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Michigan '70 XC

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NEWSLETTER

No. 3 December 1970

TREASURE

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Birmingham Seaholm

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Bob Kent -- Pontiac
Lincoln Junior High

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STATE CROSS COUNTRY CHAMPIONSHIPSSTATE CROSS COUNTRY CHAMPIONSHIPSClass "A"

| | |
|----------------------------------|-----|
| 1. Flint Kearsley----- | 111 |
| 2 14 19 34 42 46 109 | |
| 2. St. Joseph----- | 113 |
| 5 11 25 29 43 102 119 | |
| 3. Clarkston----- | 136 |
| 8 15 24 40 49 51 97 | |
| 4. Farmington----- | 164 |
| 23 30 32 38 41 47 50 | |
| 5. Ann Arbor Huron----- | 171 |
| 3 10 27 28 103 125 132 | |
| 6. Bay City Central----- | 214 |
| 4 16 52 66 76 78 116 | |
| 7. Pontiac Northern----- | 217 |
| 9 22 48 54 84 98 103 | |
| 8. Birmingham Brother Rice----- | 229 |
| 17 21 59 63 69 77 113 | |
| 9. Birmingham Seaholm----- | 264 |
| 1 37 60 81 85 93 124 | |
| 10. Grand Rapids Creston----- | 273 |
| 7 12 82 83 89 111 136 | |
| 11. Royal Oak Kimball----- | 279 |
| 6 55 61 67 90 96 110 | |
| 12. Grand Rapids Union----- | 283 |
| 20 33 44 64 122 123 134 | |
| 13. Howell----- | 289 |
| 18 36 39 92 104 138 139 | |
| 14. Taylor Center----- | 322 |
| 35 45 72 79 91 100 101 | |
| 15. Ann Arbor Pioneer----- | 343 |
| 13 57 86 88 99 105 118 | |
| 16. Grosse Pointe North----- | 346 |
| 31 56 71 80 108 114 127 | |
| 17. Battle Creek Lakeview----- | 362 |
| 53 62 65 87 95 121 131 | |
| 18. Harper Woods Notre Dame----- | 419 |
| 70 74 75 94 106 120 137 | |
| 19. Dearborn----- | 437 |
| 58 68 73 112 126 128 135 | |
| 20. Detroit Bishop Borgess----- | 485 |
| 26 107 115 117 120 129 --- | |

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Class "B"

| | |
|---|-----|
| 1. Grand Rapids West Catholic----- | 127 |
| 5 20 29 30 43 54 77 | |
| 2. Fenton----- | 135 |
| 2 10 22 26 75 79 103 | |
| 3. Detroit East Catholic----- | 143 |
| 11 12 16 37 67 117 123 | |
| 4. Harper Creek----- | 144 |
| 6 14 34 41 49 58 106 | |
| 5. Rogers City----- | 189 |
| 3 39 44 47 56 102 119 | |
| 6. Muskegon Catholic Central----- | 213 |
| 24 25 38 61 65 87 --- | |
| 7. Riverview----- | 214 |
| 15 31 46 52 70 97 113 | |
| 8. Charlotte----- | 219 |
| 8 13 42 62 94 96 105 | |
| 9. Sturgis----- | 223 |
| 17 27 32 57 90 111 112 | |
| 10. Grand Rapids Central Christian----- | 232 |
| 1 40 55 63 73 76 84 | |
| 11. Oxford----- | 246 |
| 4 35 50 68 89 108 121 | |
| 12. Chesaning----- | 254 |
| 33 45 53 59 64 69 104 | |
| 13. Zeeland----- | 267 |
| 18 19 48 83 99 118 --- | |
| 14. Bullock Creek----- | 283 |
| 9 23 71 88 92 101 110 | |
| 15. Otsego----- | 325 |
| 21 36 82 93 95 109 116 | |
| 16. Northville----- | 341 |
| 7 28 86 100 120 122 --- | |
| 17. Blissfield----- | 350 |
| 51 66 72 80 81 91 98 | |
| 18. Stevensville----- | 401 |
| 60 74 78 85 114 115 --- | |

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Jack Mann, former sports editor of Garden City, N.Y., Newday, headlined a story on the men who hold stopwatches at a track meet: "THESE ARE THE SOULS WHO TIE MEN'S TRIES."

STATE CROSS COUNTRY CHAMPIONSHIPS

Class "C-D"

| | |
|-----------------------------------|-----|
| 1. Vandercook Lake----- | 183 |
| 24 27 30 32 70 80 132 | |
| 2. Shepherd----- | 209 |
| 20 28 37 47 77 106 111 | |
| 3. Mason County Central----- | 230 |
| 8 23 31 67 101 109 114 | |
| 4. Wayne St. Mary----- | 238 |
| 9 13 19 76 121 137 --- | |
| 4. Bangor----- | 238 |
| 26 40 49 51 72 100 125 | |
| 6. Dearborn St. Alphonus----- | 243 |
| 4 15 59 79 86 103 105 | |
| 7. Wyoming Lee----- | 248 |
| 36 44 50 52 66 99 104 | |
| 7. Muskegon Christian----- | 248 |
| 5 7 57 87 92 112 117 | |
| 9. Mayville----- | 275 |
| 14 53 62 63 83 120 124 | |
| 10. Reed City----- | 305 |
| 3 54 68 73 107 118 122 | |
| 11. Addison----- | 325 |
| 11 64 71 82 97 123 136 | |
| 12. Buckley----- | 341 |
| 33 43 61 91 113 131 133 | |
| 13. Hudson----- | 342 |
| 21 25 74 94 128 129 139 | |
| 14. Watervliet----- | 347 |
| 45 46 80 81 95 138 --- | |
| 15. Williamston----- | 358 |
| 6 55 85 102 110 116 127 | |
| 16. Battle Creed St. Phillip----- | 403 |
| 60 78 84 88 93 108 134 | |
| 17. Middleton Fulton----- | 421 |
| 17 65 89 115 135 140 141 | |
| 18. Ann Arbor St. Thomas----- | 446 |
| 58 75 96 98 119 126 130 | |
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ALL-STATE CROSS COUNTRY TEAM CLASS "C-D"

| | | |
|-----------------|-------------------|---------|
| Mike Burns | Carson City | 13:01.5 |
| David Hinz | East Jackson | 13:06.9 |
| Herb Lindsey | Reed City | 13:17.6 |
| Richard Theisen | Dearborn | |
| | St. Alphonsus | 13:34.0 |
| Dale Johnson | Musk. Christian | 13:35.0 |
| Lee Davies | Williamston | 13:36.0 |
| Dick Vandenburg | Musk. Christian | 13:37.0 |
| Chris Villadsen | Mason Co. Central | 13:42.0 |
| Ryan Sexton | Wayne St. Mary | 13:43.0 |
| Jeff Kastner | Hopkins | 13:43.5 |
| Bob Norman | Addison | 13:44.0 |
| Joe Hennigan | DeWitt | 13:45.0 |
| Daryl DeLabbi | Wayne St. Mary | 13:46.0 |
| Dave Patterson | Maryville | 13:48.0 |
| David Pais | Dearborn | |
| | St. Alphonsus | 13:49.0 |

ALL STATE CROSS COUNTRY TEAM CLASS "B"

| | | |
|------------------|-----------------------|---------|
| Don Tamminga | G.R. Cent. Chri. | 12:50.8 |
| Don Keswick | Fenton | 12:53.8 |
| Randy Lawrence | Holland W. Ottawa | 13:13.7 |
| Jonathon Warwick | Rogers City | 13:16.0 |
| Doug O'Berry | Oxford | 13:18.9 |
| Dave Smith | Jackson Lumen Chrisie | 13:22.4 |
| Gregory Meyer | G.R. West Cath. | 13:25.4 |
| Leonard Hoppe | Det. Luth. West | 13:25.8 |
| Jim Weaver | Okemos | 13:26.1 |
| Jerry Bartow | Crosswell-Lexington | 13:26.4 |
| Bill Teachout | Harper Creek | 13:27.7 |
| Rick Bell | Northville | 13:27.9 |
| Bill Bytwork | Charlotte | 13:29.1 |
| Chuck Stamper | Carleton-Airport | 13:29.4 |
| Carl Ladd | Flint Bentley | 13:31.2 |

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ALL-STATE CROSS COUNTRY TEAM CLASS "A"

| | | |
|--------------------|--------------------|---------|
| Mike Gilleran | Birmingham Seaholm | 12:34.3 |
| Dave Baker | Flint Kearsley | 12:39.2 |
| Karl Tsigdinos | Ann Arbor Huron | 12:44.9 |
| Robert Hunt | Bay City Central | 12:46.1 |
| Tim Tobin | St. Joseph | 12:51.8 |
| Phil Ceeley | Royal Oak Kimall | 12:54.9 |
| Scott Van Allsburg | G.R. Creston | 12:55.6 |
| Tom Levengood | Bay City Handy | 12:56.0 |
| David Burkhardt | Southgate | 12:56.4 |
| Fred Seyler | Clarkston | 12:58.1 |
| Jeff Cornell | Lansing Eastern | 13:00.7 |
| Mike Taylor | Pontiac Northern | 13:01.3 |
| Jeff Dixon | East Grand Rapids | 13:02.2 |
| Don Anderson | Garden City West | 13:02.4 |
| Bob Reason | Birmingham Groves | 13:02.5 |

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CONGRATULATIONS TO THE FOLLOWING STATE CHAMPIONSHIP CROSS COUNTRY TEAMS AND THEIR COACHES.

CLASS "A" Flint Kearsley--Larry Wiltse

CLASS "B" Grand Rapids West Catholic--Leonard Skrocki

CLASS "C-D" Vandercook Lake--Chuck Conrad

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REPEAT ALL-STATERS FROM 1969

| | | |
|-------|-----------------|----------------------|
| "A" | Mike Gilleran | Birmingham Seaholm |
| "A" | Dave Baker | Flint Kearsley |
| "A" | Don Anderson | Garden City West |
| "B" | Don Tamminga | G.R. Cent. Christ. |
| "B" | Don Keswick | Fenton |
| "B" | Randy Lawrence | Holland W. Ottawa |
| "B" | Dave Smith | Jack. Lumen Christie |
| "C-D" | Dick Vandenburg | Muskegon Christ. |

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UNITED STATES TRACK COACHES ASSOCIATION

1971 Winter Clinic - Astroworld Hotel
January 8 and 9, 1971 Houston, Texas

Be a part of the growing influence of this strong organization...Join now and receive:

1. Four Track and Field Quarterly Reviews
2. Admission to yearly clinics
3. A voice in U.S. Track and Field

Membership Dues: College.....\$10.00
High School.....\$ 6.00
Non-Faculty.....\$ 6.00
Foreign.....\$ 6.00

Send Membership Information and Check to:

Phil Diamond, Sec.-Treas.
U. S. T. C. A.
745 State Circle
Ann Arbor, Michigan 48104
- * - * - * - * - *

Box 302
Millington, Michigan 48746
October 25, 1970

Dear Kermit,

I have a small amount of information for your next newsletter. Please have all coaches, who have boys interested in attending West Point, contact Lawrence Giffels at Millington. I am taking over a job started by John Clement last year in this respect as he is now teaching in Iceland at a U.S. Military School connected with a base there.

I have also taken over John's position as head track and cross country coach at Millington High School.

I am sure John will still desire to receive The MITCA Newsletter. His address is John Clement, Box 48, FPO New York, 09571.

Sincerely,
/S/ Lawrence Giffills

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TRACK ORDER OF EVENTS FOR 1971

1. 880 Yard Relay
2. 880 Yard Run
3. 120 Yard High Hurdles
4. One Mile Run
5. 100 Yard Dash
6. 440 Yard Dash
7. 180 Yard Low Hurdles
8. Two Mile Run*
9. 220 Yard Dash
10. One Mile Relay

* Two Miler can not run any other event but could compete in a maximum of three field events.

UNITED STATES TRACK AND FIELD FEDERATION
NOVICE INDOOR TRACK MEET

Wednesday, January 27, 1971, Bowen Fieldhouse, Eastern Michigan University
Ypsilanti, Michigan
Bob Parks---Manager

Entries must be under 20 years of age and must not be a college student.

No unattached or school entries--clubs only. ALL CLUBS MUST BE REGISTERED with Carl Krieger, Flint Central H.S. If your entry blank does not have your USTFF number for 1970-71, your entry will be refused. Support your USTFF. Get it now. Register!! \$5.00

Carl Krieger will need to know:

1. The name of the club
2. Address and telephone #
3. Sponsor (or) Coach

ABSOLUTE DEADLINE OF ENTRIES (by mail or in person only) THURSDAY, JANUARY 21st. Make checks payable to Eastern Michigan University. Your check must be sent with entry blanks. Entry fee is \$8.00 per team or \$1.00 per man (whichever is less). No late entries permitted - - get your entries in on time.

Write to: Bob Parks, Track Coach
Bowen Fieldhouse
Eastern Michigan University
Ypsilanti, Michigan
for information and entry blanks.

Events on the program:

1. Pole Vault
2. High Jump
3. Long Jump
4. Shot Put
5. 65 Yd. High Hurdles
6. 60 Yd. Dash
7. One Mile Run
8. Two Mile Run
9. 880 Yd. Relay
10. One Mile Relay
11. Two Mile Relay

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The next newsletter, which will come out the first part of January will have information on possible meets at the Uni. of Michigan and Western Michigan Uni.

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DANNY R. WATKINS has been named head track coach at Wayne State University, effective in January. Watkins, 31, is a graduate of Detroit Central High School and the University of Detroit. Watkins has been assistant track coach to Dr. Richard Swanson for the past three years. Swanson will continue to coach cross country at Wayne State.

13TH ANNUAL M. I. T. C. A. CLINIC

GRAND VALLEY STATE COLLEGE JANUARY
ALLIENDALE-MICHIGAN 15 16
(West of Grand Rapids) '71

CLINIC CHAIRMAN-----Bill Fitch, 2nd V.P.
East Jackson

PROGRAM SPEAKERS-----

Norb Badar-----Flint Northern
"Sprinting"

Bob Bridges-----Dearborn
"Hurdling"

Larry Wiltse-----Flint Kearsley
"Training the High School Cross
Country Runner."

Bob Parks-----Eastern Mich. Univ.
"Organization of Practice Sessions"
and

"College Bound Track Athletes"

Fred Lyons-----Western Ill. Uni.
"Motivation and Distance Running"
and

"High Jumping"

Elf Pedler-----Kalamazoo Central
"Banquet Speaker"

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LOCATIONS OF PREVIOUS CLINICS

1959 Birmingham Seaholm High School
1960 Birmingham Seaholm High School
1961 Birmingham Seaholm High School
1962 Flint Southwestern High School
1963 Michigan State University
1964 Western Michigan University
1965 Eastern Michigan University
1966 University of Detroit High School
1967 Central Michigan University
1968 Jackson Parkside High School
1969 Michigan State University
1970 Flint Community Junior College
1971 Grand Valley State College

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HOUSING FOR MITCA CLINIC RAMADA INN
MITCA Headquarters Grand Rapids
on Second Floor Southwest Side

Cards are enclosed with this NEWSLETTER
for your use in making reservations. The
prices and information are listed on the
card. Ramada has blocked 50 rooms.

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HOSPITALITY HOUR---Fri. Eve.---RAMADA INN

BANQUET-----Fri. Eve.---RAMADA INN

The HOLIDAY INN is located across the
street from the Ramada Inn if you
should prefer to go there.

MAKE YOUR PLANS NOW TO ATTEND - - JOIN A
GREAT BUNCH OF MEN---EDUCATIONAL AND FUN

NOMINEES - CROSS COUNTRY COACH OF THE YEAR

CHUCK CONRAD-----VANDERCOOK LAKE
RAY LADD-----FENTON
LEONARD SKRYCKI-----G.R. WEST CATHOLIC
RON WALDVOGEL-----ST. JOSEPH
LARRY WILTSE-----FLINT KEARSLEY

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NOMINEES - TRACK & FIELD COACH OF THE YEAR

LORENZO CROFT-----ECORSE
JOHN FUNDOKIAN-----HIGHLAND PARK
TOM GAURKE-----GROSSE POINTE NORTH
JACK GRANT-----STURGIS
GEORGE MCGINNIS-----BENTON HARBOR
DUANE RINKE-----SHEPHERD

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THIRD ANNUAL EMU HOLIDAY TRACK AND FIELD
MEET WILL BE HELD AT BOWEN FIELDHOUSE,
EASTERN MICHIGAN UNIVERSITY AT
YPSILANTI, MICHIGAN ON TUESDAY
DECEMBER 29, 1970

This is an early season fun meet. They
will need help to run off the meet, since
it is during the holiday vacation. The
help that is usually available for run-
ning off a meet is lacking.

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THE MITCA TIE OR LAPEL PIN IS STILL AVAIL-
ABLE. ORDERS MUST BE SENT TO CHUCK
SWEENEY, MITCA TREASURE, EASTERN HIGH
SCHOOL, LANSING, MICHIGAN 48912

BRONZE-----\$2.50
SILVER-----\$2.75
GOLD PLATE-----\$3.00
GOLD FILLED-----\$3.75

LET YOUR FRIENDS KNOW THAT YOU ARE A
MEMBER OF THE WORLD'S OLDEST SPORT.

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U. S. - SOVIET MEET SET - - The 1971 track
and field meet between the United States
and Russia scheduled for July 7-10, has
been offered to the 90,000-seat stadium
of Stanford University. The Meet will
be sponsored by the San Francisco Exam-
iner.

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TRACK TIMES - Olympia Sports Publications
Olympia Sport Village, Lake O'Brien, Wisc.
54565. Subscription Rates: U.S. only -
\$3.00 for one year, \$5.00 for two, \$7.00
for three years and \$10.00 for five yrs.
Winter Address - 3338 Green Meadows Lane,
Racine, Wisc. 53406

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MERRY CHRISTMAS - HAPPY NEW YEAR

APPLICATION FOR MEMBERSHIP IN THE MICHIGAN INTERSCHOLASTIC

TRACK COACHES ASSOCIATION

NOTE: Membership runs from Jan. 1 to Dec. 31 (Membership Fee & Clinic Notes - \$6.00)

NAME _____
 Last First Home Phone

HOME ADDRESS _____
 Street City Zip Code

SCHOOL _____ SCHOOL PHONE _____

SCHOOL ADDRESS _____
 Street City Zip Code

MAIL TO: Charles Sweeney, MITCA Treasure, Eastern High School, Lansing, Mich. 48912

APPLICATION FOR MEMBERSHIP IN THE MICHIGAN INTERSCHOLASTIC

TRACK COACHES ASSOCIATION

NOTE: Membership runs from Jan. 1 to Dec. 31 (Membership Fee & Clinic Notes - \$6.00)

NAME _____
 Last First Home Phone

HOME ADDRESS _____
 Street City Zip Code

SCHOOL _____ SCHOOL PHONE _____

SCHOOL ADDRESS _____
 Street City Zip Code

MAIL TO: Charles Sweeney, MITCA Treasure, Eastern High School, Lansing, Mich. 48912

COACHES-----Clip out the application blanks above and fill yours out and get it in as soon as possible. Sign up one of your Assistant Coaches or a Junior High School Coach in your school district. If all of the members of M.I.T.C.A. would register ahead of time, it would be a big help in getting things under way on the first day of the clinic and it would eliminate much of the usual confusion. We want to be of service to you and you can help us do a better job of helping you, if you were to do this. If you need more application blanks, write to: Kermit N. Ambrose, 1855 Chester Road, Royal Oak, Michigan. 48073

| | | |
|---|------------------------------|------------------------------------|
| CLINIC COSTS: | PRE-REGISTRATION.....\$14.00 | This is what you get |
| | AT THE DOOR.....\$15.00 | 1. Membership dues |
| | SATURDAY ONLY.....\$ 7.00 | 2. Clinic Notes |
| ***** | | 3. Entrance to Clinic |
| All-time Track Listings | | * 4. Luncheon (Noon - Friday) |
| All-State Awards in Track and Cross Country | | * 5. Banquet Dinner (Fri. Evening) |
| Coach of the Year Awards in Track and X.C. | | * 6. Hospitality Hour (Fri. Eve.) |
| Relay Listings Class Records Listing | | * 7. Four or more Newsletters |