	McClure	LA	37.	11:36.2	Chafez	PH
10.	10:54.2	Hart	A	38.	11:37.2	Shipply	H
11.	10:55	Haynes	H	39.	11:39.1	Burdick	Cd
12.	10:55.2	Gieser	SC	40.	11:40.5	Allen	MP
13.	10:56.0	Regalado	C	41.	11:41.3	Contreras	PH
14.	11:00	Wernick	C	42.	11:42	Harris	S
15.	11:01.3	MacDonellaVigiera	H	43.	11:43	Wernick	C
16.	11:02	Callison	LA	44.	11:44	Castagno	C
17.	11:06.1	MacDonald	PH	45.	11:45	Barthelomen	H
18.				46.	11:46	Young	SC
19.	11:09.2	Jones	Cd	47.	11:49.9	Miller	Cd
20.	11:10.1	Kazevslki	H	48.	11:51	Shroyer	C
21.	11:10.5	Hill, My Craig	C	49.	11:57	Fixler	H
22.	11:14.5	Wright	H	50.	12:03	Lepori	MP
23.	11:14.5	Luce	C	51.	12:06	Bowen, D	C
24.	11:15.3	Grubb	A	52.	12:05	Katsufra	H
25.	11:15.9	Camron	H	53.	12:09	Marshall	S
26.	11:17	Ybarra	Wat	54.	12:26	Heiae	LA
27.	11:18	Dempster, P	C	55.	12:35	Christensen	H
28.	11:26	Byrd	S	56.	12:43	Spencer	S

SOPHOMORE TEAM RANKINGS:

1.	Mt. Pleasant	51:01.6
2.	Carlmont	51:18.4
3.	Los Altos	51:50.0
4.	Homestead	52:27.1
5.	Wassonville	53:06.0
	Gunn	53:20.1
7.	San Carlos	53:28.7
8.	Willow Glen	54:51.0
9.	Awalt	55:23.7
	Menlo Atherton	58:04.5
	Sequoia	60:54.5

FROSH TEAM RANKINGS:

1.	Homestead	53:24.7
2.	Los Altos	54:36.0
3.	San Carlos	55:11.1
4.	Awalt	55:16.6
5.	Carlmont	55:39.0