

TO: C.C.S. Cross Country Coaches

FROM: Verne E. Thornburg, Lynbrook High School

WHAT: As you may now know, On October 18th, the C.C.S. Board of Managers voted to delay any reconsideration of the "fresh-soph" issue until the spring of 1974. The board further indicated to Mr. Arnold, that there would be only one race (varsity) at the region and section level, and consequently, there would not be any exhibition races on those days.

Because of this late breaking development, I have asked for and been granted a sanction for an invitational meet which, for this year, will insure competition to those good cross country runners not on the varsity level. Since this is a rather complex affair, I have tried to briefly state the present situation. Information on this newly sanctioned meet is on the attached page.

...the purpose of the meet is to provide competition for the non-varsity runners... there will be no entry fees... I will try my best to have a good meet.

WHAT: Lynmont Invitational  
WHEN: November 17, 1973  
WHERE: Coyote Park, San Jose

\* 9:30 J.V.

9:50 Freshmen

10:10 Sophomores

\*We will try to run the meet exactly as indicated, as many people would like to see the Cal Junior College meet at Crystal Springs which starts at noon. It will take approximately 40-45 minutes by car to go from Coyote to Crystal Springs.

#### Information:

It will be a closed invitational meet, with approximately fifteen of the best teams in the section being invited. Outstanding freshmen and sophomore individuals will also be included. To insure that all teams are considered, I have asked Bill Anderson of Hillsdale and Ken Thomas of Soquel to help identify outstanding teams and individuals. Placing in the big invitational meets, center meets, postal meet and league meets will determine who is invited. Because some teams and individuals have already shown themselves as outstanding, they will be invited starting immediately. I hope that by the time the league meets, about one-third of the teams will be invited and have accepted. This will allow me to finish up the invitations immediately after the league meets.

The purpose of the meet is to provide competition for the non-varsity runner; therefore, anyone who runs in region varsity race is not eligible to run in this meet.

There will be no entry fees. I'm working on some certificates for the top teams and individuals. No spikes can be used. Maps and further information will be sent with the invitations.

My home Phone is 379-0474; I can best be reached from 6:30-8:30 p.m., Monday through Thursday. I will try my best to have a good meet.

*Verne*

LYNNMONT CCS INVITATIONAL CROSS COUNTRY MEET

COYOTE PARK

11/17/75

COURSE: 2.9 miles (alternate course - no hill-1 lap lake instead)

RECORD: 14:50 by Jeff Adams of Leigh 11/17/75

WEATHER: heavy rain-very windy-cold

I would like to thank all the teams who came to the meet despite the worst kind of weather. The ink ran on some envelopes and tabs. Even if you wrote in pencil, it was very difficult to read when the tabs became wet before I could get them into the bus. Please excuse any misspelled names.

Congratulations to Leigh in the JVs and Sophomores and to Carlmont in the Freshmen for having the best CCS teams in their divisions. I hope that everyone enjoyed the competition. I felt that under the conditions of the day, the times and competition were outstanding.

*Vance E. Thornburg*