

1975 STANFORD SCHEDULE

Sept. 27	San Diego State & West Valley Track Club	10 a.m.
Oct. 4	at Fresno State Invitational	11 a.m.
Oct. 12	Alumni Run	
Oct. 18	Stanford Invitational	10 a.m.
Oct. 25	at Pleasant Hill Invitational	11 a.m.
Nov. 1	Pac-8 Southern Division at UCLA	11 a.m.
Nov. 15	Pac-8 Championships at Stanford	11 a.m.
Nov. 22	USTFF Western Championships at Fresno	11 a.m.
Nov. 24	NCAA Championships at Penn State	11 a.m.

STANFORD DIRECTORY

LOCATION: Stanford, California 94305

ENROLLMENT: 11,643

PRESIDENT: Dr. Richard W. Lyman

ATHLETIC DIRECTOR: Joseph Ruetz

COLORS: Cardinal and White

NICKNAME: Cardinals

CONFERENCE: Pacific-8

HOME COURSE: Stanford Golf Course

CROSS COUNTRY COACH: Marshall Clark

OFFICE PHONE: (415) 497-4527

HOME PHONE: (415) 996-0796

ASSISTANT COACH: Steve Lawry

HEAD TRACK COACH: Payton Jordan

SPORTS INFORMATION DIRECTOR: Gary Cavalli

OFFICE PHONE: (415) 497-4418

ASSISTANT DIRECTOR: Nancy Peterson

ADMINISTRATIVE ASSISTANT: Jean Zwicky

MAILING ADDRESS FOR ALL ATHLETIC PERSONNEL:

Department of Athletics, Stanford, California 94305

STANFORD COURSE RECORDS

6.0 Miles

1. John Ngeno (Washington State)	27:37.6	1974
2. Terry Williams (Oregon)	27:58.2	1974
3. Joshua Kimento (Washington State)	28:01.8	1974
4. Dave Taylor (Oregon)	28:03.6	1974
5. Steve Prefontaine (Oregon)	28:05.4	1973

4.2 Miles

1. Dan Murphy (Washington State)	19:31.0	1971
2. Danny Murphy (San Jose State)	19:33.5	1962
3. Jeff Fishback (San Jose State)	19:39.2	1963
4. Dave Harper (Washington State)	19:49	1971
5. Duncan Macdonald (Stanford)	19:52.2	1971



Three-year Letterman Tony Sandoval

STANFORD CROSS COUNTRY 1975

THE OUTLOOK

Three of the most talented distance runners in Stanford history will form the nucleus of the 1975 Cardinal cross country team. Seniors Jack Bellah and Tony Sandoval, the top two all-time Stanford six-milers, will be joined by Roy Kissin, one of the best junior distance runners in the world. Coach Marshall Clark also welcomes five returning lettermen and several incoming freshmen, while suffering just one major loss in graduating senior Mark McConnell.

"This season we could have one of our better teams," Clark says. "We have good depth and are extremely strong at the top. Our first three runners—Bellah, Sandoval, and Kissin—could make any team in the country.

"A lot of our success will depend upon how well our freshmen respond and how much improvement is shown by our returnees," Clark continues. "We'll need the fourth through seventh men to be closer to the first three in order for us to place high in the Pac-8 and qualify for the NCAA."

Leading the way for the Cards will be Bellah and Sandoval, who finished the 1974 season first and second on Stanford's all-time six-mile list. Bellah took over the number one spot with a 28:53 performance in the Pac-8 run at Washington State. Earlier in the season, Sandoval had claimed the school record with a 28:56.6 first-place finish in the Stanford Invitational.

"Bellah and Sandoval, when healthy, provide us with an extremely formidable pair," Clark says. "Their consistency is a real plus for the team."

Although heading into his first season of collegiate competition, Kissin has a wealth of running experience, including an eighth-place finish in the International Junior Cross Country Championships last March. His best six-mile time of 29:21.1 would place him sixth on the Stanford all-time list.

"From his high school record and the aspect of international competition, Kissin could be a top American collegiate runner," Clark predicts. "But it will take some adjustment for him. Meeting collegiate competition year-in and year-out will be a lot different from high school."

With experienced veterans and promising newcomers vying for positions, Clark feels Stanford will field a deeper team than last year's fourth place Pac-8 finisher.

Sophomore Stacy Geiken could play a prominent role with the '75 Cards if he is able to complete the season without injury. Last year Geiken was hampered by injuries throughout most of the campaign.

"We feel Geiken's potential is almost unlimited," Clark says. "He has everything that it takes—speed, endurance, size, and attitude. Only the injuries have held him back."

Seniors Art Brown and Doug McLean, and juniors Jeff Parietti and Frank Boutin could help close the Cards' gap

between third and fourth places with continued time drops.

Freshman Jerry Emory is another whom Clark figures to be in the picture this fall. "Emory and Kissin are the two best incoming freshmen we've had at one time," the Card coach says. "Jerry is a very coachable runner who should fit into our program quite well."

Incoming freshmen Harold Celms, David Warren, Dirk Feenstra, and Robert Wulff also will add strength to the Stanford squad, Clark says.

This season, the Cards hope to make a strong showing in the Pac-8 Championships and qualify for the NCAA. Clark figures defending NCAA champ Oregon and '74 Pac-8 titlist Washington State will pace the conference run, which will again be held at Stanford on November 15.



MARSHALL CLARK
Head Coach

Considered one of the nation's outstanding coaches of distance runners, Marshall Clark is in his eighth season at Stanford. In addition to coaching cross country, Clark serves as an assistant to Track Coach Payton Jordan and instructs physical education classes.

Clark enjoyed instant success upon joining the Stanford staff in 1968. His cross country team that year completed the season undefeated and placed second in the NCAA Championships. The past six seasons, his squads have finished in the upper division of the Pac-8 four times.

A 1957 graduate of USC, Clark was a member of the Trojans' 1955 NCAA Championship track team. He lettered in both track and cross country at USC in 1955-56-57.

Upon receiving his Masters' Degree from USC in 1958, Clark began his coaching career as head of the cross country team at Los Altos High School in La Puente. After nine years at Los Altos, he moved to Monterey's Seaside High for one year. During 10 years of prep coaching, Clark directed his teams to six conference championships and one CIF Southern Section title.

Clark remains active in competition himself, having participated in Masters' events the past three years. Prior to that, he ran the 440 and 880 for the Southern California Striders in 1960.

The 42-year-old Clark and his wife Beverly are the parents of three children—Richard, 10, and six-year old twins Stacy and Shannon. They reside in San Jose.

Jack Bellah (right)
and Stacy Geiken
cross the finish line
one-two.



THE RUNNERS

Jack Bellah **Senior** **Los Gatos**
Holds Stanford cross country record in the six-mile at 28:53. . . set the mark in his 11th place finish in the '74 Pac-8 Championships. . . placed seventh in the '75 Pac-8 track six-mile. . . assets are great strength and tremendous consistency. . . among the top runners in the conference this year. . . was sixth in both the Pac-8 Southern Division and the Fresno State Invitational last year. . . a three year varsity starter. . . majoring in biology.

Art Brown **Senior** **National City**
Two-time varsity letter winner. . . counted on to be in top five again this year for Stanford. . . best performances are against toughest competition. . . runs to very top of ability. . . best cross country six-mile is 30:02. . . majoring in physics.

Doug McLean **Senior** **La Jolla**
Excellent long runner, who finds six-miles almost too short for him. . . has performed well in marathons, beating two hours, 30 minutes. . . says he'd like to have a race longer than six miles in collegiate competition. . . extremely hard worker. . . varsity letter winner. . . best six-mile is 31:06. . . majoring in prelaw.

Anthony Sandoval **Senior** **Los Alamos, N.M.**
Highlight of collegiate running career was second-place finish in Pac-8 track six-mile last spring. . . placed behind Washington State's John Ngeno. . . won the Pac-8 Southern Division run last fall at UCLA. . . also finished first in the Stanford Invitational, with his life-time best six-mile at 28:56.6. . . that time stood as school record until broken by Jack Bellah at the Pac-8. . . currently is second on Stanford's all-time list. . . "a team man in every sense," Clark says. . . one of the best in the country when he's on top of it. . . majoring in premed and engineering. . . looking toward med school.

Frank Boutin **Junior** **Sacramento**
Two-time varsity letterman. . . fast finisher who looks to be tough late in races. . . best six-mile was 30:42. . . needs to drop to around 29:30 for Stanford to be a contender. . . should be in the Cards' top seven this year. . . competes well at longer distances. . . a premed major.

Jeff Parietti **Junior** **Mercer Island, Wash.**
Showed great improvement last spring in track. . . dropped times in the mile, two-mile and three-mile. . . with continued improvement, could contribute greatly to team. . . two-time varsity letter winner. . . six-mile best is 30:05. . . writes on sports staff of *Stanford Daily*. . . father Walt is a sportswriter for the *Seattle Times*. . . majoring in communication.

Stacy Geiken **Sophomore** **Palo Alto**
Extremely talented runner who was riddled by injuries throughout his freshman year. . . has almost unlimited potential. . . set frosh track record in 3000-meter steeplechase at 9:11.4 last spring. . . that time ranks third on all-time Stanford list. . . also set frosh record for 2-mile at 8:59.8. . . best six-mile was 31:47. . . has extremely bright future if able to escape injuries.

Jerry Emory **Freshman** **Palo Alto**
Logged at 9:06 two-mile at end of prep career. . . all Northern California for past two seasons. . . product of nearby Gunn High. . . Coach Clark says he and Roy Kissin comprise one of the best frosh duos in Stanford history. . . spent early summer traveling in Europe.

Roy Kissin **Freshman** **Danville**
One of top prep distance runners in the nation. . . finished eighth in International Junior Championships in Morocco last March. . . placed third in 1974 National Junior Cross Country Meet. . . Selected Northern California High School Runner of the Year in '75. . . best six-mile is 29:21.1. . . his account of the Championships at Morocco was printed in *Runner's World* magazine. . . can be among best collegiate cross country men in the U.S. in time.

1974

STANFORD RESULTS

- 2nd in Triangular at Stanford
West Valley Track Club 27
Stanford 39
San Diego State 64
- 2nd in Fresno State Invitational
Nevada-Reno 34
Stanford 35
Fresno State 64
- 2nd in Stanford Invitational
California 45
Stanford 54
Oregon State 66
West Valley Track Club 79
San Jose State 113
- 5th in Pleasant Hill Invitational
West Valley Track Club 50
Nevada-Reno 65
Humboldt State 89
Fresno State 97
Stanford 119
- 2nd in Pac-8 Southern Division
California 37
Stanford 40
UCLA 54
USC 97
- 4th in Pac-8 Championships
Washington State 30
Oregon 51
Oregon State 80
Stanford 110
California 126
Washington 141
UCLA 149

1975 STANFORD CROSS COUNTRY ROSTER

Name	Ht.	Wt.	Class	Age	Exp.	Hometown	High School
***Jack Bellah	5-9½	130	Sr.	21	3V	Los Gatos	Leigh
*Chris Berka	6-3	155	Sr.	21	1V	Los Altos	Los Altos
**Frank Boutin	5-6	110	Jr.	20	2V	Sacramento	Rio Americano
**Art Brown	5-9½	135	Sr.	21	2V	National City	St. Augustine
Harold Celms	6-1	152	Fr.	18	HS	Tacoma, Wash.	Wilson
*Alan Cummings	5-9	140	Sr.	21	1V	Whittier	La Serna
Jerry Emory	6-1	145	Fr.	18	HS	Palo Alto	Gunn
Dirk Feenstra	5-9	140	Fr.	17	HS	Sacramento	Jesuit
Stacy Geiken	6-2	145	So.	19	JV	Palo Alto	Cubberly
Mark Hadley	6-2	180	So.	19	JV	Napa	Vintage
Chris Hulburd	6-1	165	Fr.	18	HS	Saratoga	Lynbrook
Roy Kissin	5-10	125	Fr.	18	HS	Danville	San Ramon Valley
George Koch	5-11	143	Jr.	20	JV	Carmichael	Del Campo
*Doug McLean	6-0	147	Sr.	21	1V	La Jolla	La Canada
Jack Martinez	5-7	130	So.	19	-	Anaheim	Rancho Alamitos
**Jeff Parietti	5-10	130	Jr.	20	2V	Mercer Island	Seattle Prep
Tom Pitchford	5-10	130	Sr.	21	JV	Los Angeles	Hamilton
***Anthony Sandoval	5-7	120	Sr.	21	3V	Los Alamos, N.M.	Los Alamos
David Warren	6-1	145	Fr.	17	HS	Northbrook, Ill.	Glenbrook North
Peter Witt	5-5	120	So.	19	JV	Carmichael	Rio Americano
Bruce Wolfe	6-1	150	Sr.	21	JV	Los Angeles	Andover
Robert Wulff	5-9	137	Fr.	18	HS	Sacramento	Jesuit
George Berry, Manager							

1975 STANFORD PROSPECTS

Returning	4.2	6.0
Jack Bellah, Sr.	20:28.2	28:53
Anthony Sandoval, Sr.	19:56.4	28:56.6
Art Brown, Sr.	20:59	30:02
Jeff Parietti, Jr.	21:30	30:05
Frank Boutin, Jr.	20:57	30:42
Doug McLean, Sr.	21:39	31:06
Alan Cummings, Sr.	21:26	31:11
George Koch, Jr.	22:00	31:45
Stacy Geiken, So.	22:02	31:47
Pete Witt, So.	21:41	32:16
Bruce Wolfe, Sr.	21:28	32:37
Tom Pitchford, Sr.	22:52	36:37
Mark Hadley, So.	24:02	
Jack Martinez, So.	9:16 (did not compete last year)	

Freshmen	2.0	6.0
Roy Kissin	8:56.2	29:21.1
Jerry Emory	9:06.2	
Dirk Feenstra	9:19	31:01.4
Harold Celms	9:21	
Robert Wulff	9:21	
David Warren	9:26	

TOP TEN STANFORD 6.0 MILERS

1. Jack Bellah	1974	28:53
2. Anthony Sandoval	1974	28:56.6
3. Mark McConnell	1974	29:02
4. Greg Brock	1969	29:08
5. Brian Mittelstaedt	1972	29:15.4
6. Don Kardong	1970	29:31
Arvid Kretz	1970	29:31
8. Robert Coe	1969	29:33
9. Decker Underwood	1969	29:35
10. Brook Thomas	1968	29:46.4

TOP TEN STANFORD 4.2 MILERS

1. Duncan McDonald	1971	19:52.2
2. Harry McCalla	1962	19:55.4
3. Anthony Sandoval	1972	19:56.4
4. Brian Mittelstaedt	1972	19:58.0
5. Allen Sanford	1968	20:04.4
6. Brook Thomas	1968	20:05
7. Chuch Menz	1969	20:05.6
Don Kardong	1969	20:05.6
9. Weym Kirkland	1962	20:06.5
10. Paul Schlicke	1962	20:13.2