

12/7/70

Dear Paul:

I thought you might include parts of the following information in your prep column some time:

(1) Hans Templeman became the first Carlmont ^{runner} ever to win either the CCS or NCS individual championship, when he won the CCS individual crown a few weeks ago.

(2) The SPAL dominated the individual championships in Cross Country from its inception in 1954 to 1961. Since that time, strong teams have come to the fore all over the West Bay, and the SPAL did not manage another individual crown until Templeman captured it this season.

INDIVIDUAL NCS and CCS MEET CHAMPIONS:

1954	Larrieu	Palo Alto		
1955	Larrieu	Palo Alto		
1956	Wallace	Piedmont		
1957	Northway	Palo Alto		
1958	Linn	Palo Alto		
1959	Lehner	Palo Alto		
1960	Growth	Alhambra		
1961	Rye	Palo Alto		
1962	Ryan	Wilcox		
1963	Ryan	Wilcox		
1964	Ryan	Wilcox		
1965	Celaya	Tennyson	Yray	Live Oak (CCS)
1966	Isola	Mt Diablo	Mackey	Leigh (CCS)
1967	Swensen	St Mary's	Jurgins	Mills (CCS)
1968	Hurtado	Tennyson	Larson	Fremont (CCS)
1969	Hale	Campolindo	Mc Carty	St Francis (CCS)
1970	Mork	Washington	Templeman	Carlmont (CCS)

(3) To date, only Ryan and Larrieu, and Growth made it big after high school. Ryan was NCAA Cross Country champion while attending Airforce, Growth was twice NCAA mile champion while attending Oregon State, ~~and also was NCAA cross country champion.~~ Larrieu blossomed later in his career, and won numerous AAU distance titles.

(4) Time was when the SPAL dominated cross country and the distance running events in track from the 880 to the two mile. Now there are two or 3 strong teams in every league from San Francisco to Watsonville.