

11/20/75

VARSITY
80 runners

REGION I

3 miles
Crystal Springs

Craig Corey	SM	15:00	Jon Morrissey	S.I.	16:42
Ken McBride	HMB	:06	Mike Hollis	SM	:43
Rick Pincombe	S	:07	Mike Maloney	St.F	:45
Stan Ross	S	:22	Rick Eichler	Burl	:46
Paul Mello	Cr	:23	Jim Thomas	Bell	:50
Bob Nelson	Ara	:24	*****	W	:51
Chuch Arnold	HMB	:28	Mike Young	Bell	:52
Tobin Roat	SM	:29	Jim Jurkovich	Ara	:52
Kevin Blake	S	:33	Kevin Magee	Burl	:53
Steve Allara	Cap	:37	Bruce Darling	S	:58
Steve Cornejo	W	:38	Will Sabbath	S.I.	17:00
Paul Renga	Ara	:39	Brian Randy	H	:01
Randy Remillong	HMB	:39	Mike Hatch	W	:02
Joe Green	Ara	:40	Skoufos	SSF	:03
Mike Rinaldi	S	:41	John Beall	Bell	:04
Don Barsi	St.F	:44	Larry Eder	Bell	:05
Paul Schmidt	HMB	:51	Karl Mendiola	HMB	:06
Ibarra	SSF	16:00	Jennings	SSF	:07
Eric Sausjord	W	:02	Chris Petit	Ara	:09
Cliff Williams	W	:05	Kevin McDonough	St.F	:10
Bill Amable	TN	:06	Eugene Harnett	S	:11
John Collopy	S	:07	Glenn Harada	SM	:12
Rich Baldocchi	W	:09	Mark Naritomi	H	:13
Phil Bennett	S.I.	:10	Giede	SSF	:14
Dave Cortez	St.F	:12	Thad Davidson	HMB	:17
Pete Dolan	Bell	:17	Jiminez	SSF	:18
Rob O'Conner	St.F	:19	Mark Zarubin	H	:19
Mike Boitano	S.I.	:22	Doug Atkinson	TN	:23
Mike Norman	H	:23	Andy Rose	Ara	:24
Eric Benson	Burl	:24	Mike Sauer	Burl	:30
David Weikel	H	:24	R# Galleguillos	TN	:33
Tony Montano	Burl	:25	Skiff	SSF	:37
Sergio Clivas	HMB	:27	Ken Baller	TN	:44
Jeff Lang	Burl	:28	Nowak	SSF	:45
Chris Scherone	Bell	:30	*****	W	:50
Dave Blick	St.F	:32	Mike Powers	SM	:58
Pa t Leinhan	S.I.	:33	Neil Graber	Ara	18:02
Pat Nealy	S.I.	:35	Bob Lucas	Bell	:07
Kevin O'Halloian	St.F	:38	Keith Pronske	SM	:18

ARAGON			BELLARMINE			
Bob Nelson	6	15:24	1	Pete Dolan	26	16:17
Paul Renga	12	15:39	2	Chris Scherone	35	16:30
Joe Green	14	15:40	3	Jim Thomas	45	16:50
Jim Jurkovich	48	16:52	4	Mike Young	47	16:52
Chris Petit	59	17:09	5	John Beall	55	17:04
TEAM POINTS	139	80:44		TEAM POINTS	208	83:33
Andy Rose	69	17:24	6	Larry Eder	56	17:05
Neil Graber	77	18:02	7	Bob Lucas	78	18:07

BURLINGAME			CAPUCHINO			
Eric Benson	30	16:24	1	Steve Allara	10	15:37
Tony Montano	32	16:25	2			
Jeff Lang	34	16:28	3			
Rick Eichler	44	16:46	4			
Kevin Magee	49	16:53	5			
TEAM POINTS	189	82:56		TEAM POINTS	INC	
Mike Sauer	70	17:30	6			
			7			

CRESTMOR			HALF MOON BAY			
Paul Mello	5	15:23	1	Ken McBride	2	15:06
			2	Chuck Arnold	7	15:28
			3	Randy Remillong	13	15:39
			4	Paul Schmidt	17	15:51
			5	Sergio Olivas	33	16:27
TEAM POINTS	INC			TEAM POINTS	72	78:31
			6	Karl Mendioloa	57	17:06
			7	Thad Davidson	65	17:17

MILLSDALE			SAN MATEO			
Mike Norman	29	16:23	1	Graig Corey	1	15:00
Dave Weikel	31	16:24	2	Tobin Roat	8	15:29
Brian Randy	52	17:01	3	Bruce Tarver	40	16:41
Mark Naritomi	63	17:13	4	Mike Hollis	42	16:43
Mark Zarbbin	67	17:19	5	Glenn Harada	62	17:12
TEAM POINTS	242	84:20		TEAM POINTS	153	80:05
			6	Mike Powers	76	17:58
			7	Keith Pronske	79	18:18

TEAM SCORING

SERRA	53	5	ST. FRANCIS	143
HALF MOON BAY	72	6	SAN MATEO	153
WESTMOOR	119	7	ST. IGNATIUS	168

Varsity

SERRA			SOUTH SAN FRANCISCO			
	PTS	TIME		PTS	TIME	
Rick Pincombe	3	15:07	1	Ibarra	18	16:00
Stan Ross	4	15:22	2	Shoufas	54	17:03
Kevin Blake	9	15:33	3	Jennings	58	17:07
Mike Renaldi	15	15:41	4	Giede	64	17:14
John Collopy	22	16:07	5	Jiminez	66	17:18
TEAM POINTS	53	77:50		TEAM POINTS	260	84:40
Bruce Darling	50	16:58	6	Skiff	72	17:37
Eugene Harnett	61	17:11	7	Nowak	74	17:45

ST. IGNATIUS			ST. FRANCIS			
	PTS	TIME		PTS	TIME	
Phil Bennett	24	16:10	1	Don Barsi	16	15:44
Mike Boitano	28	16:22	2	Dave Cortez	25	16:12
Pat Leinhan	37	16:33	3	Rob O'Conner	27	16:19
Pat Healy	38	16:35	4	Dave Blick	36	16:32
Jon Morrissey	41	16:42	5	Kevin O'Halloian	39	16:38
TEAM POINTS	168	82:22		TEAM POINTS	143	81:25
Will Sabbath	51	17:00	6	Mike Maloney	43	16:45
			7	Kevin McDonough	60	17:10

TERRA NOVA			WESTMOOR			
	PTS	TIME		PTS	TIME	
Bill Anable	21	16:06	1	Steve Cornejo	11	15:38
Doug Atkinson	68	17:23	2	Eric Sousjord	19	16:02
Ed Gallequillos	71	17:33	3	Cliff Williams	20	16:05
Ken Baller	73	17:44	4	Rich Baldocchi	23	16:09
Terry Gettle	80	18:40	5	-----	46	16:51
TEAM POINTS	313	87:26		TEAM POINTS	119	80:45
			6	Mike Hatch	53	17:02
			7	-----	75	17:50

TEAM POINTS			TEAM POINTS		
	PTS	TIME		PTS	TIME
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TEAM SCORING

BELLARMINE	208	5
HILLSDALE	242	6
SOUTH SAN FRANCISCO	260	7

RIGORDON			SERRA		
Dennis Potts	3	16:25	1	Jim Rockford	6 16:35
			2	Mark Hern	27 17:31
			3	Scott Penner	36 17:42
			4	Pat Jacquenment	50 18:09
			5	Alex Bamet	60 18:26
TEAM POINTS	INC			TEAM POINTS	179 88:23
			6	Paul Bet	61 18:28
			7	Jeff Erlandson	78 19:23
ST. IGNATIUS			ST. FRANCIS		
Kevin DeLamora	62	18:30	1	Kurt Rochlitz	4 16:28
Rich Morrissey	64	18:37	2	Mark Sullivan	9 16:42
Mark Zuffo	67	18:44	3	Phil McCarty	11 16:50
Aaron Low	68	18:50	4	Paul McClure	22 17:22
Pat Hughes	74	18:58	5	Geoff Hawkins	58 18:23
TEAM POINTS	335	93:39		TEAM POINTS	104 85:45
			6	Bob Morgan	65 18:41
			7	Mark Lawless	80 19:40
TERRA NOVA			WESTMOOR		
Mitch Hatcher	15	16:56	1	Kevin Fuller	10 16:47
Frank Moran	30	17:36	2	Don Sanchez	20 17:03
Russ Willoughby	43	17:51	3	George Anwar	34 17:40
Mark Lauer	44	17:54	4	Jim Baker	70 18:52
Gary Harrison	45	17:57	5	Mark Biagini	81 20:57
TEAM POINTS	177	88:14		TEAM POINTS	215 89:39
Randy Peterson	47	18:07	6		
Dave Fisher	71	18:53	7		
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Region	Soph-Frosh		TEAM RESULTS		11/20/75	
ARAGON			BELLARMINE			
Brian Frank	7	16:40	1	Chris Sakamaki	24	17:25
Lee Richter	16	16:58	2	Don Gifford	25	17:26
Gordon Russell	19	17:02	3	Skip Wagstaffe	37	17:43
Graig Brown	39	17:45	4	Mike Christensen	38	17:44
Al Lorenzon	51	18:10	5	Kerry Abbott	41	17:47
TEAM POINTS		132	84:35	TEAM POINTS		165 88:05
John O'Brien	55	18:20	6	Pat Kerwin	54	18:19
Bart Nelson	79	19:38	7	John Pitchell	57	18:22
CAPUCHINO			TEAM HALF MOON BAY			
Rod Bewley	2	16:17	1	Mark Sawrey	5	16:33
Steve Nicholson	17	16:58	2	John Pepper	8	16:41
Ross Walding	23	17:23	3	John Perreira	12	16:51
Don Fornasier	42	17:50	4	George Molina	14	16:55
Phil Hamilton	46	18:00	5	Greg Shelley	21	17:04
TEAM POINTS		130	86:28	TEAM POINTS		60 84:04
Shane Daly	48	18:08	6	Arnoldo Montes	35	17:41
Jim Gonzales	73	18:57	7	Stan Crane	56	18:21
HILLSDALE			TEAM JEFFERSON			
Karl Swanberg	28	17:33	1	Glenn Dean	1	15:57
David Edmunds	29	17:34	2			
Bruce Bouveia	31	17:38	3			
Rod Munson	40	17:46	4			
Howard Holl	52	18:12	5			
TEAM POINTS		180	88:03	TEAM POINTS		INC
Byron Wilson	66	18:43	6			
David Miller	77	19:18	7			
MILLS			TEAM OCEANA			
Paul Senatort	26	17:27	1	Jon Gerrans	13	16:54
Marc Catalano	49	18:08	2	Shawn Tobin	18	16:59
John Wirdeek	59	18:25	3	Frank Reardon	32	17:39
Dan Escobar	63	18:34	4	Dave Anderson	33	17:39
Steve Senatori	69	18:51	5	Mark Gilchrist	53	18:16
TEAM POINTS		266	91:26	TEAM POINTS		149 87:27
Steve Mandell	72	18:56	6	Joe Moran	75	19:09
			7	Leonard Berrego	76	19:10
TEAM POINTS			TEAM POINTS			
HALF MOON BAY			60	5	OCEANA 149	
ST. FRANCIS			104	6	BELLARMINE 165	
CAPUCHINO			130	7	TERRA NOVA 177	

11/20/75

SOPH-FROSH

REGION I

3 miles

81 runners

Crystal Springs

Glenn Dean	J	15:57	Kerry Abbott	Bell	17:47
Rod Bewley	C	16:17	Don Fornasier	C	:50
Dennis Potts	Rior	:25	Russ Willoughby	TN	:51
Kurt Rochlitz	St.F	:28	Mark Lauer	TN	:54
Mark Sawrey	HMB	:33	Gary Harrison	TN	:57
Jim Rockford	S	:35	Phil Hamilton	C	18:00
Brian Frank	Ar	:40	Randy Peterson	TN	:07
Johnny Pepper	HMB	:41	Shane Daly	C	:08
Mark Sullivan	St.F	:42	Marc Catalano	M	:09
Kevin Fuller	W	:47	Pat Jacquement	S	:09
Phil McCarty	St.F	:50	Al Lorenzen	Ar	:10
John Parreira	HMB	:51	Howard Holl	H	:12
Jon Gerrans	O	:54	Mark Gilchrist	O	:16
George Molina	HMB	:55	Pat Kerwin	Bell	:19
Mitch Hatcher	TN	:56	John O'Brien	Ar	:20
Lee Richter	Ar	:58	Stan Crane	HMB	:21
Steve Nicholson	C	:58	John Pitchell	Bell	:22
Shawn Tobin	O	:59	Geoff Hawkins	St.F	:23
Gordon Russell	Ar	17:02	John Wirdeek	M	:25
Dan Sanchez	W	:03	Alex Banget	S	:26
Greg Shelley	HMB	:04	Paul Bet	S	:28
Paul McClure	St.F	:22	Kevin Dedamora	SI	:30
Ross Walding	C	:23	Dan Escobar	M	:34
Chris Sakamaki	Bell	:25	Rich Morrissey	SI	:37
Don Gifford	Bell	:26	Bob Morgan	St.F	:41
Paul Senatort	M	:27	Byron Wilson	H	:43
Mark Hern	S	:31	Mark Zuffo	SI	:44
Karl Swanberg	H	:33	Aaron Low	SI	:50
David Edmunds	H	:34	Steve Senatori	M	:51
Frank Moran	TN	:36	Jim Baker	W	:52
Bruce Gouveia	H	:38	Dave Fisher	TN	:53
Frank Reardon	O	:39	Steve Mandell	M	:56
Dave Anderson	O	:39	Jim Gonzales	C	:57
George Anwar	W	:40	Pat Hughes	SI	:58
Arnoldo Montes	HMB	:41	Joe Moran	O	19:09
Scott Penner	S	:42	Leonard Berrego	O	:10
Skip Wagstaffe	Bell	:43	David Miller	H	:18
Mike Christensen	Bell	:44	Jeff Erlandson	S	:23
Graig Brown	Ar	:45	Bart Nelson	Ar	:38
			Mike Lawless	St.F	:40

CCS QUALIFIERS
REGION I CROSS COUNTRY RESULTS

November 20, 1975
Crystal Springs Course

VARSITY TEAMS

Serra	WCAL
Half Moon Bay	NPL
Westmoor	NPL
Aragon	MPL

INDIVIDUALS (10%)

Craig Corey	- San Mateo
Paul Mello	- Crestmoor
Tobin Roat	- San Mateo

SOPH-FROSH TEAMS

Half Moon Bay	NPL
St. Francis	WCAL
Capuchino	MPL
Aragon	MPL

INDIVIDUALS (10%)

Glenn Dean	- Jefferson
Jim Rockford	- Serra
Dennis Potts	- Riordon