

Strider Gals Place High In CC Run **9/24**

Redwood City Strider girls relied on team depth to fare well in the Walnut Creek girls age-group cross-country meet last weekend.

Mary Cortez was the top individual Strider with a third place in the girls 14-over race, but depth provided the Striders with a second in the 9-under division team scoring, a third in the 12-13 and a fourth in the 14-over.

This Saturday the Striders are holding a cross country meet for boys and girls at Cañada College in Redwood City. The meet is open to all c r o s s-country enthusiasts, whether they belong to an age-group team or not.

Strider placers in Walnut Creek:

9-under ($\frac{3}{4}$ mile): 7. Gloria Sakelarios 4:50; 8. Julie Sans 4:55; 10. Rita Meyer 5:04; 17. Mary Crevelt 5:15; 19. Robin Volk 5:19; 21. Cindi Bingley 5:24; 22. Kathy Gulyas 5:29; Nanci Bingley 5:56.

10-11 ($\frac{3}{4}$ mile): 16. Chris Sakelarios 4:30; 25. Diane Rucker 4:44; Robin Sans 5:14.

12-13 (1 mile): 4. Shirley Rose 5:37; 25. Mary Maher 6:08; 27. Karen DiDomenico 6:17; 28. Parri Sever 6:18; 29. Lynn LeChevalier 6:20. 31. Marie Carman 6:35; 32. Sue Sullivan 6:39; 35. Patty Murphy 8:38.

14-over (1.9 miles): 3. Mary Cortez 10:28; 13. Desiree Wilson 11:17; 23. Frankie Riley 11:59; 25. Mary LeBlanc 12:05; 27. Betti LeChevalier 12:09; 38. Diane Lera 17:21.

Two Striders Win State C-C Titles

Redwood City Striders Mitch Kingery and Dave Cortez won individual titles in their respective age-group divisions in last Saturday's California State Cross County Championships in Los Gatos.

Kingery's win in the 14-15 bracket (2.4 miles) was relatively easy, as he bettered second-place finisher Bill Skousen of Rialto by 25 seconds.

Cortez' victory in the 12-13 division (same distance) was even easier, 38 seconds better than runnerup Ron Wolfonbarger, also of Rialto.

The Striders won the team championship in the 14-15 bracket.

In the 10-11 division, Rick Volk led the Striders with a fifth place finish.

Strider placers:

9-under (1.25 miles): 16. Billy Tracy 9:10; 21. Tom Owen 9:26; 35. Angelo Sakelarios 9:54; 36. Dan Sullivan 9:54; 39. Alex Cook 10:18; 44. Paul Sullivan 10:36; 46. David Oliver 10:41; 48. Mike Sakelarios 10:48.

TEAM SCORES: Rialto Road Runners 36, San Jose Yearlings 49, Salinas Valley T.C. 51, Redwood City Striders 132, Salinas Valley T.C. B 135, Rialto Road Runners B 165, Milpitas T.C. 176.

10-11 (1.8 miles): 5. Rick Volk 12:04; 16. Dave Bingley 12:51; 17. Sam Monaco 12:53; 23. Tom Buwalda 13:17; 26. Rick Crevelt 13:20; 27. Dave Wilson 13:23. 32. Cliff Henry 14:02; 41. Mike Sullivan 15:25; 43. Ken Cook 15:43.

TEAM SCORES: Salinas Valley Track Club 43, San Jose Yearlings 72, Redwood City Striders 73, Santa Cruz Sand Pipers 91, Rialto Road Runners 104, Milpitas Track Club 115, Rialto Road Runners B 165.

12-13 (2.4 miles): 1. Dave Cortez 15:55; 13. Don Nickel 17:43; 31. Larry Wright 21:54.

TEAM SCORES: Salinas Valley Track Club 47, Reno Ramblers 54, San Jose Yearlings 61, Rialto Road Runners 94, Milpitas Track Club 100.

14-15 (2.4 miles): 1. Mitch Kingery 15:03; 9. Bruce Veal 16:59; 12. Phil Schaffner 17:23; 14. Pat Crevelt 17:44; 18. Brian Beaton 19:27.

TEAM SCORES: Unavailable, although Redwood City Striders won.

RC Striders

Win PAAAU

Harrier Title

Paced by Jose Cortez and Randy Lawson, the Redwood City Striders captured team honors in the Pacific Association Amateur Athletic Union cross-country championships run over a 10,000-meter course Saturday at Golden Gate Park in San Francisco. 10/4

Cortez finished 10th and Lawson 13th among the 187 participants to help the Striders top the Solano Track Club 38-49. It was the Striders' fourth team title in a row in men's open division competition.

In a girls PAAAU meet at San Jose's Del Mar High, Mary Cortez finished fifth in the 14-17 age group category to lead the Striders' 12 qualifiers for the state girls' meet Sunday in Walnut.

IN SAN FRANCISCO

Winner and Redwood City Strider placers in the men's Pacific Association Amateur Athletic Union cross-country championships: John Loeschhorn (Air Force) 32:17.0; 10. Jose Cortez; 13. Randy Lawson; 21. Mitch Kingery; 22. David Cortez; 23. Joel Stein; 57. Rick Volk.

Team Scores: Striders 38, Solano Track Club 49, Napa Valley 63, West Valley Track Club 68.

IN SAN JOSE

Strider placers in the girls Pacific Association Amateur Athletic Union championships:

14-17 (1.5 miles): 5. Mary Cortez 8:24; 21. Betty LeChevallier; 22. Linda Kingery; 25. Mary LeBlanc.

12-13 (1.5 miles): 33. Shirley Rose 9:15; 43. Virginia Dimmenger; 49. Mary Maher; 57. Lynn LeChevallier; 59. Sue Sullivan; 65. Karen DiDomenico; 71. Wendi Kunz.

10-11 (1.25 miles): 7. Chris Sakela 8:11; 27. Joyce Buwalda; 47. Robin Sans.

9-under (1 mile): 6. Georgia Sakelarios 7:20; 7. Julie Sans; 12. Robin Volk; 17. Janet Braun; 22. Cindy Bingley; 23. Mary Crevelt; 35. Rita Meyer; 39. Kathy Gulyas; 40. Nancy Bingley.

The Redwood City Striders took home one team trophy (girls 10-11) and four individual titles following Saturday's Millbrae Lions Track Club Cross Country meet.

Chris Sakelarios (girls 10-11), Mitch Kingery (boys 14 and under), Rick Volk (boys 10-11) and David Cortez (boys 12-13) were the big winners.

Cortez, only 12 years old, is unbeaten in eight meets this year.

Winners and RC Striders placers:

Women (2.0 miles) — Linda McGain (Millbrae) 11:36; 8. Mary Cortez 12:25. 14-17 (1.5 miles) — Merrill Rogers (Salinas) 9:02.4, 5. Betti Lechevalier 10:03, 7. Londa Kingery 10:29, 8. Mary LeBlanc 10:30. 12-13 (1.5 miles) — Nadine Bowers (San Leandro) 9:01.8, 7. Virginia Dimminger 9:45, 11. Shirley Rose 9:51, 22. Mary Maher 10:23. 10-11 (1 mile) — Chris Sakelarios (Redwood City) 5:53.4, 8. Joyce Buwalda 6:24, 10. Connie Cunneen 6:32, 11. Eileen Dimminger 6:33, 22. Robin Sans 7:17. 9-under (1 mile) — J. Cobb (Salinas) 6:18.2, 2. Julie Sans 6:30, 4. Georgia Sakelarios 6:32, 6. Robin Volk 6:41, 10. Mary Crevelt 6:57, 14. Janet Braum 7:02, 17. Cindi Bingley 7:05.

Boys 14-under (2 miles) — Mitch Kingery (Redwood City) 11:08.6. 10-11 (1.5 miles) — Rich Volk (Redwood City) 8:33, 9. Tom Buwalda 9:38, 10. David Bingley 9:41, 12. Ricky Crevelt 9:57, 15. Cliff Henry 10:28, 16. Mike Sullivan 12:17. 9-under (1 mile) — Michael Boitano (PamaKid) 5:52.2, 13. Bill Tracey 6:32, 14. Dan Sullivan 6:35, 17. Nicky Sakelarios 6:45, 23.

For RC Striders

4 National Titles

1/12/71

Redwood City Strider runners won two national team titles and two national individual titles this season according to the final results of AAU age-group postal meet results.

The Striders successfully defended their national titles in the 10-11 and 12-13 age groups, while Striders Dave Cortez (12-13) and Mitch Kingery (14-15) garnered individual titles.

Postal meets are held on a flat track over a specified distance, with the results compiled on a national basis. Thir-

teen states submitted times this year.

Cortez led the Striders 12-13 squad to the team title with a 10:36.6 clocking for two miles. A team time is compiled by adding the two-mile times of a squad's five fastest runners. The Striders' team time in the 12-13 group was 57:53.6.

Strider teammate Rick Volk was second nationally behind Cortez with an 11:19.0 clocking. The times of Cortez and Volk are both better than the listed national record for 12 year olds.

Sam Monaco led the Striders to the team title in the 10-11 division by placing third best

in the nation for one-mile with a 5:33.6 clocking.

Vance Eberly of San Jose had the nation's best clocking for that division at 5:16.9, but Monaco's time is better than the listed national record for a 10-year-old.

Dave Bingley placed fifth to aid Monaco as the Strider's winning team time was 29:46.6.

The Striders only finished fifth in the team standings in the 14-15 group, but Kingery ran a 10:07.0 for the individual honors and teammate Kelly Lawson was second in the nation at 10:15.0.

The Striders were fourth in the 9-under division, led by clocking of 6:07.0 for the mile.

Strider placings in the national listings:

9-under division (1 mile): 5. Tom Owen 6:07.

10-11 division (1 mile): 3. Sam Monaco 5:33, 6. Dave Bingley 5:45, 8. Dave Wilson 6:04, 10. Bill Tracey 6:10, 15. Tom Graycar 6:14, 18. Rick Crevelt 6:16, 27. Mike Sullivan 6:24.

12-13 division (2 miles): 1. Dave Cortez 10:36.2, 2. Rick Volk 11:19, 6. Pat O'Malley 11:43, 11. Dave Crevelt 12:05, 14. Pete Graycar 12:10, 30. Larry Wright 12:48.

14-15 division (2 miles): 1. Mitch Kingery 10:07, 2. Kelley Lawson 10:15.