

Lancers place first in regional race

Placing all five of its runners in the top 16 finishers, St. Francis High easily captured yesterday's Region I cross country finals at cold and windy Crystal Springs in Belmont.

Hillsdale junior Robert Barnett won the 68-man gallop with a 14:59 clocking on the hilly, three-mile course, on which times were hampered by the conditions.

Oceana's Bob Powell and St. Francis' Mike Kasser were next in 15:12, with Powell nipping Kasser at the finish for second place.

St. Francis totaled 46 points to beat Westmoor (73), Serra (118) and Mills (145). Those four teams, along with Barnett, Powell and fifth place finisher Sam Goss of South San Francisco, qualified for next Wednesday's Central Coast Section finals at Crystal Springs.

Besides Kasser, the Lancers were paced by Kevin Donovan (sixth place), Tom Jordan (10th), freshman flash Dave Cortez (11th) and Frank Gonzales (16th).

Kingery repeats SPAL top runner

By STEVE BOLTZ

To no one's surprise, San Carlos High's junior phenom, Mitch Kingery, repeated as Runner of the Year on the All-South Peninsula Athletic League cross country team.

The team was chosen by coaches Jim Luttrell of San Carlos and Plato Yanicks of Menlo-Atherton, with approval of the other league coaches.

Kingery was unbeaten in 10 cross country races this year. He won the SPAL, Region II and Central Coast Section finals and set a course record at hilly, three-mile Crystal Springs in Belmont with a 14:28.

On the track, Kingery won the two-mile postal in 9:00.5, an SPAL record. He also set an SPAL mark with a 13:56.4 in the three-mile postal but was second to De La Salle's Rick Rimball (13:43.5).

Joining Kingery on the varsity first team were Gunn's Jerry Emory, Cubberley's Stacy Geiken, Carlmont's Ed Young, San Carlos's Mike Barnett,

Woodside's Mark Llewellyn, Carlmont's John Shroyer, Menlo-Atherton's Dave Hull, Carlmont's Brian Hurdal and Woodside's Damon Wood.

Kingery, Geiken, Emory and Young were first-team picks last year. Kingery, Emory, Young, Hull and Hurdal are juniors.

Geiken was named outstanding senior, while Gunn's Dave Fogelson was chosen as outstanding soph and Carlmont's Greg Mandanis outstanding freshman.

Basically, the selections followed the order of finish of the SPAL finals, not counting the important exceptions of Emory, Wood and Fogelson.

Emory was third to Geiken and Kingery in the SPAL finals, but second in the CCS meet. Wood was ill and placed 20th in the SPAL finals, but made up for that in the region meet. Fogelson was 16th in the SPAL finals in 16:33, six seconds faster than Woodside's Dan Farwell, winner of the soph race.

Emory second in section x-country

Surprising junior Jerry Emory of Gunn High paced a strong local showing in the Central Coast Section cross country finals yesterday at Crystal Springs in Belmont.

Emory finished second on the hilly, three-mile course in 15:01. As expected, San Carlos' brilliant junior Mitch Kingery won the race in 14:42, 14 seconds off his course record.

Powerful Leigh of San Jose dominated the meet, easily winning with 41 points over St. Francis (123), Westmoor (176), Carlmont (182), Homestead (208) and Los Altos (219), plus 13 others.

Leigh's Ron Fritzke, also a junior, was third in 15:08, while Oceana's Bob Powell was fourth and Cubberley's Stacy Geiken fifth.

Emory finished third to both Kingery and Geiken in both the SPAL Region II finals at Crystal Springs.

Homestead's Paul Frederickson was seventh in the race, Cupertino's Doug Danielson eighth, St. Francis' Mike Kasser ninth, Wilcox's Art Rios 12th, and St. Francis' Kevin Donovan 14th.

Another St. Francis runner, Dave Cortez, only a freshman, was 17th.

CROSS-COUNTRY

CCS Finals
At Crystal Springs
(3 miles)
Mitch Kingery (SC) 14:42, Emory (G) 15:01, Fritzke (L) 15:08, Powell (O) 15:09, Geiken (Cu) 15:11, Stock (L), 15:13, Frederickson (Ho) 15:11, Danielson (Cup) 15:17, Kasser (SF) 15:23, Montenegro (Ln) 15:25, Orr (L) 15:27, Rios (Wx) 15:32, Miller (West) 15:33, Donovan (SF) 15:34, Young (C) 15:42, Flores (King) 15:44, Cortez (SF) 15:46, Paulin (Cam) 15:47, Pengelsen (L) 15:49, Kennedy (Ly) 15:50 (139 runners).
Leigh 41, (77-28), St. Francis 123 (79-31), Westmoor 176 (80-41), Carlmont 182 (81-16), Homestead 208, Los Altos 219, Gilroy 230, Lincoln 244, Serra 259, Camden 271, Overfelt 274, Silver Creek 276, San Carlos 299, Lyndbrook 332, Watsonville 347, Pacific Grove 349, Mills 369, Salinas 409, Soquel 420, Cubberley, Oceana, Gunn, Cupertino, Wilcox, King City entered only one runner.

ALL-SPAL TEAMS

Varsity
Honorable Mention: Tim Lease (Jr.), Woodside; John Daley (Jr.), Carlmont; Pat O'Malley (Jr.), Carlmont; Rich Wernick (Sr.), Carlmont; Phil Schaffner (Sr.), San Carlos; Gary Gissendaner (Jr.), San Carlos; Bob Arnold (Sr.), Menlo-Atherton.
SOPHOMORE
Dave Fogelson, Gunn; Dan Farwell, Woodside; Iain Neilland, Carlmont; Rich Shaffer, Gunn; Rich Walker, Carlmont; Marshall Magoon, M-A; Craig Uhrich, San Carlos; Steve Honey, Woodside; Yorick Lutes, Woodside; Isaias Ramirez, Woodside.
Honorable Mention: Jim Taylor, Carlmont; Mike Hildreath, San Carlos; Ken Reiser, Carlmont; Mike Ebaugh, M-A; Steve Luzzi, Carlmont; Steve Shaw, San Carlos; Marty Crayton, San Carlos.
FRESHMAN
Greg Mandanis, Carlmont; Joe Kemp,

Jordan; Dan Norris, Carlmont; Mark Suda, Carlmont; Leo Bodadillo, Carlmont; Tom Lucas, San Carlos; Mike Seaton, Carlmont; Forrest Brakeman, San Carlos; Keri Campbell, Carlmont; Rob Falconer, Woodside.
Honorable Mention: John Lazar, Woodside; Greg Mitchell, Woodside; Pete Halberstat, M-A; Dave Bingley, Woodside; Marc Ashton, San Carlos; Geof Bagari, Woodside; Chris Sakelarios, Sequoia.
Runner of the Year: Mitch Kingery (Jr.), San Carlos; Outstanding Senior: Stacy Geiken, Cubberley; Outstanding Sophomore: Dave Fogelson, Gunn; Outstanding Freshman: Greg Mandanis, Carlmont.

AN EYEBROW-RAISER

Rams X-Country Coup

By STEVE JOHNSON
Times Correspondent

The only surprise in yesterday's Region I cross-country meet may not have been a surprise at all.

Art Reade's Westmoor High squad finished second to run-away winner St. Francis, raising more than a few opposing eyebrows at Belmont's Crystal Springs course.

Reade couldn't understand what all the excitement was about. "Maybe we got underestimated a little," he said. "I knew if we ran capably we could get second. And a couple of our guys could have run better."

The runnerup spot puts Westmoor in next week's CCS meet along with the Lancers of Mt. View, Serra and Mills.

"I was just surprised that we didn't have more trouble than we did," said Reade. "We figured a couple of the

other teams would be a lot closer. But you just don't know in cross-country. There's so many variables."

The individual winner was Robert Barnett of Hillsdale, who went 14:59 on the 3.0 mile course. "He thought he should have run better," said Knight coach Bill Anderson, "but considering the cold, he ran well."

Oceana's Bob Powell and St. Francis' Mike Kasser raged a nip-and-tuck battle for second, with Powell getting in by a nose at the finish line. Both had 15:12 clockings.

Westmoor's Bob Miller led the showing of the North Peninsula League champs with a 15:36 time good for fourth. South City's Sam Goss was fifth in 15:42.

Goss, along with Barnett and Powell, will be able to go on to CCS despite the fact their teams will not be competing in that meet.

Serra of the West Catholic Athletic League, second to SF in its league finals, will be making a long-awaited CCS appearance. Top Padre runner was senior Steve Palladino (14) who went 16:05.

Goss, along with Barnett and Powell, will be able to go on to CCS despite the fact their teams will not be competing in that meet.

Serra of the West Catholic Athletic League, second to SF in its league finals, will be making a long-awaited CCS appearance. Top Padre runner was senior Steve Palladino (14) who went 16:05.

Mid Peninsula League champ Crestmoor couldn't overcome the loss of number one man Bill Hastings. MPL runner-up Mills, led by Fred Warren (eighth in 15:51) beat out league rival Hillsdale by a point for the last sectional berth.

Other outstanding local times included: Westmoor's

Tony Tarantino (7—15:45), Hillsdale's Gene Robinson (9—15:52), Oceana's Bill LaForge (12—16:02), Crestmoor's Ralph Mateo (13—16:04) and Serra's Gerry Barnett (15—16:06).

51. Francis 46 (78:53), Westmoor 73 (80:07), Serra 158 (81:44), Mills 145 (82:38), Hillsdale 146 (82:58), Oceana 150 (82:20), South San Francisco 171 (83:31), Crestmoor 179 (83:55), Jordan 195 (84:38), St. Ignatius 204 (84:41).

1. Robert Barnett (H) 14:59; 2. Bob Powell (O) 15:12; 3. Mike Kasser (SF) 15:12; 4. Bob Miller (W) 15:36; 5. Sam Goss (SF) 15:42; 6. Kevin Donovan (SF) 15:42; 7. Tony Tarantino (W) 15:45; 8. Fred Warren (M) 15:51; 9. Gene Robinson (H) 15:52; 10. Tom Jordan (SF) 15:53; 11. Dave Cortes (SF) 15:59; 12. Bill LaForge (O) 16:02; 13. Ralph Mateo (Cr.) 16:04; 14. Steve Palladino (P) 16:05; 15. Gerry Barnett (O) 16:06; 16. Frank Gonzalez (SF) 16:07; 17. Marty Krohn (P) 16:08; 18. Steve Ryan (W) 16:08; 19. John Wilson (W) 16:11; 20. Dave Frazier (SF) 16:11; 21. Wayne Paul (W) 16:17; 22. Jim Lister (W) 16:18; 23. Ron Lobb (M) 16:20; 24. Mark Bonilla (S) 16:20; 25. Cliff Williams (W) 16:22; 26. Chris Nowak (S) 16:24; 27. Harold Yarnoch (W) 16:26; 28. Bill Wishing (SF) 16:27; 29. Brian Pierce (Cr.) 16:28; 30. Don Anderson (SF) 16:33.

JC Grid

STATE JC FOOTBALL