

Kasser wins WCAL

BELMONT—Mike Kasser of St. Francis and Mitch Kingery of San Carlos won individual championships in cross country at Crystal Springs Friday.

Kasser paced the Lancers to a perfect score of 15 in winning the West Catholic Athletic League title. His time for the three mile course was 16:10. Teammate Dave Cortez, a freshman, was second in 16:33.

Kingery won the South Peninsula Athletic League title with a time of 14:45, 25 seconds better than runner-up Stacy Geiken of Cubberley.

The team title went to Carlmont with 38 points. San Carlos was second with 60 and Gunn third at 81.

CROSS COUNTRY

WCAL CHAMPIONSHIPS VARSITY

Mike Kasser (SF) 16:10, Cortez (SF) 16:33, Faubian (SF) 16:34, Donovan (SF) 16:35, Gonzales (SF) 16:35, Jordan (SF) 16:35, Wirshing (SF) 16:36, Harnett (S) 16:37, Palladino (S) 16:45, Shrock (S) 16:51, Bonilla (S) 16:54, 16. Parades (B) 16:15 (40 runners).
SCORES: St. Francis 15, Serra 56, Riordan 92, St. Ignatius 108, Bellarmine 111, Mitty, Sacred Heart incomplete.

JUNIOR VARSITY

Mike Maloney (SF) 16:54, Lemont (S) 17:43, Fitzgerald (SI) 18:00, 4. Boice (SF) 18:04, 5. Bolar (SF) 18:07, 7. Bruno (S) 18:14, 8. McGowan (SF) 18:18, 10. Visval (S) 18:28 (39 runners).

SCORES: St. Francis 30, SI 45, Serra 59, Riordan 106, Bellarmine 114, Mitty and SH didn't field a team.

FROSH-SOPH

Jay (SH) 17:21, McDonald (SF) 17:43, Barsi (SF) 17:52, 5. Pritchard (SF) 18:10, 7. Shullin (SF) 18:17, (42 runners).

SCORES: St. Francis 21, SI 36, Serra 82, Mitty, Riordan, Bellarmine and SH incomplete.

FRESHMAN

Jeff Reynolds (SF) 17:39, Catton (SF) 17:49, Flores (B) 18:12, 4. McDonald (SF) 18:14 (55 runners).

SCORES: St. Francis 30, Bellarmine 59, Mitty 82, SI 83, Riordan 113, SH incomplete, Serra didn't field a team.

SPAL CHAMPIONSHIPS VARSITY

Mitch Kingery (SC) 14:45, Gelken (Cu) 15:10, Emory (G) 15:22, Young (C) 15:31, Barnett (GC) 15:34, Llewellyn (W) 15:45, Shroyer (C) 15:54, Hull (MA) 16:01, B. Hurdal (C) 16:09, Lease (W) 16:12, Daley (C) 16:16, O'Malley (C) 16:18, R. Wernick (C) 16:23, Schaffner (SC) 16:29, Gissendaner (SC) 16:29, Folgersong (G) 16:33, Arnold (MA) 16:36, Jones (C) 16:41, Stanovak (S) 16:42, Wood (W) 16:47 (41 runners).

SCORES AND TIMES: Carlmont 38 (80:08), San Carlos 60 (80:45), Gunn 81 (82:33), Woodside 94 (83:50), Menlo-Atherton 102 (82:39), Sequoia 139 (88:32), Palo Alto 165 (89:52), Cubberley incomplete.

JUNIOR VARSITY

Glen Hurdal (C) 17:12, Templeman (C) 17:17, Van Alderwerelt (SC) 17:23, Thomas (C) 17:24, Sheakley (C) 17:35.

SCORES: Carlmont 18, Woodside 58, San Carlos 59, Menlo-Atherton 155, Palo Alto 158, Sequoia 159, Gunn, Cubberley incomplete.

SOPHOMORES

Dan Farwell (W) 16:39, Nellands (C) 16:44,

Lancers sweep WCAL race

Redwood City's Mike Kasser and Dave Cortez paced an awesome St. Francis High parade in yesterday's West Catholic Athletic League cross country finals at Crystal Springs.

The first seven runners to finish the hilly, three-mile route — on which times were hampered by rain and mud — were Lancers, giving St. Francis the crown with a perfect 15 score over Serra (56).

Kasser won his second

straight WCAL finals in 16:10, while Cortez, only a freshman, was next in 16:33. They were followed by teammates Dan Faubian, Kevin Donovan, Frank Gonzales, Tom Jordan, also of Redwood City, and Bill Wirshing.

St. Francis also dominated all the lower divisions. SF's Mike Maloney won the junior varsity race, while Jeff Reynolds won the freshman gallop.

St. Francis, hopeful of upsetting Leigh in the Central Coast Section finals, now moves on the Region I meet next Thursday at Crystal. All non-varsity races for regional and CCS meets have been abolished this year.

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