

TO: M. P. Mathiesen  
FROM: Verne E. Thornburg  
SUBJECT: Final Standings

DATE: December 2, 1974

F.A.L. CROSS COUNTRY LEAGUE RESULTS

<u>Varsity</u>	<u>Place</u>	<u>School</u>	<u>Score</u>	<u>F.A.L. Points</u>
	1	Lynbrook	30	12
	2	Homestead	48	10
	3	Fremont	80	8
	4	Sunnyvale	100	6
	5	Cupertino	106	4
	6	Monta Vista	171	2
<u>Soph</u>	1	Cupertino	31	8
	2	Monta Vista	39	6
	3	Lynbrook	67	5
	4	Sunnyvale	109	4
	5	Homestead	110	3
	6	Fremont	Inc.	0
<u>Frosh</u>	1	Sunnyvale	42	6
	2	Lynbrook	49	5
	3	Homestead	51	4
	4	Monta Vista	116	3
	5	Cupertino	121	2
	6	Fremont	Inc.	0

OVERALL TOTAL:	Lynbrook	146*
	Homestead	209
	Sunnyvale	251
	Cupertino	258
	Monta Vista	326
	Fremont	Incomplete

\*The coach of the overall total each year will be the FAL Cross Country Coach of the year. For the 1974 season, the Coach of the Year was Verne Thornburg of Lynbrook.

Team scores in Cross Country for the "Marty Mathiesen" All Sports Award are as follows:

Lynbrook	22
Homestead	17
Sunnyvale	16
Cupertino	14
Monta Vista	11
Fremont	8

In Region II, the FAL finished as follows:

<u>VARSIITY</u>	Lynbrook	-	1
	Homestead	-	4
<u>FROSH/SOPH</u>	Monta Vista	-	2
	Cupertino	-	3
	Lynbrook	-	5

In CCS, the FAL finished as follows:

<u>VARSIITY</u>	Lynbrook	-	4
	Homestead	-	7
<u>FROSH/SOPH</u>	Cupertino	-	3
	Monta Vista	-	4

The FAL with Lynbrook as Host conducted the Coyote Park Center Meets and the CCS Finals. I have included the program and results of the CCS Finals. It is interesting to note that in both divisions, the FAL did better than any other league.