

THE 1973 ALL NORTHERN CALIFORNIA CROSS COUNTRY TEAM

FIRST TEAM (listed alphabetically)

	NAME	SCHOOL	Gr	Section	Sub-Section	League	Place Postals	Time Postals
1.	Barnett, Bob	Hillsdale	Jr	----	1	1	7-3	9:23.0-14:21
2.	Burroughs, Tom	De Anza	Sr	7	4	1		
3.	Casillas, Roger	Franklin (Stock)	Sr	1 (ind)	2	2		
4.	Emory, Jarry	Gunn	Jr	2	4	3	11-8	9:26.5-14:53
5.	Frederickson, Paul	Homestead	Sr	7	2	1	10-	9:26.2-9:24.0
6.	Fritske, Ron	Leigh	Jr	3	1	1	8-7	9:24.3-14:41
7.	Gaiken, Stacy	Cubberley	Sr	5	3	2	14	9:36.0
8.	Hart, Benton	Modesto	Sr	20 (fall)	1	1	5	14:34.0
9.	Johnson, John	Skyline	Jr	----	---	1	1 ht	9:20.0
10.	Kasser, Mike	St. Francis	Sr	9	3	1	4	9:17.8
11.	Kimball, Rich	De La Salle	Sr	1	1	1	1	13:43.6
12.	Kingery, Mitch	San Carlos	Jr	1	1	1	1-2	9:00.5-13:56
13.	Kissen, Roy	San Ramon	Jr	2	1	1	3	9:13.0
14.	Mabust, Jim	Bella Vista	Jr	3	2	2		
15.	Nahirny, Rusty	Washington (Fre.)	Sr	4	5	1	2	9:04.1
16.	Patterson, Don	Del Valle	Jr	5	3	2		
17.	Piccillo, Mark	Pacific	Sr	6	3	2		
18.	Powell, Bob	Oceans	Sr	4	2	10	9	9:25.0
19.	Read, Tom	Mission S.J.	Sr	3	2	2	4	14:33.8-9:23
20.	Ringo, Loren	Cordova	Sr	1	1	1		9:28.0
21.	Sisler, Jon	Petaluma	Sr	10	1	1		14:14
22.	Stock, Dave	Leigh	Sr	6	2	2	13	9:33.1-14:48

NORTHERN CALIFORNIA RUNNER OF THE YEAR:.... Rich Kimball (De La Salle)
 Outstanding Junior:..... Mitch Kingery (San Carlos)
 Outstanding Sophomore:..... Bob Paulin (Camden)
 Outstanding Freshman: Tim Holmes (Downey)

SELECTION OF THE TEAM: The All Northern California Cross Country Team is sponsored by The Northern California Track & Field Association. The Selection committee for this year's team was composed of: Plato Yanicks, (Menlo-Atherton), Chairman; Homer Latimer, (Leigh); Terry Ward, (St. Ignatius); Dough Johnson, (Petaluma); Bill Thompson, (Alameda). Other coaches who contributed were: Bob Mc Guire, (Pleasant Hill); Dan Greenwald, (Bella Vista), Bob Wall (Lassen); Ed Maurice, (Downey); David Peterson, (Skyline); Bob Woods, (Camden).

AREA REPRESENTED IN THE SELECTION OF THE HONOR TEAM: The team was composed of athletes from six sections: North Coast, Central Coast, North, San Joaquin, San Francisco, and Oakland. Over 100 athletes were considered by the committee. The geographical boundaries of the selections went from the Oregon border in the North, to Merced in the South.

REPEATERS FROM LAST YEAR'S TEAM: Bob Barnett, (Hillsdale); Stacy Gaiken, (Cubberley); Rich Kimball, (De La Salle); Mitch Kingery, (San Carlos); Roy Kissen, (San Ramon); Rusty Nahirny, (Washington).

RELEASE DATE FOR PRESS: Friday, Dec. 21, 73.

COMMENTS: The letter "K" played a big part in the 1973 season, as Kimball, Kingery, and Kissen, led the selections for the 1973 All Northern California team. Rich Kimball went undefeated for the season, climaxing his senior campaign with a win over previously undefeated Mitch Kingery in the final race of the year.

Leigh High School of San Jose dominated the team with several selections on the first and second teams and the honorable mention list. Eight juniors make up the first team. One of the highest number of non senior selections ever. The Central Coast Section again led the way with nine selections, followed by seven from the North Coast Section.

THE ALL NORTHERN CALIFORNIA CROSS COUNTRY TEAM (CONTINUED)

SECOND TEAM ALL NORTHERN CALIFORNIA:

(listed alphabetically)

1.	Adams, Dan	Pleasant Hill	Sr
2.	Adams, Jeff	Leigh	Jr
3.	Aguilar, Alex	Silver Creek	Sr
4.	Aldridge, Dan	Petaluma	Jr
5.	Baundenbiskal, Art	Highlands	Sr
6.	Bega, Rich	Merced	Sr
7.	Danielson, Doug	Cupertino	Jr
8.	De Barr, Mike	Kennedy	Sr
9.	De La Garza, Dave	Watsonville	Jr
10.	Donovan, Kevin	St. Francis	Sr
11.	Dyer, Bill	Lassen	Sr
12.	Emry, Mike	Clayton Valley	Sr
13.	Llewellyn, Mark	Woodside	Sr
14.	Miller, Bob	Westmoor	Sr
15.	Montenegro, Rinaldo	Lincoln (S.J.)	Jr
16.	Mulky, Kent	Skyline	Sr
17.	Orr, Bruce	Leigh	Sr
18.	Padilla, Doug	Marina	Jr
19.	Rudy, Kevin	Castro Valley	Jr
20.	Rios, Art	Wilcox	Sr
21.	Thomas, Donnie	Bella Vista	Jr
22.	Vargas, Lupe	Merced	Sr
23.	White, Jim	So. Tahoe	Sr
24.	Yiarte, John	Cordova	Sr
25.	Young, Ed	Carlmont	Jr

NORTHERN CALIFORNIA RUNNER OF THE YEAR:

1954	Larrieu, Ron	Palo Alto
1955	Larrieu, Ron	Palo Alto
1956	Wallace, Keith	Piedmont
1957	Northway, Bill	Palo Alto
1958	Linn, George	Palo Alto
1959	Lehner, Mike	Palo Alto
1960	Growth, Morgan	Alhambra
1961	Rye, Dan	Palo Alto
1962	Ryan, Mike	Wilcox
1963	Ryan, Mike	Wilcox
1964	Ryan, Mike	Wilcox
1965	Celaya, Rudy	Tennyson
1966	Leola,	Mt. Diablo
1967	Swenson	St. Mary's
1968	Larson	Fremont (Su)
1969	Hale	Campolindo
1970	Hork-Hart-Templeman	Wash-W.G.-Carl.
1971	Brooks, Steve	Mt. Pleasant
1972	Taylor, Dave	Merced
1973	Kimball, Rich	De La Salle

HONORABLE MENTION ALL NORTHERN CALIF:

CENTRAL COAST SECTION:

Flores (King City); Shroyer (Carlmont); Cortez (St. Francis); Paulin (Camden); Tengelsen (Leigh); Kennedy (Lynbrook); Barnett (San Carlos); Niedrauer (Leigh); Goss (SSF); Eger (Fremont); Alarcon (Camden); Martinez (Overfelt); Hamilton (Leigh); Fabian (St. Francis); Morales (Gilroy); Evans (Lincoln); Lewis (Homestead); Jordan (St. Francis); Sullivan (Saratoga); La Forge (Oceana); Hull (Menlo-Atherton); Wood (Woodside); Shrock (Serra); Palladino (Serra); Gonzales (St. Francis); McConnell (Soquel); B. Hurdal (Carlmont); Allen (Los Altos);

NORTH COAST SECTION:

Paulin (Clayton Val.); Brainerd (Redwood); Stibich (San Rafael); Wells (Eureka); Cunningham (Pleasant Hill); Cantrell (Mt. Diablo); Sanchez (Kennedy); Svendgaard (Piedmont); Green (San Rafael); Guillardt (Irvington); Connatt (San Ramon); Smith (San Ramon); Bell (Alhambra); Turney (Ygnacio Val.); Ryan (Irvington); Chesser (Napa); Mc Daniel (Napa); Speck (De Anza); Acosta (Ala); Mills (Ala); Hannibal (Escinal); Sigmon (Ala); Jacobsen (Ygnacio Val.); Collins (O'Dowd); Gray (Tennyson); Lyons (Granada); Hall (Castro Val.); Santos (Dublin); Helms (Acalanes); McCoy (Miramonte); Taylor (Los Lomas); Booth (Ygn. Val.); Bedecarre (Mt. Diablo); Crinez (Mt. Diablo); Nephew (Mt. Diablo).

SAN JOAQUIN SECTION:

Sutherland (Cordova); Muehler (So. Tahoe); Garrett (Slk Grove); Deis (San Juan); Holmes (Downey); Miller (Atwater); Console (Atwater); Lane (Highlands); Dickmeyer (Stagg); Fienstra (Jesuit); Read (Jesuit); Kbstal (Highlands); Lordava (Stagg); Archuleta (Cordova); Flores (Mira Loma); Billington (Cordova); Reid (So. Tahoe); Payne (Davis); Gegen (El Camino); Weber (Highlands); Weed (Folsom); Hansen (Del Campo).

SAN FRANCISCO - OAKLAND SECTIONS:

Nathanson (Lowell); Bartholomeu (Skyline)