Menlo-Atherton coach Plato Yanicks and Carlmont coach Loren Lansberry, two of the most knowledgeable, and historically oriented, trackmen a round, pass along these notes:

From the inception of sectional cross country races in 1954 until 1961, the South Peninsula Athletic League dominated the competition with six individual champions. Since then, however, the SPAL was blanked until Carlmont's Hans Templeman took top honors in the Central Coast Section race last week.

At last check, Carlmont had the fastest prep team times in the nation for both two-mile and three-mile postal runs. Scot sophomore Steve Miller's 9:18.2 clocking in the two-mile is only five seconds short of the national record for his class.

Carlmont has a scheduled track meet this spring against defending state champion Los Altos.