

Soph

Bench Run
 SANTA ROSA
 MARIN
 WVC
 Golden Gate
 Oct5 Park
 WVC - Feather Hill
 @ Clabot
 CSM
 INVITATIONAL
 Out 12
 San Jose
 Invitational
 Mt. SAC
 INUIT.
 DVC - CCSF
 @ SJCC
 Clabot - CSM
 @ Crystal Springs

Tim	56	36	171	30	11	26	9	18	22	8	8	9.4
Glenn	-	45	154	31	-	-	-	26	32	11	11	11.0
MARK	54	38	138	29	8	22	7	22	27	9	10	8.6
MATT	25	17	70	14	5	9	4	25	-	-	-	4.3
Greg	29	7	55	5	2	5	2	13	2	2	3	2.6
Steve E.	-	51	178	-	12	25	10	-	28	12	13	12.3
Paul	5	3	24	2	1	1	1	3	1	1	1	1.0
Steve G.	-	-	-	-	-	-	-	-	-	-	-	-
Alex	40	5	108	23	10	-	-	15	8	19	7	7.6
HANK	21	2	33	7	3	7	3	16	3	4	2	2.4
RON	41	6	90	13	6	10	5	33	5	7	4	5.0
Bernie	58	9	76	16	4	18	6	55	6	4	5	5.8
DAVE	-	11	11	-	9	25	8	-	10	23	9	9.7
DIRK	64	10	72	17	7	35	7	58	7	12	6	6.6
Brian	-	13	-	-	-	-	-	-	-	34	12	12.5
MIKE	-	-	14	-	12	11	-	-	13	34	14	12.8
Graeme	-	-	-	-	-	-	-	-	-	-	-	-

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SEASONS' Progress

(1) Reason for success - improvement as a team each meet
(except one relapse)

Blended team balance w/ outstanding personnel
3 ahead but next 4-5 really jelled together -

Squad of 15 - always had someones strengths to use in workouts

Loose Group - no pep talks needed - tie shoes

(2) Record

Tie 3rd → GGC - Dual Meet

Tie 1st - CSM Inuit.

1st - MT. SAC Inuit. Division

1st - Nor Cal

3rd - State Meet

(3) Personnel

Soph

Dirk Pohlhoff *
Matt Church

Bernie Mahon *

Frosh

Dave Nolte *

Mark Carroll

Tim Andrews

Greg Eger *

Glenn Brachett

Alex Gomez *

Steve Ertman

Ron Lewis *

Mike McNally

Hank Lawson *

Brian Saunders

Paul Frederickson *

~~Paul~~
No lower finish than
Defeated 2nd in Dual meets

Paul GGC Team

Nor Cal "

State "

Winner CSM Inuit.

Nor Cal Champ.

2nd in State